

Stroke screening to be held Nov. 1

Residents living in and around the Heppner community can be screened to reduce their risk of having a stroke. Life Line Screening will be at the St. Patrick's Catholic Church on Tuesday, Nov. 1. The site is located at 525 N. Gale in Heppner. Appointments will begin at 11:40 a.m.

A stroke, also known as a "brain attack", is ranked as the third leading killer in the world, and the second among women. Through preventive screenings, the risk of having a stroke can be greatly reduced.

Screenings are fast, painless and low cost. They involve the use of ultrasound technology, and scan for potential health problems related to: blocked arteries which can lead to a stroke, aortic aneurysms which can lead to a ruptured aorta, and hardening of the arteries in the legs, which are a strong predictor of heart disease. Also offered for men and women, is a bone density screening to assess their risk for osteoporosis.

Each screening requires ten minutes or less to complete. A complete vascular screening package, including the Stroke/Carotid Artery, Abdominal Aortic Aneurysm and Ankle Brachial Index (hardening of the arteries) screenings is \$109. Cost for a complete vascular package; include the osteoporosis screening is \$129.

For more information regarding the screenings or to schedule an appointment, call 1-877-237-1272. Pre-registration is required.

Life Line Screening was established in 1993, and is a provider of vascular screenings. Over 45 ultrasound teams are on staff to travel to your local community, bringing the screenings to you. These non-invasive, inexpensive and painless, ultrasound tests help people identify their risk for stroke, vascular diseases or osteoporosis early enough for their physician to begin preventive procedures.

October events listed for Heppner Schools

By Mahaley Huddleston

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| Oct. 6: Heppner High School Mustang Volleyball A, B 5 p.m.; Mustang VB C Echo 5:30 p.m.; Heppner Junior High School Pony Football and VB 4 p.m. Heppner Elementary School canned food drive and book fair happening until Oct. 12. | Club Dinner and Auction, 6 p.m. |
| Oct. 7: Mustang Football 7 p.m. | Oct. 16: Colt VB, 1-4 p.m. |
| Oct. 8: Mustang VB- A, Pilot Rock 12 p.m. Colt Football, HES 6 pm. | Oct. 17: Mustang JV-FB, Ione 5 p.m. |
| Oct. 9: Colt VB 1-4 p.m. | Oct. 19: Colt FB, HES 6 p.m. |
| Oct. 10: Morrow County School District Board Meeting, Riverside High School, 7 p.m. Mustang JV-FB 5 p.m. | Oct. 20: HES Carnival, 6 p.m. Mustang VB-A, B, Stanfield 5 p.m.; VB-C 5:30 p.m. |
| Oct. 11: HES Cheer Clinic, HES Gym K-2, 2:50-3:30 p.m.; 3-6 p.m., 3:40-5:30 p.m. HES Open House, 6:30 p.m. | Oct. 21: Pony FB, Weston 3 p.m.; Mustang FB, Weston 7 p.m.; Mustangs VB-A, B, Imbler, 1 p.m. |
| Oct. 12: HES Cheer Clinic, the same time as Oct. 11. HES Site Council, 6 p.m. HHS Booster Club, 7 p.m. | Oct. 22: Pony VB Tournament, Stanfield 9 a.m. |
| Oct. 13: Mustang VB-A, B, C, 5 p.m. Pony VB, Mt. Vernon 5 p.m. | Oct. 24: Mustang JV-FB, 6 p.m. |
| Oct. 15: Mustang VB-A, B, 12 p.m. Booster | Oct. 25: HES and HHS Picture Retakes. |
| | Oct. 26: Colt FB, HES 6 p.m. |
| | Oct. 28: Mustang FB 7 p.m.; Pony FB, Mt. Vernon 1 p.m. |
| | Oct. 29: District VB Tournament TBA; Colt FB-if necessary. |
| | Oct. 30: Daylight Saving Time ends-move clock hands back one hour. |
| | Oct. 31: Mustang JV-FB 4:30 p.m. |

Fire Fund bake sale a success

"The Lexington Fire Fund bake sale was a great success due to all citizens of Lexington who brought food to sell, made monetary donations, and purchased food," according to a Fire Fund representative. "There was a wonderful selection of baked goods."

Lorene Montgomery, Betty Christman, Yung and Jim Nelson and Jean Brazell made calls, set up and sold the baked goods.

Morrow County Health Dept. lists October schedule

The Morrow County Health Department has released the following schedule for October.

Thursday, October 6: Heppner clinic, 8:30 a.m.-4:30 p.m., closed noon-1 p.m.

Monday, October 10: Boardman clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.; Stokes Landing flu clinic, Irrigon, 11 a.m.-1 p.m.

Tuesday, October 11: Boardman clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.

Wednesday, October 12: Boardman Clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.; Family planning clinic, 8:30 a.m.-4:40 p.m., closed noon-1 p.m.; St. Patrick's flu clinic, Heppner, 10 a.m.-1 p.m.

Thursday, October 13: Heppner clinic, 8:30 a.m.-4:30 p.m., closed noon-1 p.m.

Monday, October 17: Boardman clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.; Sexually transmitted disease clinic.

Tuesday, October 18: Boardman clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.; STD clinic.

Wednesday, October 19: STD clinic.

Thursday, October 20: Heppner Clinic, 8:30 a.m.-4:30 p.m., closed noon-1 p.m.

Monday, October 24: Boardman Clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.

Tuesday, October 25: Boardman Clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.

Thursday, October 27: Heppner Clinic, 8:30 a.m.-4:30 p.m., closed noon-1 p.m.

Monday, October 31: Boardman clinic, 8:30 a.m.-4:30 p.m., closed 12:30-1 p.m.; Stokes Landing flu clinic, Irrigon, 11 a.m.-2 p.m.

Births

Keegin Mickael Chitty- A son, Keegin Mickael, was born to Eva Marie Chitty, Laclede, Idaho, at Newport Community Hospital, Newport, Oregon, on October 3, 2005.

The baby weighed 8 lbs., 14 oz., and measured 21-1/4 inches long.

Grandmother is Toni Carter, Laclede, ID. Great-grandparents are John and Rene Ledbetter, Heppner.

Ione Foundation holds auction



Joe Rietmann (left) helps out auctioneer Dustin Padberg at the Ione Education Foundation fund raising dinner and auction held Sept. 24 at the Ione Legion Hall.

Foundation seeks used books

With the beginning of school, the Eastern Oregon Reading Foundation announces the Third Annual Book Harvest.

The Book Harvest has been a great success the last two years with 2,000 books distributed to local organizations throughout Umatilla and Morrow counties. So far this year they already have over 2,000 books.

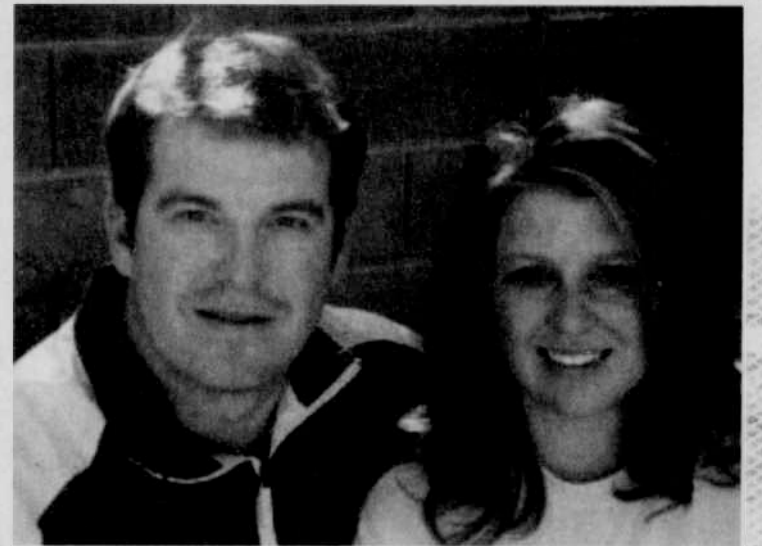
The foundation asks that people "clean out your closets, garages, etc., and bring in your gently used or new books to help put a smile on a child's face this fall."

All books must be received before November 30 to be delivered by Christmas. However, the foundation will accept books at any time throughout the year. Every donation will receive a receipt to be used for tax purposes.

Please send all books to the Eastern Oregon Reading Foundation in care of Umatilla-Morrow ESD.

For more information on the Book Harvest, contact Kay Dallman at 541-966-3160 or e-mail kay.dallman@umesd.k12.or.us.

Engagement Schneider-Halvorsen



Mollie Beth Schneider and Ryan Dee Halvorsen

Mollie Beth Schneider and Ryan Dee Halvorsen, both Henderson, Nevada, announce their engagement to be married.

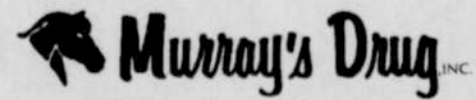
Mollie is the daughter of Stephen and Joyce Schneider, Henderson. She is a 1993 graduate of Green Valley High School at Henderson. She received a bachelor of science degree in journalism from the University of Oregon in 1998. She is currently employed as a real estate agent.

Ryan is the son of Frank and Cathy Halvorsen, Ione. He is a 1993 graduate of Ione High School. He received a bachelor of arts degree in journalism from the University of Oregon in 1998. He is employed as a real estate agent.

The couple plans an October 8, 2005, wedding at Henderson.

Wedding Tables

Mollie Schneider and Ryan Halvorsen
Wedding - Saturday, October 8th



217 North Main • Heppner

Phone 676-9158 • Floral 676-9426
Serving Heppner, Lexington & Ione



HEPPNER ELKS 358

676-9181 "Where Friends Meet" 142 North Main

Thursday, October 6th

LADIES' NIGHT

Dinner starts at 6 p.m.

*New York Strip Steak,
Twice-Baked Potatoes,
Sautéed Green Beans,
Baby Spinach Salad,
Rolls, and Pumpkin Pie*



For members and invited guests only

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Heppner Gazette
676-9228

City of Irrigon Watermelon Festival & North Morrow Community Foundation present

LEWIS AND CLARK Bicentennial in Oregon

Sunday, October 16, 2005 • 1:00pm - 5:00pm

Irrigon Marina Park

- Old Fashion Games for Kids
- Quilt & Art Show at A.C. Houghton School Cafeteria
- Square Dancing by A.C. Houghton 3rd Grade Class
- Native American Displays
- Lewis & Clark "Discovery Box" Presentation by Major Alisha Hamel, Oregon National Guard
- Greetings From: Cayuse Chief Jesse Jones, and Walla Walla Chief Carl Sampson
- Participation by: TAMASTSLIKT Cultural Institute
- Native American Dance Troop. "Generations" will perform to the beat of the drums.



Music By:
"ELDAHOW"
all the way from Portland
In Concert:
Gorge Winds Band

Pie Judging Contest
To enter Call: Sharon Timms 922-4162
Prizes for: Prettiest Pie, Best Tasting Pie & Pie with the Flakiest Crust
Free Pie Social will Follow!

Lunch: Beef Stew & Bread \$1.00

In the event of inclement weather, activities will move to A.C. Houghton School

Advertising and entertainment funded by Morrow County Unified Recreation District & Lewis and Clark Bicentennial Oregon (LCBO), with funds from the Oregon Heritage Commission, Oregon Parks and Recreation Department