

GRESHAM OUTLOOK

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VALUE OF HEALTH.

John D. Rockefeller some 40 years ago is said to have offered a million dollars for a new stomach. So far as known no doctor took him up.

The story was told at that time that on observing the relish with which a healthy laborer ate a square meal the then wealthiest man in the country said he would give his fortune for that man's health.

Rockefeller is now 85 and enjoys good health and is said to have regained a normal appetite and digestion and has ceased to diet. His recovery may probably be attributed to three things—ceasing to worry, plenty of outdoor exercise and buttermilk. The regimen, of course, was helped by a good constitution.

Many of us may think that if we had his fortune we would not have anything to worry about, we could take all the healthy exercise we needed and, of course, never want for buttermilk or any other good thing that money could buy.

The tendency, however, is just the opposite. Riches, which we all desire, are a burden which most men and women are better off without. As a matter of fact it is easier for those comparatively poor to eat the simple fare, get often by necessity the bodily exercise and avoid the worries which are conducive to mental, physical and moral health.

The lesson is obvious. Physical health, next to soul health, or genuine religion, is the greatest thing in life, yet it is most often neglected. It ought to be a part of one's religion to look assiduously after his health.

The doctors claim the credit for lengthening the span of human life about 20 years during the past century or so. They deserve much credit. Science has accomplished marvels. But after all we may know it all and fail. Careful attention to the principles of physical culture would lengthen the average share of life another 20 years in a quarter to half a century.

All who value life and seek to heighten its enjoyments should be enthusiastic physical culturists and the idea and practice should be promoted in this and all other communities.

SERVING THE WEST.

The Sunset magazine has gained and uses the title, "The West's Great National Magazine." The March issue announces a change in managing editors. Walter V. Woehike is succeeded by E. A. Vandeventer. Mr. Vandeventer has been a successful western newspaper man for many years. In his announcement and greetings to the editors of the west he says:

"We talk of the west as an empire of great achievements and greater potentialities. History tells us of other mighty empires—tells us of their rise and of their fall. They fell because they did not have a free press to warn them of the dangers of their triumphs."

GENERAL WHITE FOUND STRAIGHT.

An attempt was made by an ex-employee of the adjutant-general's office to besmirch the name of General White. The senate committee on military affairs made a thorough investigation and found the insinuations were utterly unfounded. The committee's report says in part:

"We found that there was nothing whatever in his (Gjedstedt's) statements and allegations, he finally admitting to us that he had a motive of wishing to 'get even' with the adjutant general for being reduced or discharged in the department."

The committee, of which Milton R. Klepper was chairman, says there is not even a fragment of justification for any belief that any irregularity or dishonesty exists or has existed in the department.

The report was unanimously adopted by the senate. This outcome of the supposed charges is most gratifying to the many friends of General White.

SEND THEM TO GRESHAM.

The Portland Chamber of Commerce, land setting department, reports that it has received a letter from Henry J. Heynen, of Iowa, saying that a number of farmers there, of Holland extraction, are desirous of forming a settlement of dairy and fruit farms in one of the Pacific states, and that they are particularly interested in Oregon.

It is now quite certain that no farm legislation will be passed by congress at this session which will close tonight. There are such divergent ideas as to the method of farm relief that no agreement has been reached or is thought possible.

Make your wants known through the Want Ads.

Wyoming Wins National Trophy by Voting



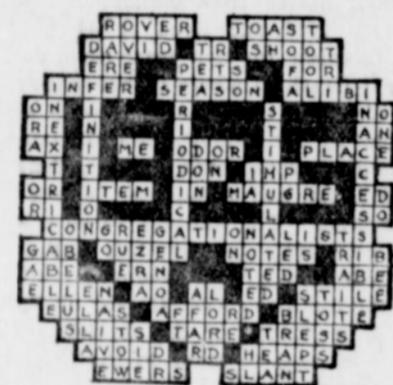
The state of Wyoming scored the greatest percentage of gain in votes at the national election last fall and won the trophy offered by Collier's, The National Weekly. Photo shows Governor Nellie T. Ross receiving the award as it was unveiled by her son, Bradford Ross, a boy scout.

OUR CROSS WORD PUZZLE

A crossword puzzle grid with numbers 1 through 42 indicating starting points for words. The grid is 10 columns wide and 10 rows high.

This cross word puzzle was composed by Mr. and Mrs. Chase E. St. Clair and was set up in the Outlook office. This is the first time a puzzle has been set up here. All former puzzles have been made from the Autocaster News Service, to which this paper is a subscriber. We can use other local puzzles from time to time. Send in yours. We may have time to set it and room to use it. Answer to this puzzle will appear later.

Here is the answer to the puzzle in the last issue of the Outlook. How many got it right?



All over the country there is insistent demand that cream, butter and cheese be bought and sold on grade and the dairy organizations that recognize this coming change and accept it before being forced in, will be in a better position. The state market agent states that all through the east, middle west and Canada this movement is spreading and he states that it is his belief that in the near future it will be almost impossible to sell cream, butter or cheese unless it is graded.

The U. S. Department of Agriculture states that 86 per cent of the profits of agricultural corporations and allied industries in this country was paid out for local, state and federal taxes in 1923.

Window Cleaning For expert window cleaning see S. Tajima, or leave orders with John Brown, Gresham, phone 2501.

NOTICE TO CREDITORS. In the Circuit Court of the State of Oregon for the County of Multnomah, Probate Department. Notice is hereby given that the undersigned has been appointed Administrator of the estate of David Weaver, deceased, by the Circuit Court of the State of Oregon for Multnomah County, and has qualified.

All persons having claims against said estate are hereby notified to present the same, duly verified as required by law, to the undersigned at the office of W. J. Cooper, at Gresham, Oregon, within six months from the date hereof. Dated and first published, Feb. 17, 1925. Last publication March 17, 1925. JOHN MEYER, Administrator of the Estate of David Weaver, Deceased. W. J. COOPER, Attorney for Administrator, Gresham, Oregon.

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CLASSIFIED, BUSINESS AND PROFESSIONAL ADS.

REAL ESTATE RENTALS FARMS FOR SALE, large or small. In fine agricultural sections. R. J. Harberg, R. 2, Gresham, phone 376. TRUCKMEN ATTENTION! State permits, liabilities and property damage can be had at greatly reduced rates of John Brown, Powell street, Gresham, phone 2501. AUTOMOBILES 1923 FORD FOR SALE; good engine and body; fair tires; needs license and battery; \$200 cash or terms. Phone 1955 evenings. Ignition Expert. \$25 will be given to him who proves that I cannot find the deficiency of his machine on starting, lighting and ignition. Main Street Garage, Phone Gresham 1223. WANTED, a Ford, not older than 1923 model. Must be a bargain for cash. Address H. care Outlook. MACHINERY FOR SALE—3-inch wagon, spike tooth harrow, disc harrow, 14-inch steel plow, Van drag saw, stump puller, hay rake, 2 stands, 25c. Mrs. F. M. Smith, mile and a half east of Boring on Sandy Rd. 8-DISK CUTAWAY HARROW, with two levers and tongue truck. R. F. Walters, phone 1731. ONE NEARY NEW GARDEN SEEDER, and one Empire cream separator for sale. Call Chas. Lundquist, Gresham phone 1932. TRACTOR, 2-bottom plow, double disc, and binder attachment for sale. J. H. Sterling, Gresham, phone 1671. FOR SALE—Cutaway disc, 2-horse, 2 levers, with tongue truck. New. \$25. R. F. Walters, phone 1731. PLANTS, SEEDS, ETC. ROSES, SHIRAZ 25c, Perennialia, \$1.00 dozen; Hollyhocks, Sweet Williams, 75c dozen; 50 large gladioli or 100 blooming size; Iris, 10c up; Dapple Tiger Lily, 15c; peonies 25c. Dahlias cheap. Sub's Flower Farm, Base Line road, mile east 1/2 mile corner, Troutdale. CHOICE 2-YEAR-OLD ASPARAGUS roots for sale, \$15 per thousand. L. V. Batcher, half mile east of Damascus, Rt. 3, Box 69A, Boring. NO. 1 RED ROSE SEED POTATOES for sale. A. L. Davies, Troutdale, Oregon, Rt. 1, Box 112. Phone Corbett 503. FOR SALE—New Oregon strawberry plants, state inspected, a thousand. Frank Gustafson, Gresham, phone 252. PLANT TREES NOW. Now is the time to plant trees. We have chest, pear, prune, plum, apple, walnut, and filbert trees. All kinds of fruit trees and berry plants at reduced prices. Nursery located on Powell Valley road, one mile and half west of Gresham. Send for catalogue and price list. Powell Valley Nursery, Portland, Oregon, Rt. 1, phone Gresham 123. HAY BALED CLOVER HAY, \$18.00, baled chest and timothy hay, \$12.00. A. L. Schiller, 3/4 mile south of Gresham, at Schiller station. BALED AND LOOSE CLOVER HAY. R. Headie, Powell Valley, near Elliott's store. Phone Gresham 255. 25 TONS NICE CLEAN, BALED HAY, clover, mixed and chest, \$20 a ton. E. L. Elliott, Rt. 3, Box 52, Gresham, near R. L. Lovelace place, 1 1/2 miles west of Boring. GOOD LOOSE HAY for sale. Timothy and alkali clover. H. Weiss, Gresham, phone 107. FOR SALE—Good loose clover and grass hay, \$12 per ton. One mile south of Springfield. Inquire of A. H. Kerney, near R. L. Lovelace place, 1 1/2 miles west of Boring. EMPLOYMENT PLOWING AND GENERAL TEAM work wanted. I. L. Davidson, phone Damascus 151. THREE GOOD EXPERIENCED JAPANESE want work in raspberry and loganberry fields doing trimming and pruning. Will furnish tools. S. Shoji, in Gresham city, P. O. Box 23. LOST AND FOUND. PURSE LOST—Between Hillview school and Gresham, Oregon, combination clasp purse containing \$15 in gold and small key attached to a string. Belonged to P. O. Box 52, Gresham, Oregon. LOST ON POWELL VALLEY ROAD near Powell Valley school, child's glasses. Name of owner and that of Dr. Snow on inside of case. Billy Holmes, Rt. 1, Box 36, Gresham. MISCELLANEOUS FOR SALE—Few pieces of household goods, antiques, etc., new 100-pound ice chest, new oil stove and oven, small cook stove, old Walport china dinner set, old mahogany double bed complete with good springs and horse-hair mattress, etc. No dealers. Miss Janet Knight, Springfield, Troutdale, R. F. D. FOR SALE—Quartered oak extension table, like new. Reasonable. Mrs. Cora Evans, Gresham, phone 14x. 200 CEDAR POSTS FOR SALE John H. Lake, Gresham, Oregon, phone 951. Four miles east of Gresham on Boring road. CHARCOAL for hogs and chickens, 50c a sack. H. S. Baker, Pleasant View Avenue, mile south Linneman, Rt. 1, Gresham. 500 GALLON CALIFORNIA REDWOOD tank and pump for sale. C. G. Peterson, Gresham, half mile north of Orient station. GOOD RANGE, wood or coal, almost new, at a bargain. Mrs. Strucken, Fairview, phone Gresham 654. DEAD WOOD DELIVERED in Gresham at \$5.50 a cord. George Rodium, phone Damascus 151. CALKINS WOOD SAWING, even lengths a specialty. Phone 111x. 15 filberts on bearing; 2 apple trees, 2 pear trees, raspberries, blackberries and grape vine. Only \$2.00. H. W. Cooley, phone 61x2. FARMERS ATTENTION! Reduced rates on farm insurance in large stock companies. See John Brown, Powell street, Gresham, phone 2501. FARMERS INSURE in the old reliable Oregon Fire Relief Assn. Five-year policy payable each year, with no assessments. Assets over half million. B. W. Thorne, agent. GRESHAM MARINELLO Beauty Shoppe We Do Marcelline, Shampooing, Manicuring, Scalp and Facial Treatments, Etc. Marinello Preparations for Sale Over First State Bank Telephone 1841 GUARANTEED SEPTIC TANKS Air Tight Water Proof Buildings Moved 3 Pits SAND, GRAVEL Delivered, or at Pit TEAMS TRUCKS Contract Grading of all kinds Garden and Lawn Work PLOWING ED. PAISELY TROUTDALE Gresham 229 ATwater 1546 Gresham 229 601—Office Phone—601 Office Electric Bldg. FRANK C. JONES Carpenter and Contractor GUARANTEED SEPTIC TANKS Air Tight Water Proof Buildings Moved 3 Pits SAND, GRAVEL Delivered, or at Pit TEAMS TRUCKS Contract Grading of all kinds Garden and Lawn Work PLOWING ED. PAISELY TROUTDALE Gresham 229 ATwater 1546 Gresham 229 601—Office Phone—601 Office Electric Bldg. PHYSICIANS Phone: Office 1261 H. H. HUGHES, M. D. Hours: 10-12 A. M. 2-4 and 7-8 P. M. Office—Withrow Building GRESHAM, OREGON Residence 2253 GEO. INGLIS, M. D. 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