

Brain Awareness Workshop to be held

Northeast Oregon Area Health Education Center (NEOAHEC) and Oregon Health & Science University's SOAR committee are hosting the annual Brain Awareness Workshop for K-12 teachers, health professionals, and community members.

Dr. Joel Nigg, Director of the Division of Psychology at OHSU, will be presenting his research

project, "What is going on with Attention Deficit Hyperactivity Disorder (ADHD)? A Science Update" via a V-Tel broadcast. In addition, the workshop offers practical classroom teaching strategies and free science teaching tools for brain education. Attendees will earn two-three Professional Development Units.

The workshop will be broadcast on February

20 at the Umatilla-Morrow ESD in Pendleton, Rooms: Juniper and Aspen, 9:30 a.m. - noon.

There is a \$15 fee to attend this workshop, and advanced registration is required. The deadline for registrations is February 5.

To register, please contact Brenna Dunlap, Education Coordinator at 541-962-3801 or bhines@eou.edu.

Wagner to speak at Chamber Lunch Meeting

The speaker at this week's Chamber Lunch Meeting will be Karen Wagner, community resource developer from CAPECO. She will talk about performing a regional food assess-

ment in Heppner. Bucknum's Catering will be serving a Mexican meal. The lunch starts at noon and the lunch cost is \$9. The lunch meeting this week will be held at

the Senior Center dining room. Those planning to attend the weekly Chamber Lunch Meetings are asked to RSVP by Wednesday of each week.

Ione Community School announces first semester honor roll

Ione Community School recently announced their first semester honor roll recipients. Those students are:

4.0 GPA

Rachel Holland, Ann Rietmann, Lucas Babcock, Oskar Peterson, Emily Holland, Gus Peterson, Julianne Carlson, Stacey Halvorsen, Evan Rietmann, Rebecca Jepsen, Zach Orem, Jordan Peterson, Christine Raible, Makenna Ramos, Mary Rietmann, Thomas Holland, Marco Juarez, Beth Morter, Alex Carlson, Matt Hams, Eric Jepsen, RJ Ramos, Sarah Stillman, Tyree Svetich, and Vanessa Ziliani.

3.99-3.5 GPA

Paige Esterbloom, Joshua Stillman, Jessie Flynn, Joe Doherty, Lauren Garrett, Daniel Holtz, Joel

Stillman, Bailey Hague-wood, Jaqueline Juarez, Tanner Bass, Steven Holland, Shannon Metcalfe, Alex Rietmann, Mariah Bradfield, Jacob Trahan, and Tanner Rietmann.

Honorable Mention

Jason Juarez, Shelby Williams, Rita McElligott, Dustin Lutz, Larissa Jones, Kirk Haguewood, Lacey Thompson, Tyrell Barnett, Shadow Kendrick, Tim Emmel, Kaleb Dumler, Jeremy Coleman, Adam Collin, Micah Stillman, Collette Cason, Mary McElligott, Mary Gates, Bruce McMinn, Robbi Johnston, Kevin LaRue, Stephanie Medina, Kylie McElligott, Mike Raible, Stefanie Archer, Brianna Peterson, Gunner Jessen, and Alex Fetterhoff.

Birthday Bash packages for sale at HES

Heppner Elementary School 5th and 6th students are selling Birthday Bash packages for HES students.

For \$15 the Birthday Bash will include a birthday crown, balloon bouquet, special songs, and treats for the whole class.

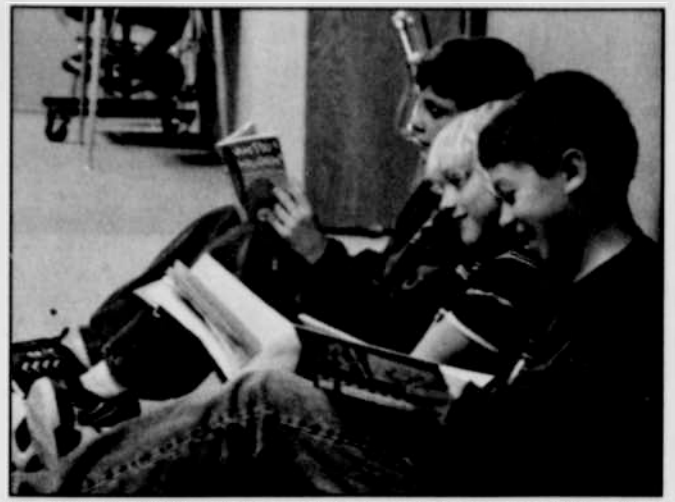
Proceeds from the purchased Birthday Bash packages will benefit the 5th and 6th grade classes. The classes also plan to donate \$100 to help earthquake victims in Haiti.

For more information contact HES at 541-676-9128.

Annual Time Out For Reading program held at HES

Fifth and sixth grade students at Heppner Elementary School are participating in the 13th annual Time Out For Reading incentive program.

During the program, students read throughout the week, on their own time, striving for a 120 minutes a week goal. Incentives for the program include weekly treats, weekly team prizes, individual and team final prizes, bookmarks, books awarded weekly to top readers, and an after-school reading party. Main prizes are awarded on an individual basis while the team with the highest average of reading time for the



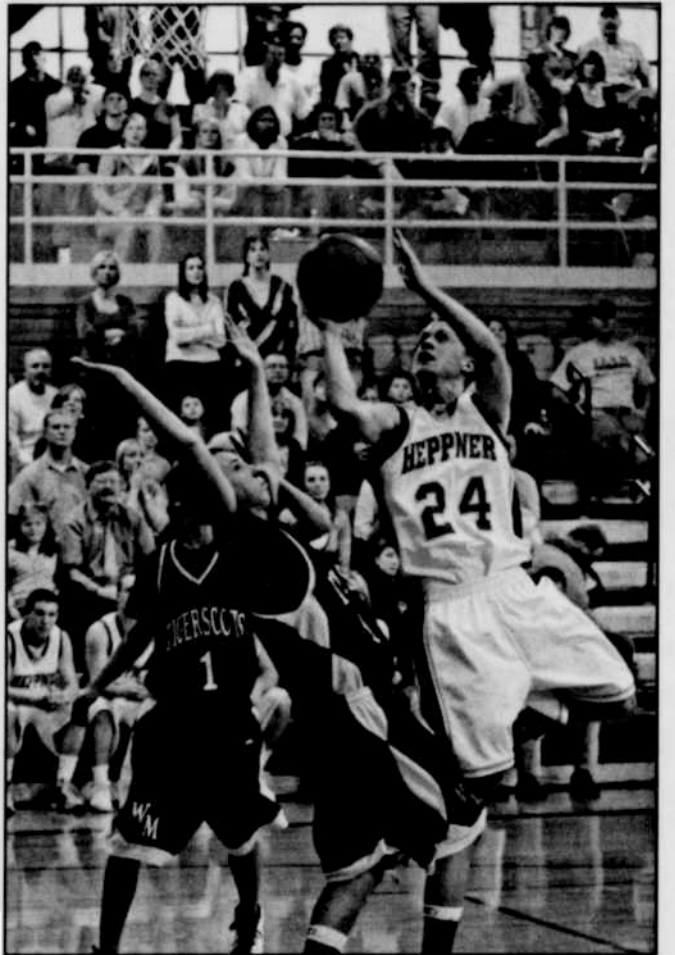
Students at HES catch up on their reading for the Time Out For Reading program held annually at Heppner Elementary School. -Photo by Megan Futter

entire program will receive Reading party will be held and pizza and pop lunch. on Thursday, January 28, beginning at 3:15 p.m.

Mustangs take wins over Rockets and Tiger-scots



Heppner Mustang Brent Eckman shoots the ball under the heavy guard of Rocket Shane Lazinka in the fast paced game in Pilot Rock. The Mustangs outplayed the Rockets taking home the win 60-49. -Photo by Sandy Matthews



Jared Huddlestone went over the top of the Weston-McEwen defense adding to the back and forth overtime game. The Mustangs easily pulled out ahead in overtime, beating the Tiger-scots 63-51. -Photo by Sandy Matthews

HEALTH DISTRICT

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-learned from Mahoney that the days in accounts receivable has increased to 84 for the month of December, from 68.1 in November, primarily

due to financial personnel redirected to assist district patrons with Medicare Part D applications and slow payments most likely due to the holidays.

-received the following report: Pioneer Memorial Hospital had eight admissions for December, two swing bed admissions, 11 admitted for observation, two swing nursing facility admissions, 504 total outpatients, 61 total emergency room encounters, 1588 lab tests, 132 x-ray procedures, 15 CT scans, 20 EKG tests, three colonoscopy procedures, one endoscopy procedure and 45 respiratory therapy procedures; Pioneer Memorial Clinic had 468 patient visits with 35 new patients, 50 patients seen by a nurse and eight no-shows; Irrigon Medical Clinic had 193 patient

visits with 33 new patients, 42 seen by a nurse and 12 no-shows; Heppner Ambulance had 15 page-outs with 12 transports for \$12,508 in revenue, Boardman Ambulance had 36 page-outs with 17 transports for \$19,976 in revenue, Irrigon Ambulance had 26 page-outs with 15 transports for \$14,422 in revenue; for the year, Heppner Ambulance had 239 page-outs with 192 transports, Boardman Ambulance had 332 page-outs with 183 transports and Irrigon had 260 page-outs with 141 transports; there were 25 flights for the year; Home Health had 166 patient visits; Hospice had two admissions; Pharmacy had 789 drug doses for \$42,019 in revenue.

-held an executive session to discuss personnel.

Sheriff's Report

The Morrow County Sheriff's Office reports handling the following business:

October 1: -MCSO received report of a truck and trailer driving at a high rate of speed and passing motorists at the Kinzua Mill Site in Heppner. MCSO cited Robert John Stevenson, 66, for Failure to Drive Within the Lane. He was also given a verbal warning for failure to carry proof of insurance.

-MCSO received report from a city worker that he found two archery arrows in the Heppner City Park.

-MCSO received report of two large white dogs running up Hwy. 730. MCSO responded and the hole was patched and the dogs were put back in the fence.

-MCSO deputy advised he had a crew of search and rescue people attempting to respond to a report of a plane crash in Wheeler County. Oregon State Police advised the crew to return home as their services were no longer needed.

-MCSO arrested Robert Gene Morley, 41, in Heppner for Failure to Register as a Sex Offender. He was lodged at Umatilla County Jail with \$40,000 bail.

-MCSO deputy reported he was out with a disabled vehicle on Hwy. 730 in Irrigon. The subjects advised it was overheating and they were going to wait until the car cooled down to try to get it home.

-MCSO deputy advised he was out with three juveniles in Irrigon. They were waiting for traffic to go by so they could cross the street.

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-Jane Harshman Ruby Peak Naturals, Enterprise, OR



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Wedding Table
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Shannon Milligan

Wedding-December 5, 2009
Reception to be held in February

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