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Conductor of
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Supervisor of Music
Dallas Public Schools

Supervisor of Music
Gresham Grade Schools



Will Give
Private Lessons
IN GRESHAM
Wednesday of each Week

For Terms
Call Dr. J. E. Clanahan
Or write or call
At Portland Studio

LIGHT OF PUBLICITY UPON FOOD SLACKERS

"Wheatless and Meatless Days in every restaurant, hotel and boarding house in Oregon should no longer be a theory, but a fact."

This is the declaration of Acting Federal Food Administrator W. K. Newell, who intends to see that the light of publicity is turned upon all eating places which do not observe the Hoover rules on meatless Tuesdays and wheatless Wednesdays.

"There is no longer any excuse for not observing requirement of the United States Food Administration," said Mr. Newell. "The public is now familiar to the eating places observing the wheatless and meatless days. It is even becoming critical and resentful of places which do not do so. We have received a number of complaints from different parts of the state in regard to restaurants and hotels not making any attempt to observe the wheatless and meatless days. We are now making a list of

these unpatriotic places, with a view to publishing their names in their own communities. The patriotic spirit of the public can be depended upon to do the rest."

Mr. Newell suggests that in those localities which are distant from the fish market, poultry and cheese dishes be used as a substitute for meat on meatless days. Vegetable luncheons, for which several kinds of vegetables attractively arranged, are served on one plate, and which are now becoming so popular in the first-class hotels and clubs of Portland, are also satisfactory meat substitutes.

Californians long have known that the best carnations are grown near the coast. Now eastern growers in the interior are spraying the plants with salt water, and declare good stiff flower stems can not be obtained without such treatment.

If you are a good patriot cut down your allowance of candy. The sugar is needed for the allied armies.

COAST ARTILLERY NEEDS RECRUITS

Here is a chance for patriotic young men to enlist in one of the most attractive branches of the army service, the heavy artillery, before the ban goes on voluntary enlistments by men of draft age on December 15.

On and after that date, no man of draft age will be permitted to volunteer in the army, and he may volunteer in the navy or marine corps only when he has a certificate from the chairman of his local board that he is so far down the list he will not come within the current draft quota.

The Oregon Coast Artillery, in command of Colonel C. C. Hammond, of Eugene, is one of the crack heavy artillery organizations in the United States. It is now in training in the forts at the mouth of the Columbia river.

Colonel Hammond hopes that every town in the state having a company in the Coast Artillery will make it a point of honor to see that its company is filled up before December 15. And he hopes that other towns will do their part.

Here is the number of recruits needed at once by each company:

1st Co., Ashland.....	1
2d Co., Eugene.....	16
3d Co., Eugene.....	8
4th Co., Roseburg.....	2
5th Co., Albany.....	12
6th Co., Cottage Grove.....	15
7th Co., Medford.....	5
8th Co., Portland.....	4
9th Co., Astoria.....	20
10th Co., Tillamook.....	24
11th Co., Marshfield.....	13
12th Co., Hood River.....	11

According to the last census, 1910, the land area in crops in the United States was 311,000,000 acres, about 27 per cent. of the tillable area, leaving 72 per cent. still to be brought under cultivation. This shows that we are far from the limit of our resources.

Help your boy at the front. Use less wheat and meat. Send more to him.

Certain Cure for Croup.
Mrs. Rose Middleton, of Greenville, Ill., has had experience in the treatment of this disease. She says, "When my children were small my son had croup frequently. Chamberlain's Cough Remedy always broke up these attacks immediately, and I was never without it in the house. I have taken it myself for coughs and colds with good results."
—Adv.

Gresham Time Table

Trains for Estacada or Bull Run	
(Bull Run trains leave Mt. Hood Depot)	
12:25 AM Dly Ex Sun. Gresham Only.	
12:25 AM Sun. to Estacada.	
5:24 AM Dly. Mail and Ex. Estacada.	
5:24 AM Dly. Ex. Sun. Gresham Only.	
6:12 AM Dly. Gresham Only.	
6:40 AM Sun. to Bull Run.	
7:45 AM Dly to Estacada.	
8:40 AM Dly. Gresham Only.	
9:59 AM Dly. to Bull Run.	
10:49 AM Dly to Gresham Only.	
11:45 AM Dly. Estacada.	
12:40 PM Dly. Gresham Only.	
1:40 PM Dly to Bull Run.	
2:40 PM Dly. Gresham Only.	
3:45 PM Dly. Estacada.	
4:40 PM Dly. Gresham Only.	
4:50 PM Dly to Bull Run.	
5:45 PM Dly. Estacada.	
6:25 PM Dly Ex. Sun. Gresham Only.	
7:00 PM Dly to Bull Run.	
7:45 PM Dly. Estacada.	
9:10 PM Dly. Gresham Only.	
11:10 PM Dly. Gresham Only.	
Trains for Portland	
12:30 AM Dly Ex. Sun.	
2:04 AM Sun. Only.	
5:40 AM Dly Ex. Sun.	
6:15 AM Dly.	
7:33 AM Dly.	
8:07 AM Dly from Mt. Hood Depot.	
8:40 AM Dly.	
9:34 AM Dly.	
10:40 AM Dly.	
11:39 AM Dly from Mt. Hood Depot.	
12:40 PM Dly to Gresham Only.	
1:24 PM Dly.	
2:40 PM Dly.	
3:20 PM Dly from Mt. Hood Depot.	
4:40 PM Dly.	
5:34 PM Dly.	
6:35 PM Dly Ex. Sun.	
6:40 PM Dly from Mt. Hood Depot.	
7:16 PM Dly.	
9:15 PM Dly.	
9:45 PM Dly.	
11:15 PM Dly.	
MONTAVILLA-TROUTDALE LINE	
Lv. Montavilla	Lv. Troutdale
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