

Heppner MS Walk

-Continued from PAGE ONE

getting the word out" was fun. There were notices for the Heppner MS Walk on social media and three stories for the local paper, including an article thanking the community on the success of the walk—with pictures of participants and events. I spoke of the walk and the disease at the weekly senior lunch, a couple of churches, and at city council meetings in the area. During the last month before the walk, I wore an MS t-shirt everyday as a reminder to people.

Advice to others
Next year I hope to make more contacts and use more volunteers. The article for the local newspaper will also be sent to the regional paper. Hopefully, we can speak to more churches and other civic groups. Lastly, we can send letters to the churches to include in their newsletters.

The Heppner MS Walk has gone quite well in the years since COVID-19. We started out small but are growing each year. The first year we had only a dozen or so walkers. This year, we had about 45 walkers. This group fluctuated throughout the morning. Some started with everyone, some met up along the way as the morning went on. Some may have just taken the short route to brunch. Regardless of the route choice, everyone had a good time. People saw friends they hadn't seen for a while, and some made new friends along the way.

I would like help in getting the Heppner MS Walk to reach more people; more social media posts, more ideas and help for after the walk, which I am hoping results in more contributions. It is difficult to do this myself, as you know, warriors have limited time.

Are there others you'd like to thank?

I have many to thank. I want to thank everyone who showed up, donated, or gave encouragement. I would also like to thank Merilee McDowell for starting the Heppner MS Walk 27 years ago. Others I'd like to specifically call out who helped this year include Bucknam's Tavern for brunch and a nice place to cool down, Steve and Tia Egbers for displaying information and "swag," Dale Bates for the photography, and Dan for being the rescue driver for the people who were unable to finish the walk.

If you live in a small, rural area, you can make a difference. Around \$5,000 was collected from this small population, which is amazing! This may be a small walk, but it made a difference in many lives.

I don't host the Heppner MS Walk for myself. When a cure is discovered, I might be too old for it to do me any good. I host this walk for younger people with MS. Warriors need hope that there may be something to make their lives easier.

Heppner Chamber to Hold Quarterly Luncheon

The Heppner Chamber of Commerce quarterly chamber luncheon will take place April 10 at 12 p.m. at the Willow Street Innovation Hub. Lunch is \$15 and will be catered by Broken Spoke.

Those planning on attending are asked to register at <https://heppnerchamber.jagsuitesite.com/events/136/136-april-10th-quarterly-member-luncheon>

Morrow County School District will be sharing a bond presentation on ballot measure 25-104.

MCSO Superintendent Matt Combe, Business

Manager Gabe Hansen and Maintenance Coordinator/HR Assistant Brandi Sweeney will share facts about the bond, including the issues within their facilities, the cost for taxpayers, who will pay for the bond and the selected projects that will be addressed if the bond passes.

They say they are excited to share this information and answer questions or concerns. Their website is a great source of information, so please visit mcsdbond.org for more information.

Anyone with questions, please email heppnerchamber@gmail.com.

Assistance programs visit Heppner

Area residents will get some much-needed help navigating assistance programs at the monthly seniors' luncheon April 1.

The state of Oregon, through the Oregon Department of Human Services (ODHS) and the Community Action Program of East Central Oregon (CAPECO), offers various programs aimed at assisting residents with food, housing, employment, energy, long-term care, Medicare and more. However, it can sometimes be a challenge to find the right program or navigate the process.

To help address this, ODHS and CAPECO have teamed up with South Morrow County Seniors Matter to bring program represen-

tatives directly to Heppner.

They will be at Tuesday, April 1, senior lunch. Afterward, from 12:30 to 2:30 p.m., representatives will be in the lobby of St. Patrick's Apartments (190 N Main St., Heppner) to provide answers to questions and help residents access the resources they need. This service is for all residents, not just older adults.

While eligibility requirements do apply and individuals may not be able to sign up for programs on the spot, the representatives will assist in guiding people through the process and help them understand what programs they may qualify for.

May 20, 2025 candidate list

-Continued from PAGE ONE

Irrigon Rural Fire District

Position #1 Tom Arbuckle
Position #1 Evan Purves
Position #3 Joey Munkers
Position #3 Bob Vandecar
Position #4 Scott Ezell
Position #5 Stephen Henthorn
Position #5 Paul Martin

Heppner Rural Fire Protection District

At Large Michael Mahoney
At Large Eric Orem
At Large Brian Thompson
Boardman Fire & Rescue District
At Large Lisa Pratt
At Large James Ratzlaff
At Large Stan Chaffin

Irrigon Cemetery Maintenance District

At Large David Cooley
Heppner Cemetery District
At Large Janet Greenup
At Large Gerry Arnson
Port of Morrow

Position #1 Rick Stokoe
Position #1 J. Fletcher Hobbs
Position #1 Heather Bishop
Position #2 Danny Kerns
Position #2 Raymond Seastone
Position #3 Joel R. Peterson
Position #3 Abe McNamee

Ione Library District

At Large Debra Campbell
At Large Margo Sherer
At Large Elizabeth Peterson

Boardman Park & Recreation District

At Large Norma Ayala
At Large John Michael Christy

Irrigon Park & Recreation District

Position #4 Glenn Maret
Position #5 Kent Heidt

Willow Creek Park District

At Large Mekayla Haguewood
Willow Creek Water

Park District

At Large Julie Proctor Baker
At Large Meghan Golden

Morrow County Unified Recreation District

Zone 1 Robert Byrd
Zone 2 Rick Stokoe
Void Stan Chaffin

Boardman Cemetery District

At Large Karen Pettigrew
At Large Brenda Connell
Oregon Trail Library District

Position #3 Stephanie Case
Position #4 Monica Coleman
Position #5 William Kuhn
Morrow County Health District

Position #1 Scott Ezell
Position #1 Annetta Spicer
Position #2 Diane Kilkenny
Position #2 Russ Nichols
Position #2 Molly Rhea
Position #3 Janet Greenup
Position #3 Donna Rietmann
Position #4 Laura Torres
Position #4 Jason Hanna
Position #4 Raymond Seastone

Morrow SWCD to meet

Morrow Soil and Water Conservation District (SWCD) will meet Tuesday, April 1, at 6 p.m. at the Ag Service Center in Heppner.

To join via Zoom or

conference call, please contact the SWCD beforehand at 541-676-5452.

Meetings of the Morrow SWCD are open to the public.

Great Green Parade Winners Announced

The Heppner Chamber of Commerce has announced the winners of this year's Great Green Parade, recognizing the creativity and spirit of the community. The event, which celebrated Irish culture and local pride, saw a fantastic turnout and an array of impressive entries.

The winners in the various categories are as follows:

Irish Themed Business: Element Dance
Irish Themed Non-Business: Greenup

Family Antique & Custom Vehicle: Alex Brogoitti – 1955 Chevy Pickup


Individual Participant: Dr. Michael Desjardin

The Heppner Chamber of Commerce extends their congratulations to all the winners and participants who made the parade a memorable success. Their dedication and enthusiasm brought the community together in celebration of Irish heritage and local talent.

WWW.HEPPNER.NET
 SUBMIT NEWS, ADVERTISING & ANNOUNCEMENTS
 LETTERS TO THE EDITOR
 SEND US PHOTOS
 START A NEW SUBSCRIPTION

Kandy Boyd, Thank You for 20 years of outstanding service!

March 28th marks Kandy's Boyd's 20-year anniversary working in the Morrow County's Clerk's Office.



I feel so lucky to have had the opportunity to work with you over the last two decades. You continue to review all the legislative changes and updates that seem to happen much too often, in elections, you make the Clerk's office run so well, you are a great team player. Kandy is that person that will go the extra mile to help anyone that calls or comes into the office.

The patience and thoughtfulness she has with everyone has made her so very valuable to Morrow County, and my office! Elections are not always easy to understand, but Kandy will try to make it as painless as possible. Thank you, Kandy, for the last 20 years! I couldn't run the office without your continued support and help all these years.

If you see Kandy be sure to tell her congratulations on her milestone. I wish there were more Kandy's in this world! Thank you for being the best coworker ever!

Bobbi Childers Morrow County Clerk

Upcoming Events

Ladies Night - April 3rd, ER Donald Matthews and Shelby will be preparing Teriyaki Chicken and Pork Fried Rice

Fisherman's Night - April 17th - Oysters and Catfish Dinner starting at 6pm Lodge 8pm


Easter Egg Hunt - April 19th at the Fairgrounds

Lodge Hours:
 Wed 4pm to close with dinner at 6pm
 Thurs 4pm to close (Lodge at 8pm)
 Fri & Sat 4pm to close with dinner from 5pm to 8pm off the menu




HEPPNER ELKS 358
 676-9181 "Where Friends Meet" 142 North Main

Members and their Guest



SOUTH MORROW CO
SENIORS MATTER



VETERAN'S LUNCHEON

April 9, May 14, June 11, 2025

12 pm, St Pats Dining Room

190 Main St. Heppner

CONNECT WITH OTHER VETS

TALK WITH MORROW CO VETERAN'S SERVICE OFFICER

UP-TO-DATE INFO ON VALUABLE RESOURCES

AND ENJOY A FREE LUNCHEON

NO RESERVATION NEEDED