

COUNTY ROAD, WEST LINE		ROAD	
6	83 x 360 ft.	1	87 x 360 ft.
5	107 x 360 ft.	2	107 x 360 ft.
4	107 x 360 ft.	3	107 x 360 ft.
3	107 x 360 ft.	4	107 x 360 ft.
2	107 x 360 ft.	5	107 x 360 ft.
1	87 x 360 ft.	6	83 x 360 ft.

WONDER VIEW ACRES
ON POWELL VALLEY ROAD

An exclusive high class residential property in the west edge of Gresham on the paved highway overlooking the Cotton farm and beautiful valley to the south and west now offered for sale in 1 and 2 acre tracts, partly wooded, partly cleared. Prices as low as \$500 per acre. Reasonable terms.

KRIDER & ELKINGTON

Phone 2341

Todd THE PAINT MAN

Announces the opening of a Paint and Wall Paper store on Powell St., Gresham

Latest Patterns in

A Complete Line of

Wall Paper -- Paints, Varnishes, Etc.

Phone 1971

GRESHAM LOCALS

J. A. Bushong returned early this week from Portland where he has been undergoing insulin treatment at the Portland Medical hospital for diabetes. He is steadily improving but must make frequent trips to the hospital for observation by the specialist.

Roy Burton has gone to Corvallis to attend a three-day school for canners. Mr. and Mrs. A. G. Gwynup expect to leave this week if possible for a trip to Grants Pass and perhaps to the coast. They will return to their home here, where they have retained a part of the house, the rest being rented to Mrs. Gwynup's son, W. H. Amos.

The Ladies' Missionary society of the Baptist church will hold its regular meeting Tuesday afternoon at 2 o'clock at the parsonage. Miss Isabel Crawford, a missionary from India, will speak. All are invited.

The regular monthly meeting of Gresham Circle P.-T.A. will be held at the schoolhouse on next Monday evening. The name of the speaker cannot be announced at this time, but arrangements will be made for an address. The following musical program will be given by pupils of the school: piano duet, Jean Adix and Doris Brown; vocal solo, Marian Clow; piano solo, Ida Soward.

The Dorcas circle of the Methodist Ladies' Aid will meet at the church parlors for work on next Wednesday afternoon. Ladies are asked to come as early as possible.

Mr. and Mrs. F. H. Whitefield of Clackamas are guests of Mr. and Mrs. C. A. Carothers.

The S. E. circle of the Methodist Ladies' Aid will meet next Wednesday afternoon at the home of Mrs. C. M. Zimmerman. Assisting the hostesses will be Mrs. C. M. Quicksall and Mrs. W. J. Cooper.

20th Century Grocery

Specials for Saturday, Monday, Tuesday

- Ortley and Newton Apples - box \$1.00
- Crystal White Soap - 10 bars for 45c
- Selected Large Head Lettuce - each 7 1/2c
- Dry Onions - 5 lbs for 15c
- Fancy Sweet Oranges - dozen 14c
- Comb Honey - square 22 1/2c
- Thompsons Seedless Raisins "Sunmaid" - 3 lbs 29c
- Crisco - lb 27c, 1 1/2 lb 38c, 3 lb 75c, 6 lbs \$1.43, 9 lbs \$2.13
- Pineapple, No. 2 size cans, broken slices, ripe juicy fruit - 22 1/2c

DO YOUR SHOPPING EARLY

All the Business Houses Will be Closed from 12:30 to 3 Saturday

BOY SCOUT WEEK

Half a million Scouts of America are now "doing a good turn daily" and in appreciation of the value of this splendid organization this week has been set aside as "SCOUT WEEK."

Courtesy, reverence, a love of the great outdoors, self-reliance and the capacity to stand hardships—are among the many lessons the Scouts are taught.

The character training these boys get—to stand like men in the face of temptation—will benefit them all through life.

In building character there is nothing finer than to encourage and practice THRIFT. Let every Scout do his country and himself a "good turn daily" by dropping some small coin into his home savings bank.

"The habit of saving fosters every virtue, teaches self-denial, cultivates the sense of order, trains to forethought and so broadens the mind."—Munger.

First State Bank

GRESHAM, OREGON

A STRONG BANK

601 — Office Phone — 601
Office Electric Bldg.

FRANK C. JONES
Carpenter and Contractor

GUARANTEED
SEPTIC TANKS
Air Tight Water Proof
Buildings Moved

Farmers Mutual Fire Relief Assn.
Forges Ahead.

The yearly report filed with the Insurance Department by the Farmers Mutual Fire Relief Assn. shows \$6,058,000, written during 1923 and 2210 new members gained. Losses paid, \$23,437.00; insurance in force, \$18,283,000. The Assn. also has a substantial cash balance. The low rate of 30c on all property insured by the Association will not be changed, which enables farmers to get adequate insurance on easy payments.

President Snashall reports the Assn. at the present rate of growth will shortly be the largest farmers Assn. west of the Rocky mountains. Anyone wishing to insure will call on Mr. H. W. Snashall, Fair Grounds, Gresham, phone Farmers 2101.—Adv.

Boys! Men! Attention!

If you want the very best proposition there is in the way of becoming a member of the liveliest crackerjack band in the county, be at the moving picture show every Monday night at 8 o'clock. Don't miss it. Learn to boost your home town by becoming a musician. Start with us. Don't wait; we mean business.
KENNETH C. CALKINS,
Sec.-Treas.

Add to your income, subtract from your losses, multiply your returns, divide your expenses, by using Want Ads.

Money to loan on real estate. Farm loans at 6 per cent. B. W. Thorne.

SPECIAL COMMUNICATION
Fairview Lodge No. 92 A. F. & A. M., Monday evening, February 18, 1924 at 8 o'clock. Labor in F. C. Degree. Visiting brethren welcome.
WM. H. STANLEY, Sec'y.
WM. D. FRITZ, W. M.

SPECIAL COMMUNICATION
of Gresham Lodge No. 152.
A. F. & A. M., following evenings, 7:30 sharp:
Monday—Feb. 18, M. M. Degree.
Visiting brothers welcome.
A. MEYERS, W. M.

W. L. GORSAGE, Sec'y.

New Spring Coats and Dresses

NOW ON DISPLAY



A group of charming models, carefully selected for style and quality, that convey the impression of much higher prices. Youthful styles for the miss; simple, dignified models for the matron.

Coats in all the newest styles and colors, no two alike
Priced at

\$19.85, \$22.50, \$29.75 and \$32.50

Dresses for street wear, Sports, Afternoon and Dinner Wear in excellent quality Roshanara Crepe, Canton Crepe, Fancy Wool Sport Materials, Etc., in all the delightful Spring colors, Featured here at

\$15.95

Fancy Sport Knit Sweater Suits at **\$18.50**

SHOES FOR THE WHOLE FAMILY

Our new Spring Shoes are here and in all the newest colors and styles that are in demand, at popular prices.

We extend an invitation to all to call and inspect our Spring Showing of New Spring Goods, and will gladly show you through whether you want to buy or not.

Ladies' Rest Room **L. A. WACK & CO.** Gresham Oregon

GROCERY SPECIALS

CANNED GOODS WEEK

March 1 to 8 has been designated Canned Goods Week, during which time it is customary to give one can of fruits or vegetables free with each dozen purchased. Beginning Saturday, February 16 and continuing to March 8, as a SPECIAL INDUCEMENT we will give two cans of any canned goods we have in stock with each dozen of any one kind purchased. NOTICE, we stock only goods of quality, well-known brands, which are guaranteed to please. Any goods found unsatisfactory may be returned and the purchase price refunded or other goods selected.

Royal Club Coffee lb 45c, 3 lbs \$1.30, 5 lbs \$2.15

Choice Picnics.....lb	19c	Newberg Lard.....pail	85c
Newberg Hams.....lb	29c	Columbia Lard.....pail	90c
Bacon Backs.....lb	25c	Jewel Shortening.....pail	75c
Salt Pork.....lb	20c	Bulk Lard.....2 lbs	35c
Salt Herring.....lb	28c	Milcoa, Gem Nut.....lb	28c

Justice and Peaberry Coffee lb 35c, 3 lbs \$1.00

Gold Bar, DelMonte Catsup.....	23c	Tuxedo, P. A. Tobacco.....lb	\$1.05
Pops Corn Starch.....pkg	10c	Bull Durham Tobacco.....2 pkgs	.15
Bulk Cocoa.....5 lbs	23c	Tuxedo Tobacco.....	.12
Carnation and Alpine Milk.....	10c	Camel Cigarettes.....carton	1.35
Seedless Raisins.....lb	10c		

Quality and Service

A. W. METZGER & CO. Phone 1451 Feed 1281

Miss Florence Schenk is visiting at the Ed. Shelton home at Corbett.

Willamette University students who spent the week-end with their home folks were Miss Eva Tacheron and Ourey Hisey.

A birthday surprise was given John Roberts on Tuesday evening, in honor of his 77th birthday, by Mr. and Mrs. George Sleret, Mr. and Mrs. John Sleret, Mr. and Mrs. A. Ruegg, who brought lunch with them and spent the evening.

A valentine party was enjoyed by the pupils of the eighth grade and their teachers at the school auditorium last night. This was a costume party and many interesting and beautiful and well as fantastic costumes were shown. Carl Zimmerman, dressed as a small boy in half sox and nickers, with blouse and big red tie and little round hat took the prize for the boys' costume. Jean Adix, dressed in a long, flowing gown which her grandmother wore when a girl, received the girls' prize.

Stores in Gresham will be closed from 12:30 to 3 on Saturday for the dinner and program to be given in connection with Farmers' Week by the Gresham Commercial club.

"The Messiah," sacred oratorio by Handel, will be given by the Portland Oratorio society under the direction of Joseph A. Finley this evening at the high school gymnasium under the auspices of the S. and S. circle of the Methodist Ladies' Aid society. The oratorio given in Portland recently filled the civic auditorium.

Auto Mechanic.

Mike Allshouse, mechanic of Raker & Sons Ford garage, wishes to announce that he has quit the company and while waiting for a suitable location any one wishing his services call 1944.

Health Reminders

By Frederick D. Stricker, M. D.

GOOD BREATHING IS AID TO HEALTH

Of all the organs of the body, the lungs and air passages are most frequently attacked by diseases. Colds, bronchitis and influenza are so common that no one entirely escapes them, while pneumonia and tuberculosis kill thousands of persons annually. Yet everyone can do much to avoid these diseases by taking reasonable care of his breathing organs, and by securing an abundance of fresh air.

In our civilization the art of slow, and deep breathing seems to have become almost a lost art. The advantages of deep breathing were appreciated by the early races whose existence depended upon their physical endurance. A certain oriental deep breathing exercise is used to cultivate mental poise. The first step in the control of the nervous system is deep quiet breathing. Deep breathing calms mental agitation and tends to give the individual confidence. In deep breathing the whole lung is forced into action and the circulation of the blood in the abdomen is more efficiently maintained, thus equalizing the circulation throughout the body.

Breathing is an unconscious act, but much can be done to create habits of using the whole lung. In ordinary breathing only about 10 per cent of the lungs' contents is changed at each breath.

Deep breathing exercises will prove valuable to every one but especially the indoor worker will find this a good resource. The habit of taking a dozen deep breaths of fresh air daily will do much to promote efficiency and good health.

Breathing exercises should be slow, regular, deep and through the nose. Deep breathing must be slow to be beneficial. Three breaths per minute is a good rule. Remember that slow, regular, deep breathing calms while rapid breathing agitates the nervous system.

Take a full breath very slowly through the nose, mouth being closed, hold the breath for a few seconds after which the air is exhaled very slowly and fully through the mouth. The act of inspiration can be strengthened by gradually raising the arms to a horizontal position during in-breathing, and letting the arms fall again during out-breathing.

Correct posture is an essential of good breathing. Stand erect with heels six inches apart and toes direct-

ed straight forward. Imagine that you are pushing some resisting object with your chest. Your body will then be in proper position, that is you chin will be in, your chest arched forward, your neck perpendicular and well stretched, your arms hanging by their own weight and about the middle line of the hips.

Fresh air and carefully regulated exercise should be kept strictly within bounds, and should be governed by the advice of the physician. In addition to systematic breathing exercises, walking, hill climbing, swimming, golf and tennis are interesting and will do much to promote good breathing and good health.

VICTORY

The Victory Parent-Teacher association will meet next Tuesday evening, February 19. A program will be given consisting of songs and recitations by the school children, readings by D. Brooks Hogan of Cottrell, violin selections by the Rev. E. G. Ranton and an address by W. D. Kinder, new county club agent. Home-made candy, cake and coffee will be sold at the close of the program. The Holstein calf club is expected to organize.

It is suggested that the United States admit "picked immigrants." How will you pick them? A picking system would have rejected Steinmetz, crippled hunchback, who came here as a boy, became head electrician of the General Electric company, and created work for many thousands.

The picking system would have rejected Napoleon, had he come to the United States when he went down to Italy and beat the Austrians. He was undersized, pallid, thin and suffering from the itch.

The picking system would have turned away Pope, who wrote the "Essay on Man" and some other things worth while. He was such, a sickly little creature that he had to be sewed up in a canvas jacket each morning, that he might sit up straight and write.

The safest "picking system" is to allow immigrants, in future as in the past, to be selected by their own ambition and energy.



BETHEL BAPTIST

"The Glad Hand Church."
Bible School 10 a. m., Sermon at 11 a. m. and 7:30 p. m. Lord's Supper the first Sunday of the month. Bible Study and Praise Service Wednesday, 7:30 p. m. Choir Rehearsal Thursday, 7:30 p. m. "Universal Brotherhood is the Goal" "Come thou with us and see will do thee good."
PROF. G. R. SCHLAUCH, Pastor.