

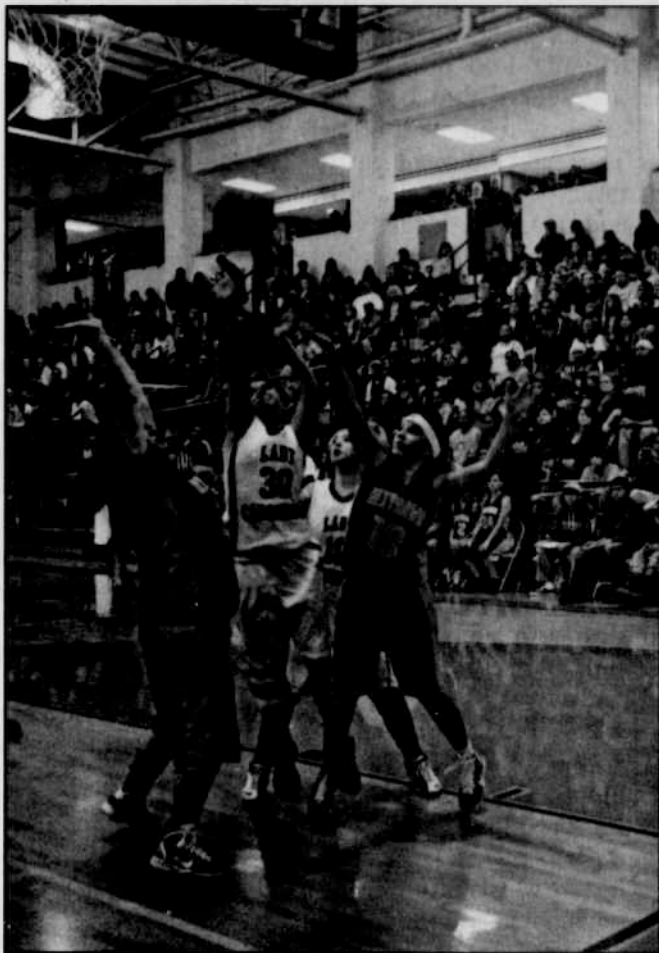
Lady Cards take second in Big Sky District Tournament

The Lone Lady Cardinals survived the Big Sky District Tournament but did not end up with the result they had in mind when the dust settled at the Tournament held February 18 and 19 at Umatilla High School. After winning their opening game against Echo on Friday and starting out like gangbusters in the championship game against Nixyaawii, the Cardinals faltered as the Golden Eagles ran away with the championship game and the number one seed from the district. All is not lost though as the Cards move on to the state playoff rounds as the number two seed and will host Portland Waldorf, the number three seed from the Valley 10 league on Wednesday, February 23, at 6 p.m.

Echo always comes ready to play when the opponent is Lone and Friday's game was no exception. Beth Morter put up all six of the Cardinals points in the quarter but Echo spread the scoring around a bit and led 9-6 at the end of one. The Lady Cardinals regained the lead in the second when Collette Cason banked in a little shot. Shadow Kendrick had seven points in the quarter including four free throws and a three-pointer and the Cards led by four at the half, 21-17. Echo scrapped back to tie the game 25-25 midway through the third but the Cards closed the frame with an 8-2 run to lead by one of their biggest margins of the game so far, 33-27. The Cards started to stretch out a lead in the fourth quarter and when Beth Morter ran the length of the court and made a lay in with 3:18 remaining, Lone led 41-30 and it looked like things were going their way. But what followed was inexplicable as the Cardinals made one misstep after another and the Cougars capitalized. With 1:12 left to play, Echo closed the gap to two points when Lauren Ellingsen swished two free throws. She did the same thing again with 20.7 seconds remaining to close the gap even more, 41-39. Shadow Kendrick stepped to the line with 12 seconds left and hit the first of a one and one. She missed the second but Echo was whistled for being in the lane too soon, not once, not twice but three times, giving Kendrick a total of four chances at the line and she connected on two. This put Lone up by four points. Echo's Taylor Tarvin went the length of the court to score with 4.0 seconds left to play. With the two point lead, the Cards sent Stacey Halvorsen and Beth Morter to the line in the closing seconds, and while neither connected, the Lady Cards held on for the 43-41 win.

Beth Morter led all scorers with 20 points. Shadow Kendrick added 13 while JoAnna Patton had six and Collette Cason had two. Beth Morter also paced the rebounding effort with 12 and the team edged Echo on the glass 32-29. Makenna Ramos had four steals and Shadow Kendrick was six of six from the free throw line. The Cards shot 43 percent from the field in the second half and 39 percent for the game.

"We knew that Echo was going to be a tough, physical game just like the first two," said Coach Mike Garrett. "We got off to a slow start again in the first quarter but did a better job defensively not allowing them to get too big of a lead. Once the second quarter started, we really



Pictured is Mary Rietmann shooting against the Nixyaawii Eagles on February 19. -Photo by Paula Emmel

picked up our pace and controlled the rest of the game until the last three minutes. Echo made a nice charge in the last few minutes and it seemed like we couldn't get the clock to tick off fast enough. The girls hung on and it was a great win for our program and moved us into the championship game."

The hard-fought win over Echo put Lone in the championship game against Nixyaawii, a team with just three losses on the season, two of those at the hands of the Lady Cardinals. Nixyaawii entered the tournament with a good winning streak, winning games by big margins and averaging close to 60 points per game. At the start though, it was all Lone as the fired up Lady Cards ran out to a 9-0 lead before Nix got a score on the board four minutes into the game. At the end of one quarter, Lone led 18-5 with scoring from five players. The Golden Eagles quickly made up ground in the second quarter, opening the period with a 13-1 run which included three three-pointers in a row. In three minutes, they put themselves back in the game and trailed by just one point, 19-18. Lone was outscored by Nix 21-11 in the second quarter but still held a 29-26 halftime advantage.

After the break, the Cardinals went stone cold from the field while the Eagles scorched the nets at the other end, building to a ten and then a twenty point lead. After shooting 40 percent from the field in the first half, the Lady Cards managed just 17 percent in the second half and

Rolling Hills Run to be held April 23

The Morrow County Health District will be sponsoring the Rolling Hills Run on Saturday, April 23, at 10 a.m. at the Morrow County Fairgrounds in Heppner. The event will include a 5K run, 10K run, 5K walk, and one mile kids' fun run.

To register, or for more information, visit http://www.active.com/event_detail.cfm?event_id=1936646.

This event is sponsored by the Morrow County Health District.

struggled at the free throw line. The final score was Nixyaawii 62, Lone 42.

Shadow Kendrick led the Lone scoring with 17 points. Beth Morter and JoAnna Patton both had nine. Lacey Thompson and Collette Cason had three each and Mary Rietmann added one.

The Cardinals worked hard on the boards led by JoAnna Patton with 11, Beth Morter with 10, Shadow Kendrick with eight and Collette Cason with seven.

"We played one of the best quarters of the year to start the game off," said Coach Garrett. "We lost some of our focus and intensity after the first quarter and Nix seized momentum and never gave it back. Kristi Miller (of Nixyaawii) had one of the best games I have witnessed as a coach in quite a while. It is not a good day when you go cold and the other team can't miss. There really wasn't a lot different between this game and our other games with Nix. We controlled the glass and tempo for most of the game. They just made their shots and we didn't. I was very proud of the girls and their desire to play hard until the buzzer sounded. Overall it was a very good weekend. We secured a seed into the state playoffs, our team was well represented on the all-star teams, and Shadow Kendrick was awarded the Jason Halvorsen Award. We now shift our focus to Portland Waldorf out of the Valley 10. We are excited to be able to play a different opponent this week and finally be done with the Big Sky for a while hopefully."

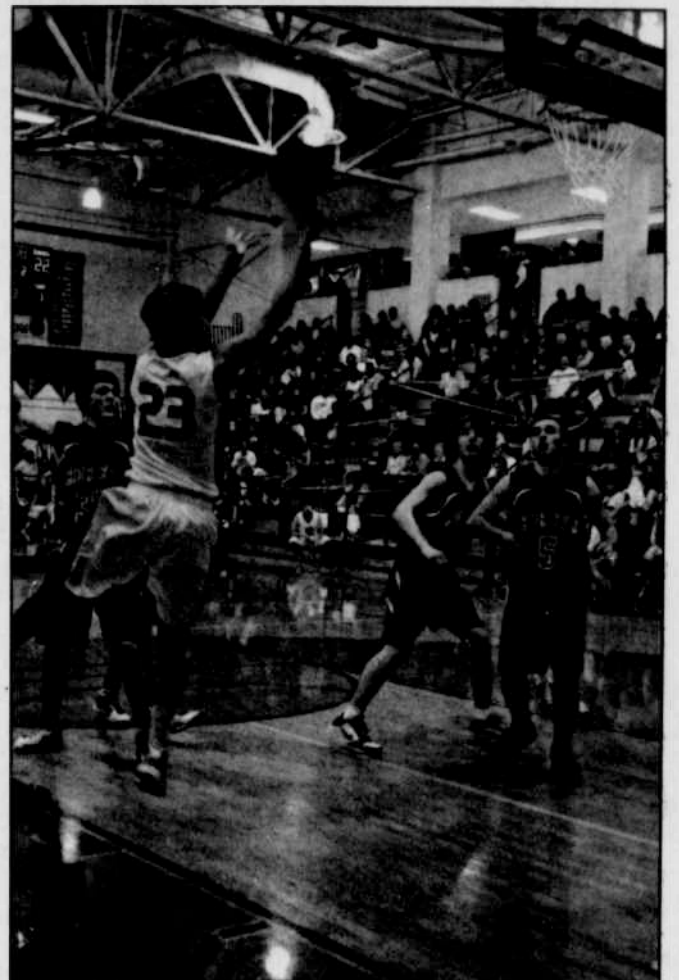
Lone boys fall to Horizon Christian and Sherman to end season

By Paula Emmel

On February 18 Horizon Christian was the first opponent the Lone boys went up against in the district tournament. Horizon had previously defeated Lone 60-36 at the beginning of the season. Lone knew they had their work cut out for them during the tournament as all four (Lone, Dufur, Sherman and Horizon Christian) of the top teams came in with similar win/loss records.

Lone had a slow start at 4-16 for the first quarter, but they outscored the Hawks 12-8 during the second quarter and 23-15 in the third. Lone had one of the best third quarters they've played. Lone brought the quarter to a close, tied at 39 with Horizon. The fourth quarter was close all the way through, and with 36 seconds left on the clock, Sam Anthony, of Horizon, made a bucket putting the Hawks up by three. Then, with seven seconds left, Adam Collin narrowly missed a three point and a chance to tie it up for overtime play. With a crushing loss 46-49, they realigned their sights on Sherman, who later lost 58-68 to Dufur during the evening's game.

Playing against Horizon Christian, Tanner Rietmann was the all-around player for this game. He scored 16 points, was two for two shooting three-point shots, 6 for 11 in the field, and two for five at the line. He grabbed six offensive rebounds and three defensive rebounds for a total of nine. Rietmann also added two assists and three blocked shots. Zac Orem shot for 14 points, shooting 50 percent from the field and 30 percent in 3-point shots (one for three) and (five for six) at the free throw line. He rebounded five times, had two assists and three steals. Adam Collin shot 30 percent in the field, 25 percent for three point shots and at the free throw line, for eight points. He totaled 10 rebounds, one assist and a steal. Evan Rietmann was 50 percent in the field and



Tanner Rietmann shoots against the Horizon Christian Hawks on February 18. -Photo by Paula Emmel

at three-point shots making five points, two rebounds, one assist and a steal. Micah Stillman made the only points off the bench with a three-pointer and a steal. Kirk Haguwood had a rebound. Marco Juarez and Alex Rietmann had an assist. Steven Holland added a rebound. Omar Juarez had a rebound and an assist.

On Saturday afternoon, February 19, Sherman slowly edged out Lone during the first quarter's play, ending with Lone at 11 and Sherman at 17. Sherman had good quarters for the rest of the game averaging 18 points per period. Lone outscored Sherman in the final quarter 20 to 19, but fell short in the previous two quarters and ended the game with a loss 52-72. Sherman was a good team and their coach, Mike Somnis, earned the Stan Flerchinger Memorial Big Sky Men's Coach of the Year award. This game put Lone finishing in fourth place.

T. Rietmann again scored the most points for

the game with 18. He had five rebounds, one assist and two blocked shots and two steals for the game. Orem made 12 points and three rebounds. Collin and Holland both had seven points. Collin turned in three rebounds while Holland nabbed eight rebounds and three blocked shots. E. Rietmann was good for four points and four rebounds. Stillman and Kaleb Dumler rounded out the scoring with two each. Dumler also had a steal while Stillman grabbed two. Stillman also grabbed two rebounds and assists. O. Juarez added two rebounds. A. Rietmann made an assist, as did M. Juarez. M. Juarez added two steals and three rebounds. K. Haguwood also brought down a rebound. Luke Emmel rounded out the players.

"It was a good season overall," said Coach Stefani. "We just got the tired leg syndrome from a tough game against Horizon Christian the night before. The boys played well all season."

Wooden window workshop set for March 5 in La Grande

The Oregon State Historic Preservation Office is sponsoring a program "Save Windows, Save Dollars, Save History" beginning at 9 a.m. March 5 at Bronson's Lumber, 10508 N. McAlister, in La Grande.

Historic building specialist John Leeke will teach tradespeople, contractors, building owners and homeowners how to repair, maintain and upgrade existing wooden windows to save more energy and more dollars than replacement windows.

The morning talk and slide show will cover the complete step-by-step procedure to restore a window and make it last an-

other 100 years; lowest cost spot repairs and ongoing maintenance; and upgrades to improve energy efficiency. Afternoon demonstrations include: glazing, putty tooling, and sash and sill repairs.

This workshop is your chance to ask questions and get straight answers from an objective expert. Bring sash or photos of your windows and get advice. Bring your tools and materials to learn what works and what doesn't. Meet the tradespeople who do the work. Meet the building owners who own the windows that need the work done.

Leeke helps owners, planners, tradespeople,

contractors and architects understand and maintain their older and historic buildings. He is known for his sensitive and practical approach. He has been saving historic buildings for 30 years and has personally repaired, restored, and preserved hundreds of windows and helped others save thousands more.

For more information, contact Joy Sears of the Oregon State Historic Preservation Office at 503-986-0688 or joy.sears@state.or.us. To reserve a spot, phone Bronson's Lumber at 541-963-4848. Reservations are important so that enough instructional materials can be prepared.

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