

**Sandy Will Push Incorporation.**  
The people of Sandy who wish to incorporate are having their troubles. It seems that this is the second attempt to incorporate and there are those who would defeat the project if they could. The opposition has carried the case into court. The Commercial club has now raised \$150 and engaged George C. Brownell to handle the legal end of it. The legal voters held a meeting at which they approved of the measure and blue prints of the territory which it was proposed to incorporate were drawn up.

Great benefit is expected to result to Interior Oregon from the selection during the past week of an experiment station site in Harney county near Burns. The location was picked by experts from the Oregon Agricultural College and a tract was selected. A capable man from the college will be placed in charge and soil problems of the incense and soil problems of the interior will be solved. Proper dry farming methods will be shown and the station will serve as a nucleus for a number of other experimental farms throughout Harney county. Later it is hoped others will be established in Eastern Oregon.

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**DECIDE.**  
Decide, the Percheron stallion, well known in Gresham and vicinity, will make the season as follows:  
Monday, at livery barn at Sandy.  
Tuesday, at E. F. Donahue's barn, Boring.  
Wednesday, till Thursday noon, at Straus Lumber Co.'s yard Gresham.  
Friday and Saturday, W. A. Proctor's at Cottrell.  
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**NOTICE FOR PUBLICATION.**  
In the County Court of the State of Oregon for Multnomah County.  
In the Matter of the Adoption of Katherine Henry, a minor child.  
To the Honorable T. J. Cleeton, Judge of the above entitled court:  
Your petitioners, Chas. K. Henry and Eugenia Henry, respectfully show:  
I. That they are husband and wife and are citizens of the United States and are now and for many years past have been residents of the City of Portland, in the State of Oregon.  
II. That since the day of June, 1911, petitioners have had possession and custody of a female infant which they have named Katherine Henry and are desirous of adopting the same as their child, to be known as and named Katherine Henry.  
III. That said child has no living legal father, and the mother of said child surrendered it to these petitioners and has relinquished to them all her right to it, and has voluntarily executed a written surrender and relinquishment of said child to these petitioners, and by a writing duly acknowledged has consented and does consent that it may be adopted by them as their child.  
IV. That said written relinquishment and consent is substantially as follows: "I am twenty-two years of age and a resident of Portland, Oregon, and am the mother of the female child who was born at Portland, Oregon, on the 18th day of May, 1911, and is now in the care and custody of Chas. K. Henry and Eugenia Henry, his wife, in Portland, Oregon."  
That said Chas. K. Henry and Eugenia Henry are desirous of adopting said child as their own and I hereby consent to such adoption of said child by Chas. K. Henry and Eugenia Henry, his wife, as their child, and I hereby accept and admit due and legal service within Multnomah County of the petition for such adoption of said child to be filed herewith by said Chas. K. Henry and Eugenia Henry, in the County Court of the State of Oregon for Multnomah County, and hereby enter my appearance as the mother of said child, in said proceeding, and consent to the entry of a decree by said court ordering that said child shall be, and to all legal intents and purposes, the child of said Chas. K. Henry and Eugenia Henry from and after the date thereof, hereby expressly waiving and relinquishing forever all my right as the natural mother of said child to them."  
That the original of said writing dated the 17th day of June, A. D. 1911, duly signed, sworn to and acknowledged by the mother of said child is now submitted as a part of this petition and is filed herewith, and by this reference is hereby made a part of this petition.  
V. That petitioners are of sufficient ability and have ample means to bring up said child and furnish her suitable nurture and education and a good home.  
Wherefore petitioners pray for an order and decree as follows:  
First. Directing publication of this petition once each week for at least three successive weeks in the "Gresham Outlook," a newspaper printed in Multnomah County, State of Oregon.  
Second. Appointing a time for the hearing on this petition;  
Third. That upon final hearing of this petition a decree be entered setting forth the facts as they may appear, and ordering that from the date of such decree said child shall to all legal intents and purposes be and remain the child of these petitioners, and be known and called by the name of Katherine Henry.  
BAUER & GREENE,  
Attorneys for Petitioners.

State of Oregon, Multnomah County, ss.  
I, Chas. K. Henry, and I, Eugenia Henry, being first duly sworn, each for himself, and not one for the other, say that I am one of the petitioners above named; that the foregoing petition is true as I verily believe, and that I do hereby consent to the adoption of the minor child named and described in said petition.  
CHARLES K. HENRY.  
EUGENIA HENRY.  
Subscribed and sworn to before me this 17th day of June, 1911.  
[Notarial Seal]  
THOMAS G. GREENE,  
Notary Public for Oregon.

In the County Court of the State of Oregon for Multnomah County.  
In the Matter of the Adoption of Katherine Henry, a minor child.  
On reading and filing the petition of Charles K. Henry and Eugenia Henry, husband and wife, for the adoption of a minor child and the written consent thereto and relinquishment by the mother of said child to said petitioners, it is Ordered that the hearing on said petition be and the same is hereby fixed and appointed for Thursday, the 10th day of August, 1911, at the hour of 9:30 o'clock a. m., before this court at the County Court House in the City of Portland, Multnomah County, Oregon.  
And it is further ordered that said petition be published once each week for three successive weeks in the Gresham Outlook, a weekly newspaper of general circulation printed and published at Gresham, in Multnomah County, State of Oregon, beginning with the issue of Tuesday, June 29, 1911 and ending with the issue of Tuesday, July 11, 1911.  
Done in open court this 19th day of June, 1911.  
T. J. CLEETON,  
County Judge.  
First publication June 29, 1911  
Last publication July 11, 1911

**WELCHES.**

Wm. Welch is prepared to properly celebrate the Fourth of July with a grand dinner followed in the evening by fireworks and a social dance, given by Mr. Welch in his dancing pavillion. Each and every one are expected to help the joyous occasion along by enjoying themselves to the fullest extent possible.  
The country in and around Welches is on the boom. Fancy prices are being paid for lots for building purposes, for summer cottages and as a general summer resort the climate, scenery and the abundance of wild game, trout, huckleberries and blackberries, can't be beat. People from outside places are buying lots and building nice cottages so as to be ready to use the new Mt. Hood railway as soon as the road is completed through and up into this part of the country. There are Maulding's townsites, Welches or Deer Park; Saratoga, Brightwood, as well as other places nearby that are being platted into from quarter acre to 5-acre plots. The country is generally settling up and many improvements are being made on homesteads and farms all over this district.  
John Roberts and son have built a substantial wire fence around their tract near Deer Park at Welches.  
A great number of autos are expected on the 4th at the different hotels. Nearly all the rooms at these popular hotels have been engaged for from one day to one month at about this date.  
Mr. Tawney and son have improved the road between Welches and their place by grading and fills so that autos may pass over the road nicely.  
Mrs. Waterman and Miss Abernathy made a trip to Portland last week and expect to spend several weeks in the city. Miss Abernathy will commute on her homestead if possible so that she can go ahead and improve her property and not have to make a continual residence on the same.

**The Machine and the Man**

[Extracts from an article by Dr. W. C. Belt prepared for the Pacific Logging Congress at Vancouver, Washington.]  
Napoleon once said, "An army moves on its belly;" this is equally true of an industrial army. The old adage, that the way to man's heart is through his stomach is as equally applicable to the logging camp as to the home.  
I hold no brief for the food faddists. Though the combined experience of the human race has taught man, within certain limits, his proper food and how to balance it, yet I do believe that the aid of the chemical laboratory would reduce the cost of feeding your men 10 per cent and increase their efficiency 15 per cent.  
The existence in a food of certain chemical elements does not necessarily imply nutritive value. The chemical laboratory cannot prove everything. Spruce sawdust contains as many elements of nutrition as does good wheat flour, which is more than can be said for the average breakfast food. It might interest the timbermen to know that over \$100,000 worth of timber products are sold in New York every year as food.  
Besides nutritive value, food must possess digestibility, palatability and purity.  
Cow beef may be purchased for several cents a pound less than the meat of prime steers; but in buying it you are losing over three cents a pound in food value, for much of the nutritive value of the cow has already been manufactured into milk. You may be saving two cents a pound on beef but I doubt it. You may have a contract calling for the meat of prime steers but a butcher that is onto his business can so disguise things that it took me a couple of years' residence in a slaughter house town to get onto the system. The butcher is not the only man who does things to the logger; there is the grocer and the commission man and even the innocent farmer.  
Man's commercial instinct leads him to err and I think that the logger gets a little worse deal than other men. One reason is that only now is logging becoming a systemized profession, the other is the ancient belief as to the invulnerability of the logger's stomach.  
It would be a matter of presumption on my part to lay out a diet list for your men as I might for a sick baby. They would feel that as long as they were paying for their food they were entitled to eat what they want. All I can do is to point out a few of the leaks in the prevailing system and advise you what to do. For one thing this Western climate does not require that men should eat so much meat and fat and potatoes, but rather tomatoes, fresh vegetables, fruits and sugars. It would be a real economy on your

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part (for men would not clog their systems with a one-sided ration) if you would place on your dining tables a few pounds of cadies, nuts, raisins and fruits. Besides this it would change the dining table from a grub heap to be grabbed for to a banquet board. The optical pleasure would lead the men to reserve a little corner in their internal economy for the treat that was to come. Furthermore, as I have so often reiterated, the man who eats plenty of sugar in the form of fruit or candy is seldom consumed with a desire for liquor.  
It is estimated that one-third a man's income is spent for food. One third of this amount would purchase the absolutely necessary nutrition, the other two-thirds should represent palatability, flavor and fixing, but as a matter of fact they more frequently represent the middleman's commission.  
Many camps have installed hospitals for the care of their sick or have farmed out contracts to hospitals in the larger cities, but this does not meet the full measure of your obligation to your men or to yourselves. Medical science is ninety times as efficient in preventing disease as it is in curing it; it is eighty times as efficient in surgery in taking that stitch in time that saves nine. Many a cut in the logging camp, trivial, had it received prompt attention, has developed into a fatal case of blood poisoning, ere the weary miles are crossed to the nearest hospital. In the severest injuries the greatest danger is from shock and a man should be kept as quiet as possible and stimulated until at least the first thirty-six hours are passed. How many badly injured men have died from the hustling to the hospital.  
The doctors need to be educated as well as do the cooks. This is not any job for a boy, although I remember as an undergraduate in Toronto, going to the Northern woods to gain my first experience in a logging camp. For myself the experience was very valuable but it was rather tough on the loggers. If you are only getting about 75 per cent maximum efficiency out of your men and about 40 to 60 per cent efficiency out of your cooks; the fact remains that the man who gives the least efficiency is your doctor. Why not utilize his knowledge of preventive medicine and obtain that 80 or 90 per cent of good that you are not getting? Every camp that can possibly afford to should have a resident doctor and a hospital. The doctor should have had sufficient experience to meet emergencies likely to arise and should be as well qualified in sanitary science as an army surgeon. Make him the health officer of the camp; let him inspect your food, inspect your stinks and look after your water supply and your toilets. He should also instruct your men in elementary hygiene and first aid to the injured. The personal education also centers into this. The men would realize that you take a personal interest in their welfare.  
Thousands of dollars are being spent on this Pacific Coast in seeing that no rats get ashore from ships coming from the Orient, for fear of the bubonic plague. Yet it is not the rats that carry the plague but the fleas on the rats. The loggers and squirrels of California may be equally interested. One of the most reprehensible of customs is that of a man carrying his blankets. It is filthy, unsanitary and absolutely dangerous. Smallpox from Mexico, fleas from Texas and bulldog mosquitoes from Alaska are carried in these packs, which serve as incubators.  
It is the old story of an ounce of prevention being worth a pound of cure. It is cheaper to keep an engine in repair than to allow repairs to become necessary; it is cheaper to keep a man in good working condition than to pay hospital bills and employment office fees.

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