

The Official Newspaper
of the City of Heppner and the County of Morrow

Heppner
GAZETTE-TIMES
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Morrow County's Home-Owned Weekly Newspaper
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David Sykes.....Publisher
Andrea Di Salvo.....Editor

All News and Advertising Deadline is Monday at 5 p.m.
For Advertising: advertising deadline is Monday at 5 p.m. Cost for a display ad is \$5 per column inch. Cost for classified ad is 50¢ per word. Cost for Card of Thanks is \$10 up to 100 words. Cost for a classified display ad is \$5.75 per column inch.
For Public/Legal Notices: public/legal notices deadline is Monday at 5 p.m. Dates for publication must be specified. Affidavits must be required at the time of submission. Affidavits require three weeks to process after last date of publication (a sooner return date must be specified if required).
For Obituaries: Obituaries are published in the Heppner GT at no charge and are edited to meet news guidelines. Families wishing to include information not included in the guidelines or who wish to have the obituary written in a certain way must purchase advertising space for the obituary.
For Letters to the Editor: Letters to the Editor MUST be signed by the author. The Heppner GT will not publish unsigned letters. All letters MUST include the author's address and phone number for use by the GT office. The GT reserves the right to edit letters. The GT is not responsible for accuracy of statements made in letters. Any letters expressing thanks will be placed in the classifieds under "Card of Thanks" at a cost of \$10.

Holiday bazaar this Saturday

The Heppner Day Care will once again host a holiday bazaar this Saturday, Dec. 5, at the St. Patrick's parish hall from 9:30 a.m. to 2:30 p.m.

Coffee, pastries and a delicious soup lunch will be available. Santa's workshop will be open, and children can make a special gift for just \$2 each. Numerous vendors will be set up and include items such as wood crafts, home décor, Scentsy, handmade wreaths, lotions, soaps, jewelry, knitted and crocheted items, quilts, LuLaRoe, decorative gourds, Osborne Books and much more.

Admission is free so everyone is invited to come in, warm up and shop local this weekend.

Catholic men to hold first Friday meeting

The men of St. Patrick's Catholic Church of Heppner and St. William's Catholic Church of Ione will hold their first Friday of the month meeting on Dec. 4 at the parish office in Heppner. The meeting will start at 6:45 a.m. and will be followed by first Friday Mass at 7:30 a.m.

First annual music fest planned Dec. 13

A first annual community-wide Christmas Music Fest will be held at Hope Lutheran Church (corner of Alfalfa and Cowsins in Heppner) on Sunday, Dec. 13, beginning at 3 p.m.

This event will be a celebration of the season featuring music for piano, violin, hand chimes, voice and more, and will conclude with a carol sing-along. Admission is free, but donations of canned food or cash to help meet local needs through the Neighborhood Center will be welcome.

More information is available by calling the Shared Ministry office at 541-676-9970.

First Friday Friends of Jesus this week

The next session of First Friday Friends of Jesus will be held this week, Dec. 4, from 9 a.m. to 1 p.m. at the All Saints Parish Hall. All children ages four through 12 are welcome. A morning filled with Bible stories, crafts and games concludes with a free lunch, and there is no cost to attend.

Supervised play is available between 8 a.m. and 9 a.m., but parents are asked to call the church office in advance at 541-676-9970.

Elizabeth 'Liz' Wilson Buehler

Elizabeth "Liz" Wilson Buehler, 94, died peacefully Saturday, November 21, 2015 at La Grande, OR. A Celebration of Life and interment at Pioneer Cemetery will be held in The Dalles, OR on April 23 of next year. Liz will be the last person interred at Pioneer Cemetery. She was quietly proud that they had to wait all these years to "close the gates," so to speak.

She was born at The

Dalles on February 14, 1921 to Frederick and Connetta Wilson. She was of pioneer stock. Her paternal grandparents were Judge Joseph G. Wilson and Post-mistress Elizabeth Wilson of The Dalles. Her father was also a revered judge.

She graduated from The Dalles High School in 1938 and Whitman College in 1942. She worked as an English teacher and for many years was the field historian and editor with the

Oregon Historical Society. Upon her retirement she joined the Peace Corps and taught English in Thailand.

Liz was an accomplished bridge player and always did the crossword puzzle with a pen. During the 30-odd years that she lived in Beaverton, she was a member of Southminster Presbyterian Church. Liz also was a resident of Willow Creek Assisted Living in Heppner for some time and appreciated the care

that she received there.

Liz was preceded in death by her brother, Joe.

She is survived by her three children, Fred Buehler and his wife Deb Wong, John Buehler and his wife Susie Cunningham, and Betsy Anderson and her husband John Anderson; five grandchildren; and four great-grandchildren.

Liz hoped that, if they wished, her friends might make a gift to the charity of their choice in her memory.

Marjorie H. Davis

Marjorie H. Davis, 92, longtime Wheeler County resident, went to heaven on Monday, November 23, 2015 to meet again with the love of her life, Ray Davis, who preceded her in death 11 years ago. A celebration of life will be held on Sunday, December 6, at 1:30 p.m. at the Rock in Spray.

She was born March 20, 1923 at Cosmopolis, WA, the daughter of Charles and Pauline Hoffman Sams. Marjorie had nine siblings.

On April 15, 1939 she married Francis Ray Davis, and the couple resided at Winlock near Spray, where they raised three generations of kids over a 65-year period of time. She was a stay-at-home mom, taking care of the home fire while Ray was out logging. Their children were their life. Marjorie and Ray always



Marjorie H. Davis

had time for family and friends to stop and visit and have a bite to eat. She could do any kind of handy work, including sewing, knitting or anything with a needle.

Survivors include her children, Jean, Wayne and his wife Judy, Shawn and companion Linda, Tyson and Elisabeth; siblings, Vi-

olet, Isabel, Marion, Carol and Audrey; 14 grandchildren; 12 great-grandchildren; and six great-great-grandchildren.

She was preceded in death by her husband, Ray; sons, Harold and Gaylord; siblings, Thelma, Dorothy, Richard and Elmer; and her parents, Elmer and Polly.

Sweeney Mortuary of Heppner is in charge of arrangements.

Holly Rebekah card party this Saturday

Holly Rebekah Lodge will host its monthly card party this Saturday, Dec. 5, at the lodge hall in Lexington. Participants will start playing at 7 p.m. The cost is \$5 per person for an evening of fun, friends and food. This event is open to the public.

Honoring family and friends who care for veterans

By Michelle Stefanelli, DCSW/LCSW, and Jennifer Henius, LCSW, VA Caregiver Support

VA offers professional respite care to caregivers. Eligible veterans may be eligible to receive 30 days of respite care per year.

In November, VA, along with the entire country, celebrates National Family Caregivers Month. This is a time to honor and celebrate caregivers who selflessly provide care to ill, injured or disabled veterans.

A report released by AARP in June 2015 estimated that about 40 million family caregivers in the U.S. provided 37 billion hours of care, valued at an estimated \$470 billion. This report also noted that caregivers spend an average of about 18 hours a week providing care.

Respite care allows caregivers time to take a break and take care of themselves.

According to another

2015 AARP study, 60 percent of caregivers report being employed during their time as a caregiver—56 percent of those caregivers report working an average of 34.7 hours per week. Yet surprisingly, 82 percent of caregivers of veterans report that they have not received any respite care services from VA.

What is Respite Care?

Respite care is short-term care provided to an ill, injured or disabled individual, which provides a break for his or her regular caregiver. Some caregivers utilize informal respite care by asking family and friends for help. VA offers professional respite care to caregivers as well. Respite care can be provided in the home by hiring trained home health aides. It can also be provided in a nursing home facility or one of VA's Community Living Centers.

Eligible veterans who require the support of a family caregiver may be eligible to receive 30 days of respite care per year.

Another service provided to veterans that can offer a break to caregivers is Adult Day Health Care, a day program that veterans can attend to get out of the home and socialize while still receiving the supervision and care they need.

Why Use Respite Care?

Respite care is an important resource for caregivers. It allows caregivers time to take a break and take care of themselves. Some caregivers choose to use respite so that they can attend their own medical appointments or accomplish other necessary tasks. It is important, however, for caregivers to remember that respite can and should be used to take a break and do something enjoyable.

It can be easy for caregivers to forget they need to take care of themselves, too. By prioritizing their own health and wellness, caregivers will have the capacity to provide the best care.

VA Voluntary Service: Support for Veterans and Caregivers

Voluntary Service is a wonderful organization within VA that supports caregivers by providing peer mentoring opportunities and in-home companionship for veterans. Volunteers can travel to the home in order to allow caregivers time for themselves.

Many veterans find it fulfilling to connect and socialize with a volunteer, while simultaneously providing caregivers time to pursue what's personally meaningful, whether it's coffee with a friend, yoga, meditation or spending time outdoors. Self-care looks different for everyone, but is essential to recharging and improving one's well-being.

How Can Caregivers Get Help?

Respite care and other caregiver support services can be accessed in a number of ways at each VA Medical Center. Caregivers can contact their local caregiver support coordinator for assistance with connecting to these services.

Find out more information on the Caregiver Support Program and locate your caregiver support coordinator online or by calling the VA Caregiver Support Line at 1-855-260-3274.

Just released!



When the village of Heppner, Oregon is destroyed by a flash flood on the evening of June 14, 1903, every man, woman and child left alive is changed— forever.

READING / SIGNING

Come listen to a bit of the story and visit with the author, Peg Willis.

Morrow County Heritage Museum
Saturday • December 5 • 10:00 a.m.

Young Anny Klein has no idea who she is or where she's come from. Little wonder, considering the truth of the story.





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