

WEST:
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transformation from an old-school newspaper company to a modern and dynamic media company over the last decade,” Brown said. “He is able to combine his solid journalism skills with new technologies, recognizing that the way people get news and information from newspapers is ever-changing. We are fortunate to have him in the ever-growing city of Hermiston, which is such an important community to our company.”

West is no stranger to Hermiston and Eastern Oregon. A graduate of Echo High School and Oregon State University, he has worked at newspapers in Oregon and California for more than 25 years, including previous stints at the Hermiston Herald and East Oregonian.

West also has family in the area, including his parents and two brothers, who still live outside Echo. His adult daughter Suzanna, was born in Pendleton and lives in Portland.

“It is exciting to return home and work with the talented journalists at the Hermiston Herald and East Oregonian,” West said. “We are currently working to develop a new look and new strategy for the Herald, so we will be asking readers, community members and businesses to help us determine how best to cover the greater Hermiston area.”

For the past 10 years, West has worked for the Herald’s parent company, EO Media Group, in Salem in various capacities, including eight years as associate editor of the Capital Press agriculture weekly. The last two years he has been managing editor of EO Media Group’s Design Center, supervising the team that does page design for 10 of the company’s newspapers, including the Hermiston Herald. He has also worked as a liaison to the digital team for the company’s local editors in working on issues related to their websites.

He will continue working with the group’s newspapers on their online news reporting while editor of the Herald.

West will also serve as the Hermiston editor for the East Oregonian working with the news team based out of the office at 333 E. Main.

“People are increasingly turning to their computers, tablets and cellphones to find out what’s happened in our communities,” West said. “We are evolving our reporting to provide timely, relevant information, whether you read us in print, on a computer or on your phone. With one less print edition each week we can put more time and energy into our online reporting and our digital products, like our website, email newsletters and social media accounts so people can find the news they want and need quickly and easily while on the go.”

In recent weeks, the Herald has conducted an online survey to ask area residents what they would like to see in their newspaper. This feedback is helping the Herald begin its transformation. The Herald staff will be asking for more of your feedback, interaction and contributions so that you can be a part of the conversation about the growing Hermiston community.

Hospital thanks volunteers with luncheon



JESSICA KELLER PHOTO

Good Shepherd Medical Center recognized the approximately 140 volunteers who donate their time for various hospital-supported services with a luncheon Tuesday at the hospital. Volunteers from the hospital auxiliary, CareVan service and hospice were each presented with awards. Above, Good Shepherd Medical Center Vice President of Human Resources, right, shakes CareVan volunteer Harley Sager’s hand while presenting him with an award at the luncheon. According to GSMC Volunteer Manager Cindy Schaan, the volunteers accumulated a total of 13,000 hours, representing six full-time employees and \$300,000 in wages, for the hospital in the past year.

“We very much appreciate all that you do for Good Shepherd,” she said.

Also at the luncheon, the Good Shepherd Hospital Auxiliary recognized its five scholarship recipients, C.J. Zita, Alfredo Moreno, Desiree Wernlund, Maricela Mendoza and Ashlee Rico, who all received \$1,500 scholarships to continue their educations in health care services. The hospital auxiliary also presented a \$15,165 check to the Good Shepherd Foundation to purchase medical equipment.

BUDGET:
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cil approved the Enhance Hermiston plan created by the city’s Community Enhancement Committee. The committee spent about a year identifying projects to improve the aesthetic appeal of the community. Assistant City Manager Mark Morgan said the plan was a starting

point with conceptual ideas to assist with long-range planning and budgeting. He said approving the plan did not provide funding for any of the projects or a commitment to complete them.

Irrigon man drowns in Columbia River

**BY GEORGE PLAVEN
EO MEDIA GROUP**

An 18-year-old Irrigon High School student drowned Sunday afternoon while swimming in the Columbia River at Irrigon Marina Park, but not before pushing a friend to safety.

Dylan Jones was pulled from the river shortly after 4:15 p.m. by the Columbia Basin Dive Rescue team and taken to Good Shepherd

Medical Center in Hermiston where he was pronounced dead, according to the Morrow County Sheriff’s Office.

Jones is also known by the name Dylan Vicory, though Morrow County Undersheriff Steve Myren said Jones was the name given by family to police.

Theresa Rytting was with Jones and three other friends at the marina park when they noticed he was struggling in the water.

Rytting, 16, swam out and grabbed Jones’ arm when she said she could feel something begin to pull them both underwater.

She said Jones pushed her back to where she could get away, but was unable to save himself.

Rytting and her mother, Leesa Sorrell, credit Jones with saving her life. “Saving my daughter, that shows how good he really was,” Sorrell said.

Today's Weather

Local 5-Day Forecast

Wed 6/10	Thu 6/11	Fri 6/12	Sat 6/13	Sun 6/14
 96/59 Mostly sunny. High 96F. Winds W at 10 to 15 mph.	 95/59 Sunshine. Highs in the mid 90s and lows in the upper 50s.	 87/52 Sunshine. Highs in the upper 80s and lows in the low 50s.	 85/51 Sunny. Highs in the mid 80s and lows in the low 50s.	 90/55 Sunshine. Highs in the low 90s and lows in the mid 50s.
Sunrise 5:06 AM Sunset 8:46 PM	Sunrise 5:06 AM Sunset 8:47 PM	Sunrise 5:06 AM Sunset 8:47 PM	Sunrise 5:06 AM Sunset 8:48 PM	Sunrise 5:06 AM Sunset 8:48 PM

AmericanProfile

CELEBRATING THE AMERICAN SPIRIT

Oregon At A Glance

City	Hi	Lo	Cond.
Albany	84	51	sunny
Ashland	88	52	pt sunny
Astoria	64	53	foggy
Baker City	85	47	windy
Bend	79	40	pt sunny
Brookings	71	55	pt sunny
Burns	87	56	pt sunny
Coos Bay	60	50	foggy
Corvallis	84	49	sunny
Eugene	83	50	pt sunny
Florence	63	48	pt sunny
Grants Pass	91	53	mst sunny
Hermiston	96	59	sunny
John Day	85	51	pt sunny
Klamath Falls	84	47	pt sunny
La Grande	85	50	mst sunny
Lakeview	85	47	pt sunny
Lincoln City	63	50	pt sunny
McMinnville	83	50	sunny
Medford	90	52	pt sunny
Newport	58	48	pt sunny
Pendleton	91	57	sunny
Portland	83	54	sunny
Redmond	87	45	pt sunny
Roseburg	85	54	pt sunny
Salem	84	50	sunny
Springfield	82	48	pt sunny
The Dalles	90	60	windy
Tillamook	65	50	foggy
Vale	95	63	pt sunny

National Cities

City	Hi	Lo	Cond.
Atlanta	88	67	pt sunny
Boston	82	64	sunny
Chicago	87	61	pt sunny
Dallas	97	74	mst sunny
Denver	80	56	t-storm
Houston	95	75	pt sunny
Los Angeles	75	62	pt sunny
Miami	87	78	t-storm
Minneapolis	81	63	pt sunny
New York	81	68	sunny
Phoenix	90	70	pt sunny
San Francisco	68	54	foggy
Seattle	80	55	sunny
St. Louis	94	74	sunny
Washington, DC	90	71	sunny

Moon Phases

Phase	Date
Last	Jun 9
New	Jun 16
First	Jun 24
Full	Jul 2

UV Index

Day	Index
Wed 6/10	8
Thu 6/11	8
Fri 6/12	8
Sat 6/13	8
Sun 6/14	8

Very High Very High Very High Very High Very High

The UV Index is measured on a 0 - 11 number scale, with a higher UV index showing the need for greater skin protection.

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living with alzheimer's

legal

planning for the future

courage

making decisions

well-informed

changes

legal and financial issues

understanding memory loss

safety

connection

daily strategies

family relationships

community resources

an education program by the
alzheimer's association

Living with Alzheimer's: For Caregivers – Early Stage

June 26 | 1 - 5 p.m.

Pendleton Senior Center | 510 SW 10th St., Pendleton, OR 97801

In the early stage of Alzheimer’s disease, families face new questions as they adjust. What does the diagnosis mean? What kinds of plans need to be made? What resources are available to help? Join us for this class to hear practical answers to the questions that arise in the early stage. Hear from those directly affected and learn what you can do to cope with the changes that come with an early-stage diagnosis.

This class is free, but registration is required. To register, call **800-272-3900**.

Offered in collaboration with:

REGONCAREPARTNERS
Creating a Culture of Quality Care

alzheimer's association®

24/7 helpline: 800-272-3900

McKay Creek Estates
presents:

SAFETY FIRST

Join us as we host a lecture series to increase safety awareness on fall prevention, common home injuries and provide solutions to keep you and your loved one safe!

SafetyMan says
“Always be Safe to Ensure an Active & Independent Lifestyle”

Healthy Back Habits for Caregivers - CONCLUDED

TUESDAY, MAY 26, 3:30PM

Many adults spend a considerable portion of their week caring for aging parents, relatives, friends, or other adults. According to the results of a recent study, the stresses and strains of providing care to an ill loved one may take a considerable toll on the mental and physical health of care-givers — including their back and spine health. Learn healthy back habits to keep you safe.

Elder-Friendly Living: Modifying Your Home for Safety

TUESDAY, JUNE 23, 3:30 PM

No matter when the older person’s home was built and regardless of whether it is modern or traditional in style, it likely was designed for young adults and their families. As adults age their homes also grow older, but most are not updated to accommodate the resident’s changing needs. Home adaptation or modification can provide friendlier elder living so older occupants may continue to life safely in the comfort of their home.

Know Your Numbers

TUESDAY, JULY 28, 3:30 PM

Are you at risk for diabetes, heart disease and other chronic diseases? Learn about the numbers and what they mean for various screenings to stay in control of your health. We will talk about cholesterol, blood pressure, body mass index (BMI) numbers and more.

For more information or to RSVP, call us at (541) 276-1987 or visit us today!

McKay Creek Estates

1601 Southgate Place

Pendleton, Oregon 97801

Prestige Senior Living, L.L.C.

www.PrestigeCare.com