

## Big Cluck Grill-Off to be held at MC Fair

The Oregon Fryer Commission's Big Cluck Grill-Off will be held this year on Thursday, August 14, at the Morrow County Fair. Amateur backyard

grill masters please apply. The top placing contestant will advance to compete in the Grand Champion Big Cluck Grill-Off Competition during the Oregon State Fair on Saturday, August 23.

Anyone interested in participating can enter on the Oregon Fryer Commission's website at [www.oregon-chickens.com](http://www.oregon-chickens.com) or fax an entry form to 503-537-6224.

Prizes include: 1<sup>st</sup> place, Traeger Lil Tex Wood Pellet Grill and ribbon; 2<sup>nd</sup> place, Traeger Junior Wood



Pellet Grill and ribbon; 3<sup>rd</sup> place, grill accessory set and ribbon.

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### New exhibitors welcome

Have you attended previous county fairs and in looking at the exhibits thought to yourself "I can do that?"

Whether it is baking, canning, growing fruits, vegetables or flowers, sewing, crafts, taking pictures or painting there is a category for you at the fair.

It is simple to become an active participant. All one needs to do is to go to the fair office, pick up an exhibitor number and a premium sheet and then take the items to the various departments on Monday, August 11 between 1 p.m. and 8 p.m. Fruits, vegetables and flowers are accepted Monday 4-8 p.m. and Tuesday morning from 8-10 a.m.

Ren'ee Yocom, fair secretary will be happy to answer any questions. Office hours are Monday through Friday from 8-12 and 1-5.

## Conceiving a new view

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son said. "Robinson said, 'I never criticize a player until I am totally convinced that they believe that I believe in them.'"

Before you conclude Thompson's approach is the product of too much new-age thinking, consider the evidence that shows his strategies lead to victory.

He cites studies by sports psychologist Joan Duda. In one study, Duda tracked 62 athletes at the 2000 Olympic Games in Australia. She found that athletes who were coached to master their skills and compete to the best of their ability won more medals than athletes whose coaches focused solely on winning gold.

It makes sense: Athletes perform best when relaxed and confident, not when looking over their shoulder at a slightly apologetic coach.

Thompson thinks a coach can free his or her athletes by erasing fear of failure. In its place, confidence and joy take root. The kid continues to play and bump into the life lessons sports offer.

That's Thompson's view of a new youth sports culture, and a grand one it is.



## Connected To History. Tradition. And Communities That Live It.

Banner Bank is very proud to support the Morrow County Fair & Rodeo. And all of those who live it, breathe it, and participate in it. It just goes to prove that we're all in some way connected.



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