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### The Hermiston Herald

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### UMATILLA NEWS

By MRS. GLENN OSTROM  
Mr. and Mrs. Charles Hiatt and son Bud of Pendleton spent the week end visiting at the home of their son and family. Mr. and Mrs. Ursel Hiatt and family.  
Paul Walsh of The Dalles spent Friday night and Saturday at the home of his wife's parents. Mr. and Mrs. James Byrnes. Mr. Walsh is a brakeman of the U. P. railroad and had made a run in here.  
James Byrnes spent Thursday in Walla Walla on business.  
The Ladies Aid held their regular meeting at the Community hall.  
Mr. and Mrs. John Mustard and daughters Dorothy and Margie spent Thursday in Pendleton on business.  
Mrs. Denny Estep and three children of Sunnyside, Wn., and her sister, Blanche Pike, visited their father, Perry Pike, at the home of their sister, Mrs. Joe La Chance this week end.  
Friends were very deeply concerned over hearing the misfortune of Barbara Berry, daughter of Mr. and Mrs. Jay Berry, formerly of here but now of Portland, who fractured her back while out on a snow party. She has been put in a cast.  
Mrs. Walter Bullard and children Patty and Bob, and Mrs. Ben Spencer and daughter Edith spent Saturday in Pendleton.  
Faye Gardner has purchased a 1939 Chevrolet coupe.  
Fred Warnstrom was a business visitor in Pendleton Monday.  
The seniors of the local school held a theatre party at the Hermiston theatre Monday night.  
Mr. and Mrs. George Butterwood and Mrs. Harry Grammer spent Tuesday in Pendleton.

### IRRIGON

By MRS. W. C. ISOM

Earl Connell rented a place at Boardman and moved his stock and household goods last week.  
Mr. and Mrs. Irvin Beard of Lusk, Montana, visited with Mr. and Mrs. W. C. Isom and family Friday night. They were enroute to Hood River from Grand Coulee.  
Mr. and Mrs. Emmett McCoy were called to Portland Tuesday by a message stating their granddaughter Barbara Berry had been quite seriously injured while tobogganing at Mt. Hood. Later word states her spine had been injured. She has been placed in a cast.  
Mrs. Roscoe Williams visited in this vicinity Friday.  
Mrs. Carl Knighten has been quite ill with a cold.  
Charles Markham received a serious cut on his left hand while helping Earl Isom saw wood with a buzz saw Sunday. He was taken to Hermiston for medical attention.  
The ladies of the Presbyterian Community church met Thursday, cleaned the church and did some work on a quilt. The work on the yards is progressing rapidly and will be a great improvement when finished.  
Rev. Harness and Rev. Brown left Monday for Camas, Wn., to spend a few days.  
Lavonne, small daughter of Mr. and Mrs. Russell McCoy, is quite ill.  
Mr. and Mrs. Harvey Warner were Hermiston visitors Tuesday.  
Bob Smith and Earl Steward returned from Portland Monday night.

# FARM CO-OPERATIVE DIVISION

A MESSAGE TO EVERY MEMBER.

## PROJECT FARM BUREAU MEETING SATURDAY NIGHT

The Umatilla Project Farm Bureau will hold a meeting Saturday, March 18, at 8:00 o'clock in the basement of the M. E. church. Everybody is welcome. One of the purposes is to meet the new assistant county agent, M. E. Knickerbocker, and his family.

The meeting will start promptly at 8:00 p. m., with the following program presented:

"Know Your Weeds," by Emil Zivney; "Pros and Cons of Turkey Raising," by A. E. Bense; "Fertilizers for Our Soils," H. K. Dean; "Corn and Varieties to Plant," by M. E. Knickerbocker; "What Bonneville Power Means to Us," by Mrs. A. E. McFarland.

Every user of electricity, whether served by R. E. A. or private utility, should be interested. Leading Portland newspapers state that when Eugene, Ore., has Bonneville power available, Eugene will have the lowest electric rates for domestic use for any city in the United States. Under the Bonneville government set-up, we can get juice at the same wholesale rate cost as Eugene.

Come and take part in above discussion. Tell your friends.

H. J. Ott, Chairman.

### "Bring Your Sock" Party.

Columbia Grange members are anticipating Friday evening, March 24, for on that evening grangers and friends will enjoy a social evening. In the sock will be a contribution for the grange. In return, a program of special musical numbers, games and contests, with refreshments will be enjoyed. The beautiful quilt on display in Burnham's window, and the grange's fat pig, will be given away at this meeting.

## NOTICE TO MEMBERS OF THE UMATILLA PROJECT FARM BUREAU.

The annual payment of \$1.00 to the organization was due March 1st, and we would like to have all old members, and as many new ones as possible, in good standing before April 1st. Membership in the Farm Bureau also entitles the holder to a year's subscription to the Hermiston Herald, starting April 1st. Regular subscription price is \$2.00 per year.

C. M. JACKSON, Secretary.

## COOPERATIVE DISTRIBUTORS SHOWS \$2,300 GAIN DURING GENERAL RECESSION

(Co-op League News Service)  
New York—Cooperative Distributors, national mail-order consumers cooperative, today released its financial statement showing a net gain of \$2,338 for the fiscal year ended January 31, 1939. The business volume for the year was \$93,760. Under the direction of Olga Hourwich, who became general manager late in 1937, the organization has moved into the black during a period of business recession.

The owners of Cooperative Distributors are its customers, more than 200 cooperative stores and over 3,000 individuals living in every state in the Union, and in foreign countries including the Belgian Congo, Czechoslovakia, Syria, Transylvania, Guatemala, Japan, China and Denmark. C.D. also sells to the general public, and as individuals develop an interest in the organization they become member-owners.

In addition to doing a mail-order business, Cooperative Distributors operate a retail store in New York City, and also wholesales drugs and cosmetics to cooperative stores throughout the nation.

"As a member of the Cooperative League of the U.S.A., Cooperative Distributors is a part of the half-billion dollar cooperative movement in this country, which is the most rapidly expanding section of American industry today," said Morgan Harris, Educational Director. "In moving into the black while there was a business recession in this country, Cooperative Distributors is maintaining a tradition of the cooperative movement."

Potato breeders are still working to develop varieties that will not turn black after cooking, and that will resist diseases, heat, and drought.

## WHAT SCIENCE SAYS THE DAIRY PRODUCTS INDUSTRIES CAN TELL THE CONSUMER

### MILK IS THE CHIEF PRODUCTIVE FOOD

In no other way can the food habits now prevailing be so certainly and economically improved as by a more liberal use of good milk." — Dr. Henry C. Sherman in Food Products, Macmillan Co., N. Y.

"Protective foods" safeguard health just as surely as a competent police force protects the homes of the community. In America, the meals we eat often supply too little calcium and vitamins A, C and G. Foods which contain large amounts of these factors are designated "protective foods" by Dr. Sherman. Milk, because it supplies all four of these factors, and is an outstanding source of three of them, is the chief protective food. The other protective foods are vegetables, fruits and eggs.

Many people in this country eat just enough of the protective foods to prevent dietary deficiency diseases. This is not enough. Nutrition authorities believe now that the daily food supply should contain several times the amounts of some nutrients, vitamins in particular, that are actually required by the body to maintain life. When experimental animals are given the type of diet, low in protective foods, which Americans habitually eat, they are poorly developed physically and the strain dies out in a few generations. Human history also shows that, for better-than-average health, a larger proportion of the food consumed should be from the protective food group.

Milk is considered by experts to be the safest basis for reducing diets because it is rich in proteins, vitamins and minerals and is relatively low in calories. The all-round nutritional qualities of milk which make it such an excellent health-building food are essential, both to the one who wants to lose excess fat and to the one who wants to gain weight.

Milk is the chief protective food.

## COOPERATIVES TO SET UP WORLD'S FAIR CENTER IN NEW YORK

(Co-op League News Service)  
New York—Cooperatives in the metropolitan area of New York will set up a "Cooperative Center" to provide information on cooperatives and consumer problems for the thousands of consumers who are expected in New York this summer at the time of the World's Fair, a committee of New York cooperators announced this week.

The "Cooperative Center" will not be on the fair grounds because of the very large expense involved in maintaining a commercial exhibit. The co-ops, as non-profit organizations, did not feel it was possible to participate on that basis. In the interest of both economy and convenience the Co-op Center will be located in the heart of Manhattan in the same building as the Cooperative Cafeteria at 136 E. 44th Street, just half a block from Grand Central Station. The center will continue displays of cooperative accomplishments and products, will serve as an information center for visiting cooperators as well as interested consumers, and will direct visitors to the eighty cooperative enterprises in the metropolitan area.

Announcement of plans for a "Cooperative Center" followed closely the resignation of 21 consumer experts and government officials from the New York World's Fair Advisory Committee on Consumer Interests. The committee members declared in resigning that the purposes of the committee were so altered that there was no opportunity to develop a consumer program and that the names of the committee members were used to promote commercial exhibits at the exposition.

While the action of the cooperatives is not directly related to the resignation of the Consumers' Committee, Dr. J. P. Warbasse declared that "The creation of a Cooperative Center sponsored by Cooperatives is expected to serve a genuine consumer interest for those coming to the Fair."

## MILK FROM PRODUCER TO CONSUMER, CO-OP ALL THE WAY

(Co-op League News Service)

New York—Cooperative societies in the metropolitan area who purchase milk through the Eastern Cooperative Wholesale are now getting a supply which ECW secures direct from producers without intervention of any private middlemen or processors. After nine years of purchasing from private sources, arrangements were completed by the wholesale on February 1 to pick up with its own truck direct from the Dairy-men's League Cooperative Association's plant the total supply needed.

The Dairy-men's League, with 30,000 members, enrolls a majority of the farmers supplying milk to the New York area. Its union plant is one of the largest and best equipped processing plants in the city. Eastern Cooperative Wholesale co-op bottles with the distinctive green pine tree emblem are used on all classes of milk and cream. Societies using the milk include: Amalgamated Cooperative Housing Association; Amalgamated Dwellings; Farband Housing Association; Harlem's Own Cooperative; and Knickerbocker Village Cooperative.

## BUSINESS UP 34.5% AS EASTERN COOPERATIVE WHOLESALE REPORTS \$717,000 VOLUME

(Co-op League News Service)

Brooklyn, N.Y.—The Eastern Cooperative Wholesale completed another record year in 1938 when its sales volume jumped to \$717,000, 34.5% ahead of its total business for 1937, it was announced today in the Cooperator, published by the Eastern Cooperative League.

Eastern Cooperative Wholesale is basing its operating costs on an anticipated sales volume of \$1,000,000 during 1939 and is already ahead of the month-by-month sales into which the year's quota has been broken down. The scheduled gain in volume for the year would be 39.5%, or slightly more than the advance made last year.

A patronage refund of 1% on total sales during 1938 was voted at the quarterly meeting of the full board of directors last month. More than 200 consumer cooperative stores and buying clubs in 18 states and Puerto Rico will benefit by this reduction in the non-profit costs of purchasing through their own cooperative wholesale. The refund will be applied to the purchase of shares in the wholesale. Because of increased economies E.C.W. has already reduced prices on 60 items since the first of the year. Non-member purchasing groups, eligible to membership, can share in the benefits of the refund by making application for membership in the wholesale.

Last August E.C.W. leased a two-story warehouse building in Brooklyn which provides the co-op with 27,000 square feet of floor space, a railroad siding and convenient access to deep water shipping. Its new 12-ton trailer truck will make special runs to cooperative stores in the Washington, D.C., Springfield, Mass. and Harrisburg, Penna. areas. The annual meeting of the Eastern Cooperative Wholesale will be held Tuesday May 30, in New York City. Each consumer cooperative holding membership will have one voting delegate plus an additional voting delegate for each 500 members.

## NO TRADE WITH GERMANY CONTEMPLATED BY U. S. CONSUMER COOPERATIVES

(Co-op League News Service)

New York—Because of misunderstanding arising out of a story said to have emanated from the Germany Embassy last week, officials of the Cooperative League of the U.S.A. declared today that none of the cooperatives affiliated with the League have entered into negotiations with Nazi Germany for the exchange of farm products for German manufactured goods. The league is made up of consumer cooperatives with 965,000 patron-members in 28 states.

While American consumer cooperatives are shipping lubricating oil to co-ops in Scotland, France, Belgium, Bulgaria, Estonia and Canada, no goods have been shipped to dictator countries. The cooperative responsible for these shipments of petroleum products went on record at its annual meeting a year ago when representatives of its 100,000 consumer members voted against shipping goods to any aggressor nation.

## HOUSEWIVES CAUTIONED AGAINST BUYING BY PIECE

Take this tip if you want to save money on your monthly food bills, Arden A. Reed, marketing chief of the state department of agriculture, suggests to housewives. Don't buy ordinary food products by the piece. Insist that the food be weighed by the merchant. In that way you can determine whether you are getting a fair price per pound.

The reason for this unusual advice is that the department's division of market enforcement has found that a few merchants are taking advantage of their customers by selling by the piece. For instance, does your butcher display pork chops already cut up at so-many-cents each? Does your grocer display wedges of cheese with a price tag but no weight information? If so, it would be worthwhile to ask that the pieces be weighed before you buy.

While the division has found that most shops give their customers fair value, some charge excessive prices when they sell by the piece. They depend on the customer's inability to judge weight accurately in order to overcharge. By insisting on knowing the weight of food products which you buy, Mr. Reed says, you may save yourself considerable money over a long period of time.

A proposed program of lighting over 6,000 miles of national roads in France by electricity is expected to reduce accidents by 35 per cent.

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