

HEALTH DISTRICT - Continued from PAGE ONE

Department, Community Counseling Solutions, Advantage Dental and the Lone School District. He said that the grant money, if the application is successful, would go initially to the Morrow County Health Department, which would then disperse the funds to the other entities. He said the plan would be taken to the ISD Board.

According to Grigg, the clinic would have to be open three days a week, at least 20 hours, with 10 of those hours staffed by medical personnel and the other half a combination of dental and mental health care.

Also at the meeting, the board approved a retroactive contract extension for Sheridan Tarnasky, P.A.C., whose contract expired on August 1. The extension will be in effect until October 31. Grigg also said that Tarnasky will be on a three-week leave while she recovers from a scheduled surgery.

Grigg told the board that 70 out of 71 MCHD employees have signed the district's Promise of Excellence which asks employees to promise to certain positive behaviors. According to the document, employees are required to: serve others with courteousness, appreciation, respect and empathy; project a positive attitude helping to create a positive work atmosphere; maintain a safe clean and accident-free environment; be truthful and clear when they speak, listen and interact with customers and team members; and ensure that fellow team members can rely on them to accomplish the mission for excellence. All of the categories require specific actions.



Emergency Medical Services staff and volunteers receiving longevity pins (left to right): Peggy Lauritsen, Shannon Boor, Pennie Miller, Carl Lauritsen, Delia Robinson, Rusty Estes, Tina Davidson, Diana Grant and Charlie Sumner.

Grigg said that the district had two staff signing parties for the Promise of Excellence, one in Heppner and one in Irrigon. Director of Nursing Molly Rhea, R.N., said she had spoken to the last employee who had not signed the document and reported that the employee intended to sign, but had not yet gotten around to it.

In other business the board:

-received the following draft profit and loss statement from Chief Financial Officer Nicole Mahoney for June with \$528,414 in gross patient revenue, with \$18,854 for bad debts, \$31,961 in contractual and other adjustments, plus \$138,075 in tax revenue and \$18,527 in other operating revenue for \$671,909 in total operating revenue, \$674,612 in total operating expenses, plus a \$25,951 non-operating gain for a \$23,248 gain for the month.

-received the following profit and loss statement for July with \$747,037 in gross patient revenue, with \$12,543 for bad debts, \$114,497 in contractual and other adjustments, plus \$117,893 in tax revenue and \$17,533 in other operating revenue for \$755,422 in total operating revenue, \$765,860 in total operating expenses, plus a \$14,892 non-operating gain for a \$4,455 gain for the month.

-discussed a patient satisfaction report.

-learned from Grigg that Chris Lewis is stepping down as manager of the dietary department, but will continue as housekeeping manager. He said that Pam Schmidt was promoted to dietary manager effective September 8. He said that Dan Sharp has been hired as a new maintenance worker, to start after Labor Day. Grigg said that the district had a vacancy in the imaging department, but an imaging technologist had

recently been hired, and in the business office, where they were actively recruiting new employees.

-heard from Grigg that the search for a director of clinic and home care operations is still ongoing. He said that the district had conducted a round of telephone interviews without success and planned to broaden the search by using a search firm. He said that if in a month, the position is not filled, he may separate duties into two positions.

-learned that the Oregon Department of Human Services recently recognized EMT staff and volunteers for their years of service. Certificates and pins were presented at an EMS meeting for those with over 10 years of service. Staff receiving pins were: Kristen Bowles-eight years; Del Turner-eight years; Lori Seitz-11 years; Shannon Boor-15 years; Richard Kent-17 years; Vickie Kent-17 years; Peggy Lau-

ritsen-17 years; Sandra Patton-18 years; William Ellis-20 years; Greg Close-21 years; Harvey Childers-22 years; Diana Grant-22 years; Rusty Estes-26 years; Delia Robinson-26 years; Charlie Sumner-26 years; Steve Myren-26 years; Carl Lauritsen-33 years; Pennie Miller-35 years.

-heard praises for Rhea from Grigg, who remarked that the health district had a strong presence at the Morrow County Fair with an ambulance and nursing staff in the Saturday parade and two booths set up in the fair exhibit hall. He said that Rhea manned the booth and provided hands on training in "hands only" CPR to numerous people.

-learned that the annual Community Night Out will be held at the Boardman city Park from 5-8 p.m. on August 28 with representatives from the Boardman Police Department, Boardman Rural Fire Protection district and the MCHD on hand. Hamburgers, hot dogs and ice cream will be served.

-heard that Legacy Emanuel Medical Center sponsored training in Heppner for the MCHD trauma team, which was attended by 23 health district staff.

-heard that Pioneer Memorial Clinic in Heppner provided 61 free sports physicals and Irrigon Medical Clinic provided 63, with more planned in Irrigon on September 8.

-heard that the fall board retreat will be October 8-9 as originally planned with Michelle Rathman and Mary Sheehan from Impact communications as retreat facilitators. The retreat will be held in Heppner on Wednesday, Octo-

ber 8, from 3-7 p.m. and in Boardman at the Sage Center conference room on Thursday, October 9, from 8 a.m.-noon.

-received the following report: Pioneer Memorial Clinic had 405 patients in June, with eight new patients, 16 seen by a nurse and 17 no shows, 413 patients in July with 11 new patients, 30 seen by a nurse and 12 no-shows; Irrigon Medical Clinic had 197 patients in June with 21 new patients, 43 seen by a nurse and 20 no-shows, 233 patients in July with 26 new patients, 53 seen by a nurse and 15 no-shows; Pioneer Memorial Hospital had six admissions in July with one swing bed admission, eight admitted for observation, one admitted for hospital respite, 473 outpatients, 82 emergency room encounters, 1,739 lab tests, 127 x-ray procedures, 32 CT scans, 13 EKG tests, two colonoscopy procedures, three endoscopy procedures; Home Health had 130 patient visits; Hospice had one admission; Pharmacy had 1,523 drug doses for \$121,501 in drug revenue; Heppner Ambulance had 19 total page-outs with 12 transports in June and 25 page-outs with 19 transports for \$26,557 revenue in July; Boardman Ambulance had 22 page-outs in June with 18 transports, 27 page-outs in July with 17 transports for \$25,509 revenue. Irrigon Ambulance had 18 page-outs in June with 14 transports, 22 page-outs in July with 13 transports for \$16,816 in revenue; there were three flights out in June and four in July.

-held an executive session to discuss the administrator's salary.

Brothers run to improve health and inspire others



Isaiah and Jeremiah Godby -Photo by David Sykes

Isaiah and Jeremiah Godby, brothers and students at Oregon University, have spent the last several weeks running across the state of Oregon to encourage Oregonians to improve their health through better eating and exercise.

The "Health Extension Run 2014" was designed to inspire Oregonians to take charge of their health and educate community residents about the role

the OSU College of Public Health and Human Sciences and OSU Extension Service offices in each county play in building healthy communities. The event coincides with the recent accreditation of the College of Public Health and Human Sciences.

The Godbys departed Corvallis in early July and have since run hundreds of miles across the state. The Oregon State University Extension Service Region

3 staff have organized a couple of community events to coincide with the brothers' visit to their communities.

Aug. 21, the Godbys arrived in Heppner at City Hall. City officials and community members met with them to discuss their experience running across the state and why this cause is important to them.

Aug. 22, the Godbys arrived at the Farmers Market in Pendleton. A booth was to have been set up and a Zumba instructor there to lead a fun Zumba class. The Godbys will join OSU Extension office staff members in the booth to meet community residents and share their story. They'll also be serving up watermelon slush to visitors.

To learn more about the Godbys' run, visit the following run website: <http://blogs.oregonstate.edu/healthrun/>.

HVAC upgrades to save school district \$21,000 a year

New energy-efficient upgrades to the HVAC systems of two Morrow County School District buildings in north Morrow County are going to save the district big bucks, according to a district release.

The district announced the upgrades, which were completed with technical expertise and cash incentives from Energy Trust of Oregon, will pay for themselves in two months and save the district an estimated \$21,000 a year.

"As we continue to see expenditures increase, from textbooks to electricity, it's tremendously important to save every penny," superintendent Dirk Dirksen said in a news release.

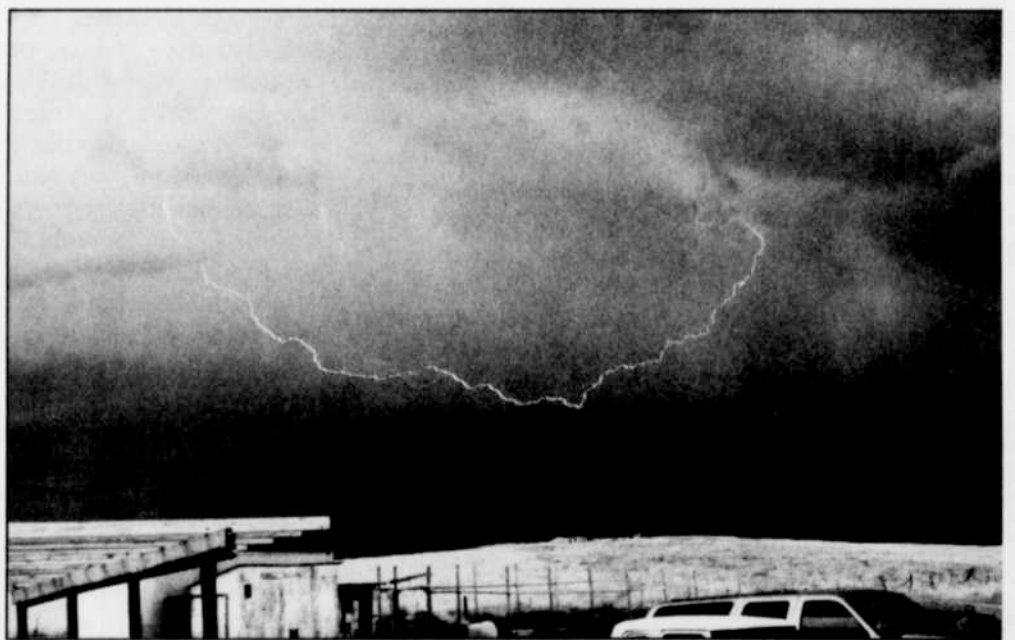
He said the upgrades would not be within reach of a small rural district such as Morrow County School District if it weren't for the help from Energy Trust of Oregon. The nonprofit reports it has given \$1 million in cash incentives to more than 180 schools in

the last year.

The district announced the revamped systems will reduce the district's natural gas use by 14,093 therms a year, or enough to heat 28 homes for the same time frame.

The upgrades were implemented at Irrigon Elementary and Windy River Elementary. Dirksen said the same energy study, which should result in similar tune-ups and equipment replacements, is being completed at the district's other schools.

Lightning storm hits Heppner area



Lightning in the sky near during a thunder and lightning storm near Heppner on Sunday, August 24. Photo captured by John Gould.

A View From the Green

ALS Challenge at WCCC earns \$300 donation

Over \$300 was donated to the ALS (Lou Gehrig's Disease) Foundation at the August 24 Sunday Men's Play. Before golf, Dale Holland did the ALS Ice Bucket Challenge, in which a bucket of ice water was poured over his head in honor and memory of his sister, Diane.

Results for the day's play were as follows:

Gross: 1. Greg Grant - 62, 2. Barry Munkers - 65, 3. Ron Bowman.

Net: 1. (tie) Dave Mitchell and Dennis Peck - 55, 3. Stacy Wilson - 56.

Least Putts: Dale Holland.

Special Events: Dave Mitchell (KP #4/13) and Dave Pranger (Long Putt # 5/14).

The next regular Sunday play will be on Aug. 31 with Charlie Ferguson, Larry Runyon and Stacy Wilson in charge.

Over the Tee Cup

Fourteen ladies participated in the play day at Willow Creek Country Club Aug. 19. Nancy Prophetor took low gross of the field, while Lorraine Montgomery took low net. Least putts of the field went to Karen Thompson.

For Flight A, Pat Edmondson had low gross, Eva Kilkenny low net and long drive, and Virginia Grant had least putts and KP.

For Flight B, Thompson had the long drive.

Results for Flight C are as follows:

Gross: 1. Judy Harris, 2. Sue Edson. Net: 1. Jackie Allstott, 2. Betty Burns. Least putts went to Betty Carlson, and Burns had the long drive.

In other events, Virginia Grant had a chip-in on #7.

In coming events, sign-ups are now available for the Eddie Skow Net Tournament planned for Sept. 2-3. The 27-hole tournament will feature nine holes on Tuesday, Sept. 2, and 18 holes on Wednesday, Sept. 3. Tee time is 9 a.m. both days but participants are asked to be there at 8:30 a.m.

ALL NEWS AND ADVERTISEMENT DEADLINE:
MONDAYS AT 5:00 P.M.