

Shenanigans plan Ireland concert



At the Cliffs of Moher on the west coast of Ireland (L-R): Dave Kendrick, Sarah Carlson, Kara Clay, Kate Kendrick, Brynna Rust, Alex Carlson, Eric Jepsen, Nancy Jepsen, Terri Clay and Shannon Rust.

The Shenanigans fiddle group is planning a free concert on Thursday night, Oct. 28, to share in music and pictures about their recent trip to Ireland.

The group, which includes fiddle students Alex Carlson, Kara Clay, Eric Jepsen, Kate Kendrick and Brynna Rust, flew to Ireland for two weeks in July. While there they attended the Joe Mooney Summer School of Music

and went sightseeing to other parts of the country.

Their fiddle group instructor Peg Willis accompanied them and one parent from each family also went on the trip. There were about 650 other musicians playing a variety of instruments at the school and over two hundred dancers also participated.

At the concert, Shenanigans will be performing some of the new

Irish music they learned and some of their other latest music. Also featured will be a Power Point picture presentation showing scenes from the various places in Ireland that they journeyed to.

The program is a way of saying thanks to the community for all their generous support for the group. A location has yet to be finalized for the program, but will be announced soon.

You can join Brent's Team to "Walk to Cure Diabetes"



Brent's Team 2003 at the Hillsboro Stadium.

It is time once again for the "Walk to Cure Diabetes." This event will be held Oct. 3 at the Hillsboro Stadium. This year's co-honorary chairs are US Senators Ron Wyden and Gordon Smith.

Brent Eckman, a student at Heppner Elementary School, was diagnosed with Type 1 Diabetes three years ago, which means he will be insulin-dependent for the rest of his life and carries the constant threat of devastating complications. Insulin is not a cure, it is merely life support.

Brent has learned he can do all the same activities as his friends, however, he must always be prepared to treat his fluctuating blood sugars. Brent tests his blood by pricking his finger for blood five times a day.

There are three ways you can help make a difference for Brent and everyone living with diabetes:

You can join "Brent's Team" for the walk. You can register online at www.JDRF.org. Be sure to use "Brent's Team" under the team name.

You can send a tax-deductible contribution, made payable to JDRF. Please mail to Brent Eckman, P.O. Box 332, Lexington, OR 97839.

You can purchase raffle tickets for a beautiful quilt made by his Grandma Healy.

The Juvenile Diabetes Research Foundation (JDRF) was founded in 1970 by parents of children with Type 1 diabetes. Almost 1.5 million Americans have juvenile (Type 1) diabetes, the most severe form of the disease.

Out of every dollar JDRF raises, more than an impressive 85 cents is channeled directly into diabetes research and education projects. JDRF is the world's leading nonprofit, nongovernmental funder of diabetes research. Thanks in part of JDRF, researchers feel that a cure is in sight.

With your support, JDRF will continue its mission to find a cure for diabetes and its complication through the support of research. With your help, our dream of a world without diabetes is within reach.

For more local information contact Judy Eckman at 989-8221.

Tarnasky continues providing quality health care for Morrow County

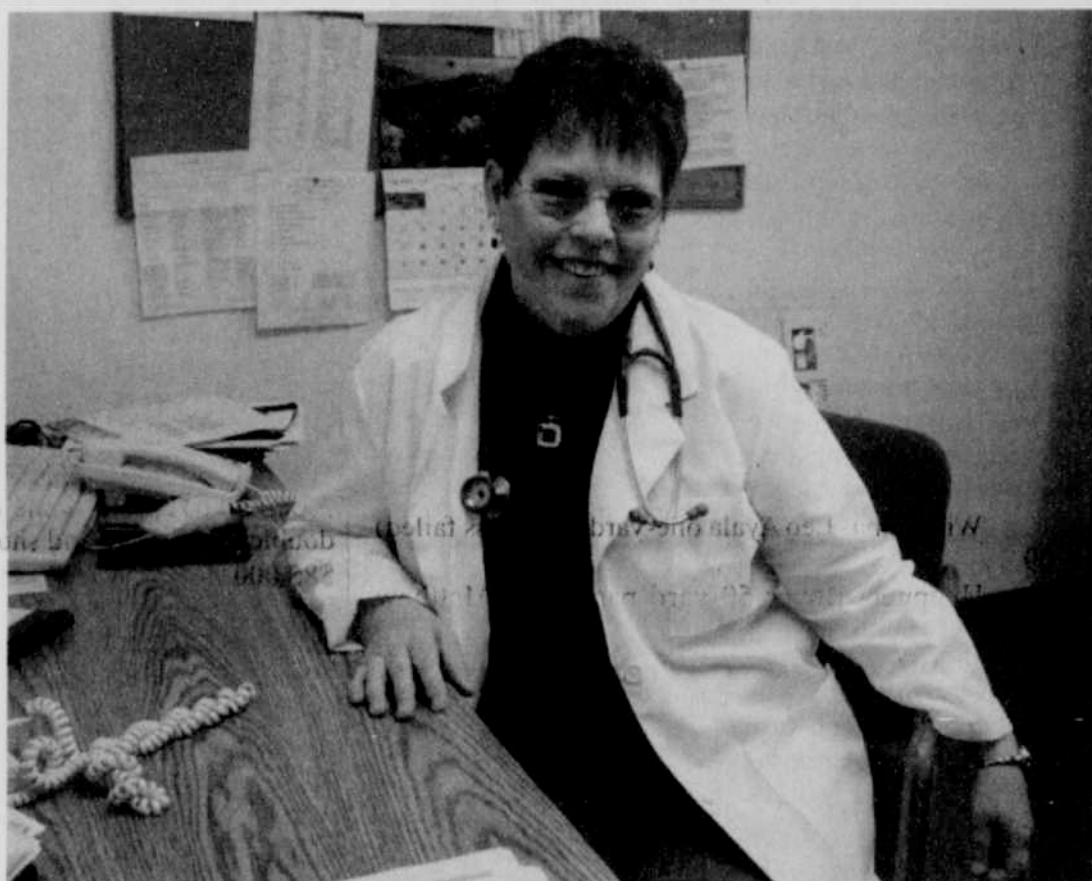
By Molly Rhea

Sheridan Tarnasky, Physician Assistant with the Morrow County Health District, recently completed and passed, the extensive testing required by the National Commission of Certification of Physician's Assistants (NCCPA). Physician's Assistants (PAs) are required to complete 100 hours of Continuing Medical Education (CME) every two years and sit for the NCCPA exam every 6 years.

Tarnasky has been licensed as a PA since 1998 and began this portion of her career at the Irrigon Medical Clinic, serving as their main provider from December 1998 through February 2000 when another full time PA was hired to work at the Irrigon Clinic. Since then Tarnasky has worked at Pioneer Memorial Clinic in Heppner, although she spends at least one day a month at Irrigon, as well as providing care when their full-time PA is off for vacation or his continuing education.

Tarnasky has been a Physician Assistant in Morrow County for the past six years, but that is not the beginning of her service to Morrow County.

Born Sheridan Wyman, she graduated from Heppner High School in 1966 and then enrolled in the Emanuel Hospital School of Nursing in Portland. Upon graduation, she worked for the next two years in the surgical unit of Emanuel Hospital. During this time she met and



Sheridan Tarnasky at the clinic in Heppner

married her husband, Ed.

The young couple moved to Heppner in June of 1972, Ed was employed by Kinzua and Sheridan went to work at Pioneer Memorial Hospital where her mother, Ilene Laughlin, was serving in the capacity of administrator.

In 1977, Tarnasky was hired by the Tri-County Health Initiative Grant to establish the first Home Health agency in Morrow, Gilliam and Wheeler counties. Tarnasky worked as the director and continued her employment at Pioneer Memorial part-time to provide relief on weekends and holidays for the full-time staff until 1984.

In 1990, Tarnasky

agreed to take on the duties of Director of Nursing at PMH. She more than capably provided leadership in this position until 1996 when she was convinced to apply for acceptance in the Oregon State University Hospital's Physician Assistant program. By this time, both of Tarnasky's children, A.J. and Alecia, were attending Oregon State University.

When asked how she came to the decision to advance her career, "I had watched providers come and go in this community for several years," replied Tarnasky. "It was a way to provide stability for the medical needs of the community that my nursing

license could not provide."

When Tarnasky's patients are asked why they choose her for their primary provider of health care, most will respond, "Because she always takes time with me," or "I feel like she will field all my questions, and if she doesn't know the answer she will either look it up or consult with one of the physicians," and perhaps the most telling one, "I trust her."

Tarnasky has also found time to serve on the Advisory Boards for Morrow County Behavioral Health and the Morrow County School District. She also taught confirmation for six years and has served on the St. Patrick's Catholic Church Council.

Although Tarnasky has dedicated much of her life to providing quality healthcare to the citizens of Morrow County, when you know her personally it is obvious what is most important in her life. Family. Tarnasky is never more proud than when speaking of her husband, her two children and her two grandchildren, Gracie and Jack.

Tarnasky's years of service are very much appreciated. She and many others in the community are vital to ensuring the quality of life in rural Oregon.

Morrow County to hold Victim Impact Panel

A Morrow County Victim Impact Panel will be held at the Port of Morrow Building in Boardman on Wednesday, Sept. 22, at 7 p.m.

The meeting is open to the general public at no charge. DUI Offenders will be charged \$50 and must attend as a condition of probation.

The meeting will allow listeners to learn how driving under the influence impacts members of our community. It also provides victims of DUI crimes an opportunity to share their personal stories of tragedy.

A Spanish interpreter will be present. For more information contact Samarra D. Van Doorn, Director of Morrow County Victim Assistance Program in Heppner 676-5665, Boardman 481-2112, ext. 5665 and Irrigon 922-4103, ext. 5665.

DA's Report

Michael Dean Lynch pled guilty to Delivery of a Controlled Substance, a Class-B felony. Lynch was sentenced to 24 months formal probation, 80 hours community service, completion of a drug package and payment of \$919 in fines and fees.

Donna Jean Acock was found in violation of a show cause order allegation for Forgery in the Second Degree. Acock's probation was revoked and reinstated and she was sentenced to a probation extension of one year from the date of the order.

John M. Healy pled guilty to Attempted Assault in the Second Degree (lesser included offense), a Class-C felony. Healy was sentenced to 36 months formal probation, 80 hours community service, completion of a domestic violence package with Batterer's Intervention Panel and a felony alcohol package and payment of \$1169 in fines and fees.

2nd Annual Fund Raising Dinner

to benefit the Ione Education Foundation

Saturday, September 25

Social hour at 6 p.m. / Dinner at 7 p.m.
at the Ione American Legion Hall

Menu: Prime Rib, Crab, Shrimp, Salad, Baked Potato, Bread, Dessert. Two drinks included with meal (choose from beer, wine and soft drinks).

Ticket Prices:

Adults - \$25.00

Children 12 and under - \$10.00

6 and under - free

Tickets available at Bank of Eastern Oregon, Ione

Come enjoy a fun evening and help support the Ione School. There will be an auction after the dinner, music, and raffle tickets for various items on sale also.

The Ione Education Foundation is a 501(c)(3) non-profit corporation



CANDIDATES' FAIR

Sponsored by
Heppner Chamber of Commerce
and Willow Valley Service Club

Noon to 1:00 p.m.
John's Other Place

GENERAL PUBLIC INVITED

Thursday, Sept. 30th
Justice of the Peace Candidates and
City of Heppner Mayor Candidates

Ad sponsored by Bank of Eastern Oregon

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