

GRESHAM OUTLOOK

TWICE A WEEK

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H. L. ST. CLAIR, Editor and Publ'r.

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Rates reasonable. Our representative will call. Phone 781. "The Linotype Way is the Way that Wins."



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THE PRIMARIES.

Next Friday the voters of three parties in Oregon will decide who are to be their standard bearers during the coming campaign. Republicans, democrats and progressives only are qualified to name their candidates at the polls. There is a probability that the prohibitionists will be one of the dominant parties in the next campaign. At present they, with the socialists and independents, must name their candidates in convention.

No one can foretell the result in any case. The one who seems to be a winner today may be a big loser when the count is made.

Surprises are in store and there are going to be some severe disappointments among the aspirants on all the ballots.

The present campaign has demonstrated that a political campaign may be conducted on decent lines. There has been no scurrility of any consequence, the idea of mud slinging being happily obsolete or nearly so.

It is noticeable that newspaper publicity is in demand more so than ever before. The small crowds who attend the rallies show that the voters are thinking for themselves and do not care to be talked to, although the personal campaign has been effective in making the candidate acquainted with his constituents. The people like to know their man, question him and size him up. Once they are satisfied they are won. The shrewdest politician realizes this and is anxious to appear at his best.

With all the faults of the primary selection of candidates it has its compensations and the people are generally shrewd enough to make the best selections.

Every voter should be at the polls and help to make the wisest choice. They alone are responsible for poor officers and slack enforcement of the law.

C. A. Johns one of the republican candidates for governor made Gresham a visit during the campaign and created a good impression. He will poll a substantial vote here as a result of his speech to the voters while here.

William A. Carter, a republican aspirant for the nomination for governor, is gaining strength everywhere and will make a notable showing in the contest next Friday.

It's Kreuder and the other man" for county commissioner, sure enough. But the "other man" should be Holman if the taxpayers know their own interests.

A FLATTERING REQUEST.

A request by nearly a hundred republican voters addressed to E. L. Thorpe is published in another column. He is asked to become the nominee for justice of the peace for Multnomah district, embracing all the territory of the county east of the Portland city limits.

The request was made voluntarily and unsolicited by Mr. Thorpe and has been favorably considered. He will accept the nomination if the voters so decide, and will work for the election of the full republican ticket whether he is nominated or not.

When the state federation named Everett Logan, R. A. Willison and E. E. Southard as candidates for the legislature it was not for the purpose of controlling legislation but to provide a delegation not composed entirely of lawyers. As laboring men they would act as a balance wheel and protect the interests of labor by asserting the laborer's right to a square deal equitable tax laws and rigid economy in the use of public funds.

A former native son of Eastern Multnomah is a candidate for the legislature. Charles M. Menzies was born and raised on a farm near Gresham. His record is excellent and the people would make no mistake in electing him.

J. J. Johnson is Multnomah county's candidate for attorney general. He is too well known to need any compliments but he needs votes to be nominated. A pioneer farmer's son, he is a shrewd lawyer and is capable.

David Langguth has but one man to beat for state senator. Suppose we can help him do it? He has friends all over Eastern Multnomah and is self-made. Just the right sort of stuff in him that farmers like.

A public morgue in Portland is demanded by the people. Dr. Dammasch is the only candidate who is pledged to provide one instead of turning over the business of the office to one firm of undertakers.

D. C. Lewis, as a representative from Multnomah, would carry influence in the legislature. He has been endorsed by several organizations and is making a good impression in his campaign.

A merited promotion would be that of T. J. Cleeton to the supreme court of Oregon. The voters have the opportunity to approve of the right man for the place.

With Archie Leonard as sheriff there would be no calf rustling. When he goes after a crook he always gets him. That has been his record and he will maintain it.

R. A. Booth is the logical man for United States senator. While his nomination is assured he should be given a flattering vote at the primaries.

Only one farmer for the legislature in all of Multnomah county. R. W. Gill can be nominated if the farmers will give him their vote.

Congressman Lafferty's reception in Gresham on Saturday was an ovation. The spirit shown here is a warning to the "big interests."

"Judge" Stapleton would sound well. Suppose we make it unanimous in Eastern Multnomah and give him the title.



CHARLES M. MENZIES.

Candidate for Nomination to State Legislature.

Advocates practical road building for the benefit of the producer, strict economy in public expenditures, semi-annual or quarterly payment of taxes without penalty, and abolishment of useless commissions.

Mr. Menzies is a successful business man and believes in handling public affairs in the same businesslike manner a good business man would handle his affairs, holding down all appropriations to a minimum, consistent with good business.

Mr. Menzies is the son of J. W. Menzies, a pioneer of Eastern Multnomah county. He is 23 years old, born near Troutdale, lived in Oregon nearly all his life. Is a taxpayer, and married, has one son.

He solicits the support of all his friends throughout the county, and promises to hear the best interests of the people at heart, and if elected will go to the legislature with hands untied.

(Paid Adv.)

Question of Eating.

The matter of diet has been a subject more investigated and studied of late years than ever before. The relation of food to disease, with a careful supervision of diet, in many of our constitutional and infectious diseases, such as diabetes, scarlet fever, typhoid, malaria, etc., has been instrumental in great good being wrought to mankind.

We read about the privations some of our great men suffered during the time spent in school and study. The simple food they lived on plus their exertion for existence, is in a great measure, the reason for the mentality they developed. Plain living and high thinking go invariably together. You will find that people who do not stuff themselves beyond the point of satisfaction, but leave the table a little unsatisfied are those who can usually control themselves in other ways as well.

It has been said, "It takes a lifetime to learn how to live and one must pass through a variety of hard experiences before the lessons are really learned." We all know how true this is. Eating, however, finds first place among these lessons for most of us have, time and again, experienced the suffering from over-eating, yet, how few have questioned the cause of the trouble or even realized that the food eaten was responsible for it.

You say you have felt depressed after a meal, you had a headache some time after, you had a sour taste in your mouth, you found it difficult to concentrate your thoughts, and felt the drowsiness of sleep creeping over you. Have you considered your eating? Do you eat too much? Do you have too great a variety? Do you mix acid fruits with cake, pie, or candy after a regular meal? Are you using abundance of tea and coffee? Do you starve yourself during the day and indulge in a heavy meal at night and then feel incapacitated for anything else but bed, with a disturbed sleep at night? Yes, we have all transgressed in these and many more ways. Some are able to do these things because of the nature of their work. They are always healthy for their hard work, use up the fuel they feed the body. Not so with home, school, or professional life where the physical is not taxed to its proper capacity.

Again, age is another factor, especially after the age of forty in which the matter of diet comes to be the most important element of living. The athlete, perhaps more than any one else, notices the effect of a change of diet with a period of inactivity. The things he is not allowed during training like pie, cake, fresh bread, etc., he indulges in. If experience has not taught him better, with the result that he invariably suffers from boils, carbuncles, rheumatism and a variety of other ills human flesh is heir to.

So, too, with people who do not exercise sufficiently, eat too much, and delight in too many varieties.

DR. EDMUND B. HASLOP.

Hominy is said to be the only important food product not manufactured in Oregon.

Most Prompt and Effectual Cure for Bad Colds.

When you have a bad cold you want a remedy that will not only give you relief, but effect a prompt and permanent cure, a remedy that is pleasant to take, a remedy that contains nothing injurious. Chamberlain's Cough Remedy meets all these requirements. It acts on nature's plan, relieves the lungs, aids expectoration, opens the secretions and restores the system to a healthy condition. This remedy has a world wide sale and use and can always be depended upon. Sold by Gresham Drug Co., and all Dealers.

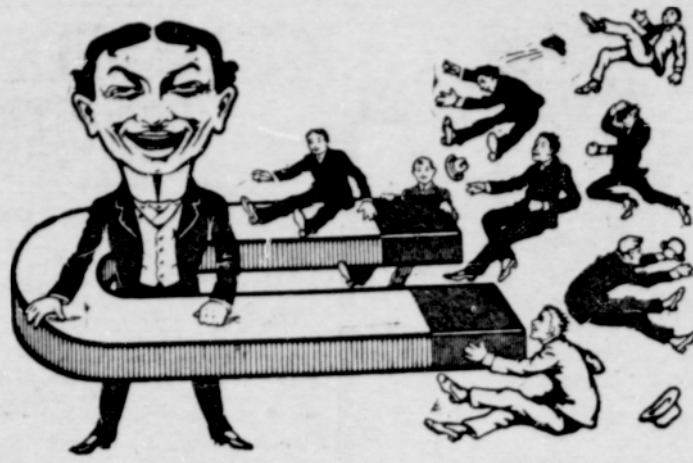
WILSON T. HUME FOR **Representative** Republican Ticket, 15th Dist.

(Paid Adv.)

A Few Words "to the Wise," Etc.

1c a word for first insertion; one-half cent a word each subsequent insertion. Minimum, any insertion, 10c.

Buyer and Seller are quickly drawn together



LIVESTOCK.

FOR SALE—Fresh cow, and young pigs, at Cottrell. Address N. G. Hedin, Boring, Oregon. 22

FOR SALE—Brown Swiss thoroughbred bull calf. Eligible to register. Would trade for good cow or pigs. A. Brugger. Phone 244.

FOR SALE—Brood sow and six pigs. Alfred Honey, Gresham, Oregon, R. 4.

FOR SALE—Two large five-year-old mules, also four large horses, well broke; 1300 to 1400 pounds. H. E. Davis. Phone 21. tf

BEEF CATTLE, Stock cattle and fresh cows wanted. Andrews Bros., Pleasant Home. Phone 279.

DRIVING TEAM for sale. Andrews Bros., Pleasant Home. Phone 279. tf

PASTURAGE for rent. Good feed; running water. Mrs. E. Douglass, R 1, Troutdale, Ore. tf

For Sale. No. 1 hog feed, processed barley, \$20.00 per ton at Sundial Mill, Fairview, Oregon. tf

Livestock

FOR SALE—Gentle 5-year-old driving horse. Phone 471. W. H. Cleveland. 21

PASTURE for rent at Gresham. A. B. Witter, South Roberts avenue. Phone 383. *27

BALED HAY for sale. Mrs. E. Bourgeois, R. 2, Troutdale, Oregon. Phone Corbett 5101. *22

POULTRY.

Notice.

I will have for sale at Tarr's auction sale May 21, 20 high-grade White Leghorn roosters and also some of my fine pullets. H. W. Cooley, Troutdale, R. 1, phone 434.

THOROUGHbred ENGLISH PENCIL Indian Runner ducks. Barded Plymouth Rocks eggs for hatching, \$1.00 per setting, postpaid, \$7.00 per hundred. P. F. Uhlig, Gresham, Oregon, R. 3.

TWELVE Young Turkeys for sale. Hatched May 6. Phone 25x. Mrs. C. Powell. *20

FOR SALE—Utah Land Plaster, \$9.50 per ton at mill. Sun Dial Mill Co., Fairview. tf

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Canadian Employment Co. B. F. LEACH, Mgr. 9 North Second St., Portland, Or. Phone or Wire at our Expense

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Dr. W. C. Belt PHYSICIAN AND SURGEON Office on Main Street, op. Library Phone 18 Gresham, Ore.

Dr. Haslop expects to open offices in First State Bank building, Gresham during the two days Tuesday and Friday, starting the first Tuesday in May.

Dr. Edmund B. Haslop OSTEOPATHIC PHYSICIAN and SURGEON Appointments may be made for above days ahead by calling First State Bank. Phone 638. PORTLAND OFFICE 453-6-7-8-9 Morgan Bldg. Broadway and Washington St.

REAL ESTATE RENTALS

FOR RENT—Four-room house, two lots, \$4.00. Enquire of A. H. Gould, Gresham. tf

Miscellaneous.

ROOM and BOARD—Wanted in a quiet place for the summer, by lady with two children, 3 and 6 years old. S. W. B., 69th North Portland. *21

For Sale Very Cheap.

Two-horse-power Fairbanks gas engine with pump jack. This engine is nearly new and in No 1 condition. Phone 256, D. E. Towle, Troutdale.

LOST, STRAYED or STOLEN—Jersey cow. Brindle head, no horns, fresh soon. Reasonable reward for information leading to finding of same. Enquire G. E. Bauder, Scenic Station. Phone 454. 22

Wood! Wood! Wood!

Sherm. McCarter will supply you with it. Seasoned live wood, \$4.50; seasoned dead wood, \$3.50. Phone 335. tf

FOR SALE—Cheap, 2,000 gallon Redwood tank, pump and pipes. Rose Metzger, phone 3x. tf

FOR SALE—At a bargain, Spaulding buggy, nearly new. R. R. Carlson. Phone 548. tf

A large stock of Screen Doors, Wire Screen, Adjustable Window Screens at Metzger Bros. "Swat the Fly."—Adv.

An ad. in the local newspaper is a good investment that all merchants can afford to make.

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A cross, peevish, listless child with coated tongue, pale, doesn't sleep; eats sometimes very little, then again ravenously; stomach sour; breath fetid; pains in stomach, with diarrheaff grinds teeth while asleep, and starts up with terror—all suggest a Worm Killer—something that expels worms, and almost every child has them. Kickapoo Worm Killer is needed. Get a box today. Start at once. You won't have to coax, as Kickapoo Worm Killer is a candy confection. Expels the worms, the cause of your child's trouble. 25c at your Druggist.

E. A. Easley, Real Estate

Buys, Sells and Exchanges Real Estate of all kinds; writes Fire Insurance and lends money. Office 332 Chamber of Commerce Building, Portland, Oregon. PHONE: Marshall 1675. Residence on Powell Street, Gresham

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By DAY or CONTRACT **E. SUMY** Call Peck's Restaurant. GRESHAM, - ORE.

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Widely scattered have been built by the Portland Railway, Light & Power Company for the purpose of providing

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Dr. F. H. Dammasch FOR **CORONER**

My only opponent in the nomination of Coroner at the coming primaries, has made the statement that "he is in favor of a public morgue by the people, which means, as he interprets it, an act of the legislature and an appropriation; this in turn means **ADDITIONAL TAX.**"

My platform is simple and plain, I have not attempted to fog the vital points by claiming to indorse a public morgue, if the people will vote a **TAX** to maintain it.

I will establish and maintain a public morgue without **ADDITIONAL TAX.** Is this plain?

I will be Coroner of Multnomah county and not the representative of an undertaker. Is this plain?

I positively will not place the office at any undertaker's place of business, nor will they or any of their assistants be associated in any way with the office. Is this plain?

Vote for **DR. F. H. DAMMASCH** for Coroner

(Paid Adv.)