

# Are You in Trouble?



## Thinkograph

Every city in America, some day, will appoint or elect a Personal Trouble Specialist whose duties it shall be to prevent the sorrows, crimes, murders, insanity and suicides rather than later allowing the State—you and I—to support, for years, or to bury, the unfortunate.—Lucas.

TO YOU:—Many of you have read my articles in the Portland Daily papers the past three years. I have given you, therein, a little idea of "My Mission in Portland." Nevertheless, at this time, for the benefit of others who have not heard of me although desirous of knowing what I am and what I do, I'll say, briefly, (1) I am a Personal Trouble Specialist—one who solves Life's Problems, such as all Personal, Domestic, Love and Business troubles, preventing many divorces (sometimes advising a divorce), crimes, business failures, insanity, murders and suicides. (2) I am a Psycho-Analyst—one who, after a diagnosis and psychosis, treats all Neuronic, Mental and Psychological Diseases, eliminating pathogenic ideas of fear, worry, accidents and sorrows caused by psychic trauma. These suppressed ideas produce functional disorders as well as real mental and physical diseases which lead to insanity and suicide. Very sensitive people who fear and worry about almost everything—those who are mentally depressed, call upon me, as I am the only Mental and Psychological Specialist in Portland or the Western States. (3) I am a Vocational Director—one who, after a physical, mental and psychological examination, informs you about your natural or best vocation. The great majority—over 90 per cent—of people are unhappy, unhealthy and unsuccessful because they are "misfits" in life—working and slaving in the wrong vocation, always wearing and worrying their lives away. You have a "place" on earth that you can find and fill more thoroughly and successfully than any other person. I can find that "place"—vocation—for you.

I may add that I have had 28 years' experience in teaching and treating humanity. My original methods in my new professions can be understood only by an educational campaign while I am alive—not after my death—that's why I advertise.

If you are in trouble; if you do not know just what to do about that which is causing you wakeful nights or restless days, do call upon me. I can help you. Tell your friends, I can help them also out of any trouble. You can be healthy! You can be happy. Tell everybody!

YOURS FOR HUMANITY,

**DR. ALZAMON IRA LUCAS,**

Personal Trouble Specialist.

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The New York World, an administration organ, complains that the senate aircraft sub-committee failed to show where the money appropriated by congress for aircraft construction went. It is up to the administration to show where it went; the senate committee has pretty clearly shown where it did not go; namely for the production of battleplanes for use on the western front. The World should have George Creel paged.

### Bargains in the Want Ads.

H. W. Snashall, president of the Farmers Mutual Fire Relief Association, reports the association has broken all former records in 1917. The annual statement shows 383 new members gained, 17 fire losses paid, aggregating \$4911; \$1,036,677 of insurance written, one assessment levied, and \$700 invested in Liberty bonds during the year. The association is entering its 14th year, and has over 4000 members carrying \$4,250,000 insurance. It has made an annual saving of over 50 per cent to its members. At the annual meeting in January Andrew Brugger of Gresham was re-elected director for the ninth year. Farmers desiring to join may obtain information from H. W. Snashall, Gresham, R. A., or Herman Loeding, secretary, 409 Stock Exchange Bldg., Portland.—Adv.



## Autumn Has Arrived

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## GRESHAM LOCALS

or two at the Round-up.  
Mrs. William Brower, of Boring, Joe Chiodo, who is serving in the medical corps at the base hospital at Camp Lewis, is expected home on a short leave of absence tomorrow.  
Miss Esther Paroungian, of Salem, is the guest this week of the Misses Mildred and Winifred St. Clair.

J. C. Hudson, formerly a resident of Gresham and employe of the Mt Hood company, was a pleasant caller on Gresham friends yesterday.

Dr. A. Thompson and wife have gone to Pendleton, where they will be the guests during the Round-up of their son, Dr. Fred Thompson and wife of The Dalles.

Mark Naugle, who recently enlisted in the naval reserve, has made arrangements by which he will attend the University of Washington under government direction. While taking regular university work, he will continue his studies in naval tactics.

Glenn Rusher, a senior in the Gresham high school, will attend Reed college next year and until otherwise ordered by the war department, at government expense. He will live with other boys taking like training in barracks and will be a soldier student.

Mrs. Fred Todd was called to Washougal, Washington, by the death of her aunt, Mrs. Olson. has been spending the week with Mrs. A. C. Callison and attending the fair. Mr. Brower is assisting in the job department of the Outlook during the rush of fair week.

Mrs. J. W. Hollenbeck and children, who have been here for several weeks with her parents, Mr. and Mrs. M. D. Kern, and her brother, W. R. Kern and family, started yesterday for their home in Burley, Idaho. They will go by way of Pendleton, where they will spend a day.

Andrew Brugger, son of Mr. and Mrs. Theodore Brugger, has returned from the Presidio, San Francisco, where he has been in attendance at the officers' training school. Although too young to obtain a commission, he has done creditable work and expects to be given a commission when he has reached the required age.

An important meeting of the Ladies' Aid society will be held at the home of Mrs. C. J. Lundquist next Wednesday afternoon, when plans governing the activities of the society for the coming winter will be decided upon. A full attendance is requested. Mrs. Lundquist will be assisted by Mrs. George F. Honey and Mrs. H. E. Davis.

Mrs. J. N. Clananah attended the sessions of the state convention of the United War Work Council in Portland last Monday at Baker Theater, and the luncheon at the Portland hotel at noon. The speakers gave wonderful accounts of war work in different lines and were exceedingly interesting. Mrs. Clananah has promised an account of the convention for a later issue of the Outlook.

### MOTORISTS SHOULD USE PACIFIC COAST PRODUCTS

As the war goes on the need for conservation in every direction is constantly increasing. Not only must we conserve food and fuel but we must relieve the railways as much as possible for war needs. One way in which this can be effectively done is to use products made at home. President Wilson, himself, has urged us to "use the products of the local factories" in order to save locomotives and freight cars for the War Department.

The Pacific Coast produces a large quantity of things which are the equal, if not better than similar goods brought from the East. Among these are many of the products used by motorists. This is particularly true of lubricating oils.

Government and other experts have long recognized the unsurpassed qualities of the lubricating oils refined from California asphalt-base crude.

### Cut the Frills.

A fine question of economy comes in the consideration of gaily decorated cans, boxes and other packages in which we buy the foods that Mr Hoover says must be conserved to the limit. The same high artistic quality prevails as to label and structure of container. Vast sums are expended upon tin and pasteboard construction and the embellishment thereof must mean some millions of dollars in the aggregate per year. It would seem that, while the purchaser is bound to economize in quantity and to pay a stabilized war-time advance on cost of material, the manufacturer or packer of such necessary material should be requested to devise less costly wrappings for his containers and to give at least, a portion of the great saving thus effected to his customers in the shape of corresponding price reduction. It is hard to pay for an art gallery of gay lithographers when we scarcely are able to purchase the goods thus "dolled up."

### GOOD EXHIBITS FOR FIRST TIME HERE

The school exhibits at the Multnomah county fair now being held at Gresham are exceptionally fine, considering the season and the fact that this is the first year that any particular attention has been given to this phase of the school work.

Every school in the county is dismissed today for the purpose of giving teachers and pupils an opportunity to attend the fair.

Thirteen schools—in this case a lucky number—have individual booths. Great interest is being shown by the pupils and the spirit of competition is keen. Another year will unquestionably see a great improvement in the exhibits. One can not help but observe the proud air with which the pupils compare their work with that of the other booths.

The success of the school exhibit is largely due to the enthusiastic efforts of Supt. W. C. Alderson, who made frequent trips to the different districts in the interest of the Industrial club work, and has been in constant attendance at the fair this week. He is now busily engaged in selecting exhibits for the Multnomah county school booth at the state fair.

Prize winning booths are: One-room schools—1st, Terry; 2d, Pleasant View; 3d, Cedar.

Two-room schools—1st, Lynch; 2d, Powell Valley; 3d, Troutdale.

Schools with more than two rooms: 1st, Gilbert; 2d, Gresham; 3d, Orient.

Competition was keen in the Industrial club work, concerning which a full list of prizes will be published later.

The winners of highest scores, who have earned a free trip to the state fair are: Ruth Rennie of Gilbert school, (sewing project); Nettie Nelson of Powell Valley, (sewing project); L. K. Pierson of Portland, (rabbit project), and Allen Sidell of Buckley, (corn growing).

### FAIRVIEW

Mrs. Julia Snover was called to Portland on Thursday, when she received word of the death of Mrs. J. Johns. Mrs. Johns was 68 years old and leaves a husband, three sons and two daughters to mourn her death. Friends from Fairview extend their sympathy to the bereaved family.

Miss Marjorie Moller entertained a few of her little friends on Wednesday evening in honor of her sixth birthday. Refreshments were served and a good time was enjoyed by the little folks. Those present were: Emily Jonas, Lillian Heslin, Aileen Dixon, Dorothy Byrd, Edna Burlingame, Lucille Baxus, Clara and Catherine Brooks and Marjorie Moller.

Mrs. Cora Anderson, who went to Seattle on Friday, has sent word that her daughter Nannie was married to Clifford O. Harris on Monday evening.

Fairview Unit of the Red Cross will resume the work of sewing again after taking a vacation the past few months. The knitters have still kept their needles going and several pair of socks have been knitted this summer. The first meeting will be held Wednesday afternoon, September 25. All members and friends are requested to be present as much important work is to be done.

### POWELL VALLEY

The Parent-Teachers Circle will meet Wednesday evening, September 25, at the school-house. This is the annual meeting at which time the election of officers is held. Everyone is urged to attend and help close up the business of the year.

The Powell Valley Red Cross auxiliary will meet Tuesday afternoon September 24, at the school-house. The work is very urgent and it is hoped there will be a good attendance.

### Cats Will Guard Chickens.

Did you know that cats were a valuable asset to the poultryman? You might believe that they were anything but invaluable because of their innate love for fresh meat. But sweeter than baby chicks to the palate of the cat are the smooth-coated, long-tailed, creatures of the rat family. And rats prey upon chickens, asserts the poultryman.

During the course of a year there is more loss in the poultry world from the ravage of rats than from cats or hawks, or even disease. A cat in the chicken yard, if trained to properly value the life of the chickens, will terrorize and destroy the rats and will ward off the enemy hawks and so prove himself or herself of great worth.

Cats have proved their worth as chicken yard sentinels, and there have been many and various methods employed by their owners to break them from killing the chickens. One well-known method is that of tying a dead chicken about a cat's neck and making him tug around the heavy dead body for from one to two days. In the meantime the cat will supposedly grow to have a great dread and horror of a dead chicken.

War Savings Stamps save lives.

### LUSTED

Max Davies, who was called home on account of the illness and death of his father, returned to his home in Curry county. He is engaged in the fishing business this summer.

Mr. and Mrs. Hamilton had as guests last Sunday, Mr. and Mrs. C. A. Cook and sons, from Parkrose. William Cook, their eighteen year-old son who is in the draft, has been exempted and will go to Idaho to school for one year.

A large crowd gathered at the home of Mr. and Mrs. Phil Eder last Saturday evening to have a surprise on their son Frank, who recently joined the colors. He is now at the Benson Polytechnic school in Portland and as luck would have it, he was on guard that evening and didn't know anything about it. Nevertheless the crowd had an enjoyable time.

Mr. and Mrs. Dawson Smith and children of Bridal Veil spent several days with Mrs. Wallace Davies during the illness and death of Mr. W. Davies.

If you haven't got it yet try a want ad.

### LIBRARY.

The library we have always with us, the county fair but one week in the year, hence, this week we realize that the fair with its many allurements, has been the most important factor of the day for old and young, alike.

The story hour on Wednesday last, was not well attended, much to our disappointment. Next Wednesday, Sept. 25, we will tell stories to the little tots at 3 o'clock, and to the older children at 4. This arrangement will enable the children to come to their respective story hours as soon as they get out of school. We hope to have a hearty response from the children, and to see old and young alike, strive to make this coming week a flourishing one at their library. LIBRARIAN.

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