

By Doris Brosnan

One of the younger residents at Willow Creek Terrace celebrated his birthday with neighbors and family on the 7th, and on Fathers' Day, Ron Peck will be celebrated again, joining Roice Fulleton as one of the two resident dads honored that day. The men have already planned the menu: stuffed pork chops, creamed corn and blackberry mousse.

Yesterday, Phillip Pacheco, who works at the local library, came to the Terrace to read with participants what he hopes will be the first of many short stories they will share. His choice was Jim Baker's Blue Jay Yarn by Mark Twain. Interest in the proposed Willow Creek Terrace short story club will bring Phillip back to the Hill each Tuesday with a new story to enjoy and discuss.

Tomorrow is Flag Day, so in the living room in a place of honor will be Bud Batty's American flag, donated to the Terrace by his family. It will serve as a way to honor Bud's memory and as a reminder of all who have served and do serve our country, as military and as civilians.

The Terrace welcomes individuals who want to serve as volunteers with any of the Terrace's various activities. By calling George Nairns (541-676-0004), one can discuss the many options, one of which right now is a spot for someone to help with Wednesday's reading and discussion of the Gazette Times. Opportunities next week will include those related to the Rock Off of the Longest Day to help with signing up participants, selling of raffle tickets and serving lunch. Nairns says to give her a call, and she will find you spot, for help will be needed from 5:30 a.m. to 8 p.m.

Half-hour time slots on June 21 are available for volunteer Rockers of all ages and may be selected by calling 541-676-0004 or by stopping by the Terrace. Monetary donations from the Rockers and their sponsors will go to the Alzheimer's Association, to be used in its fight against dementia, which affects millions of individuals every year. Forms are available at the Terrace for Rockers who wish to get donations from others.

Many readers may not be aware that Willow Creek Terrace, although not designated as a memory care

facility, does have continuing education and training for staff in this area because memory challenges are often part of aging. During the Rock Off, the staff will offer an educational presentation for the public at 10 a.m. and 1 and 6 p.m., which will include useful information for caregivers and family members.

Rockers are assured of sustenance from the kitchen after they have rocked, and every participant will have a chance to win a door prize at one of the hourly drawings that will begin at 6 a.m. Donations of items for these prizes are gratefully accepted and Nairns is hoping for a variety appropriate for all ages. Raffle tickets will also be available, with the prize drawing at the end of the rocking day.

Although the Rock Off is the main attraction on the Hill this month, the calendar is full of other, familiar activities and the month will end with a week of a favorite activity of the staff and residents. Beginning on Monday, the 25th, in celebration of the senses, one of the five senses will be explored each day, with an activity that uses the sense and a discussion of that sense.

Apartments remain available at the Terrace, and administrator Nairns is eager to discuss its amenities with anyone who calls 541-676-0004 or comes for a visit. This small facility offers a homelike environment for residents who choose to join its community so they can continue to enjoy nearby friends and family and independence, while receiving assistance with some daily-living needs.

The Terrace is Medicaid approved and licensed to offer levels of service from the minimum of some reminders to a full assist with healthcare. Benefits that go beyond these include housekeeping, laundry and meal services; the calming, accessible landscape enjoyed by walkers and relaxers; the physical, emotional, and mental stimulation of daily activities and the companionship found within the community. Even individuals who wish to use the respite apartment for short periods of time can find the break totally worthwhile. And these are the reasons that the Willow Creek Terrace residents and staff view their situation as such a good thing.

Grange to hold bazaar

A Father's Day bazaar will be held at the Lexington Grange on Saturday, June 16 from 10 a.m. to 2 p.m. Admission is free.

Many vendors with a large variety of items will be available. Raffle items will be donated by each vendor and raffle tickets sold for \$1 each or 15 for \$10. You need not be pres-

ent to win. All money raised goes to the grange to help fund community activities.

Vendors are still being accepted. Contact Hayley Olson at 503-407-1687 for information or just show up at 9 a.m. on the 16th. Handmade and direct sales vendors are welcome. The booth fee is \$10 plus a donation of a raffle item.

Chamber announcements and events

Morrow County Cultural Coalition, funded by Oregon's Cultural Trust Foundation is now accepting proposals for the 2019 grant period now through August 1. Categories for qualifying groups or projects are literary, historical preservation, visual and performing arts, or humanities and cultural organizations. Complete guidelines and grant application for 2019 projects can be obtained by contacting grant administrator, Gayle Gutierrez at 541-676-5630 or via email ggutierrez@co.morrow.or.us. Proposals must meet criteria noted on the application and include a timeline with the project to be completed no later than Oct. 15, 2019. Grants can be awarded up to 50 percent of total project cost.

Every Tuesday in June (June 5, 12, 19 and 26) from 12-1 p.m., webinars will be offered on Dementia and Alzheimer's by Willow Creek Terrace. These webinars are open to anyone to attend, bring your lunch or have lunch with us. Lunch with us cost \$5 and you must RSVP on Monday before. There is no cost for the webinar.

June 2 to Aug. 25 from 1-4 p.m. the Neighborhood Center will be open on Saturdays. Donations are accepted and the thrift store will be open to shoppers. No food boxes will be distributed on Saturday. For questions contact 541-676-5024.

Friday, June 8 through Friday, July 6 applications will be accepted for the business enhancement grant provided by Willow Creek Valley Economic Development Group (WCVEDG). Businesses must be a local business operating in any of

the south Morrow County communities. Funds are designed for outside/exterior improvements only and the requestor must provide at least 50 percent of the funding. Completed grant applications must be emailed, mailed, hand delivered or faxed to the Chamber office no later than Friday, July 6 to be eligible for consideration.

Willow Creek water park is now open. Regular hours are 1 to 8 p.m., Monday through Saturday and 1 to 5 p.m. on Sunday. Daily admission is \$4 for adults, \$3 for students and \$2 for children. A family pass is \$140 and a single pass is \$75. Swim lessons for levels one through six begin July 9 and July 30 and run for two weeks.

Thursday, June 14 at 6:30 p.m., Murray's Country Rose Wine and Design. Contact Merry to sign up at 541-676-9426 and the cost is \$30 per person.

Thursday, June 14 at 6 p.m., Drop in Teen Time game night at the Heppner Library. All teens are welcome for fun, snacks, games and prizes. Sponsored by the Oregon Trail Library District.

June 14 through 16, Three-day Father's Day grilling event at Heppner Market Fresh Foods. Steak, live lobsters and other seafood, St. Louis ribs, Cattleland beef patties and Sugarale jumbo hot dogs are all available.

Friday, June 15 from 9 a.m. to 3 p.m., Heppner's Annual Sidewalk Sale. There will be some local craft vendors set up along with some local businesses.

Friday, June 15 from 11:30 a.m. to 1 p.m., Bank of Eastern Oregon's annual

community BBQ.

Saturday, June 16 from 10 a.m. to 10 p.m., Relay for Hope - Relay for Life event for Umatilla and Morrow County will be held at Roy Raley Park at 1205 SW Court Street in Pendleton. For additional information, please contact Carol Preston, event lead at 541-379-6294 or relaypendleton@yahoo.com. Online registration is available at RelayForLife.org/umatillacountyor.

Monday, June 18 through Wednesday, June 21 from 6-8 p.m., multi-church Vacation Bible School at Hope Lutheran Church. Monday evening will begin with a BBQ at 5 p.m. The other nights begin with a light supper at 5:30 p.m.

Thursday, June 21, Rocking the Longest Day will be held at Willow Creek Terrace. This event is being held to raise awareness and support for advancing research on dementia and Alzheimer's. The Longest Day is all about love, love for those affected by dementia & Alzheimer's. A free continental breakfast will be served from 5:30 - 10 a.m., free BBQ lunch from 11:30 a.m. - 1 p.m. Cupcakes will be provided by Sweet Delights and Community Bank will provide cookies and snacks. Free Dementia/Alzheimer's awareness and support education will be available at 10 a.m., 1 p.m. and 6 p.m. contact Willow Creek Terrace for additional information.

Friday, June 22 from 9 to 11:30 a.m., Immigration Legal Services in Collaboration with Domestic Violence Services, Inc. presents Using Immigration

Laws to help survivors of domestic violence and child victimization. This meeting will be held at the Port of Morrow Riverfront Room in Boardman. RSVP to Griselda Cuevas or Manuel Gutierrez at 541-567-0424.

Thursday, June 28 at 6 p.m., Drop in Teen Time glow party at the Heppner Library. All teens are welcome for fun, snacks, games and prizes. Sponsored by the Oregon Trail Library District.

Sunday, July 8 from 5 to 7 p.m., Music in the park at the Heppner city park, featuring Lindy Gravelle. Additional information available soon. This concert is facilitated by Hopeful Saints Ministry. As a fundraiser, a tent will be set up to serve pulled pork sandwiches, coleslaw, cookie and drink for a donation. The music for this event is being funded by Morrow County Unified Recreation District. Bring your own chairs.

Monday, July 23 through Friday, July 27 from 6 to 8 p.m., Vacation Bible School at the Heppner Christian Church. There will be a BBQ dinner provided on Friday. Additional information soon.

Sunday, Aug. 12 from 5 to 7 p.m., Music in the park at the Heppner city park, featuring Wasteland Kings. Additional information available soon. This concert is facilitated by Hopeful Saints Ministry. As a fundraiser, a tent will be set up to serve pulled pork sandwiches, coleslaw, cookie and drink for a donation. The music for this event is being funded by Morrow County Unified Recreation District. Bring your own chairs.

Council continues talks on new park rules

By David Sykes

The Heppner City Council Monday continued its discussion about implementing new laws governing behavior in the city parks. The new ordinance governs everything from language to alcohol to spitting on the grass.

The new ordinance was prompted by increased behavior problems with people using the park, and will give the city the right to both fine and ban people for three months from being in the city parks.

The council did not adopt the new ordinance but did spend some time discussing various parts of the rules. One in particular was the use of alcohol, with some councilmembers wondering if an outright banning was appropriate.

The prohibition of signs in the parks without the specific permission from the city council was also discussed and it was wondered if the sign ban would apply to birthday or other parties.

Other sections of the new ordinance covered fires, dogs, vehicles, sanitation (no person shall blow, spread or place any nasal or other bodily discharge), soliciting, public nuisance (no abusive, threatening, boisterous, vile, obscene or indecent language or gestures) and permitting of activities. Work still continues on the ordinance and it was not adopted at Monday's meeting.

In other business, minutes showed at a special May 21 meeting the council approved a three percent

cost of living wage increase for city employees.

At the May 14 meeting the council held an executive session and then voted to let stand the score on an annual evaluation by City Manager Edie Ball on Public Works Director Chad Doherty. Doherty had filed a grievance about the evaluation he was given by the city manager. The council released the following statement about their decision: "After review of the issue at hand, the council had decided that the score on the annual evaluation will stand as is. We see no need to change the score. It is a subjective evaluation and each city manager will have a different set of standards. We don't see the score as cause for alarm

or a sign of a drop in performance, but rather as an opportunity to work on the areas addressed if needed and move forward in personal growth," the council said. The actual evaluation was not made public.

In other business, the council opened bids on some surplus equipment it had put out for bid. A backhoe was sold for \$600, a 1994 Ford F250 pickup with a snow plow went for \$1,100 and misc. tools and other items were also sold.

In other business, the council voted to appoint the following people to the Heppner Housing Authority board: Judi Hall, Kathie McGowan, Kathi Dickenson, JoyceKay Hollomon, Jack Meligan, Phillip Pacheco and Teresa Hughes.

Colon cancer screenings offered

Eastern Oregon Healthy Living Alliance (EOHLA) has launched a new project to increase colon cancer screenings in Morrow, Sherman, and Gilliam counties. Annual screenings with a Fecal Immunochemical Test (FIT) kit, which is a screening kit that can be done at home that checks for blood in the stool, are recommended annually for adults aged 50-75.

Free screening kits will be provided at various locations in each participating county. Anyone can pick up a kit, complete the kit in the privacy of their own home and return the kit at designated locations. Completed kits returned with the provided survey card will be entered into a drawing for a \$50 Visa gift card, where six will be given away in each of Sherman and Gilliam counties and

12 given away in Morrow County. Free screening kits are provided in the following locations in Morrow County:

- Boardman: Columbia River Health Services
- Heppner: Pioneer Memorial Clinic
- Ione: Ione Community Clinic
- Irrigon: Irrigon Medical Clinic

According to the Oregon Health Authority,

"Colorectal cancer is preventable. Routine screening can reduce deaths through the early diagnosis and removal of precancerous polyps. Screening saves lives, but only if people get tested." One in three (36 percent) Oregonians ages 50-75 are not being screened as recommended. On this theme, the project slogan is: Got polyps? Get a screening kit and put your worries behind you!

"EOHLA is committed to delivering strategies that improve community health throughout the entire region," stated Andrea Fletcher, EOHLA co-founder and board member representing Morrow County. "With the shifting emphasis in the healthcare system toward prevention practices to help keep people healthy, screenings, such as colon cancer screenings, can prevent many serious illnesses before they occur."

Ione Music in the Park
Saturday, June 24th
 6-8pm Music by **Brady Goss**
 Pianist & Song Writer

Everyone invited
Bring chair & cooler

Sponsored by Morrow County Unified Recreation District & Ione Library Board
Music in the park will have Performances through September

COME SUPPORT OUR SUMMER MUSIC PROGRAM



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