

# Students play summer safety bingo



Pictured are students and public health nurse leader Robin Warren, participating in the summer safety bingo event at the Boardman Marina July 10.

As the last school bell rang and summer began for Morrow County, so did the concern for summer safety.

Summer safety bingo was an activity that was created by the Morrow County Public Health CARE, and was sponsored by Boardman parks and recreation, Willow Creek Water Park, Ione pool and Irrigon library to teach area students about summer safety.

Students were taught principles of UV rays by making a bracelet made of UV beads that changed color when the beads were

in the sunlight, indicating a need to put on sunscreen. Eye health was also demonstrated and each student received special sunglasses. Parent Ellie Ramirez stated, "What a great way to show the difference of how things look with the sunglasses on to protect their eyes."

Care coordinator Peggy Doherty said, as she watched the interaction of the students, while simulating the use of remote control cars to show the distractions involved when texting and driving, "I think they really understood that."

Students were also taught the proper way to buckle a life vest and got hands on safety training with boating, swimming and crossing the streets. They learned how to prevent accidental injuries while diving and how to prevent sunburns.

At the end of each session the students and educators would count to three and then shout bingo. The summer safety bingo events reached over the entire county and served 232 students.

# Bredfield and Canaday win July yard of the month

By Kay Proctor

A charming home with the challenges of yard work on a rocky hillside has earned July yard of the month honors.

Robin Bredfield and Bill Canaday purchased the home at 560 E. Cowins a few years ago. Each year, they pick one or two projects, either indoors or out, that fit within their budget and schedule, then see them through completion that same year.

One of these projects was moving railroad ties edging their front lawn and replacing them with concrete curbing. The ties were then used to outline a grassy area at the end of their 3/4 acre lot. A fire pit is located there with a nearby bench that Bill carved out of a large log.

The front lawn was re-sodded and is kept green with underground sprinklers on a timer. The fire pit area's grass is kept weed free and mowed, but allowed to go dormant in midsummer when the fire pit is not used which saves on the water bill.

A welcoming arbor from stripped juniper logs at the home's front walkway was made by Bill and he has future plans to add to and enhance the arbor area. A rocked driveway wraps around the property going by a terraced hillside with two levels of dry stacked basalt. Beds are topped off with red rock, keeping the grounds neat and helping with weed control.

The couple built up dirt around a large tree stump, creating a bed with native

plants to save water. Aspens have been planted to go with junipers, pine trees, crimson barberries and the older established lilac that is Bill's favorite plant.

Making the most of a one-time pig pen, the couple enclosed it to keep out deer, then filled metal water tanks with good soil, creating rustic raised beds. Drip lines provide efficient watering. An outdoor sink with running water provides a handy spot for cleaning some of the abundant vegetables which are all Robin's favorite plants.

Their favorite place is the covered back porch that faces 18 pine trees. They both enjoy hanging out there in the evening with their family dog, Doc Holliday, close by. Occasionally they'll hear a game at the ballpark or someone at Hagar Park, both which are below their home, but often the quiet yard feels like they live out of town. They have a great view of Willow Creek dam which impresses their out of town visitors when first seen.

Construction began on the house in 1947 and it was put on the tax rolls in 1948. Confirming the date is a great find: a brown stubby beer bottle under the crawl space on which the original owner etched "Stanley D. Cox, 2-19-47, 560 E. Cowins Street" with an insurance policy tightly folded up inside.

Originally from Crow, OR, Bill held a variety of jobs in the northwest. One in particular sparked his interest in yard planning and improvements. A short term



Robin Bredfield and Bill Canaday stand on the porch of their home on Cowins Street. -Photo by Kay Proctor.

job as a caretaker near Eugene on a 400 acre property turned into 3 - 1/2 years, expanding to working on the owners oceanside property also. Bill is now a general maintenance worker for Morrow County.

Robin is an RN at Lakeview Heights. Growing up in Toledo, WA, she has many joyful memories of working in family gardens alongside her father and her grandmother.

In honor of her late father and Bill's late father,

# Chamber announcements and upcoming events

Effective Friday, June 29, Fire Burn Ban is in effect. The Fire Chief of the City of Heppner is imposing a CLOSED SEASON for open burning based on local fire safety concerns. The burning ban is for the City of Heppner and includes a burn barrel and will remain in effect until further notice.

Saturday, July 28 at 9 p.m. (or at dark), Ione Summer Movies in the Park will show the 2017 edition of Beauty and the Beast, which is rated PG. Bank of Eastern Oregon, Ione branch is the sponsor.

Saturday, Aug. 4 at 9 p.m. (or at dark), Ione Summer Movies in the Park will show the Lion King, which is rated G.

Sunday, Aug. 12 from 5 to 7 p.m., Music in the park at the Heppner city park, featuring Wasteland Kings. This concert is facilitated by Hopeful Saints Ministry. As a fundraiser, a tent will

be set up to serve pulled pork sandwiches, coleslaw, cookie and drink for a donation. The music for this event is being funded by Morrow County Unified Recreation District. Bring your own chairs.

Week of Aug. 15-19, Morrow County Fair and Rodeo. Wednesday, Aug. 15 from 7 to 10 p.m., dinner by Paradise Rose Chuckwagon and music by Trevor Tagle. Thursday, Aug. 16 from 6 to 10 p.m., Murray's Wine and Micro-Brew Tasting. Dinner by Heppner Chamber of Commerce and music by Nate Bosford. Friday, Aug. 17 at 1 p.m., chili cook-off sampling. 7 p.m., OTPR rodeo performance. Saturday, Aug. 18 at 10 a.m., Morrow County Fair and Rodeo parade. 7 pm., OTPR rodeo performance. Sunday, Aug. 19 at 1:15 p.m., Morrow County rodeo.

Friday, Aug. 17 through Sunday, Aug. 19, Oregon Trail Pro Rodeo. Entries open July 10. Check out the Oregon Trail Pro Rodeo Facebook page for more information on events, how

to enter and to participate in the OTPR giveaways.

Saturday, Aug. 25 at 9 p.m. (or at dark), Ione Summer Movies in the Park will show the 1995 version of Jumanji, rated PG.

Sunday, Aug. 26 from 6 to 8 p.m., Ione Music in the Park will feature Absolutely Nobody, with the Joe Lindsay and Corey Cooley families. Concessions available by Tacos Hometown at 5 p.m. The event will be held at the Ione City Park and is sponsored by Morrow County Unified Recreation District and the Ione Library Board.

Oregon State Parks is giving away single Cycle Oregon The Classic Ride registrations to two winners. The week-long ride is Sept. 8-15. The route traverses 383-451 miles in northeast Oregon. For more information visit <http://www.cycleoregon.com/ride/the-classic/>. To enter the contest visit the Oregon State Parks Facebook page, read the contest rules, like the page and add a comment saying why you are ready to tackle The Classic ride.

# Ranch Rodeo Scramble to be added to OTPR



The Oregon Trail Pro Rodeo is adding a Ranch Rodeo Scramble to this year's performances on Friday, Aug. 17 and Saturday, Aug. 18. This event allows teams to showcase the skills it takes to be able to work every day on a cattle ranch. Teams are made up of four cowboys working together to complete the tasks of team tying, team doctoring and wild cow milking.

The team will be required to complete all the tasks within the allowed six minutes. A group of cattle consisting of a steer, a cow and a calf will be assigned to each team. The group of cattle will be in the arena before the timing starts. When the team of all four members is mounted on horseback, the time begins.

The team tying requires two members to head and heel the calf, then tie the two hind legs and one front leg together. For the team

doctoring a steer is headed and heeled, the head rope is then removed and switched to the front legs. At this time the doctoring mark, made with a livestock pen, must be made on the area of the steer picked before the rodeo by the judges. These two tasks can be completed in any order by any member of the teams.

With the other two tasks completed, the team moves on to the wild cow milking. Team members must get a head rope on the cow first. At that time they can choose to get a rope on the hind legs, but it is not required. The cow must be standing while members of the team milk the cow into the container provided to them. The team's time stops when one of the team members has provided the container with at least one visible drop of milk inside to the judge.

# Local residents learn to play pickleball

Although pickleball is played in a court, the rules of the game more closely resemble table tennis or badminton than traditional tennis.

The game begins with one side serving the pickleball, using the paddle,

which is wood or composite and larger than a ping pong paddle, to hit the pickleball, a light, plastic, hole-covered whiffle ball. To properly serve the ball, the player must keep one foot behind the back line and strike the ball with an

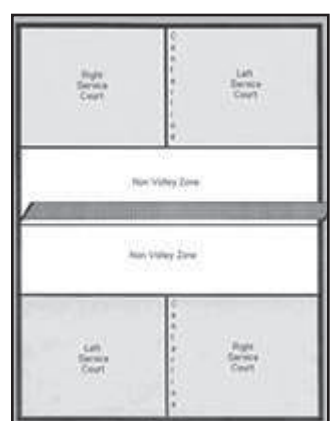
underhand swing, aiming at the service court located diagonally over the net and clearing the no-volley zone. Service starts from the right hand court. Only one fault is allowed. In the case of doubles, both players get to serve once and then the

serve is taken over by the opposing player/team.

Both sides must allow the pickleball to bounce first before hitting it with the paddle at least one time from the start of the game. Thereafter, players may volley the ball (hit it with-

out allowing it to bounce), provided they are not within no-volley zone within seven feet of the net (marked on the court). A player or team scores points only when they are serving. A pickleball game is played to 11 points and a win must be by 2 points.

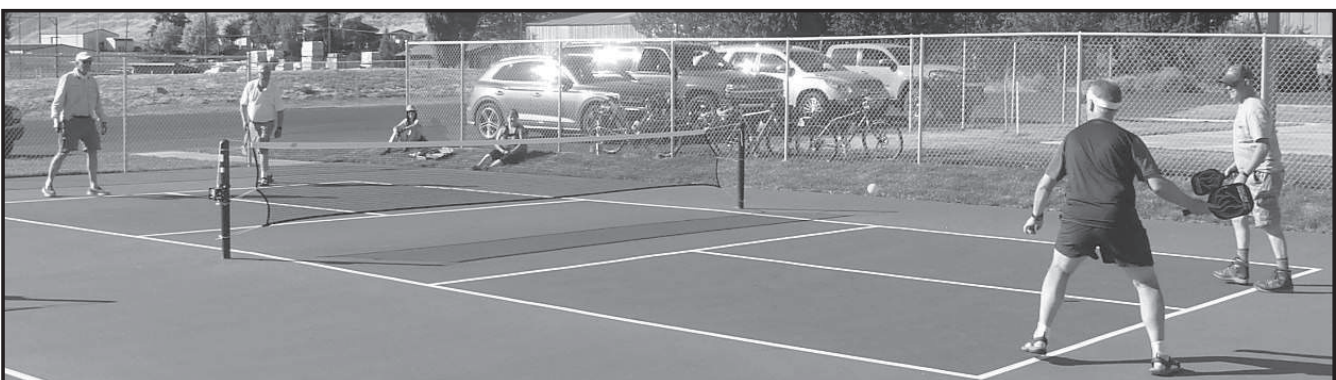
Similar to tennis,



the following moves are "faults" in the game of pickleball, which cause a loss of a point:

- Failing to clear the net.
- Hitting the ball out of bounds.
- Volleying the ball from within, or while a foot is in the no-volley zone.
- Volleying the ball before it has bounced on a first serve or first return.

All you need to play pickleball is a couple of paddles, a whiffle ball and a net. You can draw your own court with sidewalk chalk. Fortunately, however, official pickleball courts can be found at many playgrounds, community centers and private clubs, as the game is growing in popularity.



Robert Fox and Dale Bates, with Brian Daellenbach and Jay Coil made up the foursome for the pickleball games they played recently at the new pickleball court in Heppner. Bates and Coil were taught the rules of the game, which included the rule of "don't step in the kitchen until the ball bounces." Brian and Jay won both games, one 11 to 6 and the other a little closer at 11 to 9. -Photo by David Sykes.