

Morrow County students take top spots in middle school meet

Morrow County School District middle school students participated in the UMMSAA Championship Meet Last Thursday, May 4, at Riverside Jr./Sr. High School in Boardman.

The Heppner women placed first in the field of nine teams, with Irrigon fourth and Riverside seventh.

In the men's events, Riverside placed third as a team, with Irrigon sixth and Heppner seventh.

Individually, it was a good meet for athletes from the three MCSD schools.

For the women, Heppner's Healy Hisler placed first in the 100-meter, 400-meter and long jump, while Heppner's old SMR relay team of Catherine Lindsay, Brooklyn Hendricks, Ashli Paullus and Healy Hisler placed first in the 100-100-200-400m.

Heppner's Brooklyn Hendricks clinched first in the 1500- and 3000-meter races. Heppner's Claire Lindsay took first in javelin, and Natalie Piper of Heppner placed first in high jump.

First place in the 4x200 relay went to the Irrigon team of Joselyn Cardenas, Sheylah Briones, Miranda Miranda and Jennifer Armenta. Valeria Sanchez of Irrigon placed first in the 200-meter and Leiliana Lissman of Riverside placed first in the 800-meter.

On the men's side, Jeremias Calvillo of Riverside placed first in the 100-meter and long jump, while Irrigon's Victor Magallon placed first in the 200-meter. Eric Pullen of Riverside was first in the 3000-meter, Brody Parrish of Irrigon placed first in the 100m hurdles, and Riverside's 4x100 relay team of Francisco Jimenez, Alexis Amaya, Samuel Lopez, Jeremias Calvillo took first in their event.

Full stats for the top 10 in each event were:

Mens Results
100 Meters Middle School
 1. Jeremias Calvillo, 12.75aPR Riverside
 2. Victor Magallon, 12.84aPR Irrigon
 3. Brody Parrish, 12.84aPR Irrigon
 4. Francisco Jimenez, 13.08aPR Riverside
 5. Alexis Amaya, 13.19aPR Riverside
 6. Matthew Cole, 13.22aPR Irrigon
 7. Samuel Lopez, 13.34aPR Riverside
200 Meters Middle School
 1. Victor Magallon, 26.47a Irrigon
 2. Brody Parrish, 27.19a Irrigon
 3. Francisco Jimenez, 27.22a Riverside
 4. Samuel Lopez, 27.87a Riverside
400 Meters Middle School
 1. Jeremias Calvillo, 1:00.83aPR Riverside
 3. Brody Parrish, 1:01.61a Irrigon
 6. Pablo Cisneros, 1:07.78a Riverside
800 Meters Middle School
 6. Olson Anderson,

3:10.00a Heppner
 10. Axton Hendricks, 3:17.71a Heppner
1500 Meters Middle School
 3. Lincoln Ellsworth, 5:43.50a Heppner
 4. Jaime Calvillo, 5:48.38a Riverside
 6. Zachery Christian, 5:57.25a Heppner
 7. Olson Anderson, 6:05.01aSR Heppner
3000 Meters Middle School
 1. Eric Pullen, 10:55.97aPR Riverside
 2. Lincoln Ellsworth, 12:47.67aPR Heppner
 4. Zachery Christian, 13:30.29aPR Heppner
100m Hurdles - 30" Middle School
 1. Brody Parrish, 16.83aPR Irrigon
 3. Matthew Cole, 20.86aPR Irrigon
 5. Cole Sullivan, 23.26a Irrigon
 6. Salvador Zepeda, 25.80a Irrigon
300m Hurdles - 30" Middle School
 2. Lincoln Ellsworth, 59.17aPR Heppner
4x100 Relay Middle School
 1. Francisco Jimenez, Alexis Amaya, Samuel Lopez, Jeremias Calvillo, 51.61a Riverside - A
Shot Put - 8lb Middle School
 4. Alexis Amaya, 31' 8.25 Riverside
Discus - 1kg Middle School
 5. Kooper Miller, 83' 6PR Heppner
 9. Osvaldo Murguia, 75' 10PR Riverside
Javelin - 300g TJ Middle School
 8. Osvaldo Murguia, 80' 4PR Riverside
High Jump Middle School
 5. Eric Pullen, 4' 4 Riverside
Long Jump Middle School
 1. Jeremias Calvillo, 16' 5.5PR Riverside
 4. Pablo Cisneros, 15' 4PR Riverside
 7. Juan Flores, 14' 10PR Riverside
 8. Samuel Lopez, 14' 9.5 Riverside
Triple Jump Middle School
 2. Lincoln Ellsworth, 31' 9PR Heppner

Women's Results
100 Meters Middle School
 1. Healy Hisler, 14.02a Heppner
 3. Valeria Sanchez, 14.51a Irrigon
 4. Lexi Covarrubia, 14.75a Irrigon
 8. Samantha Torres, 15.09aPR Riverside
 10. Izabella Sloan, 15.28a Irrigon
200 Meters Middle School
 1. Valeria Sanchez, 30.83a Irrigon
 2. Catherine Lindsay, 31.24aPR Heppner
 4. Claire Mueller, 31.79a Irrigon
 6. Natalie Velasco, 32.28aPR Riverside
 7. Andrea Guzman Madri..., 32.30a Riverside
400 Meters Middle School
 1. Healy Hisler, 1:07.22a Heppner
 3. Catherine Lindsay, 1:11.90a Heppner
 4. Claire Mueller, 1:12.38a Irrigon

Irrigon
 7. Claire Lindsay, 1:16.17aPR Heppner
 9. Lakelie Thompson, 1:21.14a Heppner
800 Meters Middle School
 1. Leiliana Lissman, 2:43.51aPR Riverside
 2. Mikalie Duncan, 2:59.89aPR Heppner
1500 Meters Middle School
 1. Brooklyn Hendricks, 6:04.51a Heppner
 8. Lita Nelson, 8:30.03a Heppner
3000 Meters Middle School
 1. Brooklyn Hendricks, 13:29.79aPR Heppner
 2. Mikalie Duncan, 13:31.77aPR Heppner
100m Hurdles - 30" Middle School
 2. Leiliana Lissman, 18.39aPR Riverside
 4. Giselle Sala Resend, 21.52aPR Irrigon
4x100 Relay Middle School
 3. Valeria Sanchez, Giselle Sala Resendiz, Claire Mueller, Lexi Covarrubia, 58.86a Irrigon - A
 6. Lexi Flores, Joselyn Cardenas, Miranda Miranda, Isabelle Gutierrez, 1:02.89a Irrigon - B
 10. Ashley Villanueva, Izabella Sloan, Haylie Amos, Emma Macomber, 1:05.50a Irrigon - C
4x200 Relay Middle School
 1. Joselyn Cardenas, Sheylah Briones, Miranda Miranda, Jennifer Armenta, 2:17.90a Irrigon - A
old SMR 100-100-200-400m Middle School
 1. Catherine Lindsay, Brooklyn Hendricks, Ashli Paullus, Healy Hisler, 2:12.96a Heppner - A
Shot Put - 6lb Middle School
 3. Miranda Miranda, 27' 6PR Irrigon
 4. Brooklynn Locey, 27' 3.5 Irrigon
 10. Rebecca Wiltberger, 25' 3SR Riverside
 10. Natalie Velasco, 25' 3PR Riverside
Discus Middle School
 3. Rebecca Wiltberger, 64' 3.5 Riverside
 5. Yelena Garibay, 59' 1 Irrigon
 6. Brooklynn Locey, 57' 7 Irrigon
 9. Shianne Claussen, 55' 2 Irrigon
Javelin - 300g TJ Middle School
 1. Claire Lindsay, 94' 5PR Heppner
 2. Juliah Williams, 69' 1.5 Riverside
 5. Lexi Flores, 63' 2PR Irrigon
 10. Shianne Claussen, 59' 10PR Irrigon
High Jump Middle School
 1. Natalie Piper, 4' 2 Heppner
 2. Catherine Lindsay, 4' 0 Heppner
 5. Samantha Torres, 3' 8 Riverside
Long Jump Middle School
 1. Healy Hisler, 13' 8.5 Heppner
 6. Samantha Torres, 12' 4.75 Riverside
 8. Natalie Piper, 12' 3.75PR Heppner
 9. Lexi Covarrubia, 12' 2.5PR Irrigon
 10. Claire Mueller, 12' 1.5 Irrigon

Type O negative blood donors needed for emergencies

Red Cross in Heppner this Thursday

When every second counts, blood products can provide lifesaving care. The American Red Cross asks the public to give blood and platelets during Trauma Awareness Month in May to keep hospitals prepared for all transfusion needs, including emergencies. Type O negative blood donors are especially needed right now.

Those in the Heppner area will have a chance to give May 11 from 10 a.m. to 3 p.m. at heppner High School. Other area events include Condon High School on May 10, Good Shepherd Medical Center on May 15, Pendleton Veterans of Foreign Wars on May 16 and Hermiston High School on May 23.

The power of type O blood

-Type O negative is the universal blood type and what emergency room personnel reach for when there is no time to determine a patient's blood type in the most serious situations.

-Type O positive blood is the most used blood type because it can be transfused to Rh-positive patients of any blood type.

-Red blood cells carry oxygen throughout the body and are often given to trauma and surgery patients. Type O blood donors are ideal Power Red donors, which means they can safely donate two units of red blood cells during one donation. Now, more people are able to give a Power Red donation - the minimum height has changed to 5'3" for female donors.

Medical traumas can quickly deplete hospital blood banks. Once patients are stabilized and their blood type is determined, they will receive a matching blood type, so it's important donors of all types give

now. In thanks, all who come to give May 1-19 will receive a \$10 e-gift card to a merchant of choice. Plus, May 1-31, those who come to give will be automatically entered for a chance to win a trip for two to the 2023 MLB All-Star Game in Seattle. The getaway includes two tickets to the 2023 MLB All-Star Game thanks to the support of Fanatics, round-trip airfare, four-night hotel accommodations, a \$750 gift card and more. Additionally, those who come to give May 20-31 will receive an exclusive Red Cross beach towel, while supplies last.

To make an appointment, download the Amer-

ican Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED-CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

HUNTER EDUCATION CLASSES OFFERED

A Hunter Education class is coming up in June at the Lexington Gun Club. Classes will be held June 14, 16, 21 and 23 from 6-9 p.m. and June 18 from 8 a.m. to noon. In order to attend the class, students must register online at <https://myodfw.com/articles/hunter-education-classes-field-days>. Contact Jim Marquardt for additional information at 541 969-4845.

Ladies Night & Initiation

Thursday, May 11

Dinner at 6:00pm/Lodge and Initiation at 8pm

Tri Tip, Side Dish, Cole Slaw and Lemonade Ice Cream Dessert

Dinner prepared by Nikki Coe, Melissa Coiner and Darcee Mitchell

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Lunch & Dinner Menu

Specials 5/11-5/17

Thursday: pork fajitas, tortilla chips, and pico de gallo for \$9.
Thursday Night 6-9pm: Pork chop, baked potato, roll, coleslaw, and applesauce for \$11.
Friday: Biscuit and gravy, scrambled eggs, and 2 breakfast bars for \$9.
Saturday soup is tomato soup
Monday: Ultimate Grilled Cheese and tomato soup for \$9.
Tuesday: Loaded twice baked potato and salad for \$9.
Tuesday Night 6-9pm: \$2 hard shell tacos
Wednesday: Ground beef tortellini, corn, and breadstick for \$9.

Mother's Day Specials

May 5 - 13

20% off Montana Silversmith Jewelry

10% off All Hanging Baskets & Planters

10% off Weeks Roses

Morrow County Grain Growers Green Feed & Seed

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