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THIS IS TO INFORM YOU

that we are still selling Lumber at greatly reduced prices and have large quantities of all kinds, rough, sized and finishing, at our mill at Sandy. Let us figure on your orders. Write or phone. We deliver.

Sandy Fir Lumber Co.

Phone 446 Martin Lennarts, Mgr. Sandy, Ore.

ROSE PROGRAM ON PENINSULA

PORTLAND, May 28—(Special)—The first day's program of the Peninsula Rose Show for June 9 and 10, will start in the afternoon at 3:30 of June 9 in Peninsula Park with a concert by the musical band. This will be followed by a rose dance, which will be given by the children of Washington, Peninsula, Kenilworth, Columbia, Sellwood and Brooklyn Parks, assisted by women of Multnomah club. It will be under the direction of J. Lee Thompson assisted by Miss Degermark. This rose dance will be given in the open space in Peninsula Park and will be made one of the pleasing events of the opening day. In the evening at 8 o'clock there will be a grand concert by the chorus of singers from Peninsula churches under the direction of Rev. D. V. Poling. The general program will be, Sam Simpson's "Beautiful Willamette," set to music by Father Dominic; "Song of the Viking;" "Hail, Smiling Morn;" "Miller's Woelung;" "Good Night, Beloved." The Jefferson high school band will also furnish music the first evening. For the second day the program has not been definitely settled, but will be in a few days.

The Peninsula Rose show will be one of the great features of the 1914 Rose Festival, although it is not being generally recognized. The Peninsula Park will be illuminated with 3200 colored electric lights, and a great search light will play on their millions of roses in the sunken garden, reflecting their delicate tints with all their beauty.

Say, Mr. Editor, that fine poem written by E. L. Thorpe in memory of M. A. Ross post last week made my article resemble a 15-cent piece. I expected Thorpe would write something good, but nothing so fine as appeared. Every member of the M. A. Ross Post ought to clip out that poem, and the Post should have it hung in the hall. It is poetry. It moves. It talks. It has nerves. It has muscle. It tells the story of these veterans now gone. It says the last word.

St. Johns has redeemed herself. She has a brand-new volunteer fire department. It is made up of the old volunteers mainly with some new blood. The council agreed to provide better apparatus for fighting fires. St. Johns citizens like some others, were willing that the "boys" should protect St. Johns property at the expense of the "boys," but when the boys wanted something, that was another proposition. The voters objected and turned down the proposition to provide adequate apparatus. St. Johns has 6000 people. It has modern factories. It has a fine public school system. It has paved streets. Up to the present its fire apparatus consisted of "junk," pure and simple. The volunteers refused to give their time and money to protect these great interests with the junk, with the result they will get something better, and they should have it. They deserve it.

Election of R. W. Gill as superintendent of Portland public market secures a fine official. Mr. Gill fills any job he undertakes. He is clear-headed. He is intelligent. Ray Gill thinks. His mind is clear as a bell. Also Mr. Gill is an all-round good citizen. Gill is a progressive man. He does things. He has some ideas I don't approve of, but that is nothing. He will do well on this job. Watch him. L. H. WELLS.

Utah Land Plaster \$9.50 per ton at Gresham. Metzger Bros.—Adv.

Eyes tested and glasses fitted. Dr. Geo. Ingils.

You will not come to, want if you use the Want Ads.

An ad. in the local newspaper is a good investment that all merchants can afford to make.

Halibut banks off the Tillamook coast are being investigated.

For the Would-Be Athlete.
The athlete who tries to run the 220-yard dash without a body development equal to his leg development is like a beautiful engine with a poor boiler, according to William Hayward, veteran track trainer of the State University.

"Notice the weak man when he begins to run a 220," said Hayward. First his head begins to go back on his shoulders, then his body gets a backward lean, and finally his legs begin to fan the air as if they were running away from his body. All good form in running is lost for the simple reason that the back, shoulders and muscles of the abdomen cannot stand the strain when called upon to respond. A great many of our young athletes pay too much attention to the development of the legs and point with pride to the beautifully rounded muscles. Consider this: How far could a strongly built beautiful engine go with a poor boiler? It stands to reason that it would not go for any great amount of time with the small supply of steam the boiler could produce. Our bodies are the same; we are no stronger than our weakest part and the muscles of the upper parts are the boilers which furnish the energy to carry those of the lower part, the legs over the ground.

To develop these weaker parts then shall be our aim and, after all, it is very simple. Lie on the back and raise the legs slowly, allowing the feet to descend to the starting point gradually each time. This will tense the muscles of the abdomen. Then after several performances of leg-raising, remain in the same position and slowly raise the body without lifting the feet from the ground or floor; when a sitting position has been reached do the same thing over again until tired.

"The next exercise is that of pivoting. Lie on your stomach, extend the feet and legs as straight out as possible and then raise the head and legs at the same time until you pivot upon the stomach. This is a very healthy form of exercise and one much used.

"Bag-punching, boxing, club-swinging and deep-breathing not only develop the muscles referred to, but develop the heart and lungs. These exercises should be made a part of the everyday training."

The Presbyterians of Astoria have let a contract for a \$5000 church.

Commencement at State University.
A senior class of 130 comes up for graduation tests in the final examinations beginning June 6. Commencement exercises for those who are successful will begin June 14 and will be concluded the night of June 17. Commencement week program will be as follows:
June 14—Baccalaureate sermon by Rev. F. L. Loveland, Portland.
June 15—Field day in the afternoon; school of music recital in the evening.
June 16—Meeting of state association of alumnae and business meeting of alumni in the forenoon; president's reception in the afternoon; Falling-Beekman oratorical contest in the evening.
June 17—Commencement exercises at 10 a. m., alumni banquet, 1 p. m.; alumni hall 9 p. m. The commencement address will be given by Dr. Melvin A. Brannon, the new president of the University of Idaho. Ground is to be broken by Governor West for the new classroom and administration building.

Whole Army From "Little Rhody."
One of the Rhode Island boys in the civil war on picket duty near York town, Va., declared a truce with a Confederate soldier. This frequently happened during the war. "What regiment do you belong to?" asked the inquisitive Yankee. "The Seventeenth Georgia," was the reply. "And what is yours?" "The One Hundred and Fifth Rhode Island." The Confederate gave a long, low whistle and departed.

General Smith's Threat.
"Extra Billy" Smith, the Confederate general, was as frascible as he was brave. One day he had his soldiers on an exceedingly difficult march. When they halted the general had a hard time getting them started again. Finally he exclaimed, "If you fellows don't get up pretty quick I'll march the regiment off without you and leave you all behind."

Kelso

The Union high school petition in this district received a sufficient number of signatures to put the question before the voters at the annual school meeting to be held June 15th.

D. Chesley and family intend to move back to Waldport in the near future.

Mrs. Joel Jarl has gone to Eastern Oregon.

Mrs. M. Eri and daughter, Marie, are staying with the former's father-in-law John Eri, until after decoration day.

English services were held in the Lutheran church Sunday evening by Rev. Mr. Henriksen, of Portland.

J. F. Theleke is building a new barn.

X. Decker recently moved back to his place at Kelso.

Miss Clara Harbison is spending a few weeks with Mrs. Minnie Platt at Rainier.

Cedarville

A social was held at the home of Mrs. Shank Saturday evening. Quite a large crowd was present and all reported a good time.

Archie Averill spent the week-end visiting his sister, Mrs. Olive Eden, at Barton.

Miss May O'Haire is visiting with her aunt, Mrs. J. T. Friel.

Mrs. Martha Richardson, who has had poor health for some time, was taken to the Ladies' Home in Portland.

Mrs. Bodenstern was a Portland visitor last week.

F. E. Clark called on his daughter Mrs. W. G. Webber last Wednesday evening.

A dance was held at the home of Mr. Oaks last Saturday evening.

INCREASED EXPENSES

in the handling of foodstuffs is what has brought on the so-called "high cost of living."

OUR AIM
is to keep our expenses down to a minimum thus enabling us to sell at a price that is less than you have been paying.

OUR PRICES
are not based on what others charge but on what we believe to be a fair rate of profit.

OUR STORE
is the best place for you to trade if you want your dollar to purchase one hundred cents value.

C. M. COGSWELL, Grocery
opposite Linnemann Station

Pleasant Valley

Mrs. Blaine, of Kansas, is visiting at the home of her daughter Mrs. J. M. Loughlin.

Mrs. W. L. Kesterson, of Montana, is visiting friends and relatives in the valley this week.

J. W. Frost was a Gresham visitor one day this week.

Leslie Berke came out from the city and spent Sunday with his parents. Mr. and Mrs. P. J. Berke.

Chris. Hemrich, of Gresham, visited with home folks a few days this week.

Mike Alplauap is having a modern dairy barn erected on his place.

F. A. Richey is putting up a new chicken house.

S. C. Brasswell is putting the finishing touches to his new barn.

Ad Club Makes Present.

In token of their appreciation of their entertainment by the domestic science girls of the Oregon Agricultural college, members of the Portland Ad club gave them a present of cash to be used in the purchase of a suitable testimonial. The associated women students met and decided to buy a handsome coffee urn and a copper tea pot. The articles will be engraved and placed in the model dining room of the new Home Economics building, where they will be put into general use.

The O. W. R. & N. Co. is planning terminals at Pendleton, with shops and yards to employ several hundred men.

Cure for Stomach Disorders.

Disorders of the stomach may be avoided by the use of Chamberlain's Tablets. Many very remarkable cures have been effected by these tablets. Sold by Gresham Drug Co., and all Dealers.

How Savings Grow

In order to illustrate the rapid growth of savings with 4 per cent compound interest added, we have prepared the following table:

Weekly Dep. of Savings	RATE OF INTEREST	Will in 5 years Amount to	Will in 10 years Amount to	Will in 20 years Amount to	Will in 40 years Amount to
\$.25	FOUR Per Cent per annum compounded twice a year January 1st and July 1st	\$.75	\$ 1.62	\$ 4.03	\$ 1,294
1.00		1.46	3.24	8.06	2,588
2.00		2.93	6.50	16.14	5,177
5.00		5.85	13.01	32.28	10,355
		1,462	3,252	8,070	25,888

\$1 STARTS AN ACCOUNT.
Bank of Gresham
UNITED STATES DEPOSITARY for Postal Savings
A. F. MILLER, President. K. A. MILLER, Vice-President.
F. A. HOLLIDAY, Vice-Pres. E. W. PETERSON, Cashier.

Melrose

The Base Line road is being lighted with electricity from Portland to the automobile club house. Many citizens along the line are having it put in their homes. A. B. Conrad, Sam Strebin and Emil Olson are having their houses and barns wired this week.

Mrs. Ethel Stafford has been quite ill for several days.

Miss Minnie Shriner, our genial hello girl of Gresham, visited Miss Burkholder Thursday and Friday. The latter is the teacher of our school and boards with Mrs. C. Fritz.

The embroidery club met at the home of Mrs. Lula Strebin in Gresham Thursday.

Mrs. C. O. Branson and cousin Mrs. Jennie Conley visited with relatives in Portland Friday and Saturday.

Leslie Wiles has been plowing his brother' Elwood Wile's ranch at Rockwood two or three days this week.

Mrs. Henry Jones and sister Mrs. Kate Chamberlain, of Portland, visited with relatives in Washington county the week-end. They visited their father's grave there.

A. B. Conrad and sons Lester and Ora motored over to Vancouver the first of the week.

Many good people in Melrose are signing the Oregon dry petition that is being circulated.

Haley

Geo. Schroder, who has a place near Haley, has gone to California.

E. Adams is on the sick list.

Rev. F. Dubberful of Sandy spent Monday with Wm. Muelier.

W. F. Mueller has been sick with the measles.

Mrs. G. Horberg spent Saturday in Portland.

Mrs. Geo. Tacheron and Mrs. A. G. Horberg visited the school Monday.

John Mueller spent Wednesday at Gresham.

Mrs. D. Dorhens and her daughter Miss Johanna spent Friday with W. F. Mueller.

Big money-saving sale at Shinaman's, Pleasant Home, for two weeks ice cream served FREE, Saturday, May 30th.

Cottrell

The Cottrell Sunday school will hold a social next Thursday evening at the church at Cottrell. The object is to raise funds to purchase small chairs for the children of the primary class.

Big money-saving sale at Shinaman's, Pleasant Home, for two weeks ice cream served FREE, Saturday, May 30th.

Rockwood Rebekahs to Hold Festival.

Next Tuesday evening, June 2, the Rebekah lodge of Rockwood will give a "500" card party at the Rock-Macabee hall, to be followed by a festival of strawberries, cream and cake. Admission will be 25 cents. Everyone is invited.—Adv.

A large stock of Screen Doors, Wire Screen, Adjustable Window Screens at Metzger Bros. "Swat the Fly."—Adv.

North Bend will have a wharf with a quarter of a mile of straight deepwater harbor line.

The Oregon-Idaho Power Co. is developing a 2000 horse power plant on the Snake river opposite Copperfield.

Laws that deprive laborers of employment in Oregon are to be supplemented with laws to create a commission to employ the unemployed.

The Simpson Lumber Co., on Coos Bay expects to employ twice as many men as heretofore.

Mrs. Amelia Brown of Lane county has invented a sanitary cap for milk bottles that a Denver firm offers her fifty thousand for.

The fight for the use of Oregon stone as trimmings for the new state university administration building is whether the state architect shall select terra cotta or Oregon stone.

You Recognize Good Coffee

QUALITY NEVER VARIES



Without the least trouble. An inferior grade never satisfies after you have used our Top Quality

Eureka Brand

It has a delicious aroma, fragrance, and taste unknown to the other brands. If you have not tried it, get familiar with it by ordering a package TODAY.

PULFER MERCANTILE CO.
Phone 831 The TAD Grocery Store

NOTICE!

We Pay 6c a pound for No. 1 Cows. Can use Hogs and Veal any time. Any quantity.

Highest Price According to Size and Quality

GRESHAM MARKET

PHONE 41

Just as good

is the only way a dealer attempts to meet—

Bush & Lane Piano Competition

Why do nine out of every ten piano manufacturers attempt to imitate the famous

Bush & Lane Piano?

But because of the Distinctive Piano Character of these instruments, which are covered by patents, it is impossible to get anything like these original features in any but a

Nothing just as good

as these pianos. And if you will call at these salesrooms, you will quickly learn the reason why.

Bush & Lane Piano Co.
433-5 Washington St., Portland

City Bakery

Paul Hoetzel Prop.

Best Bread

ON THE MARKET FRESH EVERY DAY

Pies, Cakes, and other Pastry

Main St. Gresham, Ore.

SANITARY CASH MARKET

Main Street Gresham, Oregon

We Handle "Only" the Best "GOVERNMENT INSPECTED" MEATS

C. BINDER, Proprietor

LICE?

The lice question is quickly settled if you dust your towels with

Conkey's Lice Powder

It's safe, quick and sure!

Saves your poultry profits because it

Kills the Lice

Doesn't Harm Chickens

Price 25 cents, 50 cents and \$1.00.

For the mites that hole in the cracks by day and prey on chickens at night, spray your poultry house with


Conkey's Lice Liquid

Clears mites out thoroughly. Quarts 30 cents, half gallon 60 cents, gallon \$1.00. For the deadly head lice use

CONKEY'S HEAD LICE OINTMENT

Effective and doesn't harm chicks, 10 and 25 cents. Money back if these preparations do not satisfy.

The G. E. Conkey Co., Cleveland, Ohio



Metzger Bros.

GRESHAM, OREGON

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GILT OR NATURAL WOOD NEAT and CHEAP

MAX SCHNEIDER

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Health a Factor in Success.
The largest factor contributing to a man's success is undoubtedly health. It has been observed that a man is seldom sick when his bowels are regular—he is never well when they are constipated. For constipation you will find nothing quite so good as Chamberlain's Tablets. They not only move the bowels but improve the digestion. They are sold by Gresham Drug Co., and all Dealers.