

Ione eighth graders get crash course in careers



Picture are: (top row) TJ Patton, Oskar Peterson, Sam Gilbert, Joe Doherty, and Brandon Beck; (middle row) Karina Rios, Michaela Forrester, Daniel Holtz, and Zack Irons; and (bottom row) Rita McElligott, Brianna Snyder, Cassidy Braun, Emily Rea and Lauren Garrett. -Contributed Photo

Eighth graders at Ione Community School experienced an entire day on the road with their science teacher, Erin Heideman, to gain a first hand perspective on careers.

Each year, the Umatilla-Morrow Education Service District hosts a career showcase at the Pendleton Convention Center for all eighth grader students in Morrow and Umatilla counties. The Career Showcase is an opportunity for eighth graders to take a look into their high school years when they begin exploring their career path.

Eleven hundred students visited over 32 business booths from various community businesses who donated their time to show students the different opportunities available.

Ione students were some of those students. "One of the best booths was the state police booth," said Ione eighth grader TJ Patton. "It was fun putting on the simulation goggles and trying to walking a straight line."

In addition to a great day at the convention center, Ione students went out to lunch and then

toured the Pendleton Underground. "I had no idea there was a whole world underground," said student, Lauren Garrett. "It was really neat."

"As a teacher, one of the best parts of my job is the opportunity to expose students to the things around them," remarked Erin Heideman, 6th-10th science teacher at Ione Community School. "One of the greatest advantages to working in this district is the flexibility we have to travel with students and the support there is from the district and from parents."

Mustang wrestlers finish third at Districts, two win championships

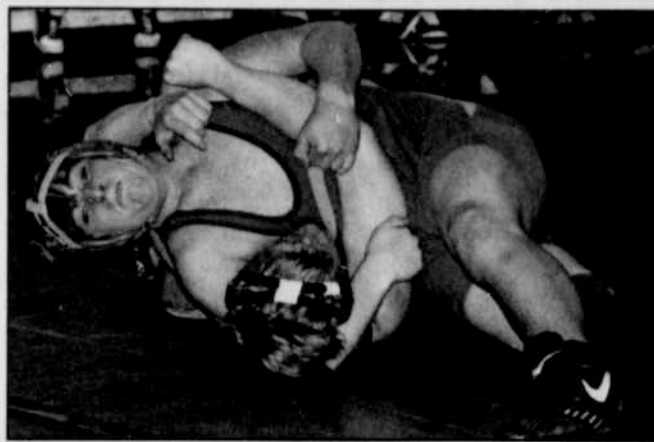
The Heppner wrestling team competed in the 10-team 1A/2A Special District 4 championships on Friday and Saturday at Wallowa High School. The Mustangs won third place after holding that position nearly from start to finish of the two-day tournament. The battle for first place seesawed back and forth between the Enterprise/Wallowa co-op team and three-time district champion Crane. In the end the sheer depth of numbers of Enterprise/Wallowa prevailed by just five points even though Crane had five district champions compared to Enterprise/Wallowa's one.

Eleven of the 12 Heppner wrestlers were victorious in at least one match and seven advanced to the championship semi-finals. Jared Lemmon (112 lbs), Alex Smith (125 lbs), Jarreid Miller (130 lbs), Wade Matthew (135 lbs), Andrew Bara (160 lbs), Tim Nelson (189 lbs), and Jacob Moore (215 lbs) all found themselves in the semi-finals on Saturday morning. Lemmon and Miller won their matches to advance to the championship round.

Smith and Bara went on through the consolation bracket to finish fourth. Junior Spaulding, competing at 119 pounds, came back after a loss in the first championship round to earn two victories and also claimed fourth place.

Nelson and Matthew won the consolation championships for third place and earned a wrestle back against the district runner up to see who would qualify for the state tournament. Neither of the Mustang wrestlers prevailed and both finished as state alternates. Jacob Moore came back through the consolation bracket to finish fifth.

Senior Alex Fuentes did not place in the tournament but won a match and scored team points in



Garrett Gibbs (top photo) and Junior Spaulding (bottom photo) work on pinning their opponents during the district tournament this past weekend in Joseph. -Photos by Jeremy Lanthorn

the consolation bracket of his final district competition.

Lemmon, the fourth ranked wrestler in Oregon 2A at 112 pounds, had no problem dispatching his challenger from Joseph in the semi final match by a technical fall score of 17-1 at 2:40 into the match. A technical fall is awarded and the match ended when one wrestler gains an advantage of 15 or more points. He was likewise as dominant in the championship finals as he defeated fifth ranked Thomas O'Toole from Crane by a 17-2 technical fall in 2:48.

Senior Jarreid Miller, ranked second in Oregon 2A at 130 pounds, took a more dramatic route to the finals. Miller, trailing by one point to an unseeded wrestler from Imbler with 45 seconds left in the match, deliberately gave his opponent a one-point escape in a strategy meant to get a takedown to tie the score and send the match into over-

time. Instead, not only did he take his opponent down with 10 seconds remaining, but he also dropped him to his back, adding three near fall points to the two-point takedown and winning 8-5 as time ran out. In the championship bout, he defeated fifth ranked Forrest Cox from Enterprise/Wallowa by a fall in 3:53.

With the wins, Lemmon and Miller became the third and fourth district champions in Heppner wrestling history. Lemmon is the first freshman from Heppner to win a district title or to qualify for state. Both will compete at the OSAA state championship tournament in Veterans' Memorial Coliseum in Portland on February 25 and 26.

The state tournament begins at 8:30 a.m. Friday. Current brackets can be found and results can be followed throughout the tournament on the www.osaa.org/wrestling web site.

First Friday Friends of Jesus program held



Pictured are the Friends of Jesus at February's First Friday program. The next session of First Fridays Friends of Jesus, sponsored by Hope Lutheran Church and All Saints Episcopal Church, will be held on Friday, March 4, from 8 a.m. to noon at All Saints. Children ages four through sixth grade are invited to join in on a morning of Bible stories, games, crafts, music, snacks, and lots of fun. A free lunch is served, and there is no cost to attend. To register, or for more information, call the church office at 541-676-9970. -Contributed Photo

Free workshop on support for children with behavior or learning issues coming to UMESD

Many school districts are trying to address student behavior and learning issues before they escalate into bigger problems. In response to this, the Umatilla-Morrow Education Service District, Oregon Department of Education and Oregon Parent Training and Information Center will host a free workshop March 2 to talk about how schools are using research-based interventions to help all students, including those with academic or behavioral challenges.

In addition, the workshop will take a look

at statewide assessments, of which every child in public school must take in reading and math beginning in 3rd grade. The goal is to help parents understand the different options for their students, and how to work with a team to choose the option that will work best for their children.

Child care for ages 3 and up will be provided during the workshop. Registration is required for child care and to ensure enough materials will be available for everyone, so please register early for this

free workshop. If you need assistance in a language other than English, please contact the Oregon PTI main office at least two weeks in advance (1-888-505-2673).

To register, contact Robin Wortman at 541-886-9235 or 1-888-505-2673, ext. 211, or e-mail rwortman@oregonrisecenter.org.

The workshop will run from 5-8 p.m. on March 2 at the Umatilla-Morrow ESD's Ponderosa Room, 2001 SW Nye Ave., Pendleton.

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