

The Official Newspaper
of the City of Heppner and the County of Morrow

Heppner
GAZETTE-TIMES
U.S.P.S. 240-420

Morrow County's Home-Owned Weekly Newspaper

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All News and Advertising Deadline is Monday at 5 p.m.

For Advertising: advertising deadline is Monday at 5 p.m. Cost for a display ad is \$5 per column inch. Cost for classified ad is 50¢ per word. Cost for Card of Thanks is \$10 up to 100 words. Cost for a classified display ad is \$5.75 per column inch.

For Public/Legal Notices: public/legal notices deadline is Monday at 5 p.m. Dates for publication must be specified. Affidavits must be required at the time of submission. Affidavits require three weeks to process after last date of publication (a sooner return date must be specified if required).

For Obituaries: Obituaries are published in the Heppner GT at no charge and are edited to meet news guidelines. Families wishing to include information not included in the guidelines or who wish to have the obituary written in a certain way must purchase advertising space for the obituary.

For Letters to the Editor: Letters to the Editor MUST be signed by the author. The Heppner GT will not publish unsigned letters. All letters MUST include the author's address and phone number for use by the GT office. The GT reserves the right to edit letters. The GT is not responsible for accuracy of statements made in letters. Any letters expressing thanks will be placed in the classifieds under "Card of Thanks" at a cost of \$10.

Cabin Fever shows chase away the winter blues



The cast of last year's Cabin Fever show in Heppner takes a bow. L-R: John Wambeke, Pat Ward, Eric Jepsen, Jimmy Creason, Abby Hernandez, Joe Lindsay and Corey Cooley. -Contributed photo

The popular "Cabin Fever" variety show is promising to help chase away our cold January blues with its trademark mixture of music and humor. John Wambeke and Friends will stage their ninth annual family fun

event on two consecutive Saturday nights, Jan. 14 and 21, at the Hermiston Conference Center.

Local performers include Joe Lindsay who, along with Corey Cooley, teams up to create the

show's commercial skits. Lone teacher and fiddle player Eric Jepsen will be playing with the stage band, which includes John Wambeke on vocals and guitar, former Heppner resident Luke Basile on bass, the

Frazer Wambeke Trio, Pat Ward, and Jimmy Creason of Irrigon.

Also featured this year will be the piano talents of 11-year-old Dylan Ditchen of Stanfield and, of course, the humor of spinsters Thelma and Eunice.

Tickets for the dinner, which are \$38 each, are limited. For those who want to only watch the show, the tickets are \$15 each. For the dinner event, doors open at 5:30 p.m.

Show-only guests are invited to arrive at 6:30 for the 7 p.m. show.

Tickets are available at Cottage Flowers, 1725 N. First Street in Hermiston. Show-only tickets also will be available at the door.

For more information call 541-567-4305 or search Facebook for "Cabin Fever."

First Friday Friends of Jesus this week

First Friday Friends of Jesus will gather this Friday, Jan. 6, at the All Saints parish hall. A morning filled with Bible stories, crafts and games begins at 8:30 a.m. and concludes at 12:30 p.m.

A free lunch is served, and there is no cost to attend. Newcomers are always welcome. More information is available by calling the Shared Ministry office at 541-676-9970.

Catholic men to hold First Friday meeting

The men of St. Patrick's Catholic Church of Heppner and St. William's Catholic Church of Ione will hold their First Friday of the month meeting on Friday, Jan. 6, at the parish office in Heppner. The meeting will start at 6:45 a.m. and will be followed by First Friday Mass at 7:30 a.m.

Shared Ministry celebrates water project

The Shared Ministry of Hope Lutheran Church and All Saints Episcopal Church will be celebrating the completion of another water project this Sunday, Jan. 8, beginning about 11 a.m. (after 10 a.m. worship) at the All Saints parish hall with a potluck featuring Native American, and especially Navajo, foods. All are welcome.

After funding construction or rehabilitation of five wells in Central America, India and Africa through Living Water International, the Shared Ministry chose to contribute to a water crisis in the United States among the Navajo in New Mexico through DigDeep.

Due to the extraordinary cost of drilling for

water in that region, the church could not do what it has done elsewhere, but instead contributed home water distribution systems for two households (more costly than one well in Haiti). This project was completed months ago, so the ministry says this Sunday's celebration is tardy but still appropriate.

For the seventh water project, the Shared Ministry has once again partnered with Living Water International to build a well in a remote area up the Amazon River in Peru. That well has been fully funded, and is scheduled for completion in late February. More information is available by calling 541-676-9970.

A View from The Hill

By Doris Brosnan

December was a month of music and amazing weather at Willow Creek Terrace, as four caroling groups braved the elements to entertain the Community on the Hill and Alaina Lemmon's talented piano students offered a fine concert. Severe weather conditions precluded some other caroling visits, and Miller and Sons had to remove snow twice from the Terrace's parking lot. One night, the Staff worked periodically through the night to clear the entry areas as wind blew and snow drifted as high as the windows.

Residents remembered similar snowfalls of their youth, when playing in the snow was fun and traveling in it was not considered a big challenge. This year, however, conditions kept most people indoors, and some appointments had to be postponed.

On Dec. 4, Staff, friends and Residents decked the Terrace halls with a vast array of Christmas trappings, enjoyed the singing of carols—accompanied by Katy Anderson on the piano—and topped off their evening with homemade

soups and breads. All was set for Santa's arrival, and no one was disappointed on Christmas morning. Under the tree, "Santa" had left gifts for everyone: bags of personal products and lovely lap blankets. The "Willow Creek Angels" (Staff members) added to each Resident's pleasure by giving something specifically chosen for that person. (They listen and watch all year long for clues to the perfect gift for each one.)

Christmas Eve was a quiet time, with soup and snacks and pleasant memories. Christmas Day was busier, as the tables were surrounded by 28 diners, 13 of them guests. This large gathering was treated to prime rib from Charlie and Marcia Anderson.

The snacks and decorations continue to grace the parlor and halls, and the Epiphany on Jan. 6 will mark the day to box up decorations until next December. Possibly, the abundance of great foods and wonderful snacks could be one reason that the number of Residents participating in the morning exercises has doubled since Christmas? More than one Resi-

dent seemed surprised by his or her weigh-in results at the monthly health check.

Of course, the holiday festive foods continued through New Year's Day: 2016 ended quietly, for some with snacks and the 9 p.m. telecast of the ball drop in New York City, but 2017 began with a special, large breakfast and a special, large lunch.

As usual, with the new year comes the flu season. Cases of influenza have been reported in the county, and the signs are up at the entry of the Terrace: Visitors are asked to use precautions when coming to visit and to stay away if they have any signs of illness. Having to "lock down" the Terrace from visitors is not desirable, but the extreme measure has occurred in the past under extreme flu-season conditions.

Indoor activities will continue to occupy some Residents' weekly schedules, and they will have an opportunity to be "project supervisors" soon, which should provide added conversation around the dining tables. A small project will result in the conversion of an available space into

a "med room." Presently, Staff's access to medications shares space with the administrator's office space, so the separation will be a welcome improvement of both spaces.

Two Residents welcomed their birthdays in December: Roice Fulleton turned 99 on the third. And Mary Ramey was younger than that on the 17th. Two more reasons for celebrations and festive foods last month. This month will feature two more birthday celebrations: Beverly Norton will be the Birthday Girl on the 10th, and Beulah Brownfield will welcome her birthday just three days later.

The Community recently welcomed a new staff member Jayme Pettibone, so they are introducing her to their holiday events and weekly activities. They hope to soon welcome new neighbors, also. Three apartments remain available, so interested parties should call 541-676-0004 for information. The Community views the welcoming of new faces as one of the bonuses of life on the hill.

CAPECO to offer quarterly health checks

CAPECO's (Community Action Program of East Central Oregon) Area Agency on Aging is sending a nurse to Heppner's senior meal site to provide free quarterly health checks for senior participants.

A registered nurse will be at the Heppner meal site on Wednesday, Jan. 18.

Seniors don't have to have lunch at the St. Patrick's Senior Center meal site in order to see the nurse for the check-up, but CAPECO does encourage them to combine the two

if they wish, because the nurse will be doing check-ups before and after the meal.

The Heppner lunch is served at 11:30 a.m.

Health checks will include heart rate, respiratory rate, height and weight, body mass index, tempera-

ture, exercise and dietary habits, blood pressure, and blood glucose, blood oxygen, blood cholesterol and blood hemoglobin levels.

This program is completely free as a service to seniors to help them stay healthy in between visits with their regular doctor.

Chamber annual meeting this week

The Heppner Chamber of Commerce will hold its annual meeting this Thursday, Jan. 5, at noon in the St. Patrick's Senior Center dining room.

The chamber will also see a presentation by three Heppner High seniors who have been working with a local business and want to share about their project.

Cost of lunch is \$10; JoAnn Lear with Pudding on the Ritz will cater.

Chamber lunch attendees are asked to RSVP at 541-676-5536 no later than the Tuesday before.

Classes offered for potential foster parents

Department of Human Services Child Welfare Program will be holding Foundations classes for individuals wishing to become foster or adoptive providers for children in foster care. These classes are free and are required as part of the homestudy process.

January Foundations classes will be held at the Hermiston DHS office, 950 SE Columbia Drive, Hermiston, four Saturdays a row, Jan. 7, 14, 21 and 28, from 9 a.m. to 4 p.m.

Umatilla and Morrow counties need foster providers for children ages newborn to 18. Providers care for children for a few days to several years at times depending on the circumstances. The county needs foster providers with a variety of lifestyles to meet the variety of children in our care. Singles, work-

ing couples and retirees all have something to offer these young children.

Future Foundations classes will be held in March in Pendleton, June in Hermiston, August in Boardman and October in Pendleton.

For more information contact Marvin Hamilton at 541-564-4484. Ongoing Foundations classes also are held in Spanish monthly. Contact Irma DeAnda, 541-564-4493.

The Heppner Chamber of Commerce Board would like to thank you, our chamber members, for supporting us with membership dues, contributions and donations and volunteers throughout 2016. There would be no chamber, without you and we look forward to our continuing relationship!

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Bold represents new member in 2016

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