

Engagement Crowell-Moore



Christy Crowell and Blaine Moore

Gene and Kristy Crowell of Ione and Harold and Jo Moore of Pendleton announce the engagement of their children, Erin Lindsey Crowell and Blaine Scott Moore, both of Phoenix, Arizona.

The bride-elect graduated from Ione High School in 2000 and from Blue Mountain Community College in 2003. She will be attending Western Oregon University in the fall of this year. Moore is a 1996 graduate of Sunnyslope High School and a 2000 graduate of Grand Canyon University, both in Phoenix. He also received a master's degree in social work from Walla Walla College in 2002. He is currently employed as a substance abuse therapist with Terros, Inc.

The couple will be married in Ione at the home of the bride's parents on April 24, 2004, and are planning a move to the Salem area this spring.

Local entities deliver hot meals

By Molly Rhea, R.N., Pioneer Memorial Home Health and Hospice director

One of the community support systems for our Senior Citizens in south Morrow County is the availability of home delivered meals. Two local entities are filling this niche.

Pioneer Memorial Hospital offers a noon meal, called "Hot Meal Express", on Mondays, Tuesdays, Thursdays and Fridays. As a consumer I can vouch for their appeal. The menus include: Pork Chops, Sweet and Sour Chicken, Lasagna, Chicken Enchiladas, as well as Hamburger and Fries, French Dip, BLT, and Reuben sandwiches, and Clam Chowder in a bread bowl.

The cost of these meals is \$3.50 with monthly billing. Currently the hospital is in need of volunteer drivers to deliver these meals. For more information call Pioneer Memorial Hospital at 676-9133, and ask for the Kitchen. The local CAPECO Meal Program is coordinated

through the Senior Center by Coral Mitchell. This program provides a hot noon meal every Wednesday at St. Patrick's Senior Center and a light lunch on Thursdays. The suggested donation for these meals is \$2.50 for ages 60 and over, and \$6 for those younger than 60. Home delivery of these meals is available for those who qualify.

CAPECO also has "Freezer Meals" available. "Freezer Meals" include 18 entrées are prepared in the Senior Center kitchen to meet Federal Nutrition Requirements, which are frozen in special trays and delivered to qualifying subscribers. Special diets, such as Diabetic or Low Salt, can be provided as needed. Again, the price of these meals is a \$2.50 donation for folks 60 and over, and \$6 for those under 60.

If you are interested in receiving these "Freezer Meals" call and leave Coral Mitchell a message at 676-5313, and she will return your call.

Pennant bearer workshop slated

The Morrow County Fair and OPR Court will hold a pennant bearer workshop on Sunday, Jan. 18, at 1 p.m. in the Wilkinson Arena at the Morrow County Fairgrounds in Heppner. Anyone interested in becoming a pennant bearer

is invited to attend. Attendees are asked to bring their horses to the workshop, if possible. The Fair and Rodeo court will be there for demonstrations and to help.

For more information, contact Hal and Rita Bergstrom at 676-5538.

Livestock Growers, SWCD program set Jan. 15; topics include BSE (mad cow) implications

The Morrow County Livestock Grower's Board and the Morrow Soil and Water Conservation District Board invite everyone to "Town and Country" and their joint program that will be held January 15 at the Heppner Elks Club. The afternoon program will start at 1 p.m. with natural resource issues and Eric Moeggenberg from ODA discussing the latest CAFO information. He will be followed with discussions

about SWCD and Natural Resource Conservation Service programs for livestock producers. CRP restoration and the benefit for grazing and wild life will round out the natural resource discussion.

The groups will then turn their focus to Bovine Spongiform Encephalopathy (BSE). There will be a panel to discuss the disease and implications to the livestock industry. Implementation of a

national livestock ID system and County of Origin Labeling (Cool) will be part of the BSE discussion. These three issues are related. Everyone is invited to listen to the discussion to learn more about these complicated issues.

At approximately 3:45 p.m. the MCLG's annual meeting will get underway. MCLG will elect officers for the year and then turn their attention to Coy Cowart, newly-elected OCA

president, for his vision of the future for the OCA. Greg Smith will also be on hand to give his impression of the Oregon Cattlemen's Association as the new executive director.

Also plan to enjoy "Town and Country" dinner and program. There will be a no host social hour from 6 to 7 p.m.. The dinner with program following will be served at 7 p.m. Dinner and program tickets will be \$20.

New school in The Dalles to head the IMC

The Intermountain Conference received a ninth member on Dec. 8. By a vote of nine to one, the OSAA Executive Board placed a new high school, formed by the merger of two Wasco County school districts, in the IMC beginning in the 2004-05 school year. The school, which hasn't been named, will include a combination of students currently attending The Dalles and Wahtonka high schools. The Dalles, with an enrollment of 671, is a member of the 3A Tri-Valley League. Wahtonka, which has an enrollment of 278, competes in the 2A Columbia Basin Conference. The combined enrollment, 949, moves the new school over the 900 cutoff point for 4A. The Dalles, which last participated as a 4A school in the Mt. Hood Conference in 1985-86, was an IMC member through the 1964-65 school year.

The board also voted to move Riverdale from 1A to 2A where it will compete in the Northwest League. Riverdale's enrollment is more than 30 students above the 1A cutoff point.

Ten schools experiencing a decline in enrollment will move to a

lower classification beginning in 2004-05. Moving from 3A to 2A are Vale, which becomes a Wapiti League member, Lakeview (Southern Cascade League) and Glide (Big Fir League). Moving from 2A to 1A are City Christian (Casco League), Gilchrist (Skyline League), Lowell and Crow, which join the Mountain West Conference and new Old Oregon League members Joseph, Pine Eagle and Imbler.

Jefferson (4A), Burns (3A) and Portland Lutheran (2A) did not request a move down in classification despite enrollments below their respective cutoff points.

The board took no action on three requests for lateral league moves within classifications: 4A Hood River Valley (IMC to Mt. Hood), 2A North Douglas (Big Fir League to Trico League) and 2A Santiam Christian (West Valley League to Trico). OSAA Executive Director Tom Welter encouraged the three schools to testify before the OSAA Classification and District Committee when it convenes next fall to discuss placement for the next four-year time block.

St. Patrick's Senior Center news

By the Rev. Grace Drake

The special meeting of the St. Patrick's Senior Center's Board of Directors was postponed until Wednesday, Jan. 14, at 12 noon. Final arrangements for the annual meeting are first on the agenda. Three members will be elected to a one-year term. Nominations may be made from the floor. Every person 60 years or over are eligible to vote. Not all members of the board are required to be within the age limit. Nominations of persons under 60 for one member is possible and welcomed.

The annual meeting will be held Wednesday, Jan. 21, at 12:15 p.m., in the dining room of the senior center. All who are present for the noon meal are welcome to participate in the meeting.

These events are dependent on the weather; people are invited to watch the Heppner TV Bulletin Board (Channel 3) for timely notices.

Our last meal of 2003 was canceled due to weather.

Residents prepared a soup lunch for themselves and brave souls who missed the announcement and braved the snow and cold.

Preparations are underway for the legal informational meetings, regarding elder abuse; especially how to be aware of, and to check out questionable schemes and scams which take advantage of someone who may be vulnerable. The date will be announced. Results of the survey indicated the most interest in unsolicited phone calls and mail and how to stop them.

United Methodist volunteers will serve the Wednesday, Jan. 14, noon meal at St. Pat's Center.

Correction

The Adopt a Teacher program was created by Jeannie Anderson and Kirsten Harrison, not by the Parent Teacher Committee and Booster Club, as stated in last week's end of the year photo page.

SWCD announces state conservation poster contest winner



Merilee McDowell (left) and Cassandra Feyder.

The annual Morrow County conservation poster contest sponsored by Morrow Soil and Water Conservation District was held in May 2003. The first place posters were entered in the Oregon Association of Conservation District's contest in November.

Cassandra Feyder, a student at Columbia Middle School in Irrigon, was selected as the state first place winner in the fourth through sixth grade category.

On Dec. 18, Merilee McDowell, an employee of Morrow SWCD presented Cassandra with a \$100 savings bond from OACD along with a certificate for her accomplishment. We are very proud to have a student from Morrow County receive this honor, stated a district spokesperson. The poster contest theme was "Food for the Future." "It was a reminder to the students of the importance of having an ample supply of food for now and the future."

Ione boys lose to Condon in overtime

By Marie Key

The Cardinal Boys varsity team lost their first home game to the Condon Blue Devils, 56-57, in overtime.

At the end of the first quarter the Cards were down by nine points. During the third and fourth quarters they came alive and made 37 points to Condon's 27 points. At the end of the fourth quarter the game was tied at 49. In overtime Ione added seven points and Condon added eight points to win.

Tyler Brown lead the Cardinals with 17 points; Kelly Thompson had 11 points, Nick Christman, 10, Tyler Raible, seven, Arthur Ekstrom, four, Billy Gates, three; and Curtis Thompson and Dan Satterly added two points each.

Rebounds were lead by Tyler Raible with 14. Tyler Brown had 13 rebounds, Kelly Thompson, eight, Billy Gates and Nick Christman had six each, and Arthur Ekstrom added five rebounds.

The team had 13 steals.

Coach Dennis Stefani said he thought the kids showed a lot of heart and desire, to come back the way they did. "We just have to stop getting ourselves in situations where we have to come back. Then we should start winning some games."

MSWCD plans annual meeting

The Morrow Soil and Water Conservation District will hold their annual/regular meeting following the MSWCD and Morrow County Livestock Grower's combined annual program on Thursday, Jan. 15. The meeting will be held at 3:45 p.m. upstairs at the Heppner Elks Club.

and discussion items include: weed Inspector report; manager report and agency reports; election of officers; appointment of associate directors; assignment of committee responsibilities; and prospect of an executive session according to ORS 192.640(2).

The meeting is open to the public.

**To Luella Taylor
From the Town of Lexington
We all hope you
get better soon & your
operation is a success.**

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Wedding Tables

Kristi Worden & Abe McNamee
Wedding - Saturday, January 17th

Melissa Wallace & Scott Thingelstad
Wedding - Saturday, January 24th

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