

Morrow County 4-H Oregon State Fair results announced

The Morrow County 4-H department has announced the results for 4-H members who attended the Oregon State Fair. Results, listed alphabetically, are as follows:

Arbogast, Cara: Art, Water Color, Tempera or other water media, INT, Blue; Art, Collage, Decoupage, INT, Red; Photography-Nature-Plants, INT, Blue; Clothing & Sewing-Exp Skills Lvl 4-Non Garment item, Blue/Champion; Food & Nutrition-Quick Bread (Muffin) Ph 4 only, Red; Eggs-Chicken, Brown Eggs, Red.

Billings, Tyanna: Rabbit Breeds - California Sr Buck, Red; Rabbit Showmanship-SR, Blue.

Carlson, Julianne: Photography-Nature - Animals, SR, Red; Clothing & Sewing-Adv Skills Lvl 7/8/9-Garment/outfit, med/hea, Blue/Champion.

Collins, Maggie: Fashion Revue, SR, Blue; Fashion Revue-Fashion Revue, Ready to wear, SR, Blue/Champion.

DeLoach, Gracey: Clothing & Sewing-Basic Lvl 1 0 Garment w/casing but no crotch seam, Blue; Clothing & Sewing-Basic Lvl 1 - Garment w/ casing and crotch seam, Blue; Food & Nutrition-Cookies (bar, drop, no bake) ph 1-3, Blue.

Ganvoa, Isabella: Clothing & Sewing-Basic Lvl 1-Garment w/casing & crotch seam, Blue/Reserve Champion; Clothing & Sewing-Basic Lvl 1-Items for the home, Blue; Clothing & Sewing-Basic Skills Lvl 1-Hands for larger service, Blue; Food & Nutrition-Favorite Recipe Collection, Ph 1, Blue.

Halvorsen, Stacey: Art - Scrapbooking, SR, Blue.

Hamby, Taylor: Educational Displays-Educational Display, INT, Blue; Clothing & Sewing-Exp Lvl 5-Personal access, Blue; Clothing & Sewing-Exp Lvl 5-Hands for Larger Service, Blue; Food & Nutrition-Favorite Recipe Collection, Ph 5, Blue.

Keefer, Jacob: Clothing & Sewing-Lvl 1-Garment/

item showing cutting skill, Blue; Clothing & Sewing-Lvl 1-Garment w/casing and crotch seam, Blue; Clothing & Sewing-Lvl 1-Personal accessory, Blue/Reserve Champion; Clothing & Sewing-Lvl 1-Items for the home, Blue.

Mahoney, Jaiden: Food & Nutrition-Cookies (Bar, drop, no bake) Ph 1-3, Blue.

Martin, Eva: Photography-Nature-Plants, JR, Blue; Food & Nutrition-Cookies (Bar, drop, no bake) Ph 1-3, Blue.

McClure, Kylee: Clothing & Sewing-Lvl 2-Item for the home, Red; Food & Nutrition-Quick Bread (Muffin) Ph 1-3, Red; Food & Nutrition-Favorite Recipe Collection, Ph 2, Blue.

McClure, Rileigh: Clothing & Sewing-Exp Lvl 4-Creativity, Blue; Crocheting-Ph 1 Crocheting-Non-Wearable, Blue; Food & Nutrition-Yeast Breads, Using whole wheat flour, PH 4-6, Blue/Champion; Food & Nutrition-Favorite Recipe Collection, Ph 5, Blue.

McCurry, Tresslyn: Food & Nutrition-Cookies (Rolled, filled, shaped) Ph 1-3, White; Food & Nutrition-Quick Bread (Muffin) Ph 1-3, Blue.

Miller, Payton: Clothing & Sewing-Lvl 1-Garment, polar fleece, Red; Clothing & Sewing-Lvl 1-Items for the home, Blue; Clothing & Sewing-Lvl 1-Hands for large service, Blue.

Orem, Matthew: Food & Nutrition-Cookies (Bar, drop, no bake) Ph 1-3, Blue; Food & Nutrition-Favorite Recipe Collection, Ph 2, Blue.

Orem, Morgan: Clothing & Sewing-Exp Lvl 4-Garment, polar fleece, Blue/Reserve Champion; Clothing & Sewing-Exp Lvl 4-Non garment item, Blue/Reserve Chamoion; Clothing & Sewing-Exp Lvl 4-Creativity, Blue; Fashion Revue-Fashion Revue, INT, Blue; Food & Nutrition-Yeast Breads, using whole wheat flour, ph 4-5, Blue; Food & Nutrition-Favorite Recipe Collection, Ph 4, Red; Food Contests - Food Prep, INT,

Blue/Champion. Phillips, Nicole: Photography-Nature-Animals, JR, Blue; Photography-Architectural, JR, Blue/Champion.

Qualls, Hayden: Food Preservation-Beg Div, Fruit Leather, Red.

Qualls, Sydney: Clothing & Sewing-Exp Lvl 4-Garment, med wt woven fabric, Red; Food & Nutrition-Quick Bread (Muffin) Ph 4, Blue; Food Preservation-Exp Div, Dried Herbs, Blue.

Rodriguez, Serenity: Clothing & Sewing-Lvl 1-Garment/item showing cutting skill, Blue; Clothing & Sewing-Lvl 1-Garment with casing and crotch seam, Blue; Clothing & Sewing-Lvl 1-Items for the home, Blue.

Sandford, Ivy: Food & Nutrition-Alternative dietary need, ph 1-3, Blue.

Sifford, Vizta: Photography-Landscape, INT, Blue.

Smythe, Aaron: Photography-Nature-Plants, JR, Red.

Taylor, Emily:

Photography-People, INT, Red; Photography-Architecture, INT, Blue.

Taylor, Jenna: Photography-Landscape, INT, Blue; Photography-Action/Movement, INT, Blue.

Taylor, Miranda: Photography-Architectural, SR, Blue.

Waite, Reiah: Fashion Revue-Fashion Revue, Ready to wear, INT, Blue.

Wightman, Skylar: Educational Displays-Educational Displays, INT, Red; Art-Wearable Accessory, INT, Blue; Art-Scrapbooking, INT, Blue; Photography-People, INT, Blue; Photography-Creative Process, INT, Red; Clothing & Sewing-Exp Lvl 4-Garment, Knit fabric, Blue/Champion; Clothing & Sewing-Exp Lvl 4-Outfit (2 or more pieces), Blue/Champion; Clothing & Sewing-Exp Lvl 4-Creativity, Blue/Reserve Champion; Food & Nutrition-Yeast Bread (plain dough white wheat flour) Ph 4-6, Blue; Food & Nutrition-Favorite Recipe Collection, Ph 4, Red.

WEST NILE IN MORROW

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Dr. Emilio DeBess, public health veterinarian, says simple precautions can prevent the spread of West Nile virus:

-Eliminate sources of standing water that are a breeding ground for mosquitoes, including watering troughs, bird baths, ornamental ponds, buckets, wading and swimming pools not in use and old tires.

-When engaged in outdoor activities at dusk and dawn when mosquitoes are most active, protect yourself by using mosquito repellants containing DEET, oil of lemon eucalyptus or Picardin and follow the directions on the container.

-Wear long-sleeved shirts and long pants in mosquito-infested areas.

-Make sure screen doors and windows are in good repair and fit tightly.

Because the number of mosquito pools testing positive in any area could lead to infection, Shelley Wight, Morrow County Health Department Health Educator/Communicable Disease Coordinator, recommends people and animals be protected against mosquito bites.

Eighty percent of people infected with West Nile virus exhibit no

symptoms. Of the remaining 20 percent, most have very mild symptoms, such as fever, headaches and nausea lasting from three to six days. In a few cases, more severe symptoms occur, including convulsions or disorientation. The central nervous system also may be affected, resulting in a headache associated with fever, aseptic meningitis or encephalitis. Consult your health care provider if you have these symptoms. Health Care Providers may contact the Morrow County Health Department for information on West Nile virus testing services that the Oregon Public Health Lab offers.

Additional information about West Nile virus is available at: Oregon Health Authority website, <http://public.health.oregon.gov/DiseasesConditions/WestNileVirus/Pages/survey.aspx>; U.S. Centers for Disease Control and Prevention, <http://www.cdc.gov/ncidod/dvbid/westnile/index.htm>; Morrow County Health Department, http://www.oregon.gov/DHS/ph/lhd/county_directories/Morrow.pdf; or North Morrow Vector Control District, <http://nmvcdmosquito.org>.

County Historical Society to hold annual meeting

The annual meeting of the Morrow County Historical Society will be held at 2 p.m. Sunday, Oct. 6, at the St. Patrick's Senior Center in Heppner. Refreshments will be served. Everyone is welcome to attend, as they do not have to be members. For those wishing to join, the dues are \$5 per year. The itinerary for the coming year will be planned and officers will be elected.

A focus of the Historical Society is to preserve stories of people and places that are the fabric and background of this county. Each year the Chronicles, an illustrated booklet, is published featuring both current and historical

information. Participation of the general public is helpful in obtaining stories that otherwise might be overlooked.

People with story ideas can also obtain help from members in composing said stories.

This year's Chronicles, at \$7 per book, is available at several places, including Murray's Drug, branches of the Bank of Eastern Oregon, and the Morrow County Museum.

Also available are complete sets of the Chronicles that includes 28 volumes that can be purchased for \$100.

To purchase a complete set, contact Betty Carlson at 541-676-5302.

Fourth of July committee seeks community input

The Ione Fourth of July committee says it is looking at making changes to improve the town's annual Fourth of July celebration.

To that end, committee members are seeking the community's opinions and asking for suggestions on things they can change and ways they can improve Ione's annual Fourth of July celebration.

"This event is intended to be a day of fun-filled, family-orientated activities where family and friends can come together to celebrate our nation's birthday," says one committee member. "We have seen a significant drop in the attendance of our

local community members and we want to know why."

Everyone is invited to visit <http://ione4thjuly.polladdy.com/s/ione-fourth-of-july> and fill out a short survey with questions that will help the committee in its decision-making process.

Anyone filling out the survey is asked to be forthright and constructive with answers and suggestions.

The community is then invited to a meeting Monday, Sept. 30, at 7 p.m. at the Ione Legion Hall to discuss the survey and begin making plans for next year's celebration.

COMING HEALTHCARE CHANGES

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At the federal level, to finance the increased costs of the new health-care law, which Congressional Budget Office estimates will be \$938 billion over 10 years, there will be cuts to Medicare and Medicaid, new taxes on people earning more than



Dan Grigg

\$200,000, 2.3 percent sales tax on medical devices and a 10 percent tax on indoor tanning services.

On the local level, the state of Oregon, in a deal between the Federal Government and Gov. Kitzhaber, has agreed to set up Coordinated Care Organizations. There are 15 of these CCOs throughout the state, and Morrow County belongs to Eastern Oregon CCO (EOCCO).

Each county is required to have a Community Advisory Council to oversee the community health assessments and develop plans for health care. Morrow County's members appointed by the

County Court are: Dan Grigg, Terry Tallman, Sheree Smith, Mindy Binder, Kimberly Lindsay, Deanna Lambert, John Murray, Dr. Betsy Anderson, Kim Cutsforth, Donna Eppenbach, Andrea Fletcher, Sandy Toms and Diane Wolfe.

Community members are: Dirk Dirksen, Aaron Palmquist, George Mendoza, Nikki Coe, Diana Ball, David Brehaut, Andrea Di Salvo, Diane Kilkenny, Kim Carnie, Maria Romero, Merilee McDowell, Stacy Shelton, Nora Kramer, Heidi Zeigler, Jean Brazell, Roberta Shimp, Vickie Turrell, Joe Perry, Shelley Wight, Sharity Ludwig, Lolly Torres, Marge Shankle, Judy Buschke and Karen Pettigrew.

The advisory council will be responsible for overseeing the Community Health Assessment and resulting Community Improvement Plan for Morrow County.

Ione Library District to meet

The Ione Library District will hold its regular monthly meeting on Thursday, Sept. 26, at 2:30 p.m. The meeting will be held at the Ione Public Library, 385 W. Second Street in Ione. The public is welcome to attend.

Community lunch menu

Heppner United Methodist Church volunteers will serve lunch on Wednesday, Sept. 25, at St. Patrick's Senior Center. The meal will include Nancy's beans and ham, coleslaw, applesauce, corn bread, and cookies. Milk is served at each meal. Suggested donation is \$3.50 per meal. Menu is subject to change.

FLU SHOTS

The Morrow County Health Department is offering the following clinics:

September 30 11 am - 1 pm

Irrigon Senior Center

October 1 10 am - 2 pm

Boardman Senior Center

October 2 10 am 2 pm

Heppner Senior Center

October 2 4:30 - 7 pm

Ione Fire Department

October 7 8:30 am - 7 pm

Boardman Health Department

October 10 9 am - 7 pm

Heppner City Hall

MORROW COUNTY HEALTH DEPT.



120 S. Main St. • P.O. Box 799
Heppner, OR 97836

Boardman Clinic
(541) 481-4200

Heppner Clinic
(541) 676-5421

BURNING BAN LIFTED

As of September 11, 2013,
the Fire Chief
of the City of Heppner has
lifting the burning ban

***CITY OF HEPPNER REQUIRES A PERMIT ON ALL OPEN BURNING**

Morrow County Health Department
Changing Clinic's to Wednesday

The Morrow County Health Department will now hold clinics on Wednesday

8:30 am - 12 noon
1:00 pm- 4:30 pm

MORROW COUNTY HEALTH DEPARTMENT
P.O. BOX 799
120 S. MAIN
HEPPNER, OREGON 97836
541-676-5421