

The Official Newspaper
of the City of Heppner and the County of Morrow

Heppner

GAZETTE-TIMES

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Morrow County's Home-Owned Weekly Newspaper

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All News and Advertising Deadline is Monday at 5 p.m.
For Advertising: advertising deadline is Monday at 5 p.m. Cost for a display ad is \$5.25 per column inch. Cost for classified ad is 50¢ per word. Cost for Card of Thanks is \$10 up to 100 words. Cost for a classified display ad is \$6.05 per column inch.
For Public/Legal Notices: public/legal notices deadline is Monday at 5 p.m. Dates for publication must be specified. Affidavits must be required at the time of submission. Affidavits require three weeks to process after last date of publication (a sooner return date must be specified if required).
For Obituaries: Obituaries are published in the Heppner GT at no charge and are edited to meet news guidelines. Families wishing to include information not included in the guidelines or who wish to have the obituary written in a certain way must purchase advertising space for the obituary.
For Letters to the Editor: Letters to the Editor MUST be signed by the author. The Heppner GT will not publish unsigned letters. All letters MUST include the author's address and phone number for use by the GT office. The GT reserves the right to edit letters. The GT is not responsible for accuracy of statements made in letters. Any letters expressing thanks will be placed in the classifieds under "Card of Thanks" at a cost of \$10.

A View from the Green

WCCC men to begin season

The Willow Creek Country Club Men's Club will hold their first Sunday play on June 7 at 8 a.m., hosted by the men's club board. The committees will not be providing coffee, snacks, etc. as the clubhouse will have limited access.

Players will be encouraged to walk or ride separately in carts and practice social distancing. All participants will be required to sign a liability waiver.

Wednesday night play will begin on June 17. The schedule will be posted the week before for signups. Contact a member of the men's club board for additional information.

Hunter education class scheduled

The traditional hunter education class will be held June 16, 18, 23 and 25 from 6 to 9 p.m. at the Lexington Gun Club. Live fire day will be June 20 from 8 a.m. to noon. Instructors are Jim and Darlene Marquardt.

odfw.huntfishoregon.com/login. Students who have taken an online class may call Jim and arrange to join the live fire day. The fee is \$10 per student, payable to ODFW and the class size is limited to 20 students. Social distancing and required precautionary measures will be in place during the class.

Hospice to host butterfly release

Pioneer Memorial Hospice and Community Counseling Solutions will host the 2020 virtual butterfly release on June 19 at 1 p.m. Pre-purchased butterflies and packets will be available for pickup June 18 at the Hospice office, 162 Main St. in Heppner. Butterflies and packets may be reserved by stopping by, calling the Hospice office at 541-676-2946 or emailing Jackie Alleman, Hospice Volunteer Coordinator, jacquelinea@mocohd.org.

There's an old story told by several Native American Indian tribes that says, "Catch a butterfly and tell it your secret wishes, and because a butterfly makes no sound, your secret is secure. Let it go and it will fly your thoughts to your loved ones in heaven."

"It's never easy to lose someone that you love and participating in this virtual release of butterflies may help you manage some of the grief you feel and help share those feelings with other family members," reports Carmelo DiSalvo, Bereavement Coordinator at Pioneer Memorial Hospice. "The butterfly release may also give families a chance to talk to their children about grief, whether it is a family member or pet who has died."

Participants will receive an individually wrapped live butterfly for release and a packet that includes "Here in the Garden," a beautiful and tender children's picture book from award winning author and illustrator Briony

Stewart. Its pictures tell the story a child reminiscing about his special friend in the garden where they had shared many activities through the seasons. "I love how the special friend can be anyone the child has lost; parent, grandparent, playmate or pet," said Molly Rhea, Hospice Director. "This book is adaptable for any family to talk about their belief system." Also included in the packet is a grief guide with strategies to promote healthy discussions and coloring pages. Children can also read along with Ms. Cherry Webber at www.morrow-countyhealthdistrict.org.

"Our fundraisers bring in money for specialized equipment or specific family needs that might not be available with conventional funding. We recently purchased a device to allow a patient to safely transfer from walker to car so he can continue to take rides with his family. Our hospice program is not about giving up, but if medical treatment cannot bring a cure, then comfort and quality of life become the priorities," continues Rhea.

A \$30 memorial packet includes: one pre-packaged live butterfly; the hard-bound picture book, Here in the Garden; a grief guide; coloring pages; Ms. Webber's online reading and live stream to the virtual release of butterflies by the staff at Pioneer Memorial Hospice. Additional butterflies may be added to your order for \$5 each.

New Baby in Your Family? Engagement? Wedding?
We want to share your life events!
Stop in the Heppner Gazette office or email us with details and photos.
All birth, engagement and wedding announcements are always free!
188 W Willow Street, Heppner, OR
editor@rapidsolve.net

A view from the hill

By Doris Brosnan

The Community at Willow Creek Terrace has received no information from the State of Oregon about phases in reopening after this Covid-19 lockdown. So, residents and staff continue practicing self-reliance and definitely appreciate having one another to share this unusual, historical time. Routines are helpful and the staff works to ensure that they are filled with activities.

Administrator Nairns shouts "Hats off" when she reports on the phenomenal job that the staff is doing in their efforts to keep everyone safe while maintaining an air of normalcy. Certain protocols are mandated - wash hands, monitor temperatures as employees report for work, and clean, clean, clean, especially high-touch areas. They also wear masks when in contact with food preparation and service, and they follow a "if your mouth is moving, cover it" rule. But the Terrace staff members also change clothes when they come to work and leave their work clothes to be washed when they leave. They can also shower before leaving and they are doing a fantastic job of limiting activities and interactions in public, always with the safety of residents in mind.

Filling the shoes of the volunteers who lead activities at the Terrace is another effort the staff have taken on, and they add their shout-outs for those volunteers, as they work to keep those activities going. Sunday night baking has become a regular activity because they are making prizes for the Monday Bingo game, but they miss Shirley George's leading that game and her incomparable baked prizes. On Tuesdays, they keep the Uno card games going, but they miss the great job the Smith family does. And they look forward to the return of Bill Ewing and Sandra Johnson to the crossword puzzle board because they have not been successful in replacing their skills. They have had greater success with the Wii Bowling they have introduced to residents.

The residents have welcomed three new staff members to these efforts: Jordan Jones, Jojie Long and Trevor Antonucci. Everyone is saddened by the move-away of Ernie and Mary Jean McCabe, who are greatly missed, but new resident Rita Dezoete, who moved in on May 25, is well-acquainted with several of her new neighbors and will surely add some zest to morning discussions and visits in the dining room.

Rita moved in on the day of the third annual High Tea at the Terrace. Residents dressed up for this event that features several tea services, several different teas, and the traditional cucumber sandwiches, as well as other savory treats.

When visitors again pass through the front door, they will be impressed with the quilt that now hangs on the wall. Each resident's block contains a bird he or she colored, all blocks were sewed together, and some taff and residents then tied the quilt for a finished product. On their doors, they also have on display wooden decorations with a western theme. These they painted and planned to enter in the Morrow County Fair.

One highlight of life on the hill this month will be the "Rocking on the Longest Day," on the 20th, of course. More information about this fundraiser for the Alzheimer's Association will be available as the date nears, in the Heppner Gazette Times and on the Willow Creek Terrace Facebook page.

Possibly, Donna Bergstrom's birthday celebration on July 8 will be the next special event after that. She and her neighbors will share the luncheon menu of her choice. But she will also be able to enjoy contact with her family via one of the available on-line communication applications and at her window.

Maybe two new residents will have moved into the Terrace in time to join that celebration. Two apartments are available, and a call to 541-676-0004 can offer information about them. The community on the hill view both, birthdays and new neighbors, with enthusiasm.

Orem awarded Wheat Foundation scholarship

Matthew Orem was recently awarded one of nine \$1,000 scholarships by the Oregon Wheat Foundation. Qualifying high school seniors represented eight counties or regions and were judged on community involvement, academic achievement and submittal of an essay on a wheat industry topic.



Matthew Orem

Orem graduated from Heppner Junior/Senior High School and plans to study Crop and Livestock Production at Blue Mountain Community College. He is the son of Eric and Brandi Orem of EB Orem Farms. Matt was team co-captain in basketball and football and held leadership roles in FFA. He volunteers for many school and community activities and works on the family farm.

The Oregon Wheat Foundation annually awards up to twelve scholarships for high school seniors. Scholarship awards

may be made to a qualifying student from each of the participating counties, which include Baker/Union, Gilliam, Klamath, Malheur, Morrow, Sherman, Umatilla, Wallowa and Wasco. In addition, awards may be made in the Willamette Valley counties and in the Central Oregon counties.

The Oregon Wheat Foundation 2020/21 scholarship application period opens October 1, 2020.

"It's not just what we do. It's who we will continue to be."

HealthyMC.org

RE Opening Healthcare Safely.

We certainly have been through some challenging times together over these last few months. Though the State of Oregon is progressing in its reopening plans, we understand that the novel coronavirus (COVID-19) continues to be a national public health crisis.

As your trusted community health providers, we want you to know that we've never left you, and we're eager to welcome you back for the care you count on and trust.

At Morrow County Health District, we want you to know all the ways we are working to keep you and our cherished staff safe as you resume visits with your doctor and allied health professionals, and return for outpatient tests and exams.

Public health officials and government agencies keep us informed as we expand the opening of our clinics and outpatient services offered at Pioneer Memorial Hospital. Together, we are working to ensure our health facilities reopen safely, protecting patients and health care workers in all areas of operations.

Here are some of the ways MCHD is helping you return to health care safely.

- All employees have more than adequate personal protective equipment (PPE)
- Enhanced sanitation procedures occur before and after patient interactions
- All patients and employees are screened prior to entering the clinics or hospital
- Appointments are required to safely prepare for your arrival
- Physical (also known as social) distancing is required at all locations
- Telehealth appointments are available (phone or video)

Everyone plays a vital role in keeping Morrow County safe. Please protect yourself and others by washing your hands often, avoid gatherings of more than ten people, wear a mask or face-covering when at least six-feet of physical distancing from others is not possible. Finally, if you feel ill with a fever, cough, or shortness of breath, call your clinic location before visiting our clinics.

For more information about our locations and services, visit healthymc.org, and to stay current on state COVID-19 reopening guidelines, visit: <https://govstatus.egov.com/or-covid-19>.

Read About How We are Working Together to be a Healthier Community Today and **TOMORROW**

MORROW COUNTY HEALTH DISTRICT
Excellence in Healthcare

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