

BULGARIAN MILK MAKES THINS FAT

When, in the course of human events, sometime within the next few months you see every woman you meet looking plump and fat, with the wrinkles all smoothed out and dimples beginning to grow where the lines of sadness were erstwhile hovering, you will wonder what's up.

The careworn woman with the pale pink face, thin, worn features and a frown is going to be a long forgotten memory. The man who is so transparent that he has to wear black clothes to cast a shadow is going to have his circumference measured with a clothes line, and puny children are going to all become candidates for the eugenic contest after the first round with the new, great remedy that extirpates leanness and produces fat in all conditions and classes of people, women, men and kiddies included.

The secret of the rejuvenation of the race and the forerunner of the white hope is bulgaricus bacilli. Those words have a shuddering sound and the little animal they name are shuddering examples of animal organisms, or would be if one could only see them. It takes a strong magnifying glass to see them as they wriggle about in their milky home and then they look like dragons and all the other infernal pachyderms of the plocene age; but they are good friends to the poor, thin, pale, emaciated people and may be swallowed as easily as lemonade on a hot day.

The bulgaricus bacilli is otherwise known as Bulgarian milk. It is milk in fact—plain, ordinary cow milk, but it is treated with the bacilli and costs nothing more than the price of the milk which the patient drinks to the amount of about a quart each day.

The people who are getting fat or a little fatter are few in number so far, but their numbers are increasing. They owe the remedy to Dr. Pernot of Portland, who imported the germs from Europe, and after a series of experiments with guinea pigs he tried his tonic on a thin employee with remarkable results. A few more were persuaded to take up the experiments and one woman in the milk inspection division gained 20 pounds in two weeks, and a young woman in the auditor's office gained 15 pounds in a short time. Since then the experiments have caused several other thin persons to become fat, pale persons to gain a healthy complexion, and at least one employee has been relieved of a frown of long standing.

As a result there is a general clamor on the part of the commissioners and other Portland officials for the milk.

Dr. Pernot says the secret of the milk is in the bulgaricus bacilli which destroys all other organisms. The cause of paleness and thinness and oftentimes grouchiness is the presence of putrefactive organisms in the intestines, it is said. The bulgaricus bacilli, by destroying these relieve the trouble.

At least two women in this vicinity are known to be using the milk regularly with marked improvement in their condition. It is so simple to prepare and so palatable that it is a good thing anyway. Several others are about to try the experiment in and around Gresham, and if you see a pale, thin woman weighing herself daily you may know that she has a jar full of the bugs and is on the road to become fat, rosy and full of the sprightliness of youth.

For further particulars apply to the first frail person you see holding down the scales.

AUTO EXCURSION VISITS RUTH SHAW

Several automobiles from Gresham and vicinity went to Forty-sixth and East Main streets last night loaded with young people who spent the evening with Miss Ruth Shaw, formerly a Fairview girl.

Those in the party were Earl Stanley, Susie Stanley, Harold Robertson, Hester Thorp, Ada Robertson, Roland Quesinberry, Earl Townsend, Eva Townsend, Albert Hensley, Francis Bliss, Gladys Bliss, Cedric Stone, Claude Stone, Elaine Turner, Perry Dolph, Susie Hall, Andrew Albrecht.

Gresham grange will meet tomorrow evening, July 1, for the regular monthly meeting. The program will include initiations.

TWO AUTOS MEET WITH ACCIDENT

A serious disaster was narrowly averted last night at East Thirtieth and East Oak streets when two automobiles came together. One was driven by Earl Stanley of Gresham, the other by Percy Arlett of 553 East Forty-third street. Several were injured but there will probably be no serious results.

The seriously injured were Janet Boring, the 3-year old daughter of George A. Boring, sales manager for the Pacific States Electric company, and Mrs. Percy Arlett. She is the wife of the driver of one of the cars who is the sales manager of the California Ink Co. The Boring child sustained a badly cut right arm and ruptured muscles. Mrs. Arlett's collar bone was broken.

The other passengers in the Arlett car were George Boring, Mrs. Boring and Betty Arlett, two years old. Mrs. Boring received a slight cut on the scalp. Those in Earl Stanley's car were uninjured.

According to the story told by some of those who returned to Gresham Mr. Arlett was driving south on East Thirtieth street when Stanley's car came up East Oak street, going east. Both tried to stop their cars and succeeded in doing so but not before the two came together. Stanley's car which is a heavy Overland rammed into the side of the Arlett runabout, turning it over on its side. Mrs. Boring and her baby were caught underneath, the others were thrown out. The Arlett car was slightly damaged, the windshield being broken and other damages resulting. The Stanley car was not injured to any great extent.

The Borings were taken to St. Vincent's hospital, where Dr. R. A. Watkins cared for their injuries. The Arletts were cared for by Dr. Richard Neubauer at his office in Sunny-side.

Patrolman Morris made an investigation and took the names of all those in both cars.

GRESHAM GIRL IS MARRIED IN PORTLAND

A pretty wedding was that of Miss Agnes Alida Hughes and William L. Crowe, which was solemnized Tuesday evening, July 7th, at 8:30 o'clock at the First Presbyterian church, Portland, Rev. J. H. Boyd officiating. The bride was attended by her sister Miss Della Hughes, and her brother, Dr. H. H. Hughes acted as best man.

After the ceremony a wedding supper was served to relatives and friends at the Hotel Oregon.

Mr. and Mrs. Crowe are well known in Gresham, the bride having made her home here for the past two years. She is a graduate of Chicago School of Music. The bridegroom, formerly of Boston, Massachusetts, is now president of the Pacific Waste company, of Portland.

Amid a shower of rice they left for the coast by automobile for a brief honeymoon at the Tillamook beaches.

FIREMEN'S RELIEF FUND PENDING

The firemen's indemnity ordinance was brought up at a council meeting on Wednesday evening and referred back to the committee and city attorney for amendment. It is now proposed to restrict the amount that shall be paid a fireman injured while on duty the sum of \$100 in any one year; also to pay \$50 for funeral expenses in case of death.

The report of the city treasurer showed \$988.16 in the general fund and a deficit of \$91.74 in the water fund. Water rents are now coming in and there will be a surplus, as the receipts this month will be about \$250. There are now 210 meters in use.

HOSE TEAM GIRLS GOING TO SEASIDE

Gresham, hose team girls are going to take an outing at Seaside next week. They cleared almost enough on their Fourth of July trip to The Dalles to pay their way to the beach and back and live there a week.

One of them, Miss Iris Gullickson, has gone ahead to arrange for the coming of the others who expect to leave here next Tuesday morning. They will be accompanied by a competent chaperon.

Eugene has fifty-two factories and a monthly payroll of \$33,754.

WEARS HARNESS FOR TWENTY-FIVE YEARS WITHOUT A VACATION

PORTLAND, July 9.—(Special)—

St. Paul's German Lutheran church at the corner of East Twelfth and Clinton streets, is preparing to celebrate its silver jubilee, September 20, at which time a mortgage on the property of \$500 will be burned. It will also be the jubilee of the ordination of the pastor, Rev. August Krause, which took place in Tacoma, December, 1889. St. Paul's church and Rev. Mr. Krause are closely associated as he became its pastor September, 1893, twenty-one years ago.

Rev. Krause is one of the most active and busiest ministers. He has never been known to take a vacation in the past 25 years. When a young man and a candidate of theology 25 years ago he was sent to Tacoma, Washington, by the Mission board of the Joint Synod where he organized two congregations and where two churches were built. He was then sent to Portland to look after the St. Paul's Lutheran church, a twice-broken up congregation, which had for several years rented an old church at East Seventh and East Lincoln street. March, 1896, a corner 100x100 feet was purchased on East Twelfth and Clinton streets, which had to be filled. A church 36x62 feet was built. At that time the East Portland water works were established a short distance to the south. The new church was dedicated in 1896. The basement was used as a schoolhouse and meeting place. In 1910 an addition was built to the church. D. L. Povey provided art glass windows and a pipe organ was bought of Hlaner's Organ company, of Pekin, Ill. The church has an active Ladies' Aid society, a young people's society and a fine choir, under the charge of Professor C. H. Haehlen. The Sunday school has an enrollment of 115. A manse was erected on the inside lot. Rev. Mr. Krause conducts a Saturday school all the year through and a summer school during the vacation of the public schools in which there are 60 or 70 children who study German language and literature under his direction. While other Portland ministers take a month's vacation Rev. Krause puts in the time in the classroom in the basement of the church, and enjoys it. He says that he does not feel the need of a vacation. Rev. Krause was president of the branch Synod of Oregon, but the duties were too great and he resigned so he could devote himself to his Portland charge.

St. Paul's German Lutheran church owns property valued at \$15,000, including the church and manse, with a mortgage of \$500. The intention is to burn this mortgage at the jubilee celebration.

Twenty-five wagons well loaded with produce came to the new Central East Portland public market, which opened yesterday morning on East Sixth street between East Alder and East Washington. All the twenty stalls were taken and used several times between 6 and 11 a. m. The opening of this market under the auspices of the East Side Business Men's club was considered a complete success. N. H. Atchison, member of the City Market Board said:

"This is a marked success and I am glad to see the market idea spread out over the city. It will take off the congestion of the Yamhill street market. It will be a fine thing for the producers and will enable the man with a few acres to dispose of his stuff at a good profit. The club is to be congratulated on the success of the first day."

Wilson Benefiel, L. M. Lepper, J. O. Wilson, N. U. Carpenter, J. D. Sherman and Dan Kellaher, committee, were in charge. The work of erecting 20 more stalls on East Alder street between Grand avenue and

East Sixth street, was started, and were ready by Thursday.

A new Women's Christian Union was organized Wednesday afternoon in the Rose City Park Presbyterian church with 50 charter members. Mrs. Lillian Mitchner, of Kansas, addressed the meeting on the work of the unions, after which the organization was effected with the following officers: president, Mrs. J. E. Leach; vice president, at-large, Mrs. G. H. Pierce; first vice president, Mrs. Barbara Byers; second vice-president, Mrs. Boudinot Seeley; secretary, Mrs. Alice Beckett; corresponding secretary, Mrs. S. J. Merry; treasurer, Mrs. Isabelle T. Geer. Mrs. Mary Mallett, county president, and Mrs. Robert McCourt, of Woodstock, assisted in the organization of the new union. Meetings will be held the first and third Fridays of the month.

A special session of the Oregon conference of the United Evangelical church has been called by the conference superintendent Rev. C. C. Poling, of Portland, to convene at Quinaby Park, between July 30 and August 10 to consider the educational interests of the conference, and especially to adjust the consolidation of Dallas college with Philomath college, of the United Brethren church. Mr. Poling said yesterday that Dallas college is closed, but the charter of the college is retained. The consolidation with Philomath college will require the direct vote of the Oregon conference to make it legal, and hence this special session has been called at a time when the annual campmeeting and conference conventions are being held at Quinaby, and all ministers and lay delegates will be there. The consolidation involves all the property of the Dallas college, and endowment probably.

Day at Chautauqua.

Anyone wishing to join an auto-truck party to Gladstone Park, Sunday, July 12, call the Outlook office for information. Safe, comfortable, cheap. Leave Gresham about 10 a. m., return after evening session. 38

Special Fence sale, 39 in. Field Fence at 27c per rod; 3 ft. Wire Gate \$2.25. Metzger Bros.—Adv.

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A unique plan to provide a market for children's produce has been provided at the Yamhill street market and also at the Alberta market. This plan has been adopted in order to encourage children and give them some substantial returns for their work in the gardens.

The Portland Taxpayers' association is making an effort to reduce the cost of public affairs, and hence has started to secure 20,000 members in this city and county. It is planned to employ an expert, if it gets this membership, who will be on the job at all times, including city, school, county and state affairs. He will investigate all public contract and proposed public expenditures of money and report his findings back to the association for its action. In this way the association hopes to have supervision over all expenditures. The association succeeded in having the time for paying taxes fixed so the taxes may be paid in two installments with out penalty thereby saving for the use of taxpayers the sum of \$4,500,000 for six months. This is some of the work the association has undertaken. Its success of course depends on the support it receives from the taxpayers themselves. L. H. WELLS.

An 8-inch water main is being laid from the Lents schoolhouse on Main street south to Scott avenue, a distance of half a mile. Fire hydrants are being installed at Pearl street, at the street car crossing and at two places south of the car line. With the completion of this pipe line Lents will be well supplied with water for domestic and fire purposes. This cross main connects with the 12-inch main at the schoolhouse and an 8-inch main on the Foster road, and all connects with the 24-inch reinforcing water main from the Upper Mount Tabor reservoir at East Seventy-second. Thus the whole southeastern Mount Scott has been supplied with large water mains by the city.

Where have my Profits Gone, by M. P. Gould, is an examination of various ways by which profits are lost; with an explanation of modern methods of preventing such losses.

Pioneer Catholic History of Oregon, by E. V. O'Hara. This little book has been written to help make better known the story of those Catholic pioneers of the Oregon country whose names even seem to be borne down to us from a distant heroic past.

PRIMARY FREAK CHANGES NOMINATION

One of the freaks of the April primary election is the nomination of E. L. Thorp on the Progressive ticket for justice of the peace in Multnomah district. It will be remembered that he was asked to become the candidate on the straight republican ticket by nearly a hundred voters, but he failed to get the nomination, his name coming up too late to get him the vote expected.

Yesterday he received notice from County Clerk Coffey that he had received the progressive nomination. His name had been written on the progressive ticket in sufficient numbers to nominate him and he will have a place on the November ballot, not as a regular republican, however, but as a progressive republican.

As he will be on the ballot anyway his friends who are of the stand pat variety may vote for him if they are so inclined, knowing that he is of the same political color yet that he was before the primaries.

M. M. Squire received notice yesterday from County Clerk Coffey that he is the nominee on both the republican and progressive tickets for constable of Multnomah district.

MEETING OF ORIENT AND LUSTED DISTRICTS

A meeting of taxpayers and patrons of Orient and Lusted school districts will be held Monday evening, July 13, 1914, at 8 p. m. in Orient grange hall. County Superintendent A. P. Armstrong has promised to be there and will present matters of urgent interest to the schools of the locality. All patrons are urged to be present.

PLANS FOR FARM LIFE ESSENTIAL

Work of Rural Schools by Eggleston and Bruere. The book deals with the essential subjects of buildings, sanitation, centralization of schools, transportation, plans of instruction, amusements and agriculture. The great need for development in our rural communities is forcibly pointed out, and it is made plain that "the effective way in which the rapidly growing science of cultivation, farm management, and marketing can be brought to bear upon agriculture is through the public schools." Too often the task of proper preparation for effective citizenship is shifted from the home to the school, leaving the teacher to inculcate the gospel of better farming and the economic value of efficient production. Several cases are cited where the rural school maintains a farm as an object lesson for the surrounding community, and where new methods of ploughing, planting and cultivating have been introduced. These experiments have encouraged project work at home and with instructive results. Various phases of the building up, not only of the rural schools, but of the rural community at large, are set forth in discriminating fashion.

Farm Arithmetic by C. W. Burkett and K. D. Schwartz is ingeniously planned to introduce to country children many facts of farm life which the ordinary arithmetic ignores. The general intention of this book is to make arithmetic a living instead of a dead subject, not only by bringing it near to every day experience, but also by making that experience itself vital. The illustrations, often remotely connected with mathematics, are cleverly chosen to stimulate interest.

The more important subjects of study are plant and animal feeding, profits from crops and animal husbandry, the cost of labor and building, and the benefits of good roads, drainage, spraying and farm improvements. Few recent books seem better planned to make for a country child the dry facts of farming not merely less repellant, but even attractive.

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ESTACADA PRIZE LIST NOW READY

The first annual premium list of the East Clackamas fair has just been issued from the Outlook office. It is a neat booklet of 32 pages, with cover, and contains the first awards to be made at the fair which will be held at Estacada for two days, September 8 and 9.

The East Clackamas fair association was recently organized, its first officers being John Ely, president; F. J. Harkenrider, vice president; Mrs. A. W. Botkin, secretary-treasurer; Burgess F. Ford, superintendent of the fair. They with James Shibley, Ed. Shearer and F. B. Guthrie are the directory board.

In their primary announcement the promoters of the fair say:

"The primary object of the fair is the stimulation of endeavor to produce greater and better things along many lines. To do this, a man is encouraged to bring in the products of his best effort that he may prove that he is wiser or more capable than the other fellow. If his article or display is superior he has the satisfaction of winning. In many places fifty cents, one dollar or possibly two dollars is given to the winner. This money does not pay the man for his trouble or care. The real prize is the feeling of having won over one or many competitors. This year all prize winners are to receive fine ribbons—blue, red, yellow and white."

No entry fee is to be charged exhibitors but an admission fee of 15 cents will be collected.

The special features of this year's fair will be a two days' butter contest, to determine the best cow from the standpoint of amount of butter produced in that section. There will also be competitive grange exhibits, industrial club exhibits and instructive lectures by specialists from the Oregon City Agricultural college.

Special programs have been prepared for the two days which will include demonstrations in cooking, canning of fruits and athletic sports. Two games of baseball will take place between the Estacada and Springwater teams.

The different divisions embrace livestock, agriculture, women's work, poultry and juvenile. There will be special grange exhibits. The classes number 51, the lot numbers running up to 425.

BOARD OF DIRECTORS WILL ORGANIZE

The newly-elected board of directors of the Gresham Fruitgrowers' association will meet on Monday evening next to be sworn in and complete the organization by the election of officers for the remainder of this year. Some other business will probably be undertaken at this meeting, such as authorizing the issuance of stock certificates, printing of the by-laws and preliminary arrangements for continuing the soliciting of capital stock under the supervision of the board.

LADIES' ALTAR SOCIETY ORGANIZED

A Ladies' Altar society was organized at St. Henry's Catholic church last Sunday, as announced in the Outlook. It started out with a membership of sixteen and the following officers: president, Rev. Henry Breunagel, priest of the church; vice president, Mrs. Frank Nott; treasurer, Mrs. Grace Fritz. The object of the society are social and for the improvement of the membership.

Sandy carried \$14,000 bonds for a union high school.

Biggest Game of Season

Gresham vs. Weonas

Sunday, July 12, at 2:30

On the Ball Park

The Weonas have the Fastest Team in the vicinity of Portland. They have not lost one game this year.

If You Enjoy a Close Game

SEE THIS ONE