

**GRESHAM OUTLOOK**  
TWICE A WEEK

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**Advertising**  
Rates reasonable. Our representative will call.  
Phone 701.

"The Linotype Way is the Way that Wins."

Official paper of the Town of Gresham  
Official paper of the Town of Fairview.

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**MILK IN THE DIET.**

What do you eat? Is your food much the same that grandad used to live on?

Probably not. Anyway, it's interesting to note the result of an intimate inquiry recently made by the office of home economics in the United States Agricultural Department. It consisted of a comparison of the foodstuffs purchased by 500 families with the amounts of the same foods purchased by 400 families about 20 years ago.

The outcome shows that the amount of meat in the diet has decreased about 8 per cent, and grain products about 11 per cent, while dairy products have increased about 6 per cent, vegetables, 4 per cent, and fruits 8 per cent. The average amount of meat and fish supplied in the diet in the 500 studies was about 6 ounces daily per man; dairy products, 16 ounces; grain products, 13 ounces; vegetables, 16; fruits, 9; sugar and syrups, 3, and fats, 2 ounces.

The use of milk increased up to 14 ounces a day, which is only one-third of a quart. We quite agree with the Journal of the American Medical Association that this is inadequate and shows that the people of this country undervalue the importance of milk in the diet. One-third of a quart of milk to a family is much below what should be normal—normal merely from a health standpoint.

Perhaps, however, when somebody devises a way to get milk from the producers to the consumer with part of the heavy middle charge eliminated, we will become greater milk drinkers—as a nation—and more healthy in consequence.

**WHAT ARE BOLSHIEVICS LIKE.**

Many of us in the quieter places wonder what sort of people these communists and Bolshievics are. Of course, we realize that they are destructionists.

The writer of this piece happens to have looked up this class of people pretty thoroughly and nowhere has he seen such true-to-life description of the human nature of the communist and anarchist as Henry Ford gives. Here it is:

"The destructionist groups represent a type of individual which we always have with us. If they are apparently very noisy now about destroying the more settled and time-proved institutions, it is only because these institutions happen to be to the fore. When the subject was something else, the attitude was the same.

"That is to say, the man whose only remedy for governmental flaws is to destroy the government, is the same type of man who goes to breaking dishes on the floor in a fit of anger. He would rather smash his pipe than clean it; he would rather strike his son than counsel him.

"Whenever men of this type are placed up against any problem which needs intelligence and patience for its solution, they react at once to their temperamental cure-all-destruction. They are the kind of men who rip a collar to pieces because a buttonhole will not readily open. In a world of their own these men would not be bothersome, for in a world controlled by them there would soon be nothing to destroy."

**HERE'S OUR PROMISE, GOOD AND TRUE THAT WE NOW ARE MAKING YOU.**

*You'll be treated courteously*

**THIS IS THE MEAT MARKET**  
where the promise is performed. We promise to treat you politely and we surely do. We promise to faithfully serve you at all times with the best grade of meats, and we most certainly do that very thing.

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Powell Street.

**MIRACLE MOTOR GAS**  
Two Gasaver Tablets dropped into two gallons of gasoline *Make it do the work of THREE GALLONS.*

**GASOLINE AT 2c PER GALLON**  
*Sold on a Money-Back Guarantee*

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**A Helpful Seed Book**  
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No wise seed buyer will think of purchasing his requirements without first consulting this book. It tells positively of the "BEST SEEDS FOR THE WEST."

Brifeful of authentic information and containing over 300 photo engravings showing actual results from Lilly's Seeds, it is acknowledged to be the LEADING WESTERN SEED CATALOG.

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Seattle Yakima Portland

**\$10,000 PRIZE CONTEST.**

Young republicans generally are evincing great interest in the recently announced \$10,000 prize contest for the best Republican Platform Suggestions by young voters.

The prizes were offered by Mr. Truxtun Beale, through the republican national committee.

The contest is open to all men and women not over 25 years of age and manuscripts must not exceed 6000 words.

Manuscripts must be in the judges' hands not later than March 31 and should be addressed to Walker Blaine Beale Contest, Division of Young Voters, Republican National Committee, 923 Woodward Bldg., Washington, D. C.

Four typewritten copies of each manuscript must be submitted, only one of which must be signed. Writing must appear on one side of the paper only.

The following judges have been selected to pass upon the manuscripts: Dr. David Jayne Hill, Dr. Nicholas Murray Butler and the Hon. Albert J. Beveridge.

**Grange Says Go to Work.**

Sherman J. Lowell, master of National Grange, delivered a telling blow when he recently said: "In the reconstruction, everyone must get ready to actually work again, to save again, and to a considerable degree to get back to thrift, sanity and common sense, or else accept as permanent the present scale of living costs in which event we might just as well stop ranting about the high cost of living and realize that a new basis of economic procedure is here to stay." Complaining about conditions without really trying to co-operate in remedying conditions is not much more sensible than crying for the moon.

**"13" Herd Won First Place.**

Old "13" holds no terrors for Sales Bros., Clatsop county dairymen, since their herd of 13 cows beat every other tested herd in Oregon in both milk and cream production for December. The 2995 cows tested in the eight associations averaged 368 pounds of milk and 18.55 pounds of cream. The Sales Bros. herd yielded an average of 828 pounds of milk and 35.5 pounds of cream—almost two and one-half times the general average, which is much above that of the untested average. Testing reduces production cost.

Read the Want Ads.

**GRESHAM GRANGE TO MEET NEXT SATURDAY**

Gresham grange will hold its regular meeting in grange hall, Saturday, March 13, 1920. The morning will be occupied with grange affairs, succeeded by the usual good grange dinner.

The lecture hour promises to be interesting and all grangers and friends are urged to attend. Beginning at 1:30 p. m. the following program will be given.

- Opening song.
- Roll Call—Name of birthplace, one word for Oregon, one against it.
- Solo—Leslie Webb.
- The Japanese Question—Mr. Barge Leonard.
- Accordion Music—Mrs. Barge Leonard.
- Side Light on Census Enumeration—Mrs. Roy Kern.
- Solo—Mrs. Karl J. Hagberg.
- Open discussion of the subject of the day.
- Closing song.
- Lecturer—Mrs. R. F. Walters.

**Tailoring**  
For men and women—cleaning, pressing and repairing done well. Peter Lenard, Powell street.

Abraham Lincoln said: "Teach reverence and obedience to the Constitution and the laws of our country and we are safe; otherwise there's danger ahead."

**GLYCERINE MIXTURE SURPRISES GRESHAM**

The quick action of simple glycerine, buckthorn bark, etc., as mixed in Adler-I-ka, is surprising. One spoonful relieves ANY CASE gas on stomach or sour stomach. Adler-I-ka acts on BOTH upper and lower bowel and removes all foul accumulated matter which poisoned stomach. Often CURES constipation. Prevents appendicitis. One lady reports she has no more pain in back of head or gas on stomach since using Adler-I-ka. — Gresham Drug Company.—Adv.

**Miss Frieda Bratzel**  
Teacher in Piano

Private or class lessons. Special attention given to beginners in relaxation and hand development.  
Ridge Av., near Lawrence  
Phone 791



**Mr. Wantad Says:**  
When it comes to Results a Wantad hits the nail "right on the head." It drives a bargain home just where you want it. A few good taps and she's there. You furnish the nail and let the Outlook drive it home.

**Want Ads**

**LIVESTOCK**

**COWS**

FOR SALE—Jersey cow, 5 years old; wagon with double box and wood rack, top buggy, 2 tons of oat straw, 31 cedar posts, some fence wire, log chain and a few tools. R. W. Calkins. Phone 789

FOR SALE—Fresh Holstein-Jersey heifer. Emil Alt, phone 96.

FOR SALE—Three weeks old Guernsey bull calf, subject to register. Arthur Hensley, phone 156.

E. BAUMANN buys and sells fresh cows, beef cows and hogs. Highest price paid for veal calves. Phone 901.

WANTED—New born calves in any number or kind from \$1.50 to \$3. Will call for them. Frank Gustafson Phone 289. Gresham, Oregon.

**HORSES**

FOR SALE—Good work horse, your pick from three. E. J. Gradin, phone 359.

**POULTRY**

FOR TRADE OR SALE—One Orpington and one Wyandotte year-old cockerels. E. Grimm, Gresham, R. A. Box 119.

FOR SALE—Three dozen young laying Leghorn hens, \$1.25 each. Mrs. Jonas Johnson, phone 52x1.

EGGS FOR HATCHING from a good laying strain of White Leghorn hens, \$1.50 per setting, \$7 per 100. Phone 768. D. T. Williams, Boring, Oregon.

FOR SALE—Two Single Comb White Leghorn cockerels. High egg strain stock. Call 256.

300 Chicks—From Lyman's Leghorn layers, for sale Monday, March 15. A. R. Lyman, Gresham, R. A.

WHITE WYANDOTTE EGGS for hatching Ringhouse strain, from pen of eight selected hens. J. H. Sterling, phone 551.

ANCONA EGG for hatching, \$1.50 for 15. Chas. Dahlquist, near Sycamore store.

FOR SALE—Eggs for hatching from heavy winter laying strain of Rhode Island Reds. Have bred them for 12 years, \$1.50 per setting. H. L. Ball, Boring, Oregon, phone 42x3.

FOR SALE—Barred Rock hatching eggs. \$1.50 a setting. Bairdsdale dale station. Gresham 499.

HATCHING EGGS for sale. Rhode Island Reds, good laying strain. Mrs. H. L. St. Clair, phone 701.

FOR SALE—Hatching eggs from good laying strain White Leghorn hens, mated to % Tanager cockerels, \$1.50 per setting; \$8.00 per hundred. V. H. Calhoun, phone 5x.

FOR SALE—Rhode Island Red eggs for hatching, \$2 per setting. H. W. Cooley, phone 58.

POULTRY WANTED, any kind. L. Perry, Phone 338.

WHITE LEGHORN day-old chicks, hatching eggs and breeding cockerels from high egg record birds. Base Line road, 1/2 mile west of Rockwood. Quality Poultry Farm.

BERKSHIRE PIGS for sale. Mrs. N. E. Green, phone 219.

FOR SALE—Four Duroc shoats at reasonable price. W. J. Phair, phone 356.

**REAL ESTATE, RENTALS.**

WANT TO RENT direct from owner, small place, about 5 acres, suitable for chickens and small fruit. With good improvements, by respectable family. J. W. Markham, Gen. Del., Gresham, Oregon.

FOR RENT—2 acres of land with small house and barn in Gresham. C. Marston, phone 338.

FOR SALE OR RENT—10-acre farm suitable for berries, good buildings, good well, all fenced. One mile south of Orient grange hall. One and one-half miles from Orient station and same distance from Haley. Inquire H. McGinnis, Boring, Oregon.

**Farm for Sale.**  
If you want a 35-acre farm near Gresham, see M. M. Squire, phone 9x4.

\$100. 20 or 40 Acres.  
Finest of berry land on good gravel road a little east of Gresham with several hundred cords of first growth timber, enough to pay for the land. Sell on easy terms. \$100 per acre. KRIDER & ELKINGTON, Gresham, Oregon.

**A Fine Buy on Powell Street.**  
Two acres right on the pavement, close in. Good 7-room plastered house, bath, toilet, hot and cold water, electric lights and gas; barn, garage, shade trees.  
See Krider & Elkington.

**FARM PROPERTY**

IMPROVED FARM WANTED, any size, 2 to 80 acres. We have eastern buyers wanting to buy with stock and equipment, if you wish to sell make your price right and we will bring you a buyer. Call at the office. Krider & Elkington. Tel. 17x.

**AUTOMOBILES.**

FORD TRUCK for sale. Cord tires all around. Platform body. Fox Brothers, Troutdale, phone Gresham 841.

WILL TRADE one-ton Ford truck for team of medium size horses, or will sell cheap. Alfred Andrews on Base Line road, one mile east of Rockwood.

FOR SALE—Scripps-Booth touring car. In good condition. Cash or terms. Inquire at Raney's Vulcanizing shop.

FOR SALE—Excelsior motor cycle in fine condition. Enquire at Outlook office or Gresham Garage.

FIVE PASSENGER METZ TOURING car, will sell very cheap, also farm truck wagon. Look them over at the west end of Fifth St., Gresham. Phone 14x5. C. H. Calkins.

**MISCELLANEOUS**

WOMAN WANTED to do laundry work. Have electric washing machine and complete laundry equipment conveniently arranged. Will pay 40c per hour. Phone 881.

FOR SALE—New hand and power Myer's force pump. C. Timmerman, phone 141.

WANTED—About 10 sacks of small potatoes for feed if priced right. Must not be frosted. Write E. J. Chapman, R. 1, Box 87, Clackamas, Oregon. Give price, address and how to get them by automobile. Must be delivered on gravelled road.

TAKEN UP—March 5, Holstein cow, milking. Owner can have same by proving property and paying for ad. G. H. Bickford, Boring, Oregon, phone 398.

STRAYED—On Thursday evening, two Duroc Jersey pigs about six weeks old. Finder please notify Fred Shelley on the A. Meyers place, phone 631.

WANTED—A good man to care for garden, trees and lawn. W. F. Honey, phone 681.

CONOVER BROS.' piano for sale. A bargain at \$130. All day lawn mower and one wood heating stove. Mrs. Jonas Johnson, phone 52x1.

FOR SALE—Seed oats, variety Swedish challenge, a heavy yielder. E. J. Gradin. Phone 359.

FOR SALE—Sharpless tubular cream separator in first-class condition. Capacity 950 lbs. W. J. Phair, phone 356.

FOR SALE—Five-year-old excellent black gelding, weight 1550, price \$185; 3-inch wide tire farm wagon \$30; top buggy in good condition, \$35; double seat surrey, \$20; Chilly plow 14-inch, good as new, \$16; 2 White Wyandotte cockerels, each \$2.50. Joel Jarl, Boring, R. 2, Oregon.

FOR SALE—New White Rotary sewing machine. Inquire Mrs. E. A. Leonard.

FOR SALE—Gold Dollar strawberry plants, 80c per 100. Delivered, Phone 42x3.

FOR SALE—Good quality mixed hay. Emil C. Lind, Gresham, phone 46x1.

ALL ROUND FARM HAND wanted. Good home for a single man wanting work for a year. Jas. Naylor, Reid place on Base Line. Phone Gresham 153.

WANTED—11,200 Cuthbert raspberry sprouts for immediate delivery. Will pay \$7 per thousand, f. o. b. depot. J. H. Bush, Ailsa, Oregon.

FOR SALE—Spring mixture of seed. Wheat, oats and vetch, 5c per lb. John Strebin. Phone 16x4.

WANT TEAM WORK by day or job. See A. A. Ackerman, Lawrence avenue, Gresham, Oregon.

FIRST CLASS loose hay for sale. Robert Strebin. Phone 788.

CARPENTER wants work by job or day. M. J. Camp, Gresham, phone 33x1.

FANCY MAMMOTH rhubarb roots, 5c each. Phone R. M. Randall 159.

WANTED experienced or unexperienced help at the Gresham Steam Laundry.

The Farmers Mutual Relief Association reports a successful year. The annual report of the association shows \$2,634,000.00 of risks written and 1010 new members gained in 1919. Mr. H. W. Snashall was re-elected President for the sixteenth time and Mr. Ferd Groner of Hillsboro was elected Vice President. The Association carried close to \$7,000,000.00 and is forging ahead rapidly. If insures for protection only, not for profit. We invite farmers to become members. See H. W. Snashall, Gresham, R. F. D. 4. Phone Gresham 85.—Adv.

A Want Ad costs only a few cents.

When in Portland Try  
**Crescent Cafeteria**  
For "GOOD EATS"  
MRS. M. FRANKS & SON  
100 Third St., Cor. Stark.

**Truck Service**  
RICHARD KNARR  
TROUTDALE, OREGON  
Will haul anything, any place, any time. Phone Gresham 489.

**LIVESTOCK**  
of all kinds Bought and Sold  
C. A. Butcher  
Gresham, Ore. Phone 32x2

**Professional and Business Ads.**

**DENTISTS**

Office 114 PHONES Res. 115  
**W. J. OTT**  
Dentist  
Will be in Gresham Every Day

**DR. H. H. OTT**  
Dentist  
Howitt Building Gresham, Ore.  
PHONE 113

**PHYSICIANS**

PHONE Office 111  
**H. H. HUGHES, M. D.**  
Hours—10-12 a. m. 2-4 and 7-8 p. m.  
Office, Howitt Building  
GRESHAM, OREGON

Office Phone 46 Res. Phone 513  
**GEO. INGLIS, M. D.**  
Physician and Surgeon  
Office, over First State Bank  
Hours—1 to 5 p. m.  
GRESHAM, OREGON

PHONES—Residence, Tabor 120  
Office, Main 4812 Home A-5152  
**J. M. SHORT, M. D.**  
Physician and Surgeon  
Res., 2 East 69th St.  
Office, 1111-12 Seiling Building  
PORTLAND OREGON

**A. W. BOTKIN, M. D.**  
Physician and Surgeon  
Office over First State Bank  
Hours 2 to 5 p. m. Phone 5x1  
Gresham, Oregon

**H. V. ADIX, M. D.**  
Physician and Surgeon  
With Dr. W. J. Ott  
Office over Bank of Gresham  
Best phone for appointment  
PHONES: Office 621, Residence 6x3

PHONE 324  
**DR. A. H. WRIGHT**  
Veterinary Surgeon  
Office and Residence on  
SOUTH ROBERTS AVENUE  
All calls promptly attended

**ATTORNEYS**

Gresham 517 Broadway 23  
**McGUIRK & SCHNEIDER**  
Attorneys at Law  
At Gresham Office, Tuesdays,  
Thursdays and Saturdays.  
Portland office, 609-15 Fenton Bldg.

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Phones: Office 981, Residence 471

**FLORENCE M. HONEY**  
Accredited Teacher of High School  
Students  
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**W. S. WOOD**  
Auctioneer  
VANCOUVER, WASHINGTON  
Farm and Stock Sales a Specialty  
Phone Vancouver 614, or  
Gresham Outlook 791

**GRESHAM SANATORIUM**  
on Powell Valley road. A home  
where maternity, convalescent and  
non-contagious cases receive the best  
of care.  
MANAGEMENT  
**THE MISSES SCHREPEL**  
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Phones 6x5, 621

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Phone 541

Phone 159  
**R. M. RANDALL**  
Carpenter and Builder  
Residence 1/4 mile north of Base  
Line on Troutdale-Gresham road

**HOME SWEET HOME**  
by Jack Wilson

WHAT DA KNOW ABOUT THAT?  
NOTICE  
THAT'S ALWAYS MY LUCK! NO SKATIN'  
WHAT ARE YOU DOING BACK HERE SO QUICKLY?  
OH SHOOT! THERE WAS A SIGN THERE THAT SAID "NOT-ICE"