

NEW ADMIN BUILDING



An artist's sketch of the new courthouse annex building in relation to the present 114-year-old courthouse.

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Osmin Ranch near Heppner. The architects said they traveled to the ranch and looked at the quarry to see if some of the original rock could be used in the new building, but it was determined that not only would it be very expensive to do so, but the expertise to quarry, cut and use the rock was not as prevalent today as it was when the original courthouse was built.

"Basalt is very expensive to use and there are not very many craftsmen around that can do it," said architect Amber Van Ocker of LKV Architects.

She said they were possibly going to be able to use some basalt in the landscaping around the building, but that would be the extent of the original stone usage.

The designers were, however, able to incorporate

a similar between the new and old county buildings.

As a timeline for the new building, it was announced that demolition of the present homes would be in 2-3 months, and the project manager said his company was going to work closely with residents in the area to alleviate problems.

A general contractor on the project had not yet been selected as of last week.

CREZ HOUSING PLANS

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manager and CREZ board member Karen Pettigrew said so far the BCDA was only a proposal and the group would be back later for a specific request. She also said the program would be designed to take some of the fear out of a first time home purchase and make it easier for people to buy a home.

Board member Marc Rogelstad said he supported the program because purchasing a home can be "overwhelming." The home-buying training course would also be offered in Spanish.

In other business the CREZ board approved a request from the Morrow County Sheriff's Department for funding to upgrade their "Computer Aided Dispatch" system used in police and other emergency vehicles for communication. The amount for the upgrade was \$54,160.

Undersheriff Steven Myren told the CREZ board that the new equipment would allow emergency personal to receive "real time data" from the dispatch system. He said the new units would replace the current "Air-Card" equipment now used.

The CREZ board

also held a discussion on formulating a plan on how their money would be spent in the future. So far the CREZ is scheduled to receive \$25 million in fees from businesses locating in the enterprise zone over the next 15 years. The CREZ board is tasked with disbursing these funds, and some board members want to have a planning meeting to determine priority of the spending.

"The CREZ board needs to have a strategy meeting and think about how we plan on spending this money," alternate board member Lisa Mittelsdorf told the other board members. "We need to develop a plan or it (the spending actions) is going to catch up to us."

The CREZ's bylaws call for the board to disburse money received at least twice per year, and apparently the CREZ is not required by state law to have a budget committee, budget hearing or a published budget as are all other public taxing districts such as counties, cities and special districts.

The CREZ was formed through an intergovernmental agreement between the Port of Morrow, the city of Boardman and Morrow

County. Each entity appoints two members (and two alternate members) to the CREZ board, one of whom must be an elected official.

At the last meeting board members felt more planning should go into how the money was being spent. Some suggested that a "pie" type chart be developed with certain percentages of the total money received be allocated to various categories of spending.

Enterprise Zone Manager Carla McLane also asked the board to consider more guidelines on how requests for funding are to be handled. As many of the funding requests are first made to her, she asked for a "strategy on how people come to us."

In the CREZ bylaws allocation of the funds is loosely described as going to "affected districts," which promoted Russell to say that "payment in lieu of taxes is set up to mitigate those districts which are impacted by the new businesses (coming into the enterprise zone).

"It is not as clear to me that the other districts are as impacted, but I am open to hear a case for it," he said about future funding decisions made by the CREZ board.

Baptists to host Seder meal

Willow Creek Baptist Church is hosting a Passover Seder on Thursday evening, April 17, at 6:30 p.m.

The public is invited to come and take part in the

ceremony that Jesus was observing when he said, "Do this in remembrance of me," and to celebrate the redemption of Israel from Egypt and the redemption

of our lives from the slavery of sin.

A meal will be provided. To reserve a place, call Deana Price at 541-676-5552.

HEART ATTACK SURVIVAL

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locations of AED's to the population of Boardman.

Given a wide outpouring of support for this project, a task force has been formed to lead the initiative. Members of the task force include Kathy Neal, Diane Wolfe, Sandy Toms, Barry Beyeler, Toni Connell, Mindy Binder, Anna Aylett, Delbert Turner and Dan Grigg. "If this project is successful in Boardman, we would certainly be interested as a health district in spreading this to other communities in our county," said Dan Grigg.

In Beyeler's case, the need to call 911 and initiate life saving measures was clear. For others experiencing a heart attack, it is less clear. Heart attack symptoms vary widely. Some have only minor chest pain while others have excruciating pain in the chest, arms, back or jaw. Women are more likely than men to have heart attack symptoms without

chest pain, such as: neck, jaw, shoulder, upper back or abdominal discomfort; shortness of breath; nausea or vomiting; abdominal pain or "heartburn"; sweating; dizziness; and/or unusual or unexplained fatigue.

Even though symptoms vary, if you suspect you are having a heart attack, call for emergency medical help immediately. Do not waste time trying to diagnose heart attack symptoms yourself.

Getting heart attack treatment quickly improves your chance of survival and minimizes damage to your heart. The best time to treat a heart attack is within one to two hours of the first onset of symptoms. Waiting longer increases the damage to your heart and reduces your chance of survival.

"Our ambulances are now equipped with 12-lead EKG's capable of transmitting results to local hospitals. These early EKG's can help direct the care needed at the hospital."

added Grigg.

When a person presents to Pioneer Memorial Hospital complaining of chest pain, or has symptoms suggestive of a heart attack, the Emergency Department (ED) team swings into action to treat or prevent further damage.

"Our goal is to have diagnostic testing such as vital signs, an electrocardiogram (EKG), blood testing, and chest x-rays underway within 10 minutes of the patient's arrival. Also within those first ten minutes the patient is placed on supplemental oxygen, has at least one IV line started and, unless contraindicated, receives aspirin and sublingual nitroglycerin," said Molly Rhea, Director of Nursing with Morrow County Health District.

If the symptoms and tests reveal the patient has had or is having a heart attack, the team continues with interventions as the physician is put in contact with a cardiologist at a major

Ione 4-H Bakery Bunch news



Bakery Bunch 4-H Club members watch as Keri Heideman of Ione demonstrates how to make and decorate Unicorn Poop cookies. L-R: Keri Heideman, Hailee Peterson, Hailey Heideman, Eva Martin, Cecilia McElligott, Kaitlyn Thompson, MaLinda Morter, Kayla Rodriguez and Grace Ogden. - Contributed photo

By Eva Martin

On Friday, March 14, the Ione Bakery Bunch 4-H group met at the Ione Community Church and made a delicious treat with special guest leader Keri Heideman.

Heideman showed the group how to make Unicorn Poop, which is a colorful dyed cookie and tastes kind of like a shortbread cookie. The treat was new to members of the group. The poop was very tasty and colorful. This special treat is a favorite dessert for the Heideman family.

The next club meeting will be on April 16.

Community 4-H learns fun facts about livestock projects

By Ivy Sandford, Club Reporter

The Ione Community 4-H Club had their monthly meeting on March 30 at the Ione Community Church with 17 members present. For this month's meeting the officers planned a scavenger hunt that helped teach the members about different livestock projects, as well as being a fun way to play for prizes and learn what it takes to show animals at fair.

This was the first meeting for which the newly-elected officers got to plan an activity that helps teach new and returning members about 4-H animal projects. Group leader Erin Heideman shared with the members information on the cattle part of livestock judging to better prepare them for the competition



Ione Community 4-H Club officer Morgan Orem asks new members questions about sheep projects. - Contributed photo

at fair. Later, at the June meeting, there will be more livestock judging with swine and sheep.

The club is planning their community service project for Saturday, May 3, where they will be cleaning

the High View Cemetery in Ione to prepare for Memorial Day weekend visitors.

The next meeting will be held Sunday, April 27, at 4 p.m. at Ione Community Church.

Parenting with Dignity program planned in Heppner

The Parents for Parents Committee has announced that Mac Bledsoe will be in Heppner on April 17 to speak with students, parents and community members about his Parenting with Dignity (PWD) program.

Mac Bledsoe is the president and co-founder of Parenting with Dignity, as well as a parent, school teacher and coach. He and his wife Barbara, also a teacher, have taught in Washington schools for more than 29 years.

Several years ago they said they began to see children in their classrooms making poor, life-changing decisions. They began a nine-week PWD curriculum with a small group of parents and

saw positive changes in their classrooms. As the curriculum grew, their son, former NFL quarterback Drew Bledsoe, provided the funding to form a foundation that would allow groups from all over the country to benefit from PWD.

The PWD mission is to "improve the lives of children by promoting and teaching effective parenting skills." PWD provides techniques for raising responsible, independent children through "discipline, punishment and empowerment."

Bledsoe's time in South Morrow County will begin with an assembly on bullying for the Heppner

Junior/Senior High School and Ione Junior/Senior High School Students the afternoon of April 17.

The evening presentation for parents, grandparents, childcare providers and community members of Heppner, Lexington and Ione will begin with a free dinner at 5:30 p.m. at Heppner Elementary, followed by Bledsoe's presentation from 6:30-8 p.m. Free babysitting will be provided in the HES library.

For more information about this presentation or the Parents for Parents Committee, contact Brandi Sweeney at 541-676-5530 or Nicole Mahoney at 541-676-5157.

Ione, Heppner Easter egg hunts planned

Ione and Heppner are both continuing their traditions of annual Easter egg hunts for the children on Saturday, April 19.

Ione's annual Easter egg hunt will be held Saturday, April 19, at 10 a.m. in the Ione City Park. Children up to the fourth grade are invited. Anyone wishing to make a donation

to the hunt may do so at Bank of Eastern Oregon in Ione.

Heppner's hunt, sponsored by the Heppner Elks, will also be April 19 at 10 a.m. Locations will be Heppner City Park, Hager Park and the lower field; more information will be announced next week.

Chamber lunch meeting

The next lunch meeting of the Heppner Chamber of Commerce will be on Thursday, April 17, from noon to 1 p.m. at Heppner City Hall.

Dan Grigg, administrator for the Morrow County Health District, will be giving an update of what is going on in the district and explaining the levy that will be on the upcoming ballot.

Candidates for Morrow County Commissioner will also be on hand to talk about why they are interested in serving in this capacity. Time will be allowed for questions.

Cost of lunch is \$10; A&M's Kitchen will cater. Chamber lunch attendees are asked to RSVP at 541-676-5536 no later than the Wednesday before to guarantee a lunch.

If you suspect you are having a heart attack:

-Immediately dissolve two aspirin in your mouth and swallow them with water.

-Call 911 and say "Heart Attack!" and tell the dispatcher that you have taken two aspirin.

-The dispatcher will stay on the phone with you until the ambulance arrives.

-Sit on a chair or sofa near the front door; do not lie down.