

## Your RED & WHITE Store

— THIS IS A UNION STORE —

**NOTICE**—After March 1st, there will be no grocery delivery. We feel sure our customers will see our side of this necessary step, and cooperate as they have in all other demands made upon us. We need you and you need us—Uncle Sam needs both of us. Let us all work together, all of the time, with all that we have toward Victory.

- NOODLES** ..... 1½ lbs. **23¢**
- SPAGHETTI - Red & White** ..... 1½ lbs. **23¢**
- RICE - Extra fancy Blue Rose** ..... 2 lbs. **23¢**
- ROLLED OATS - R. & W.** ..... 3 lbs. **27¢**
- PANCAKE FLOUR - R. & W.** ..... 2½ lbs. **19¢**
- FLOUR - Red & White** ..... 49 lbs. **\$1.85**
- COFFEE - Red & White** ..... 1 lb. **34¢**
- FRISKIES** ..... 4½ lbs. **53¢**
- MILK - Red & White** ..... 6 talls **65¢**
- SUPERLITE GLOBES** ..... up to 60's **15¢**
- SUPERLITE GLOBES** ..... 75's & 100's **20¢**
- KLEENEX** ..... 440's **25¢**

**ROYAL PUDDING - Chocolate - Tapioca or Orange Tapioca**

— MEAT DEPT. —

- S MELT**  
Lb. 15c — 2 lbs. **25¢**
- Mock Chicken Legs**  
Each ..... **5¢**
- BACON SQUARES**  
Lb. .... **22¢**
- Fresh Oysters, Halibut,  
Salmon - Kip'rd Salmon**

— VEGETABLES —

- CELERY**  
Utah ..... 1 lb. **12¢**
- CARROTS**  
Lge crisp .. 2 bu. **19¢**
- LETTUCE**  
Lge. heads - 2 for **23¢**
- ORANGES**  
Swt. S. K. - 2 doz **55¢**

### Hermiston Trading Co.

RED & WHITE STORE  
ONE DELIVERY DAILY — — — 10:30 A. M.

A Milwaukee alderman proposes turning 5,000 vacant lots owned by the city into Victory gardens.

### Notice to the Public

Due to the change of ownership at Hale's Confectionery & Sport. Goods all bills now due must be paid by April 1, 1943.

It will be greatly appreciated if this matter is taken care of prior to that date.

Roy C. Hale.

### WHY BE FAT?

**It's Easy to Reduce**  
You can lose ugly pounds and have a more slender, graceful figure. No laxatives. No drugs. No exercising. With this AYDS plan you don't cut out any meals, starches, potatoes, meats or butter, you simply cut them down.

It's easy when you enjoy a delicious (vitamin fortified) AYDS before each meal.

**100 PERSONS LOST 14 LBS. TO 20 LBS. each in 30 DAYS, using AYDS under the direction of Dr. C. E. Von Hoover, sworn to before a Notary Public.**

Absolutely harmless. GUARANTEED. Try a large box of AYDS. 30-day supply only \$2.25. Money back if you don't get results. Just phone THOMPSON DRUG STORE.

### CLARKE-RAINWATER

Coming as a surprise to the many Hermiston friends is the following announcement: Mr. and Mrs. John A. Clarke of Sunnyside, Wn., announce the recent marriage of their daughter Maribelle Ruth to Richard L. Rainwater, U. S. Navy, son of Mr. and Mrs. E. E. Rainwater of Marysville, Wn., former Hermiston residents.

The marriage took place at 8 p. m. on February 15 in Everett, Wn., at the home of Rev. and Mrs. Lawrence Wells, personal friends of the bride's parents. Mr. Wells, who read the service, is pastor of the First Chris-



### IF YOUR EYES TROUBLE YOU—

Come here and get the benefits of our more than 25 years successful optical experience. Reasonable prices for glasses when needed. We examine your eyes by modern methods and grind glasses to fit in all the latest styles.

**DR. DALE ROTHWELL**  
OPTOMETRIST  
418 Main Street  
PENDLETON, OREGON

tian church in Everett, where for many years the bride's mother was a member.

The young couple were attended by Mr. and Mrs. Maurice Howell of Snohomish, Wn., sister and brother-in-law of the groom.

Both Mr. and Mrs. Rainwater spent most of their school days in Hermiston where both were active in school and church circles.

Following a brief honeymoon on the coast, Mrs. Rainwater returned to Sunnyside where she is employed, while her husband is on active duty with the U. S. Navy.

### FARM BUREAU HAS FINE GAIN

(Continued from page 1)

twenty men and women throughout the year with a yearly payroll of over \$33,000.

Within the past ten years the cooperative has been instrumental in the establishment of the Co-operative Service Station, the Umatilla Co-operative Creamery and Cold Storage plant and the Inland Cooperative. The Co-operative Service Station is operated under the management of Rowland Yeend, and is under the direction of the same board of directors as the Farm Bureau Co-operative. Within the past year the Service Station showed a gain of \$8,537.78. Income including sales amounted to \$76,453.94, plus other income of \$2,781.14, brought receipts for the station up to \$79,453.99.

Election of officers took place with four directors being re-elected: F. S. Green, representing the Stanfield district, H. J. Ott, the North Columbia, R. V. Jones the Umatilla-Irrigon, and

W. A. Baker the Boardman district.

Noel Bennion, poultry specialist from Oregon State college, was introduced by H. K. Dean, superintendent of the local experiment station. Bennion gave a talk of much interest to the poultrymen present, concerning the poultry industry and egg production.

Certificates of equity for the year 1927 have been called for payment by the Farm Bureau Co-operative board of directors and are payable at the office of the cooperative when presented and properly endorsed.

### CO-OP CREAMERY HOLDS MEETING

(Continued from Page 1)

tion would be increased to a point of more economical production. Just a grain mixture and not a high protein cow feed is the most economical concentrate feed for most cases, he pointed. He recommended the year round feeding of grain to cows.

Mr. Leth also pointed out that a cow producing 300 pounds of butterfat produces this at 10c per pound less than a cow producing only 200 pounds of butterfat. A cow producing 200 pounds or less would return no interest on investment and nothing for labor, whereas a cow producing 300 pounds of butterfat would pay 4% on investment and make a substantial return for labor. This information was obtained by making a survey of 71 Willamette valley dairy farms.

The serious situation in regard to rising costs of production was mentioned by Mr. Leth. He especially mentioned high costs of dairymen who are producing milk instead of cream.

Mr. Brown, in reporting for the In-

## Hermiston Motorists

Please help keep the benches empty

Look for the Red and Yellow benches in front of Shell Service stations. Whenever you see a man in the uniform of our armed forces sitting on one, that's a sign he is going your way and would like very much to get a lift. Shell is do-

ing everything possible to help service men get around—all drivers of the Company's own automobiles have been instructed to pick them up. In this district you will find these Service Men's benches in front of Shell Stations at:

### West End of Main Street

Shell hopes you will help keep the "waiting for a ride" benches empty by inviting the occupants to share your car. Our fighting men are bound to appreciate this hospitality.



terstate Associated Creamery, the marketing agency for the Umatilla Cooperative Creamery, stated that this year's operation was the largest on record. He complimented the local creamery on the excellent showing made in 1942 in spite of all obstacles.

Brown also explained that 30% of all butter produced is now set aside for government purchase and that in many areas there is now an extreme

butter shortage. He also explained that butter exports to Russia in 1942 totaled less than 1% of our production whereas it is planned to ship one-sixth of our total production in 1943.

H. K. Dean explained the concentrate feeding trials that are being carried on at the experiment station. After one year's trial this showed the most economical concentrate to feed to be a low protein mixture.

## SAFEWAY Homemakers' Guide



**GIVE YOUR FAMILY THE ENERGY THEY NEED — Start them off with a nourishing BREAKFAST**

### Morning Glory Oats

- |  |  |
|--|--|
| QUAKER OATS, reg. or quick, lge. pkg. <b>24¢</b> | MILK, Advertised Brands 3 tall cans <b>29¢</b> |
| CERETANA OATS, reg. or quick, 9 lb. <b>39¢</b>   | MARGARINE, Dalewood 1 lb. pkg. <b>25¢</b>      |
| BUCKWHEAT FLOUR 2½ lb. pkg. <b>27¢</b>           | FLOUR, Fisher's Blend 49 lb. sk. <b>\$1.89</b> |
| FLAPJACK FLOUR, Alber's 2½ lb. <b>23¢</b>        | FLOUR, Kitchen Craft 49 lb. sk. <b>\$1.79</b>  |
| SYRUP, Sleepy Hollow 12 oz. bottle <b>16¢</b>    | CRISCO SHORTENING 3 lb. size <b>71¢</b>        |
| COFFEE, Nob Hill Blend 1 lb. bag <b>23¢</b>      | ROYAL SATIN Shortening 3 lb. jar <b>64¢</b>    |
| COFFEE, Edwards Finest 1 lb. bag <b>24¢</b>      | CORN MEAL, Mammy Lou yellow 9 lb. <b>31¢</b>   |
| WHEATSWORTH Cereal, Nabisco, pk. <b>19¢</b>      | PEANUT BUTTER, Real Rst. 1 lb. jar <b>27¢</b>  |
| WHEATIES, Gold Medal 8 oz. pkg. <b>11¢</b>       | FANCY BLUE ROSE RICE 5 lb. bag <b>45¢</b>      |



### Julia Lee Wright's WHITE BREAD

Julia Lee Wright white bread is the right kind of bread for breakfast, lunch and dinner. Enrichment with energy-building vitamin B<sub>1</sub> and important minerals makes Julia Lee Wright bread tops for nourishment.

**1 ½ LB. LOAF 13¢**

### FARM FRESH PRODUCE

Buy one more Vegetable FRESH every day and help make your Canned Goods Ration go farther

Here is one wartime request everybody can cheer over. Because this means it's patriotic to buy vegetables fresh... with the crispness and sweet flavor and tenderness all in them. More. The vegetable which is fresh not only tastes better but is tops in vitamin values too.

### Planning to Can?

We suggest you check your needs and buy your supplies NOW!

- KERR JARS** QUARTS, doz. **83¢**
- JAR CAPS** Kerr Regular - Dozen **21¢**  
LIDS — 3 Dozen **25¢**
- RUBBERS** Regular - Dozen **4¢**  
PARAWAX - 2 lb. pkgs. **25¢**
- JELLY GLASSES** ¼ Pts., doz. **43¢**

### PENNY SAVERS

FILL THAT **WAR STAMP ALBUM** TODAY!

GIVE HIM A BOOK TO READ! Bring a GOOD book to Safeway—we'll see that it gets to a man in the service!

- SU-PURB SOAP** 24 oz. pkg. **20¢**
- DUZ SOAP POWDER** 21½ oz. pkg. **23¢**
- CAMAY SOAP** 3 reg. bars **19¢**
- LAVA SOAP** Medium Bar **7¢**
- MATCHES** Searchlight - Carton **19¢**

### Don't Slight Breakfasts

If there ever was a time for talking up breakfasts, it is the present. Almost every one of us is carrying an extra load of responsibility these days and we need an extra good start to put us on our toes bright and early. And we need a substantial breakfast also to see us through the entire morning without that mid-morning let down.

On these chill mornings, serve a piping hot main course like pancakes, waffles, or fried mush with heated syrup. Those favorites are better than the best alarm clock to get the family out of bed. Try it and see for yourself.

**PANCAKES**—Make them with prepared flour if time's an item, or with enriched flour for that extra Vitamin B. You can make the batter the night before with the exception of the melted shortening. Add it in the morning while the griddle is getting hot. I like to make my pancakes about the size of a dollar (an inflated dollar, maybe) and serve them in miniature stacks along with a pitcher of heated syrup. Have the breakfast all set and ready to eat as they come off the griddle.

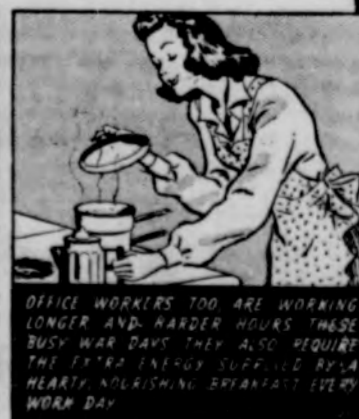
**FRIED MUSH**—Here's an oldtimer worth repeating often. Make twice the family capacity for mush, corn meal, oatmeal, wheat cereal or any other favorite, and serve it the first morning as a hot cereal. Pack the rest in a loaf pan lined with waxed paper and put it in the refrigerator for the following morning. Come breakfast time again, take it out and slice it into ½-inch slices and fry in hot shortening until honey-brown on both sides. Speed them from the griddle to a hot plate and serve with heated syrup.

**GET YOUR FREE FAMILY CIRCLE TUESDAY**  
"Double duty for pancakes and waffles" is the title of the article by Julia Lee Wright in this week's Family Circle. Be sure to get your free copy Tuesday... the magazine your whole family will enjoy.

Safeway Homemakers' Bureau  
JULIA LEE WRIGHT, Director

## Plowing Tractor Farm Work By the Hour Arrange Your Schedule Now

**Rohrman Motor Co.**  
Hermiston, Oregon



DOCTORS AND NUTRITIONISTS AGREE BREAKFAST—THAT NEGLECTED MEAL IN MANY HOMES—IS OF GREAT IMPORTANCE. A SUFFICIENT AMOUNT OF ENERGY REQUIRED DAILY BY ACTIVE CHILDREN.

UNCLE SAM STRESSES THE IMPORTANT PART FOOD PLAYS IN OUR WAR EFFORT. BE SURE AND GIVE THE WAR WORKERS OF YOUR FAMILY A VIGOROUS BREAKFAST AS A PROTECTION AGAINST MID-MORNING LETDOWN.

OFFICE WORKERS TOO ARE WORKING LONGER AND HARDER HOURS THESE BUSY WAR DAYS. THEY ALSO REQUIRE THE GREAT ENERGY SUPPLIED BY A HEARTY, NOURISHING BREAKFAST EVERY WORK DAY.