

## A View from the Hill

By Doris Brosnan

The community at Willow Creek Terrace is especially thankful for the variety of indoor activities available through the week, since the outside temperatures are hitting three digits. Morning exercises and discussions stimulate the mind and body without threat of overheating. Bingo, craft projects, crossword puzzle challenges and the jigsaw puzzle are great fun without the heat. The weekly piano performance is soothing and nostalgic. The Wednesday reading of the Gazette-Times informs, creates conversations and offers a bonus that fits so nicely with these hot summer days: The participants combine the reading and visiting with an ice cream social. Perfect!

July zipped by with its hot, dry days and August promises to do the same, but it brings a favorite event in a couple of weeks. Several residents will be taking in the Morrow County Fair; some will also attend the rodeo and everyone is hoping to watch a Willow Creek Terrace float cruise Main Street in the big parade. Plans are in the making.

Morning discussions and dining menus will fea-

ture several nationally-designated (by whom?) days of celebration. While acknowledging a "Twins Festival," Aug. 4-6, Residents and Staff can share stories about being, knowing or hearing about twins. (Maybe someone will decide to dress as twins?) On the fifth, American Bandstand will be the topic as its 1957 origin is celebrated. (Remember when it was so shocking, some parents refused to let their children watch it?) Three designations will probably mean a long discussion on the sixth, as Forgiveness, Lifelong Friendships, and Sisters are all featured that day. If anyone takes the week of the Aug. 7-13 seriously enough, some facial muscles might become sore but stronger—that is celebrated as "Smile Week." Smokey the Bear turns 73 on the ninth, so the morning conversation may include stories about forests, fires and maybe meeting the big fellow. Vinyl records will provide atmosphere to the discussion on the 12<sup>th</sup>, as they are featured on the calendar, as are Middle Children. (Many, many stories there, surely!) And that segues into Aug. 13's

discussion of "Family." Everyone will enjoy talking about Best Friends on the 15<sup>th</sup>, which is also National Relaxation Day, so relax, everyone! Anyone who knows some Old Wives' Tales may want to join the morning conversation on the 16<sup>th</sup>, and figure out the truth of some. The sixth "Serendipity Day" will be the topic on the 18<sup>th</sup>, and poets and poetry will be featured on the 21<sup>st</sup>. On "Be an Angel Day," the 22<sup>nd</sup>, Residents are bound to reminisce about small acts of service others have provided or blessings that others have been to them. The dog has its designated day of celebration on the 26<sup>th</sup>, and "Grief Awareness" will be the somber but maybe helpful topic on the 30<sup>th</sup>.

And foods that have their special days in August and will be featured on the Terrace menus? Choose the days to join the Residents for Ice Cream Sandwiches (Aug. 2), Watermelon (Aug. 3), Zucchini (the 8<sup>th</sup>), Rice Pudding (Aug. 9), Banana Splits (10<sup>th</sup>), Creamsicle (14<sup>th</sup>), Lemonade, which was introduced in Paris, France, in 1630 (20<sup>th</sup>), Sponge Cake (23<sup>rd</sup>), Peach

## Weight Watchers lose a ton



The local Weight Watchers group has lost a ton—or nearly. The local group, which now consists of 22 members in the Heppner area, has lost 1,944 pounds over the last year and a half. Pictured are a few of the members, Virginia Ramirez, group leader Jill Miller, Sally Walker, Nova Simpson, Kandy Boyd and Kathi Dickenson. New members are encouraged to show up any time; the group meets Mondays at 6 p.m. at St. Patrick's parish hall. -Contributed photo

Pie (24<sup>th</sup>) and Cherry Turnovers (28<sup>th</sup>). Yes, readers, these foods do have their national days of recognition on some calendars, so you may want to honor them in your own homes.

Residents and Staff

have been honored to have Onna DeLoach working for and with them, so they will sadly bid her farewell as August comes to a close. Onna graduated from Heppner High School this spring and will be heading

off to college soon. She will be a loss to the Terrace, but everyone is also happy for her as she begins work toward her goals. They all view Onna as a fine member of their community and wish her well.

## Elwood at Music in the Park



Colton "Elwood" Haney. -Contributed photo

Heppner's Music in the Park program continues this Sunday, Aug. 13, with a performance by Colton "Elwood" Haney, singer and

songwriter. He describes his music as "folk n' soul," inspired by the serenity and power of nature. Elwood sings with a guitar in hand

and a harmonica nearby. Formerly a member of the folk, country and soul band "Bitterroot," he's made Eastern Oregon his home while performing all around the Inland Northwest. His appearance in Heppner will be the fifth consecutive day in a series of concerts beginning in Moscow, ID, and continuing on to Jackson, WY, after his visit to Heppner.

This series of summer concerts is held on the second Sunday of the month from 5 p.m. to 7 p.m. at Heppner City Park on Main Street.

Funding is provided by the Morrow County Unified

Recreation District.

The Shared Ministry of Hope Lutheran Church and All Saints Episcopal Church facilitates this event as a service to the community.

The final concert in this fifth season of Music in the Park will be held on Sunday, Sept. 10, featuring Eric Jepsen and John Wambeke.

Pulled pork sandwiches and more will be available for purchase by donation in support of the Shared Ministry's well drilling projects through Living Water International.

In the event of rain, this concert will be moved to the Heppner Elementary gym.

## Boardman hears extension service presentation

During the Aug. 1 meeting, the Boardman City Council heard a presentation from the OSU Extension Service regarding the formation of new special districts in Morrow and Umatilla counties.

The Extension services of Morrow and Umatilla counties are promoting the formation of a new Extension service district in each county, and asked the city council to support putting it on the May 2018 ballot for voters' consideration. They proposed a draft resolution stating the City of Boardman supports the initiation of the formation of the new district.

The Extension services plan to ask the voters of Morrow and Umatilla counties to approve the formation of the new districts with a \$0.33 per thousand assessment rate, generating an estimated \$1.5 million a year.

Because of the way special districts receive

their taxes, the councilors' chief concern is the loss of revenue to the City of Boardman if this new special district is formed. At the Sept. 5 council meeting, councilors will further discuss the proposal and a resolution will be decided on at that time.

In other city business, the council approved a resolution to apply for a special city allotment from the State of Oregon for road improvements on North Olson Road.

Councilors also ratified a labor contract with the public works and clerical departments.

The city's engineering firm, Anderson Perry and Associates, presented information to the council regarding the city's master water and wastewater plan. The council scheduled a special meeting to further discuss the water and wastewater master plan on Aug. 7.

## CHRONICLES DEDICATION

-Continued from PAGE ONE other until they became involved in 4-H, but from then on, they knew that something special had happened for both of them, and they eventually married in 1950.

Betty's mother was a member of the Morrow County Historical Society and was enthused over the inception of the Morrow County Chronicles in 1982. She continued her

interest and support into her final years. Betty and Louis joined the historical society, and they agree that their interest in the publication must have been stimulated by Dorris's enthusiasm.

As their lives became fuller as parents and with Betty's work at the Ione School library and Louis's responsibilities on the family farm, on the Port of Morrow Commission and

then as Morrow County Judge, they continued their active participation in the historical society and in the creation of each year's Chronicles.

Without the Carlsons, these collections of county-related stories might not have continued a few years ago. The Carlsons have convinced many people over the years of the importance of saving history

and offering our legacy to generations to come.

"For their undying support, we thank them and dedicate this 2017 Morrow County Chronicles to Louis and Betty Carlson," stated the inscription in this year's Chronicles.

For information about Louis and Betty and their families, readers can see articles in several past issues of the Chronicles.

## Justice Court Report

Morrow County Justice of the Peace Ann Spicer has released the following Justice Court report:

-Camille Beth Malcom Peck, 65, of Lexington was found guilty of Violating the Basic Rule (VBR) 85/55 mph and was fined \$260.

-Kyler D. Dial, 28, of Heppner was found guilty of Driving While Suspended (DWS) - Violation and Driving Uninsured, as well as receiving a warning for Switched Plates, and was fined \$435 and \$260 respectively for a total of \$695.

-Dial, 28, of Milton-Freewater, OR Failed to Appear and was found guilty by default of DWS - Violation and Driving Uninsured and was fined \$435 and \$260 respectively for a total of \$695.

-Dial, 28, of Heppner Failed to Appear and was found guilty by default of Driving While Suspended (DWS) - Violation, as well as receiving a warning for Switched Plates, and was fined \$435.

-Nicholas Heimgartner, 31, of Pilot Rock Failed to Appear and was found guilty by default of Violating the Speed Limit 45/35 mph. He was fined \$110.

-Michael Oliver, 24, of Irrigon Failed to Appear and was found guilty by default of DWS - Violation and was fined \$435.

-A 17-year-old male of Lexington Failed to Appear and was found guilty by default of Failure to use a Seat Belt and was fined \$110.

-Vicki Faye Martin, 29, of Hermiston was found guilty of VBR 77/55 mph and was fined \$260.

-John Anthony Cochran, 40, of Portland was found guilty of No Resident Angling License and was fined \$110.

-Bradley Erick King, 47, of Heppner Failed to Appear and was found guilty by default of No Ops and Driving Uninsured and was fined \$260 on each count for a total of \$520.

-Terrisa Kay Dixon, 32, Failed to Appear and was

found guilty by default of No Ops and was fined \$260.

-Norin Frederick Walstead, 73, of Portland was found guilty of VBR 73/55 and was fined \$160.

-Shawn Neil Lala, 41, of Burlington, IA Failed to Appear and was found guilty by default of No Ops and Failure to Carry Proof of Insurance and was fined \$260 on each count for a total of \$520. In addition, the subject was arrested for Driving Under the Influence of Intoxicants and Resisting Arrest and was sentenced to 10 days jail time with credit for time served, three years of driver's license suspension, and 24 months bench probation, to include a drug and alcohol assessment, Victims Impact Panel, two years with an ignition interlock device and no contact with police agencies except in emergency situations. An additional count of Attempt to Assault a Public Safety Officer was dismissed. Fines were \$2,860 plus attorney fees.

## WILLOW CREEK ALGAE

-Continued from PAGE ONE or power boating where ingestion and inhalation exposure can occur is discouraged. Swallowing or inhaling water droplets as a result of these water activities in areas where a bloom has been identified, or an advisory issued, can expose people to the toxins being produced. Although toxins are not absorbed through the skin, people who have skin sensitivities that come into contact with a bloom may experience a puffy, red rash at the affected area.

Drinking water directly from Willow Creek Reservoir at this time is especially dangerous. OHA Public Health Division officials advise campers and other recreational visitors that toxins cannot be removed by boiling, filtering or treating water with camping-style filters.

People who draw in-home water directly from the affected area are advised to use an alternative water source because private treatment systems are not

proven effective for removing algae toxins. However public drinking water systems can reduce algae toxins through proper filtration and disinfection. If people connected to public water systems have questions about treatment and testing, they should contact their water supplier. If community members have questions about water available at nearby campgrounds, they should contact campground management.

Oregon health officials recommend that those who choose to eat fish from waters where algae blooms are present remove all fat, skin and organs before cooking, as toxins are more likely to collect in these tissues. Fillets should also be rinsed with clean water. Public health officials also advise people to not eat freshwater clams or mussels from Howard Bay and that Oregon Department of Fish and Wildlife regulations do not allow the harvest of these shellfish from freshwater sources. Crayfish muscle

can be eaten, but internal organs and liquid fat should be discarded.

Exposure to toxins can produce a variety of symptoms including numbness, tingling and dizziness that can lead to difficulty breathing or heart problems, and require immediate medical attention. Symptoms of skin irritation, weakness, diarrhea, nausea, cramps and fainting should also receive medical attention if they persist or worsen. Children and pets are at increased risk for exposure because of their size and level of activity. People who bring their pets to Willow Creek Reservoir for recreation activities should take special precautions to keep them from drinking from or swimming in the lake, and from licking their fur in the event they swim in affected water.

The advisory will be lifted when the concern no longer exists. To learn if an advisory has been issued or lifted, visit <http://www.healthoregon.org/hab>.