

## Wolfsen returns from cross-country bicycle trip



Bill Wolfsen began his 4800-mile cross-country bicycle trip at Florence, OR on May 1.



Wolfsen finishes his trip in front of the Victory Monument in Yorktown, Virginia on Aug. 17.

Bill Wolfsen, of Ione, left on a cross-country bicycle trip from Ione on May 1. He traveled from Ione to Florence on the Oregon coast where he touched his front tire into the Pacific ocean, and then traveled across country arriving in Yorktown, Virginia at the Victory Monument on Aug. 17, with a total of 4800 miles.

"Victory Monument commemorates the victory of the United States gaining freedom from England. I also achieved victory at that spot on August 17 with a total of 4800 miles," said Wolfsen.

After reaching Portland, Wolfsen sent about 20 pounds of things home to reduce the load in his trailed attached to his bike.

With that load, he did fine but it was slow on upgrades. He did however make it over Hoosier Pass in Colorado to an altitude of over 11,500 feet, but the short rollercoaster hills in Missouri were a new challenge. Those grades in Missouri were much steeper than going over all the passes including the Cascades and the crossing of the Continental Divide several times. He ended up sending another 25 pounds of things home before continuing.

## AWANA Bible club to start

AWANA Bible Club gets started for a new school year this Thursday night, Sept. 14, from 6:30 to 8 p.m. Kids in grades kindergarten through the sixth grade are welcome to attend. It will be hosted by Willow Creek Baptist Church in Heppner, which is located in the Seventh Day Adventist building on Minor Street, just off of Water Street in Heppner. Parents are encouraged to bring their clubbers early the first night

to fill out registration papers. There are several new leaders and changes to the AWANA program this year.

AWANA is an international, non-denominational ministry with thousands of clubs located around the world. The group in Heppner has volunteer leaders from at least five different local churches.

Call Dale Bates at 676-5773 for more information.

## Ione welcomes new staff members

By Tiana Camarillo and Alex Carlson

Once again, school is back in session and with the new year comes new students. Along with 16 new students, Ione Community School is joined by three new staff members for the 2006-2007 school year.

Jerry Cronin comes to Ione from Pendleton. Before coming to Ione, Cronin taught a Spanish/ESL course at BMCC and was the librarian at the Adams Public Library. He taught Spanish and technology in California for 15 years before returning to Oregon. Cronin has also lived in Alaska and has been involved in the Peace Corps and the People to People Student Ambassador program. Cronin will teach Spanish and technology at Ione.

Erin Heideman is the new science teacher this year for Ione. Before teaching in Ione, she taught middle and high school general

science at Condon High School and was an elective science teacher. She graduated from OSU majoring in agriculture and welding. Heideman has also taught Agriculture Education at Pendleton High School and is a former FFA advisor for Condon, Helix and Pendleton schools. Heideman will teach 6<sup>th</sup>-10<sup>th</sup> grade science in Ione as well as a wildlife management class that will be taking a trip to Mount St. Helens this fall.

Karl Blauer is the new part-time music teacher at Ione. He is a principal bass performer who has performed with both national and international symphonies. He's been teaching music and French for the last 17 years in schools located in Oregon, Tennessee and Colorado. He is also currently offering private music lessons in Suzuki and stringed instruments (violin, viola, cello, bass and fiddle).

The three new additions to the Ione Staff will make for yet another great school year.



## Pharmacy student interns at Murray Drugs



Ginny Krause (left) with Ann Murray (right) at Murray Drugs in Heppner.

Ginny Krause, 24, a student at University of Washington, Seattle, is completing the first of eight one-month internships at Murray Drugs in Heppner as part of her work experience for her final year of pharmacy school.

Krause, who is from Richland, WA, chose Murray Drugs, for two reasons she said. The first reason being it is in a rural, underserved area and the second it is an independent business, rather than a large retail pharmacy. She also said she became aware of Murray Drugs through family friends, Dr. Ed and Jeanne Beretta.

"I am having a very good time here," said

Krause. She has been learning some of the ropes of normal pharmacy operations and has been shadowing Ann Murray at Pioneer Memorial Hospital observing her work up there. Krause is also giving presentations on chronic disease management.

Other areas Krause plans to work at after Heppner include Providence Hospital in Newberg, an AIDS clinic in Harborview, WA, Valleyview in Monroe, WA where she will get to work with patients on lots of medicines and learn how to make sure none interact with each other; and at Swedish Hospital in Seattle, working with general medicine.

## Planning session for Wee Bit O' Ireland to be held

A planning session to gather fresh ideas and new volunteers for the Wee Bit O' Ireland festivities to be held St. Patrick's Day weekend will be held Tuesday, Sept. 19 at 4 p.m., at City Hall in Heppner. Everyone is invited to attend and encouraged to bring any ideas.

## Correction

The Morrow County Fair misreported the winnings of Kody Lovgren of Heppner. Lovgren received a Grand Champion ribbon, as well as a Blue ribbon for his Market Swine at the Morrow County Fair.

## Public encouraged to attend public hearing on Willow Creek TMDL

The Oregon Department of Environmental Quality (DEQ) is seeking input on water quality planning for streams in the Willow Creek watershed. A public hearing will be held Tuesday, Sept. 19 from 6-8 p.m. at the Morrow Soil and Water Conservation District office

Willow Creek drains into the Columbia River and flows through the Oregon towns of Heppner, Lexington and Ione. DEQ is proposing water temperature goals for much of the basin, bacteria goals for the Balm Fork tributary and pH targets for the Willow Creek Reservoir and two facilities that discharge waste water into Willow Creek in the Heppner vicinity.

The Willow Creek

Total Maximum Daily Load (TMDL, a pollution limit) and management plan will be available for public comment through Oct. 10, 2006.

At the public hearing, discussion will be encouraged following a presentation of the TMDL study and outcomes. Written and oral testimony will be invited at the hearing.

The document is available on-line at [www.deq.state.or.us/WQ/TMDLs/UmatillaBasin.htm](http://www.deq.state.or.us/WQ/TMDLs/UmatillaBasin.htm). It can also be obtained at the Portland and Pendleton DEQ offices or the office of the Morrow Soil and Water Conservation District.

To request a copy or discuss the TMDL, contact Don Butcher at DEQ's Pendleton office at (541) 278-4603.

## Local cadet completes training

Cadet James M. Beebe, grandson of Jeanne Johnson of Lonerock, OR, has completed cadet basic training at the U.S. Military Academy.

Beebe was among approximately 1,300 cadet candidates who concluded their training with a 12-mile road march from Camp Buckner to West Point on Aug. 7. New cadets were officially accepted into the Corps of Cadets during the Acceptance Parade on Aug. 12.

Beebe graduated from Churchland High

School in Churchland, VA in 2006. He plans to graduate from West Point in 2010 and will be commissioned a second lieutenant in the U.S. Army.

The mission of the U.S. Military Academy is to educate, train, and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of duty, honor, country and prepared for a career of professional excellence and service to the nation as an officer in the United States Army.

## Oregon Sheep Growers looking for Make It Yourself With Wool entrants

Oregon's 59th annual Make It Yourself with Wool Contest, open to seamstresses and knitters anywhere in the state, will be held at The Resort at the Mountain in Welches, Oregon on Saturday, Dec. 2, 2006. Complete contest rules and entry forms are available from Program Director Maureen Krebs, the office of the Oregon Sheep Growers Association in Salem, (503) 364-5462, or your local county extension office. Entry forms must be submitted to the Program Director by Nov. 15, 2006.

The Make It Yourself With Wool Contest is open to all ages, pre-teens to adult. Each contestant must utilize their skill and creativity to construct a wool garment or outfit made of wool or a wool blend with a minimum of 60 percent wool. The competition includes modeling the garment/outfit for judges, as well as the judging of the garment's construction.

Contestants compete in separate age categories, with the winner in the Junior division (ages 13-16) and Senior division (ages 17-24) receiving an expense paid trip to compete in the National Make It Yourself with Wool Finals sponsored by the American Sheep Industry Women in San Antonio, Texas, Jan. 25-27, 2007.

Contestants are responsible for their own

transportation and lodging in conjunction with the Oregon contest.

However, contestants and their families qualify for the group room rates granted to OSGA by The Resort at the Mountain. Contestants will need to make reservations by Nov. 12. Call (800) 669-7666 and identify yourself as part of the Oregon Sheep Growers' Annual Meeting.

The Oregon contest has been promoting the beauty and versatility of American wool fabrics and yarn since 1947. Major sponsors are the Oregon Sheep Growers Association, Oregon Sheep Commission, with support from OSGA members and affiliates.

For more information, contact Program Director Maureen Krebs at (541) 422-7548 or [eatlamb@centurytel.net](mailto:eatlamb@centurytel.net).

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## FREE PROGRAM PRESENTED

Bill Wolfsen will present a program  
on cycling across the U.S.

Saturday, Sept. 16 at 2:30 p.m.

Seventh-day Adventist Church

Everyone is invited to attend!

Vegetarian potluck luncheon at 1 p.m.