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of the City of Heppner and the County of Morrow

Heppner
GAZETTE-TIMES
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Cindi Doherty.....Advertising

All News and Advertising Deadline is Monday at 5 p.m.
For Advertising: advertising deadline is Monday at 5 p.m. Cost for a display ad is \$5.50 per column inch. Cost for classified ad is 50¢ per word. Cost for Card of Thanks is \$15 up to 100 words. Cost for a classified display ad is \$6.00 per column inch.
For Public/Legal Notices: public/legal notices deadline is Monday at 5 p.m. Dates for publication must be specified. Affidavits must be requested at the time of submission. Affidavits require three weeks to process after last date of publication (a sooner return date must be specified if required).
For Obituaries: Obituaries are published in the Heppner GT at no charge and are edited to meet news guidelines. Families wishing to include information not included in the guidelines or who wish to have the obituary written in a certain way must purchase advertising space for the obituary.
For Letters to the Editor: Letters to the Editor MUST be signed by the author. The Heppner GT will not publish unsigned letters. All letters MUST include the author's address and phone number for use by the GT office. The GT reserves the right to edit letters. The GT is not responsible for accuracy of statements made in letters. Any letters expressing thanks will be placed in the classifieds under "Card of Thanks" at a cost of \$15

Obituaries

Dallas Albert Rea



Dallas Albert Rea passed away June 9, 2024, at Portland, Oregon at the age of 83. A Celebration of Life will be held at 4 p.m. Thursday, June 27, 2024, at the Heppner Elks Lodge.

He was born in Heppner, the fourth child of seven born to Clell and Norma Rea.

Dallas and Carol Ann Palmer were married on August 25, 1963. The couple had two daughters Janell and Dyan.

He worked for Highland Machinery in Condon and Pioneer Implement in Hermiston as a John Deere Mechanic and Equipment Salesman until the trucking bug hit. He purchased his

first truck and went to work hauling farm commodities from mint root to field corn. He hauled wheat direct from farm storage and elevators for the local farmers in Morrow County until the age of 81.

Dallas enjoyed time in the mountains, especially riding in his Polaris Side by Side with friends and members of the Hermiston FunRunners, of which he was a founding member.

Survivors include his daughters Janell Hasenbank (Ken) and Dyan Rea, two grandchildren, six great grandchildren and brothers Keith Rea and Frances Rea.

Dallas was preceded in death by wife, Carol Ann, parents, Clell and Norma, brothers, Richard, Gerald, John and a sister Katherine Martin.

Donations may be made to the Heppner Elks Lodge #358, PO Box 494, Heppner, OR 97836.

Sweeney Mortuary is in care of arrangements. You may sign the online condolence book at www.sweeneymortuary.com

Bonnie L. Paullus



Bonnie L. Paullus was born in Prairie City, Oregon on February 11, 1947. She was raised on the Middle Fork of the John Day River near Bates, Oregon. Her birth parents were Connie L. and Kenneth S. Hallanger. She and her older brother Kenneth Maynard were adopted in July 1952 by their grandparents Lillian L. and John C. Gates.

Bonnie was a loving mother of her son Kenneth (Kenny) D. Graves who preceded her in death on March 17, 2006. Kenny was engaged to Renee Kuehner at the time of his death. Bonnie kept a close connection with Renee and considered her a daughter.

Bonnie and Kenny made many memories. They traveled to Alaska and worked. This is where Bonnie became very connected and loved the Annual Iditarod Trail Sled Dog Race. She collected many memorabilia of the event.

Bonnie and Kenny also traveled to Hawaii. Bonnie enjoyed any time spent in the mountains driving around looking for wildlife and what the mountains had to offer.

Bonnie was a dedicated hard worker. In fact, she could outwork most men. Her final occupation was working as a heavy equipment operator. She drove trucks and could operate about any piece of road construction equipment. She was proud to be a Teamster. She was a member of the Teamsters, Local 839 of Pasco, Washington. Prior to that, it was not uncommon to find her in a kitchen, making delicious dishes and meals of all sorts. She did office work and worked in a leather shop. Bonnie was known for her lovely leatherwork. She made many belts, purses, wallets, sitting stools, and a handful of beautiful saddles. Her creativity was also in pottery, many vases, mugs, and figurines can be found with her signature.

Bonnie passed away in Sumpter, Oregon on May 17, 2024. Bonnie was preceded in death by her mother Connie Lucille (Lloyd) Petty, and her birth father Kenneth S. (Veda) Hallanger. Adopted parents Lillian L. and John C. Gates, son Kenneth D. Graves, brother Kenneth M. Gates. Those who will miss her daily are Melissa (Mike) Towers and

Obituaries

Melanie Gates. She has many great nieces and great nephews, Lacey (Derrick) Peasley, Cody Towers, Joslynn (Jake) Gregory, Tarin, and Kenneth Troxell. She is also survived by a sister Rita Woolsey, a granddaughter Sami Graves, and many family members and friends. Some special friends include Linda Wise and Kathy Whitesell of Sumpter, Oregon.

Services will be held at St. Brigid's in the Pines Church, 284 Auburn St., Sumpter, Oregon on Saturday, June 22, 2024, at 11:00 a.m. For those who would like to make a donation in memory of Bonnie, the family suggests the Sumpter Volunteer Fire Department or the Iditarod Trail Committee through Tami's Pine Valley Funeral Home & Cremation Services PO Box 543 Halfway, Oregon 97834. Online condolences may be shared at www.tamispinevalleyfuneralhome.com

Death Notice

Raymond E. Peck

Raymond E. "Ray" Peck was born on June 30, 1950, in Heppner, Oregon. He died on June 12, 2024, at his home in Ione, Oregon at the age of 73 years. A family celebration of life will be held. Please share memories of Ray with his family at burnsmortuaryhermiston.com. Burns Mortuary of Hermiston, Oregon is in care of arrangements.

Steve A. Marlatt

Steve A. Marlatt, 63, of Lexington, died Sunday, June 16, 2024 at a Richland hospital. He was born May 5, 1961. Sweeney Mortuary is in care of arrangements.

YOLOs chair exercise classes at the Senior Center



Seniors at the St. Patricks Senior Center participating in the chair exercise class. - Photo by Jackie Allman

Tuesdays and Thursdays at the YOLO Senior Center (St Patrick's Building Dining Room) have become a beacon of fitness and fun, thanks to the tremendous success of the chair exercise classes. This dynamic program has captured the hearts of many, bringing in a remarkable turnout week after week. The surge in attendance is a testament to the class's engaging format and the infectious energy of its instructor Deb Green.

If you're looking for a beginning fitness journey, the Tuesday/Thursday classes at the YOLO center offer a great chance to get started. With the 8:30 am chair exercise classes leading the charge, the YOLO Senior Center has become synonymous with health, wellness, and an unbeatable sense of community.

This chair exercise class is designed for beginners although some have reported that it is great for a seasoned workout buff also. Some have reported losing weight and better mobility after taking the class. The atmosphere is stimulating, with participants feeding off each other's enthusiasm,

creating a supportive and exhilarating environment.

One of the most remarkable aspects of these Tuesday/Thursday classes is the sense of community they foster. Participants often arrive early and stay late, engaging in friendly chats and forming new friendships. The communal spirit enhances the overall experience, making each class something to look forward to.

Whether you're a fitness enthusiast or someone just starting their fitness journey, the Tuesday/Thursday classes at the YOLO Senior Center offer something for everyone.

Some of the other classes offered are support groups, games, crafts, educational opportunities, and excursions. And don't forget to come for the social hour with free coffee and donuts. And if you are interested in teaching and sharing a talent you enjoy, please discuss it with Deb.

So, don't miss out on the fun—Classes are free for Seniors so come join us next Tuesday/Thursday and be part of this incredible fitness movement. After all, You Only Live Once!

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146 N Main Street Heppner 541-676-5274

Lunch & Dinner Menu
Specials 6/20- 6/26

Thursday - Reuben and Mac n cheese
Friday - Tuna melt with side salad
Saturday - Grill Turkey & Swiss with cottage cheese
Monday - SW grilled chicken salad
Tuesday - Turkey bacon, cucumber salad
Tuesday night 6-9 pm \$hard shell tacos
Wednesday - 1/2 biscuit and gravy, hashbrowns, 2 eggs

Spiritually Speaking
Father Thankachan Joseph



Quiet now! Be calm

This Sunday's readings invite us to be still and know that He is with us, instead of panicking in some situations. There is hardly a single day in life in which one worry or another does not affect us, either in our own lives or in the lives of people dear to us. The list of trials in life is a long one: sickness, anxiety about the necessities of life, loss of material goods, dissension within the family, unjust persecution, public calamities, etc. Last Sunday we were all worried about the missing child. The whole town was actually part of that family in their anxieties and search for the child. We all encounter storms of various kinds during our lives. Every storm severely tests our faith in God. Though we turn to God during the storm, at the same time we often doubt Him. Christ was present with His disciples in the midst of every storm they faced. He is also present with us in storms that we battle.

Today's first reading from the Book of Job (38:1, 8-1) contains the story of a wealthy and pious person, Job. His life was suddenly turned upside down by tragedy: his sons and daughters died, his possessions vanished, and to top it all, a repugnant skin disease covered his body from head to foot. Job complains to God: Is it right that an honest person like him should be afflicted by so much suffering? Three friends, and later a fourth one, try to convince Job that he cannot be as innocent as he claims to be, or else God would not have punished him the way He has. The Lord answers Job out of a whirlwind. God is the One who governs His creation and sets the boundaries for the operation of nature. He is in total control of all things. There is a sense of order in nature that is related to God's knowledge and wisdom.

In 2020, when the world was in the initial days of COVID-19, Pope Francis used this particular passage in the Gospel of Mark (4:40) to impart courage and hope to the people of Europe and America as the pandemic was taking away many lives: "Why are you so frightened? Have you still no faith?" These particular words of Christ call us for real trust in the Lord. The episode of the storm in the lake, narrated in the Gospel of Mark (4:35-41), should help us discover God's plans of love for us in every trial and His readiness to help.

Trust in God: This is the message of the Gospel. What saved the disciples from shipwreck was taking Jesus in the boat before beginning the crossing. (In the past, when a storm was unleashed in the sea, seafarers used to pour oil on the waves to calm them.) This is also for us the best guarantee against the storms of life: to take Jesus with us. The means with which to take Jesus in the boat of one's life and of one's family are faith, prayer, and observance of the commandments. On the waves of fear and anxiety, we must put trust in God.

The story of Jesus calming the Sea of Galilee is also an eye-opener for all of us. Unfortunately, storms that rage within us cannot be cured by us. It takes the power of God's love, as revealed in Jesus Christ. He is our only hope of stilling the tempests that can harm our souls and cripple our lives. That is what the disciples learned on the Sea of Galilee. They thought the danger lay outside the boat. They would soon learn that the real danger lay within the boat, within their own hearts. In a word, they lacked faith. And without faith, their lives were at risk in the storms that would inevitably come. So, what can we learn from this boat ride in the storm? 1. Storms Come Suddenly. 2. Storms Can Make You Lose Direction. 3. Fear of a Storm Has the Power to Paralyze. When we come across these sorts of storms, we need to pay attention to the words of Christ: "Quiet now! Be calm" and place trust in Lord Jesus for His help and protection. Wake up the Lord as the disciples did, "Teacher, do you not care that we are perishing?" He woke up and rebuked the sea and the storm. Similarly, we need to wake up the Lord through prayer and dialogue with Him.

Homemade
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