

Household Questions

When making bread and butter pudding, sprinkle each slice of bread and butter with desiccated coconut instead of currants, and strew some on the top. This will make a change from the ordinary pudding and will be found very tasty.

Japanned articles should never be washed in hot water, as the japan is likely to wash off. Use lukewarm water and soap.

Steaming is a good way to cook vegetables, as it reduces the loss of minerals and vitamins. It is also economical, because you can cook several different vegetables at a time.

If the stalks of broccoli are too thick, split them lengthwise before boiling, so that stalks will cook in the same amount of time as the buds. Broccoli should cook for 20 minutes after water starts boiling.

Be careful to wash all garden furniture before storing away. Nests built by insects in crevices in furniture are often overlooked. It is in this way insects often get into the house.

Lemon slices served with tea are more attractive when sprinkled with paprika or chopped parsley

BOYS! GIRLS! Read the Grape Nuts ad in another column of this paper and learn how to join the Dizzy Dean Winners and win valuable free prizes.—Adv.

Long on Power We have more power than will: and it is often by way of excuse to ourselves that we fancy things are impossible.

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CUTICURA SOAP and OINTMENT WNU-13 39-36

HEARTBURN FROM OVEREATING? Hurried or overeating usually causes heartburn. Overcome heartburn and digestive distresses with Miltania, the original milk of magnesia in wafer form. Thin, crunchy, deliciously flavored, pleasant to take. Each wafer equals 4 teaspoonfuls of milk of magnesia. 20c, 35c & 60c sizes at druggists.

OREGON STATE NEWS OF GENERAL INTEREST

Brief Resume of Happenings of the Week Collected for Our Readers

Astoria—About \$100,000 will be spent this winter to put Fort Stevens and Fort Clatsop in tip top condition.

Salem—Patrons of the Mountain States Power company received a 12 1/2% rate reduction amounting to \$75,000 annually.

Medford—The Rogue river valley pear crop is moving to the market at the rate of 50 cars daily according to late reports.

Albany—Linn county voters will vote on the question of prohibiting the sale of intoxicating liquors in the coming election.

Astoria—Plans and specifications are being rushed for a new trollers' mooring basin to be constructed with \$14,000 of PWA funds.

Hood River—Tonnage of the 1936 Bartlett pear crop will probably equal the 5400 tons of last year. The fruit is of high quality.

McMinnville—State highway crews are surveying the McMinnville-Tillamook highway with an eye to eliminating nine curves some of which are dangerous.

North Bend—The Chinook salmon run is better than usual, this fall according to word here. Floyd Maple brought in a catch of 51 fish weighing over 1200 pounds.

Seaside—Purchase of property is being considered by the city council for the purpose of enlarging the quarters of the fire department, library, and housing for an information bureau.

Roseburg—Anti-noise law prohibiting the use of cowbells at night was discovered to be still in effect here. The ordinance was discovered by L. M. Lowell, field worker for WPA historical survey.

Astoria—Super-sweet peas from this district are bringing from 50 cents to a dollar more in Eastern markets than any other peas. The price ranges up to \$3 per hamper, the highest it has ever been.

Grants Pass—It remained for a tourist to describe the Pacific highway south of here. "I like your Mae West highway" the tourist wrote in the comment book at the chamber of commerce,—"smooth and curved."

The Dalles—Continuing its drive for a Columbia River dam at The Dalles, the chamber of commerce here selected a committee of five to direct all promotion in connection with the campaign. Army engineers are expected to report on such a dam by the end of the year.

Salem—The institutional budget for the state will be tentatively \$1,100,000 higher for the next two years than for the current biennium, according to Budget Director Wallace Wharton. Governor Martin stated that tentative requirements may be higher but that doesn't mean that they will receive that amount.

Eugene—A pioneer farmer of the Pleasant Hill district near here, who has never owned or driven an automobile and refuses to abandon his horse and buggy, is finding the highways rather dangerous he admitted ruefully. Recently, a motorcycle struck his buggy doing some damage and upsetting his peace of mind and a few days later an automobile crashed into it, virtually wrecking it and shaking him up badly.

FALL FISHING OPENS Astoria—After remaining off the river for two days the Astoria fishermen voted to start the fall season at the packers original offer. This decision netted the fishers 2 cents per pound for fish the first night and 5 cents for bright fish and 2 cents for tules the balance of the season.

CAPITOL BUILDING STARTED Salem—Removal of shrubbery marked the beginning of construction on Oregon's new \$2,500,000 building to replace the one destroyed by fire. Exactly one year, six months and 15 days elapsed between the tragic destruction of the 60 year old statehouse and the transplanting of the shrubs to make ready for the excavation for the new one. Preliminary work will require about 45 days and the contract for the superstructure will be let early in November which will require about two years to finish.

Astoria—The four year task of rebuilding the south Jetty was finished recently by the completion of the three months task of consolidating the jetty—the pouring of an asphalt-sand mixture in between the big boulders. Grants Pass—Started less than five years ago at the junction of the caves and Redwood highway and having just recently obtained a new post-office named Cave Junction by the government, Cave City is discussing incorporation under the latter name.

What Irvin S. Cobb Thinks about

U. S. Lags Behind.

HOLLYWOOD, CALIF.—What I saw at the national air races in Los Angeles set me to thinking. It's a dangerous thing—thinking is—and nearly always upsetting to the peace of mind.

I'm thinking that no longer is the navy our first line of defense nor the army the second line. I'm thinking that the chief peril—and the chief security—from that peril—is in the air now.

And of all the great powers, we are the most woefully behind in the matter of airplane protection. It would take us two years to make our air force as strong as it was four years ago. It would take infinitely longer than that to make it as strong as the present footing of any country which conceivably might attack us.

Well, we could always lock the stable after the horse was gone—if the stable hadn't been blown flat.



Irvin S. Cobb

Rules for Long Life. A JAPANESE doctor has landed with the word that, by following a few simple rules, a fellow lives to be 240 years old. He didn't say, but I figure this applies only to those of us who never go motor-ing.

The principal rules are to sleep on a hard mattress with a metal pillow and learn to wriggle like a goldfish. Whether, in time, the beginner sprouts gills and a fantail is not stated, but it sounds plausible.

I've already spoken to a tinsmith about a pillow and, on awakening this morning, made a few experimental wriggles. My intentions might fool some people, but I don't believe they'd fool a goldfish, unless he'd been drinking or something. I'm afraid my finning was faulty. Besides, I didn't feel any too dignified—greeting the dewy dawn by behaving goldfishishly.

War Names Confusing. NOT content with coining eighty or ninety separate different and confusing names for the opposing forces in Spain, the correspondents have gone and thunk up a plum bran' new one—extremists. Maybe, though, the point is well taken. The dispatches would seem rather to indicate that quite a number of persons over there have lately shown a tendency to verge toward the extreme.

And picking out the various parties mixed up in the French political mess—that's another tough job. Only today I ran into this one—left-centrist. It sort of suggests Ty Cobb in his palmy days, covering the outfield. But—that couldn't be because the French don't go in for baseball. They prefer dueling as being just as exciting.

I must say it's discouraging just when, by following the news from Paris, I'm beginning to get the Reds unscrambled from the Pale Pinks, and the Mauves from the Helio-tropes, and the Holy Rollers from the Merry Widows, to have this added complication burst right in my face. Looks as though I'll have to start it all over again.

How to Reduce. EVER since the day when I was known among friends as Thyroid Deficiency Irvy, the human detour, I've fought the losing fight against overweight.

I tried dieting and became the best friend the American spinach industry ever knew, yet had only to turn my head to brag and I regained, practically instantaneously, what I'd lost. I exercised until I had the jitters, but when I'd taken off half a pound, it bounced right back while the doctors were reviving me.

But now I've found the absolutely certain cure for reduction. It's working in a moving picture with little Jane Withers. When she sets the pace you can track yourself back home by your own perspiration. Another engagement with Janie and I could be rented out as my own living skeleton.

Has Memories of Valencia. IT'S hard to concentrate on pen-nant fights in the big leagues when we read of war-racked Spain, with 100,000 already dead.

I hope the lovely old city of Valencia has escaped the common ruin. Seven years ago I was traveling around and about over three continents, and at every stop had listened morning, noon and night, to the song "Valencia."

So a friend and I made a pilgrimage to the town in which presumably, the thing originated, and Valencia turned out to be the one spot on the map where nobody had ever played that tune or sung it or hummed it or whistled it, or even heard of it.

It was indeed a relief. So we stayed a week. The sherry-and-egg before luncheon was also quite good—all but the egg!

IRVIN S. COBB. WNU Service.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL Lesson

By REV. HAROLD E. LINQUIST, Dean of the Moody Bible Institute of Chicago, Western Newspaper Union.

Lesson for September 27

REVIEW: THE SPREAD OF CHRISTIANITY IN WESTERN ASIA

LESSON TEXT—Matthew 13:24-35. GOLDEN TEXT—They rehearsed all that God had done with them, and how he had opened the door of faith unto the Gentiles.—Acts 14:27.

PRIMARY TOPIC—How the Good News Spread.

JUNIOR TOPIC—How the Good News Spread.

INTERMEDIATE AND SENIOR TOPIC—Christianity Reaching Out.

YOUNG PEOPLE AND ADULT TOPIC—The Spread of Christianity in Western Asia.

Review Sunday provides a needed opportunity to determine not only whether the class members have learned and retained the truth taught, but, what is of equal importance, whether the teacher has accomplished the purpose in mind at the beginning of the series.

What was the aim set before us for the three months? "To lead the student to an understanding of New Testament Christianity, and to beget in him the desire and purpose to live the Christian life and to win others to faith in the Lord Jesus."

The test which we apply as the twelve lessons of the past quarter pass in review is: As a student, have I seen in the spread of Christianity the operation of a gospel of salvation which is the power of God for my salvation? Or, if I am saved, have I been stirred to a more earnest Christian life and a real passion for the salvation of others?

As a teacher, have I really used my opportunity to win the members of my class to faith in the Lord and Saviour Jesus Christ? Have I brought to bear on the lives of those in my class who are Christians the Word of God, stirring them to holiness of life and zeal for God's cause on earth?

If we cannot reply in the affirmative, should we not ask whether our efforts to teach have been largely fruitless? But let us not be discouraged, for even as we now review the lessons we have studied together the Holy Spirit is ready to do His work and apply the truth to hearts and lives.

To many teachers the preparation and presentation of the review lesson is the most difficult of any during the quarter. To the student who has given little or nothing to the preparation of weekly lessons it is often a rather disconnected and uninteresting recapitulation of twelve lessons.

A suggested method of gathering up the essential teachings of these lessons is to group them around the following seven points:

The spread of Christianity after our Lord's departure into the glory was distinguished by the fact that

1. It was by the preaching of a faith that began and continued in the power and demonstration of the Holy Spirit. God honors such preaching and teaching in our day.

2. It was a spiritual movement that demonstrated its God-given power by thriving on persecution. One wonders whether much of the activity of the church in our day has not fallen into the doldrums of pious respectability. Perhaps we need a little persecution.

3. It was not the propagation of theological theory or of a religious sect or party. It was a movement of the Spirit of God which saved men, and saved them to win and serve their fellow-men. True Christian service is nobler and more sacrificial than any non-Christian social service.

4. It was a movement in which laymen as well as religious workers had a place. Philip the layman served with Paul the apostle. Lay men and women let us be awake to our responsibilities and privileges.

5. Difference of opinion was not permitted to hinder God's work. Do we know enough to let God work among us, even if he does not work just as we think he should?

6. The missionary spirit of the preacher was carried over to the convert. This is a succession which God has continued to our day. Are we co-operating and helping it forward?

7. The gospel is for all men, Gentile as well as Jew, whether yellow, red, black, or white. The great commission is still our command and our authority to pray, give, and go, that all men may hear the gospel of the Grace of God.

Power of Little Rivers Little rivers seem to have the indefinable quality that belongs to certain people in the world—the power of drawing attention without counting it, the faculty of exciting interest by their very presence and way of doing things.—Van Dyke.

On Being Just Whatever is unjust is contrary to the divine will; and from this it follows that no true and abiding happiness can be gained by those who are unjust.—Stretch.

Wrap-Around Apron Frock

Here's the style of apron-frock you've been wanting, a wrap-around that affords unhampered freedom of movement whether you're scrubbing the floor, or hanging drapes.

The wide contrasting ruff collar is feminine and trim while three bright buttons do their share



1961-B.

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Uncle Phil Says:

There's a Difference

A conservative puts two and two together and so does an optimist, but the conservative has the two and two.

What we call "charm" is founded on kindness. You can depend on that virtue.

In ruling, better be careful. Minorities have a way of suddenly becoming majorities.

It is as easy to waste hard earned money as it is if it is a windfall.

Brilliantly Amuses No one has the moral right to "talk cynical" who can't do it brilliantly.

The condition of being hard-boiled is incurable and seldom even concealed.

The book that nobody noes—the checkbook.

quires 4 1/2 yards of 39-inch material plus 3/4 yard of contrast.

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The Mind Meter By LOWELL HENDERSON

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The Jumbled Sentence True-False Test

In this test there are eight mixed-up sentences, which are either true or false. First, rearrange the sentence to read properly, and secondly, underline the letter T if the statement expresses a true fact, or underline the letter F if the fact expressed is false.

- 1. Louis located center the in is St. American financial. T-F
2. Of flows the Mexico the Gulf Mississippi into. T-F
3. Roosevelt's woman in there a President is cabinet. T-F
4. To belongs France island Bermuda of the. T-F
5. The situated Panama equator canal the is below. T-F
6. Proclamation war chief of cause Emancipation was the the Civil the. T-F
7. Get must through China Hawaii to to one pass. T-F
8. Sea river the into the flows Black Volga. T-F

Answers:

- 1. The American financial center is located in St. Louis. F.
2. The Mississippi flows into the Gulf of Mexico. T.
3. There is a woman in President Roosevelt's cabinet. T.
4. The island of Bermuda belongs to France. F.
5. The Panama canal is situated below the equator. F.
6. The Emancipation Proclamation was the chief cause of the Civil war. F.
7. One must pass through Hawaii to get to China. F.
8. The Volga river flows into the Black sea. F.

Back to the Land For Contentment

A man went to the country to find contentment—and found only more unrest. It is the commonest of mistakes. People seek contentment in other places, not knowing that if they are to find contentment, here or there, they must first have the capacity for it in their own souls. For it is inner and not outer.

Nevertheless, I know well many cases in which men and women, returning to life in country places, simple living, a certain amount of manual labor (not to exhaustion) and, above all, stillness, have been able to reconstruct their lives.—David Grayson in Cosmopolitan.

Pass Around a Row

Keep your nose out of the track of a row. Never sniff to find a fight, but pass around the place. Nothing is ever gained in a looked-for row.

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... Just for Naming This Picture of Dr. Dafoe and the Dionne Quins

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42 FRIGIDAIRES
120 RCA RADIOS
1,000 CASH AWARDS OF \$2 EACH
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