

CAR SHOW



Echo car show a success

ALL PHOTOS BY SEAN HART

People who attended the A.C.E. Car Show in Echo Saturday were treated to a variety of cars from area owners. According to the Automobile Club of Echo High School's Facebook page, 166 vehicles were entered in this year's car show Saturday. The group reported raising \$3,763, which means club students will be able to attend the Portland Roadster Show in 2016 along with other activities. The event also served as fundraisers for other school activities. The Echo football program raised \$1,140, not counting the ongoing sales of raffle tickets for the Ferrari, according to the Facebook page, and the volleyball team raised \$613 getting them closer to its goal for volleyball camp. The basketball team raised \$61 at the dunk tank.



IT'S TIME Go Green for Mental Health Awareness Month

MENTAL HEALTH AWARENESS MONTH

Did you know that 1 in 5 adults will experience mental illness in a given year? That is nearly 44 million adults who suffer from anything from depression or anxiety, to bi-polar disorder or schizophrenia. Unlike a physical condition that is apparent to bystanders, Mental Health illnesses are not often noticeable from the outside, and are left for the individual to deal with alone. May is Mental Health Awareness Month, an opportunity to support those who are silently suffering, and strive to destigmatize this often silent disorder. If you or someone you know is suffering in silence, speak up. Call Lifeways to schedule an appointment with one of our clinicians, we are here to help.

LIFEWAYS HELPING PEOPLE

Let us be the one that helps!

541-276-6207 • Pendleton Office • 331 SE 2nd St., Pendleton, OR 97801
 541-567-2536 • Hermiston Office • 595 NW 11th St., Hermiston, OR 97838
 Toll Free: 866-343-4473 • www.lifeways.org • We accept most insurances as well as Medicaid (OHP)

McKay Creek Estates invites you to our **Everything South of the Border Open House** Friday, May 29th 3:00 - 7:00pm

We are having a FIESTA of a good time for all our family, friends, and professionals!

Enjoy our South of the Border hospitality while you tour all of the updates at our community, and preview all of the new exciting services and activities we offer!

Sizzling appetizers and refreshing Margaritas will be served.

McKay Creek Estates

(541) 276-1987 www.prestigecare.com 1601 Southgate Place Pendleton, OR 97801

Prestige Senior Living, L.L.C.

DON'T MISS OUT! Subscribe to the Hermiston Herald E-Mail Newsletters and stay informed on the topics that matter most to you.

Visit www.hermistonherald.com/Newsletters and sign up today!