

The Official Newspaper of the City of Heppner and the County of Morrow

Heppner

GAZETTE-TIMES

U.S.P.S. 240-420

Morrow County's Home-Owned Weekly Newspaper

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Published weekly by Sykes Publishing and entered as periodical matter at the Post Office at Heppner, Oregon under the Act of March 3, 1879. Periodical postage paid at Heppner, Oregon. Office at 188 W. Willow Street. Telephone (541) 676-9228. Fax (541) 676-9211. E-mail: editor@rapidsolve.net or david@rapidsolve.net. Web site: www.heppner.net. Postmaster send address changes to the Heppner Gazette-Times, P.O. Box 337, Heppner, Oregon 97836. Subscriptions: \$31 in Morrow County; \$25 senior rate (in Morrow County only; 65 years or older); \$37 elsewhere; \$31 student subscriptions.
David Sykes.....Publisher
Bobbi Gordon.....Editor
Giselle Moses.....Advertising

All News and Advertising Deadline is Monday at 5 p.m.
For Advertising: advertising deadline is Monday at 5 p.m. Cost for a display ad is \$5.25 per column inch. Cost for classified ad is 50¢ per word. Cost for Card of Thanks is \$10 up to 100 words. Cost for a classified display ad is \$6.05 per column inch.
For Public/Legal Notices: public/legal notices deadline is Monday at 5 p.m. Dates for publication must be specified. Affidavits must be required at the time of submission. Affidavits require three weeks to process after last date of publication (a sooner return date must be specified if required).
For Obituaries: Obituaries are published in the Heppner GT at no charge and are edited to meet news guidelines. Families wishing to include information not included in the guidelines or who wish to have the obituary written in a certain way must purchase advertising space for the obituary.
For Letters to the Editor: Letters to the Editor MUST be signed by the author. The Heppner GT will not publish unsigned letters. All letters MUST include the author's address and phone number for use by the GT office. The GT reserves the right to edit letters. The GT is not responsible for accuracy of statements made in letters. Any letters expressing thanks will be placed in the classifieds under "Card of Thanks" at a cost of \$10.

~ Letters to the Editor ~

The Heppner Gazette Times will print all letters to the Editor with the following criteria met: letters submitted to the newspaper will need to have the name of the sender along with a legible signature. We are also requesting that you provide your address and a phone number where you can be reached. The address and phone number will only be used for verification and will not be printed in the newspaper. Letters may not be libelous. The GT reserves the right to edit. The GT is not responsible for accuracy of statements made in letters. Any letters expressing thanks will be placed in the classifieds under "Card of Thanks" at a cost of \$10.

Best of luck and safe driving

To the editor:
It is with a heavy, but grateful, heart that Sam and I announce we are no longer affiliated with the operations of A-1 Martin's Towing. It has been our joy and pleasure working with our community members and we are thankful for the opportunity to be of service to you these past six and a half years.

It has also been our honor and privilege to be a part of the emergency response team for Morrow County and to work in tandem with the deputies and dispatch of the Morrow County Sheriff's Office,

Rusty, Steve and Charlie of the Heppner and Lexington fire departments as well as the fine folks in the Ione fire department, and all of the firemen and women, ODOT, the Forest service and others as part of inter-agency community support.

Our working relationships have developed into friendships with many of you and we will miss you all. As always, we wish you all the best of luck and safe driving.

With our thanks,
Sam Martin Sr. And
Cheyenne Rogers
Heppner, OR

Do something easy for your health

A message from the Community Health Improvement Partnership of Morrow County

By Andrea Fletcher

Preventive health services are important for keeping individuals and their families healthy. An annual wellness visit or "checkup" can help catch health problems before they become serious. There is little or no cost for regular preventive health care checkups for those enrolled in Medicaid or CHIP, Medicare and most other insurance plans.

During a wellness visit (well child, adolescent, adult or older adult) a patient may discuss and receive a number of screenings, vaccines and other care to help the patient live well and prevent and detect diseases when they are most treatable.

Nearly 900,000 people in our country die prematurely each year from the five leading causes of death – heart disease, cancer, stroke, respiratory illness and unintentional injury – yet up to 40 percent of the deaths from each cause could be prevented.

Whether you feel healthy or have a health condition, a wellness visit to your local health care provider can help you take charge of your health.

Electric Co-op seeks director nominations

Columbia Basin Electric Cooperative announced that nominations are open for two director's positions. Zone 3 and 4 are both for three-year terms.

Zone Number 3: That territory served or to be served lying East of Range line between Range 24 East and Range 25 East, and North of the Township line between Township 2 South and Township 3 South, excluding the area within the incorporated city limits of Heppner, Oregon.

Zone Number 4: That territory served or to be served lying West of the Range line between Range 24 East and Range 25 East, North of the Township line

between Township 2 South and 3 South, and East of the Morrow-Gilliam County line.

The members of the nominating committee are:

-Zone No. 3, Jill Martin, Lexington, Oregon, 541-989-8480.

-Zone No. 4, James L. Swanson, Ione, Oregon, 541-422-7162.

The nominating committee will accept nominations up to and including the last day of August 2020. Nominees must be members of Columbia Basin Electric Cooperative, Inc. and they must reside in, and receive electrical service in, the zone in which they will be running.

House District 57 secures funding for rural hospitals

Representative Greg Smith (R-Heppner) announced funding for rural hospitals serving House District 57 and released the following statement:

"This is a significant victory for not only Morrow, Umatilla and Wasco Counties, but for House District 57 as a whole. We have worked hard to ensure that these dollars are being spent the way that they were intended. I was also very pleased to see that Good Shepherd in Hermiston received the second largest award in the state. These

hospitals are a crucial part of rural Oregon and I am proud to see this money coming back home."

Business Oregon will award \$50 million in grant funding for rural hospitals across the state to help offset the impacts of COVID-19. Pioneer Memorial Hospital, Good Shepherd Medical Center and Mid-Columbia Medical Center will all receive funds that can be used to cover necessary expenditures incurred due to the COVID-19 public health emergency.

Spaghetti dinner fundraiser to be held Saturday

Birthright of Morrow County is hosting a spaghetti dinner fundraiser this Saturday, August 15 at the Parish Hall of St. Patrick's Catholic Church in Heppner. The fundraiser will run from 4 to 7 p.m. and all meals will be take-out due to COVID-19 and social distancing requirements.

The non-profit organization is selling tickets

for \$10 a plate that will include spaghetti, salad and garlic bread. Tickets may be purchased ahead of time or paid at the door. A drive-through will be available.

Contact Julia Finch at 252-382-4450 to purchase advance tickets or for additional information.

DEADLINE:
MONDAYS
AT 5PM

Census takers to visit homes

Census takers started visiting households that haven't responded to the census in 34 Oregon counties on Thursday, July 30. The remaining two counties, Multnomah and Clackamas, began on August 11. This operation, called Non-Response Follow Up (NRFU), is the largest operation of the decennial census and is scheduled to conclude no later than October 31.

What Households Can Expect

-The Census Bureau will provide face masks to census takers and requires that they wear a mask while conducting their work. They will follow CDC and local public health guidelines when they visit. Census takers must complete a vir-

tual COVID-19 training on social distancing protocols and other health and safety guidance before beginning their work in neighborhoods.

-Census takers are hired from local communities. All census takers speak English, and many are bilingual. If a census taker does not speak the householder's language, the household may request a return visit from a census taker who does. Census takers will also have materials on hand to help identify the household's language.

-If no one is home when the census taker visits, they will leave a notice of their visit with information about how to self-respond. If necessary, a census taker

will return to attempt to interview the household.

-Census takers can be easily identified by a valid government ID badge with their photograph, a U.S. Department of Commerce watermark and an expiration date on the badge. To confirm a census taker's identity, the public may contact their regional census center to speak with a Census Bureau representative.

A complete and accurate count of the communities can be achieved by encouraging everyone to cooperate with census takers when they come to their door. During this operation, residents may still respond online or by phone if they prefer.



VISITING SPECIALIST*

Kessa Mauras, D.P.M.

Board Certified, American Board of Podiatric Medicine

You wouldn't go the eye doctor for your dental work, right? Then the same logic applies when it comes to care for your feet. When you have a foot or ankle problem, it's best to see a specialist and that person is a podiatrist.

Morrow County Health District is pleased to welcome Dr. Kessa Mauras of Mt. Hood Podiatry, as one of its newest visiting specialists, now seeing patients in Heppner.

It's time to take the first step toward healing if you suffer from or require care for:

- Ankle & Foot Pain
- Arthritis
- Athletic Injuries
- Bunions & Hammertoes
- Diabetic Foot
- Flat Feet or High Arches
- Ingrown Toenails
- Other Skin/Nail Conditions
- Wounds / Infections

Schedule your appointment:
Mt. Hood Podiatry
541-386-1006



*Visiting Specialists are not employed by MCHD.

Dr. Anderson's

KIDS SUMMER TUESDAYS 2020

Schedule any child for an eye exam with Dr. Anderson on any available Tuesday, purchase 1 pair of Children's Package complete frame & lenses for:

\$49.50*

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ALL NEWS AND ADVERTISEMENT DEADLINE:
MONDAYS AT 5:00 P.M.

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