

FARM CO-OPERATIVE DIVISION

A MESSAGE TO EVERY MEMBER.

4-H CLUB NEWS

By GRACE BENSEL

This article is written to explain 4-H club work because when the fall fairs come, so many ask for the meaning of the 4-H organizations. The 4-H members are a very important part of any fair whether it be community, state or national.

The 4-H club organization is an educational project of the United States government, through the Department of Agriculture, the State Extension Service of Agricultural colleges, and state club leaders. The county school superintendent, home demonstration and county agents, community and local leaders, and others, give of their time and money to help the club members in making the best better. This organization is for all young people between nine and twenty-one years of age, who wish to stand by the work and goal of 4-H projects. They may either work as club members or where there is no club project of their choice, they may do individual work.

This organization offers to its members much more than learning by experience how to conduct approved practices in agriculture or home economics. A few of their opportunities are: Making new friends and learning to meet people, especially of prominence; earning and saving money; enjoying wholesome recreation and contacts; visiting the agricultural colleges and its officials, mostly through attending the 4-H summer school; personality; acquiring poise and self-confidence; developing a sense of comradeship and cooperation; and learning early in life to exercise good judgment in making decisions. All these things are educating boys and girls to become good citizens.

More than one million rural youths are enrolled in 4-H clubs, in each state, and the territories of Alaska, Hawaii, and Puerto Rico. These members are directed by three thousand county agricultural agents, two thousand local demonstration agents, three hundred club agents, and one hundred thousand local leaders, each one of whom directly supervises a group of young people. One of our local boys, Oscar Mikesell, is a club agent in Oregon. The market value of the products produced in 1936 by 4-H club members was estimated to be twenty-four million dollars.

This organization has reached this height in 23 years. In 1914 congress passed the Smith-Lever Act to establish extension service to cooperate with campus teaching and experiment stations. Since then congress has passed two more acts that have aided this youth project, one in 1928 and the other in 1935.

The emblem of a four leaf clover with the letter "H" on each leaf, meaning the four square development of head, heart, hand and health, is adopted by the United States Department of Agriculture. The green stands for springtime, life, and youth; the white for purity and high ideals, for which every member strives.

Some of the goals these young people are striving to reach are: Make my best better, conduct and take part in business meetings, complete a project started, speak in public, show good sportsmanship—win or lose, to obtain the best education possible for my chosen life work, to serve others, and to be prepared to meet opportunity if it comes my way.

"I rejoice in the things I can do as a country girl for my home and neighborhood."

"I believe the country which God made is more beautiful than the city which man made; that life out of doors and in touch with the earth is the natural life of man." The above is taken from a country girl's and country boy's creed.

There are 47 4-H club projects in which members may engage, listed by the United States Department of Agriculture, some of the minor ones are not listed. The principal projects being production of livestock and crops, preparation of food, and doing home improvement and sewing. Experience has shown that 4-H club projects may develop into thriving business enterprises. Many of the older members are making annual sales from their developed 4-H club projects which mount into several thousand dollars a year.

There are young members still in grade school that have a good foundation project upon which to finance their college education.

Many national business organizations sponsor contests for 4-H members. The rewards usually include college scholarships. Many valuable things are realized by these contests. A youth has a chance to see how he measures along side of others from all parts of the country. He learns many useful things while preparing for the contest. He often goes to a distant place while he is taking part and sees new people and new things. Two local boys, Kenneth Bensen and Eugene Rugg, went to Columbus, Ohio, to take part in one of these national contests recently. Some contests are home beautification, rural electrification, farm accounting, food preparation, style revue, canning, social progress, girls' club record, meat animal project, and dairy demonstration.

Then we have sectional awards for club work well done, sponsored by railroads, banks, and other civic and commercial organizations. The county awards two scholarships to summer school for the outstanding club girl and club boy in the county.

Now we come to our local awards

and find that the business houses and civic organizations are very willing and glad to give scholarships to the state fair and summer school, to club members who have succeeded in doing their work well. Flags bearing the green 4-H clover leaf were flown from fourteen fraternity and sorority houses quartering delegates at Oregon State college for the 4-H members attending summer school this year. It took 23 houses and three dormitories to house the delegates.

When a club member receives a prize or award for his or her work, it has more than a monetary value—they know that others recognize their work and wish them well, and it gives them an incentive to go ahead and work harder in order to do better the next time.

The 4-H club organization provides a very good way for boys and girls to spend their leisure time. They are learning many useful things by seeing and doing. They are constructing and building for life, such things as character, personality, which mean useful citizenship for community and country.

Our 4-H club motto is: "To make the best better."

Lumber, Roofing Auction.

There will be a sale at public auction Saturday afternoon, November 6th, at 1:00 o'clock, at the Farm Bureau Co-operative of Hermiston, of three piles of scrap lumber and two piles of scrap roofing material. Sale starts promptly at 1:00 o'clock.

Co-ops. Closed November 11.

The Farm Bureau Cooperative and Grange Cooperative will be closed Thursday, November 11th, on Armistice day.

Westland Grange Card Party.

A card party is being sponsored by the Home Ec club of the Westland Grange, Friday night, November 5th, at 8:00 o'clock, in the Odd Fellow's hall and the general public is invited to attend. Bridge, pinocle and five hundred will be in play during the evening and refreshments will be served.

November 15 First Turkey Pool.

At a meeting of the board of directors of the Eastern Oregon Turkey Growers' association held at the assistant county agent's office, October 13, shipping dates were scheduled for November 15, and the second shipping dates November 29 and 30. A circular letter confirming these dates together with other important information regarding feeding practices prior to shipping, handling, and grading will be sent out soon to all members of the Eastern Oregon Turkey Growers' association.

SWEDISH CO-OP LEADER TO SPEAK

(Co-op League News Service)

CHICAGO—Anders Hedberg, secretary of the Cooperative Union of Sweden, will be guest speaker on the University of Chicago Radio Forum, Sunday, November 14. The program is a feature of the Red Network of the National Broadcasting System and is broadcast from Chicago, 11:30 to 12 noon, C.S.T.

The program will be a round table discussion of Consumers Cooperation. Other members of the panel will be drawn from the faculty of the University of Chicago.

Anders Hedberg is secretary for International Questions of Kooperativa Forbundet, Stockholm, and a director of the Luma cooperative electric lamp factory which was instrumental in breaking the electric lamp trust in Sweden. Mr. Hedberg is completing a two-month speaking tour of the United States.

FARM BUREAU AUXILIARY

The Farm Bureau Auxiliary will hold its regular meeting Friday, November 5th, with Mrs. Emma Epperson, Mrs. Joe Linder, Mrs. Annette Barham, Mrs. R. L. Addleman and Mrs. Edna Udey, in charge.

CO-OPERATIVE BOOK CLUB TO START

(Co-op League News Service)

NEW YORK — The Cooperative Book Club, a consumers cooperative for the distribution of books to members in all sections of the United States, announced this week that it will begin operations November 15. The Book Co-op, which will have its headquarters at 5 East 57th Street, New York City, is backed by a noted group of liberal writers, educators and consumers.

Among the members of the National Advisory Committee are: Stuart Chase, John Chamberlain, John Dewey, Robert S. Lynd, Lyman Bryson, Bertram Fowler, Reinhold Niebuhr, Maury Maverick, John T.

Flynn, Mark Starr and Governor Elmer Benson.

The Book Co-op will begin operations by buying books of all types for its members, and expects to begin making monthly book selections from the field of important fiction and non-fiction early next spring. All books will be sold to members at market price with a patronage dividend to be returned to members at the end of each business period. Permanent membership will be \$2. The members will own and control the organization in addition to benefiting from cooperative purchasing. It is an independent organization, with no religious, political or commercial affiliations.

Willing Workers Meet.

The Willing Workers Home Economics club of Westland Grange will meet with Mrs. Ben Lottspeich, Wednesday, November 10th, at 2:00 p. m. If you missed the last meeting, you missed a treat. Your chairman urges each one of you to be at this meeting, which will be a farewell party to Sister Lottspeich.

Columbia Grange Carnival.

The public is invited to attend the Columbia Grange Carnival Saturday night, November 6th, at the Columbia school house. The fun will begin at 8:00 o'clock.

BEST MEAT COOKERY METHODS SHOWN

Are you up-to-date in your meat cookery methods? Do you let good food value sizzle away in an overheated oven? Do you waste time basting your roast? Do you cover it, when it should be uncovered? Can you broil a steak to a turn, with only one turning? Do you know how to keep your food budget balanced by including a variety of meat cuts, and do you know how cuts containing connective tissue should be cooked to make them most tender?

If your knowledge along any of these lines is deficient, would you like to receive information from an expert in meat cookery?

You will have your chance when Miss Emily Conklin, from Iowa State college, well known home economist, writer and lecturer on food subjects, gives a demonstration of newer methods of meat cookery at 1:30 Monday, November 8, in the Pendleton Library auditorium. This meeting is sponsored jointly by the National Live Stock and Meat Board and the Extension Service of Oregon State college. Arrangements are being made by Miss Frances Clinton, Umatilla County Home Demonstration Agent. Through the cooperation of the Pacific Power & Light company, Penland Brothers, and Frigidaire services the stage is being set with up-to-date equipment.

Miss Conklin speaks with authority on the subject of meat. She is a member of the staff of the National Live Stock and Meat Board, Chicago, the organization which represents all branches of the meat industry. Recently a very thorough study of the best ways of cooking meat was initiated by this organization and conducted through the cooperation of the U. S. Department of Agriculture and the home economics departments of leading colleges and universities. As a result a whole series of new rules in meat cookery has been worked out.

New Methods Easier.

Lower oven temperatures, a longer cooking period, no cover on the roasting pan, no searing, no basting, no water in the pan—these are the highlights of the new rules for roasting. Miss Conklin demonstrates them in showing how to roast beef, pork, lamb and veal. She also shows the use of the roast-meat thermometer, the newest guide to roasting. This thermometer, inserted in the thickest part of the roast, registers the internal temperature and shows exactly when the meat is ready to be taken from the oven.

Miss Conklin shows other methods of cooking meat. Easier and simpler ways of broiling steaks and chops and meat patties are shown.

Cuts Easy on the Budget.

Among the most appetizing dishes which she prepares are those in which less demanded and therefore more economical cuts of meat are cooked. Usually these cuts contain connective tissue which can be made tender by being cooked in moist heat. That these cuts are just as full of food value and flavor and can be made just as tender as the more popular portions, is an interesting point in Miss Conklin's demonstration.

In short, Miss Conklin's lecture and demonstrations are filled with valuable information, and no alert homemaker can afford to miss them.

PINE CITY

By Mrs. Bernice Wattenburger

A large group of people from Pine City attended the dance at Lena hall Saturday night.

The grade school children had a party last Friday evening in the auditorium, with a large attendance. Mr. and Mrs. E. B. Wattenburger and family, Mr. and Mrs. A. E. Wattenburger spent Sunday in Pasco on business.

Mr. and Mrs. McGuire have moved into the new house on the Boylen ranch. Mr. McGuire is a partner of Tom Boylen in the sheep business.

Mr. and Mrs. W. D. Neill and family, Mr. and Mrs. Roy Neill attended the church dinner in Hermiston last Sunday.

Mr. and Mrs. Paul Bull and daughter of Pendleton, Mr. and Mrs. Emery Cox of Hermiston, Mr. and Mrs. Bert Young and Mrs. Bill McCary were dinner guests Sunday at the H. E. Young home.

WANT ADS

WANTED—SMALL COAL HEATER. Ralph E. Jones, Irrigon, Oregon. 11-1tp

1000 CEDAR FENCE POSTS FOR sale—7 foot long, but under size. Would like to sell the lot for 8 cents each. Inquire Herald office. 11-3tp

FOR RENT—THREE ROOM HOUSE with greened porch and basement, close in, water in house. Mrs. Alfred C. Swarner. 11-tfe

LATE '33 OLDSMOBILE DE LUXE Coupe. Will sell equity for \$100 cash. M. E. Gimson. Inquire Herald office. 11-3tp

FOR SALE—1 TRAILER & 1 NEW Royal typewriter. Inquire Herald office. 11-3tp

4 GOOD MILK COWS FOR SALE—Coming fresh in November. Emmett Cooney, Hermiston, Or. 11-3tp

FURNISHED HOUSE FOR RENT—With garage, also furnished apartment. H. E. Hanby, Hermiston, Or. 11-tfe

SQUASH FOR SALE—W. A. JEPPE, 2 1/2 miles west of Hermiston. 10-3tp

FOR SALE CHEAP — HILLSIDE Model 30 Caterpillar tractor. A-1 condition. Geo. R. White, Lexington, Ore. 10-2tp

FOR SALE—GREY WORK MARE and Yearling Colt; Also corn on the cob. W. H. Cook, west of Attebury corner, Hermiston. 10-3tc

FOR SALE—26 MODEL T PICK-UP \$20. Lewis Pearson, Hermiston. 10-3tp

FOR SALE — TWO PIANOS. ONE Bungalow, new, one used piano, for cash or easy terms. Might consider storing with reliable party that would buy later. J. Forrest Smith, factory representative, 1011 S. W. Washington, Portland, Ore. 11-3tp

REASONABLE ROOMS FOR RENT by the month, also one apartment catty corner from depot. 11-3tp

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NEW ELECTRIC HEATER ENDS BATHROOM CHILLS quickly

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FOR SALE—NEW 48 BASS Hohner Piano Accordion. Price \$48 with case. Mrs. A. H. Rohde, Echo, Ore. 10-3tp

FOR SALE — 15 HEAD GOLDEN Glow Jersey cows and four heifers. 1 bull. 2-unit Sarge milking machine, complete; Reasonable terms. G. G. Smith, Stanfield. 10-3tp

FOR SALE—75 PUREBRED HAMPSHIRE ewes. Ralph Butler, Willows, Ore. (Ewing Station) 9-2tp

WANTED — 29 OR 30 CLOSED pick-up; Will pay cash. Lewis Pearson, 1 mile north of Hermiston. 9-3tp

FOR RENT—FURNISHED APARTMENT for housekeeping; also extra single room. Mrs. Joe Dyer, Hermiston. 7-tfe

NOTICE OF APPOINTMENT OF EXECUTOR

Notice is hereby given that by an order of the County Court of the State of Oregon for Umatilla County the undersigned has been appointed executor of the estate of J. W. Clarke, deceased. All persons having claims against said estate are hereby required to present them within six months from the date of this notice, with proper vouchers, to said executor at the office of A. S. Cooley in the Johns Building in Pendleton, Umatilla County, Oregon. Dated November 4, 1937. ENOS D. MARTIN, Executor. A. S. Cooley, Attorney for Executor. (Nov. 4 - Dec. 2)

NOTICE OF APPOINTMENT OF ADMINISTRATRIX.

Notice is hereby given that by an order of the County Court of the State of Oregon for Umatilla County the undersigned has been appointed administratrix of the estate of Katherine E. McCasky, deceased. All persons having claims against said estate are hereby required to present them within six months from the date of this notice, with proper vouchers, to said administratrix.

THE REASON HEADACHES ARE RELIEVED SO FAST



THE REASON BAYER ASPIRIN WORKS SO FAST
Drop a Bayer Aspirin tablet into a tumbler of water.
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At the first sign of such pain, take two Bayer Aspirin tablets with a half glass of water. Sometimes if the pain is more severe, another dose is necessary later, according to directions.

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15¢ FOR 12 TABLETS
Virtually 1 cent a tablet

trix at the office of A. S. Cooley in the Johns Building in Pendleton, Umatilla County, Oregon. Dated October 28, 1937.

HARRIET M. BAKER, Administratrix. A. S. COOLEY, Attorney for Administratrix. (Oct. 28-Nov. 25)

Land Sale Notice.

NOTICE IS HEREBY GIVEN that the undersigned, Sheriff of Umatilla County, Oregon, by virtue of an order duly made and entered herein by the County Court of Umatilla County, Oregon, on the 6th day of October, 1937, will, on the 20th day of November, 1937, at the hour of 10 o'clock in the forenoon, sell to the highest bidder for cash in hand, at the front door of the Umatilla County Court House, Pendleton, Oregon, subject to a minimum price of \$30.00 therefor, to be paid in cash, at the time of sale, the following described parcel of land, heretofore by Umatilla County, Oregon, acquired for delinquent taxes, to-wit: Lots 1, 2 and 3, Block 77, Wardwell's Addition to City of Umatilla, Umatilla County, Oregon. R. E. GOAD, Sheriff of Umatilla County. (Oct. 21-Nov. 18)

It's Easy To Be Mistaken About STOMACH TROUBLE

Stomach sufferers should learn the truth about ULCERS, GAS, ACID, INDIGESTION, belching, heartburn, constipation, etc., due to excess acid. FREE U.S.A. Booklet contains facts of interest. The 9th edition, just off the press, may prove your first step to rapid stomach comfort. (In this booklet you are asked to ask for the booklet at

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