

CARD OF THANKS

My (Merry Chandler) life changed on Tuesday, January 14. While I was sleeping I had an ischemic stroke. I was disoriented, no speech, pain continually with headaches, pressure, dizziness, nausea, eyes and ears. Grasping the idea of the difficulty to relearn my whole life over again. Then I was misdiagnosed with epileptic seizures. Five different horrible medications for months, to learn not to prevent seizures, but that made me sick and felt like a nightmare. I wish a doctor would open my head, see the "Blue Light Special."

After many conversations with different doctors, I am suffering from the world's worst of severe anxiety attacks and NOT seizures. We are currently in the right direction with "Mind Matters" to help and give me plans with the severe social anxiety to reintroduce myself to a new version of Merry. I begin the end of October virtually (due to the virus).

Individuals make my situation a worthy, huge and great team together, giving your dedication, kindness and precious time for my well-being. Thank you for everyone who is continually working so hard. You are all my heroes: from the Pioneer Memorial Hospital doctors and staff and Pioneer Memorial Clinic, Ambulance crew, Kadlec Hospital, Life Flight, OHSU, Pioneer memorial Therapy, Tim Dickenson, Chiropractor, Kaley Patterson's gentle hands and secret source, thank you. My dearest babysitters, "GO Fund" from my other child, Kacie Gray, Bank of Eastern Oregon, and so many people who have given from your hearts, Emma Osmin and Bev Jensen with BEO, the Heppner Elks supporting the dinner, a benefit dinner with many volunteers, a supply of auction items donated, so many supporters attending and showing Shawn that the rooms were full of genuine love. To the Morrow County Grain Growers donating a barbecue, Alita Nelson for selling tickets and the winner Kaley Patterson, Petra Payne and followers from St. Patrick's Church for yard care with a blessing, all the prayers for hearing, flowers, gifts, literally hundreds of cards, basket of notes, cards and gifts collected at Murray's Drug Store, to all the people walking or driving by my house, waving shouting out "Miss you. I love you," and understanding and respecting my space. I can never let you really know how much I appreciate you all.

Present update: as of January 14, I am a non-smoker, nor a drinker. This was the only blessing. Staying positive, open minded and patient through each good or bad day, I am learning new ways to reach my goal to defeat my severe anxiety in hopes to be my bubbly, crazy, loud, social self and accept being a stroke victim.

I'm missing my work family at Murray's Drug Store. John and Ann are good to me, Stephanie is a savior, Jodi, Aileen, Susan, Shelly, Clint, Shannon, Jennifer S., Jennifer P., Deb, Hannah, Madison, Debbie and my good buddy Kevin are loving me for me . . . I hope. I hope to be included with you in due time, walking through your door with my free spirited personality in my flip flops. Recovery is not easy, but I get strength from this community to help push me.

My family, a unique lineage, magical and inspirational. I am so grateful to be born into this family of Bob and Aloha DeSpain that led me to others that I would gain an extensive, continually growing family. This family has never given up on me through ups and downs. I trust their judgement for care. We discuss the next journey and we all take the unknown path. This team works in every which way. My niece, Mickie gave me a beautiful wiring describing this family. "In this family, we do second chances. We do grace. We do real. We do prayers. We do mistakes. We do I'm sorries. We do loud really well. We do hugs. We do family. We do love, and that do make it nice." Thank you to my amazing husband Shawn with unconditional love and support, every day, every hour, every second. Our love is our life; our life is our love. To my kids, Drew and Tayllor, they are the glue that makes it together, for updating family, friends and community, the errands, meals, phone calls, doctor appointments and taking care of me. Thank you for taking time away from your jobs and especially from your family time. I so appreciate my children for whom they have become and represent beautiful inner souls. My beautiful daughter Brandi, my brother, Chris and wife Kathy, my niece/sister, Arwen, my Mom, Debbie for coming home to bring groceries, cook meals, take care of me and spending time together. I miss you! To my baby Caige Jack, you are the strongest in this family. You have seen and heard. You listened and learned how to take care of your Momma. You've been watching me and waiting on me. You hug and cuddle. You are so brave. I'm so proud of you son. There is never enough from my heart to lead you to believe I am sincerely grateful and appreciative. To the families of Kellie Gray, Kirsten Harrison, Alita Nelson, Arletha Brannon and Angie Hanson, my heart is so full of love. I think of you every day, for what you have given me is the person I am presently. Thank you for loving me. I love you a bushel and a peck.

To MCGG, the underlining which helps Shawn take care of me. You keep Shawn's family surviving. With thoughts and feelings and a teary eye often, I personally "Thank You !" You have been so good in many ways. You have been understanding every day due the unpredictability of my life. Thank you from the entire Shawn Chandler families and believing that family matters.

Today I can tell you I have worked hared to get where I am. Pioneer Memorial Therapy has special people to get me healthy. I get new chores as I gain strength. I've conquered eating, drinking water, resting, talking, walking, physical therapy homework, speech homework and daily home chores. Current new chores, walking one-two times, riding a bike, Shelley's new exercises, making a phone call and visiting local businesses. What does Merry want? What makes Merry happy? Sitting on the porch, spending time with my children and grandchildren, visits from family and friends. There is no "normal" to get back to where I was. I believe I will keep fighting to show you my results of recovery. I am myself, with a touch reborn. I'm a stroke survivor . . .

Thank you all! You have my love!

Sincerely, Merry Chandler (AKA Momma Merry/teacher Merry (AKA Twitch) xoxo.

10-14-1c

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PUBLIC NOTICE

REQUEST FOR QUALIFICATIONS FOR ELECTRICAL CONSULTANT SERVICES

Morrow County Public Works Projects - Morrow County, Oregon.

Morrow County, Oregon, requests proposals from qualified Electricians to provide open-ended electrical consultant services for various County Public Works projects. Consultants submitting qualifications shall be considered based upon the following general evaluation criteria:

1. Consultant's fee schedule.
2. Response time.
3. Method of approach.
4. Understanding of the requested services and local area.

Copies of the Request for Qualifications may be obtained from Morrow County, P.O. Box 428, 365 W Hwy 74, Lexington, Oregon 97839, (541) 989-9500, spointer@co.morrow.or.us Complete proposals will be accepted at the same address until 4:00 p.m., October 15, 2020. 9-23-4c

REQUEST FOR QUALIFICATIONS FOR PLUMBING CONTRACTOR

Morrow County Public Works Projects - Morrow County, Oregon

Morrow County, Oregon, requests proposals for a qualified Plumbing Contractor to provide plumbing services for various County General Public Works projects. Contractors submitting qualifications shall be considered based upon the following general evaluation criteria:

1. Fee schedule.
2. Experience.
3. Method of approach.
4. Availability of labor and equipment.

Copies of the Request for Qualifications may be obtained from Morrow County Public Works, P.O. Box 428, 365 W Hwy 74, Lexington, Oregon 97839, (541) 989-9500, spointer@co.morrow.or.us Complete proposals will be accepted at the same address no later than 4:00 p.m., October 15, 2020. Any questions or concerns may be addressed to Sandi Pointer.

9-23-4c

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PUBLIC NOTICE

PUBLIC NOTICE

The Planning Commission for the City of Heppner will conduct a public hearing on November 2, 2020 at 7:00 PM at Heppner City Hall regarding the following applications: Variance permit to allow the construction of a 12X12 outbuilding with no setbacks from house structure also a review for a covered porch attached to the carport. Map #2S 26 27 DA Tax lot 2500 AKA 475 West Morgan. Applicant Mike and Kay Proctor.

There is a second variance permit requested regarding the placement of an oversized outbuilding measuring 10X20 at 430 Frank Gilliam Drive. Map #2S 26 35 CC Tax lot #1200. Applicant: William H. Mahon A Copy of the application and copies of all documents and evidence submitted by or on behalf of applicants and copies of any applicable zoning criteria are available for inspection at no cost with copies provided at a reasonable cost. Contact Heppner City Hall, 111 N. Main ST. PO Box 756 Heppner OR 97836. Phone (541) 676-9618. Persons who wish to attend this meeting and need assistance are asked to call city hall or TTY relay 1-800-735-2900. Heppner is an EEO employer. 10-14-1c

WOLF DEPREDAATION ASSISTANCE

Livestock producers seeking financial assistance for implementing methods that limit wolf-livestock interaction, need to obtain an application to request funds. Applications can be found on the Morrow County website, Wolf Depredation Advisory Committee page at: www.co.morrow.or.us/bc-wdac. These applications need to be completed and received by the Morrow County Wolf Depredation Advisory Committee by Tuesday, December 8, 2020, 4:00 p.m., as the committee will meet that evening to start the review process. There are several options for submitting applications, all of which must be received by the above due date: drop off at the Bartholomew Building, Room 201, 110 N. Court St., Heppner; mail to Morrow County, P.O. Box 788, Heppner, OR 97836; or email to rlutcher@co.morrow.or.us. Compensation can be requested for bone pile removal and/or burial, fladry, range riders or other preventive measures. Questions? Call Roberta Lutcher at 541-676-5613. Published October 7 & 14, November 4 and December 2, 2020

Umatilla National Forest restrictions eased

Public use restrictions (PURs) on the Umatilla National Forest dropped to Phase A on Friday, Oct. 9, 2020.

Phase A is the first level of restrictions, generally implemented when the fire danger is moderate to high. PURS are phased in collectively, as conditions warrant, and may differ from forest to forest. Restrictions under Phase A include:

-Chainsaws may be operated only between the hours of 8 p.m. and 1 p.m. local time. A one-hour fire watch is required after saw operations cease. Saw operators are required to have an axe (minimum 2 lb. head, 26" length), shovel (8" wide, 26" length), and fire extinguisher (minimum ABC 8 oz.) in their possession.

-Smoking is allowed only in enclosed vehicles, buildings or cleared areas.

-No off-road/off-trail vehicle travel or travel on roads not cleared of standing grass or other flammable material; no vehicle travel on those FS roads where access has been impeded or blocked by earthen berm, logs, boulders, barrier, barricade or gate, or as otherwise identified in the Fire Order.

The public is also encouraged to practice safe campfire principles when recreating in dispersed and developed campsites. Forest officials recommend the following campfire safety precautions:

-Campfires should be in fire pits surrounded by dirt, rock or commercial rings and in areas not conducive to rapid fire spread. All flammable material shall be cleared within a three-foot

radius from the edge of the pit and free of overhanging material. Use existing pits wherever possible.

-Campfires must be attended at all times, and completely extinguished prior to leaving.

-Persons with campfires should carry a tool that can serve as a shovel and one gallon of water in their possession. The intent of this recommendation is to ensure individuals with campfire to have the tools necessary to completely extinguish their campfire.

The public's awareness of the fire danger and cooperation is essential to a safe fire season. Recreationists, firewood cutters, hunters and other forest users can all help by closely adhering to restrictions, operating safely and cautiously and keeping up to date on the latest orders and regulations.

Regulated closures may be in effect on State and private lands protected by Oregon Department of Forestry (ODF) in northeast and central Oregon. Please check with your local Oregon Department of Forestry office for PURs on lands protected by ODF. For more complete information, contact a local Oregon Department of Forestry office or visit one of the interagency dispatch center's webpages.

For more information regarding Phase A Public Use Restrictions, please contact the Umatilla National Forest information hotline: toll-free (877) 958-9663.

Additional information about the Umatilla National Forest is available at https://www.fs.usda.gov/umatilla.

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