

Ione track team makes strides at Baker City

-By Paula Emmel

The Cardinal track team made great strides in Baker City on May 6, with several Personal Records and one Ione school record broken. Ione women placed fifth with 67 team points and the men placed seventh with 29.5 points.

Senior Beth Morter met her goal of breaking the 800M school record of 2:35.11, by running a 2:32.74a and placing second in the meet. She had an awesome day with a PR also in shot put throw of 32' 6.5", putting her in fifth place.

The 4x100 girls relay team of Makenna Ramos, Stacey Halvorsen, Beth Morter and Shadow Kendrick also PRed with 54.33a and placed second. Stacey Halvorsen finished her 100M hurdle race this week with a second in her heat (ninth overall) and a new benchmark of 19.25a seconds.

Most of the individuals in field events visited the finals round and placed well. Setting new PRs, both JoAnna Patton and Stacey Halvorsen threw the javelin in finals and placed first and eighth respectively, with throws of 115' and 90'3". Shadow Kendrick long jumped in finals, placing second with 15'1", just 1.5" short of her best jump. Stacey Halvorsen also PRed in triple jump with a distance of 29' 5", placing fourth. Beth Morter placed second in triple jump with a distance of 32'10". JoAnna Patton placed eighth in discus with 82' 2". Siren Endresen recorded a new PR time of 6:02.34a in the 1500M, placing seventh. Shadow Kendrick placed third in both the 100M and the 200M races with 13.55a and 28.08a, respectively.

In men's field events, Kirk Hagewood went to finals in javelin with a throw of 131'10" and Tanner Rietmann jumped into the triple jump finals, placing second with his new PR of 40'9" and meeting his

goal for the week. Steven Holland placed second in high jump with 5'6". Luke Emmel set a PR in javelin, exceeding his goal with a toss of 127'6". Bailey Hagewood threw the javelin 123' and long jumped 16'2". Jeremy Coleman threw the discus 78'4" and the shot put 28'2.5". Kirk Hagewood also threw the shot put 33'9".

On the track, Steven Holland PRed in the 400M, cutting his time by a little over one second and placing third with a time of 53.69a. His goal had been to be under 54 seconds. Luke Emmel ran the 200M comparable with his personal best time, in 25.21a seconds. Bailey Hagewood also ran the 200M in 28.88a seconds. Tanner Rietmann PRed in the 100M with a new time of 11.87a, placing sixth. Evan Rietmann ran a 12.47a and Bailey Hagewood ran 13.49a in the 100M.

The men's 4x100 relay team of Evan and Tanner Rietmann, Luke Emmel and Steven Holland were on a good pace when the baton was accidentally dropped, disqualifying them. However, they made good time and exceeded their goals in the 4x400M relay, setting a benchmark time of 3:45.16a, placing fourth, and running excellent split-times.

This Saturday, May 14, is the "Big Sky" District meet in Moro. Field events start at 11:00 a.m. and track begins at 1:00 p.m. This last regular meet of the season is shaping up to be a great one. Next week will be the state tournament in Monmouth. These should be exciting meets to bring a fantastic season to a close; Ione fans are encouraged to attend and support their team.

Currently, the Cardinals have all their relay teams standing first in districts; every individual is in the top 15. Check out athletic.net for additional details in the team stand-

ings. The top 15 individuals are as follows:

100M: tied for 3rd, Steven; 5th, Tanner; tied for 6th, Alex and Evan; 2nd, Shadow; 5th, Makenna; 6th, Beth

200M: 1st, Steven; 6th, Luke; 2nd, Shadow; 9th, Makenna

400M: 2nd, Steven; 800M: 1st, Beth;

5th, Luke

1500M: 4th, Siren; 3000M: 4th, Luke; 100M Hurdles: 5th,

Stacey

300M Hurdles: 7th, Steven

4x100 Relay: 1st, men's and women's teams; 4x400 Relay: 1st, men's team

Shot Put: 5th, Beth; 15th, Kirk

Discus: 7th, JoAnna; 12th, Jeremy

Javelin: 2nd, JoAnna; tied for 9th, Stacey; 2nd, Kirk; 8th, Bailey; 10th, Luke; 14th, Tanner

High Jump: 2nd, JoAnna; 6th, Shadow; tied for 3rd, Steven

Long Jump: 2nd, Beth; 3rd, Shadow; 4th, Evan

Triple Jump: 2nd, Beth; 3rd, JoAnna; tied for 4th, Stacey; 2nd, Tanner

IA Division standings are available at athletic.net. Current top fifteen Ione individuals are:

100M: tied in 8th, Shadow

200M: 5th, Shadow; tied in 11th, Steven

400M: 11th, Steven

800M: 4th, Beth

4x100: 7th, women;

5th men

4x400: 9th, men

Shot Put: 14th, Beth

Javelin: 6th, JoAnna

High Jump: tied in 14th, Steven

Long Jump: tied in 7th, Beth; 9th, Shadow; 15th, Evan

Triple Jump: 3rd, Beth; tied in 6th, Tanner; 11th, JoAnna; 14th, Stacey

Fun, Fitness & Fiesta for Ione students

Ione Community School Elementary students had quite a night last Thursday as they celebrated a Family Fitness Night and Fiesta.

The Fitness Night on May 5 recognized regular physical activity that students were involved in throughout the month of April. Shape-up Oregon and the Presidential Active Lifestyle Awards were handed out to many students. Box Tops for Education helped provide playground balls for all elementary participants.

Last fall, students began recycling their lunch food scraps by feeding a farm pig. Last week's celebration culminated with a



Jessica Medina enjoys the cherry eye while Eliana Ehrmantraut and Madie Alldritt watch. Elaina and Madie later shared the other cherry! -Contributed photo

potluck featuring the roasted pig as a main course. Follett's Meat Company of Hermiston prepared the dish. Families enjoyed the

pulled pork, teacher Linda Neiffer said the kids were surprised that the pig was so big.

HHS announces students of the month



Heppner High School students of the month for April are (L-R): Jeff Dowdy, Mercedes Golden, Kai Arbogast, Jared Gorham and Jarreid Miller. Not pictured is McKenzie Estabrook. The character trait for the month was courage. -Contributed photo

Farmers market readies for season start

An organizational meeting for the third season of the Willow Creek Farmers Market will be held Thursday, May 19 at 5 p.m. at the Heppner City Hall.

All interested crafters, green thumbs and other like-minded people are invited to attend. Items on the agenda will include location, day, times and other related topics. Any and all ideas are welcome.

Those unable to attend the May 19 meeting may attend the June 9 at 5 p.m. at Heppner City Hall, or may contact Margaret Flaherty at 676-5972.

FCE announces 2011 essay and artwork contest winners



Top: FCE representative Marilyn Perkins holds the mic for Cason Mitchell as he reads his prize-winning essay, while HHS student Zech Hintz looks on. Bottom: Olivia Schmidt reads her essay, which earned her an honorable mention for Morrow County, while fellow honorable mention winner Keegan Gibbs waits his turn. -Contributed photos

Oregon and Morrow County Family and Community Education members joined with members across the nation in sponsoring an essay and artwork contest for fourth-grade students. This contest is held annually; each year the children are asked to write an essay and draw a picture about the essay. The theme is usually a character trait. This year the trait was "Caring," one of the "Six Pillars of Character."

This FCE nationwide contest provides an opportunity for students to improve literary skills and develop ethical values. The first-place winner of Morrow County is Cason Mitchell. Mitchell received \$25. He also got second place for state and received a \$100 savings bond.

The two honorable mentions from Morrow County are Olivia Schmidt and Keegan Gibbs.

Community Lunch Menu

Christian Life Center church members will be serving lunch on Wednesday, May 18 at St. Patrick's Senior Center. The meal will include meatloaf, mashed potatoes and gravy, green beans, spiced oranges, hot rolls and brownies. Menu is subject to change.

Over the Tee Cup

Fifteen ladies turned out for a cold and windy day of play at WCCC on May 3. Virginia Grant and Nancy Propheter shared the low gross of the field. Corol Mitchell carried the low net, while Pat Dougherty had the least putts.

Pat Edmundson carried the low gross on Flight A. For Flight B, Karen Thompson had the low gross, Burul DeBoer had low net, Lynnea Sargent had the least putts and Pat Dougherty had the long drive. For Flight C, it was Ann Elgin with the low gross and Betty Carlson with the low net, while Suzanne Jepsen had both the least putts and the long drive.

Karen Thompson had a chip-in on hole #11. Pat Edmundson had a K.P. on her second shot at #16.

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WCCC offers beginning golf sessions

Willow Creek Country Club is offering an additional session of beginning golf this summer, instructed by John Edmundson. The class is six weeks in duration and will be Tuesday evenings from 5:30-7 p.m. beginning on June 14. Class size is limited to 12 students, and several of the spots are already taken, so anyone interested should contact John Edmundson at 541-676-5177 as soon as possible to arrange delivery of a registration form. The remaining class vacancies will be filled on a first-come, first-served basis.

The class is designed for people with limited or no prior golfing experience. It will cover the basics of play, rules and etiquette of the game. The skills of putting, chipping, pitching, approaching, fairway shots and teeing off will be covered with emphasis on proper grip, stance, alignment and swing. Each student must have a basic set of clubs including putter; 5, 7 and 9 irons; and a wood. Balls and tees will be provided for the class.

The cost of the class is \$30, payable to WCCC. This includes a temporary membership in Willow Creek Country Club for non-members and provides unlimited practice play for the duration of the classes. The class fee will be waived for family members of WCCC. To obtain a registration form or for further information, please contact John Edmundson at 541-676-5177.

Chamber lunch meeting to feature Smith, Broadfoot

The Chamber lunch will be held Thursday, May 12 at noon at the Heppner City Hall. The meeting will incorporate a conference call with Rep. Greg Smith and an update from Jared Broadfoot regarding state building codes. Cost for the lunch is \$9; Heppner Family Foods will cater.

Those planning to attend are asked to RSVP by Wednesday morning of each week.

ATTENTION UP AND COMING 3 & 4 YEAR OLD PRESCHOOLERS

There will be pre-school registration on Monday May 16th from 5-7p.m. at the Heppner Day Care & Pre-School. Please bring your immunization Records. Hope to see you all there! If you have questions please contact Merry Chandler at (541)676-5429.

