



**The Morrow County Transfer Station
will be CLOSED**
 **Saturday, March 16th**
 **for St. Patrick's Day**
& will be OPEN Sunday, March 17th

Ingrown Toenails?
Dr. Donald J. Carlson, Foot Specialist
will be at the Pioneer Memorial Clinic
on February 20th for the diagnosis
of this and other foot problems.
Call 676-5504 - Heppner
or 567-8750 - Hermiston



**Looking for a
Head Start?**

Look to 2002 tax changes.

- \$3,000 IRA contribution limit
- 1500 catch up IRA contribution age 50+
- Increased company retirement plan contributions
- More options for rollovers into IRAs
- Income tax free qualified distributions from 529 plans
- \$2,000 Education IRA contribution limit

You are invited to attend a **FREE Luncheon Seminar** that will address some of the questions surrounding the topic **"Tax Changes That Matter to You."**

Please join us **Wednesday, March 20th,**
12:00 noon to 1:00 p.m.

at **John's Other Place, 164 N. Main, Heppner, Oregon**

*Lunch and seminar are Free but seating is limited so if you can attend please call 866-278-1600 to reserve your seat.

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MS walk planned for April 20 in Heppner



2002 marks the fifth year that the MS Walk has taken place in Heppner. This year's 5K and 10K walk will begin at 9 a.m. on Saturday, April 20, at All Saints Episcopal Church, 460 N. Gale St., in Heppner. After everyone is registered that morning those participating will meet at the park for a group picture and begin the walk.

Snack stations with rest stops will be set up along the route. Following the walk, a free breakfast will be served at All Saints for all the walkers.

To participate in this year's event, pick up a registration form at local businesses and the post office. Those planning to participate may fill out the form and mail it, or register on line. "Getting a team of five or more friends and family, co-workers, or church or youth groups together is a fun way to enjoy the walk, but individuals are welcome also," said local chairman Merilee McDowell. Walkers are asked to raise a minimum of \$25 per person and prizes can be earned for funds raised over \$100.

The National Multiple Sclerosis Society is dedicated to ending the devastating effects of multiple sclerosis. Funds received through the MS Walk support education, advocacy, research and local programs that enhance the quality of life for people with MS and their families.

"Each year we've raised over \$5,000 with 30 to 80 walkers. This year our goal is \$10,000 and I know we can reach it with everyone's help," said McDowell. "Currently the research is progressing at an accelerated rate and I am confident that there will be a significant breakthrough within the next five years."

For more information about Multiple Sclerosis, the MS Walk, or the services of the National MS

Society, call 1-800-FIGHT-MS ext. 1, or visit the website at www.orcirms.org. McDowell may be contacted in Heppner at 676-5238.

Bill Broderick selected for wildlife program

The 4-H Wildlife Stewards program is being expanded throughout Oregon. Bill Broderick, Morrow County 4-H agent, is one of six 4-H agents selected to participate on the state training team to help expand the program statewide. 4-H Wildlife Stewards are trained volunteers working in partnership with public and private organizations to assist students and teachers to create, use and sustain wildlife habitats on school grounds.

The National Science Foundation awarded a three-year \$748,000 grant to the 4-H Wildlife Stewards program. During the next three years, the program, which began in the Portland metro area (Multnomah, Clackamas, and Washington counties) will expand statewide to selected urban and rural schools across Oregon with the goal of developing a national model for a Master Science Educators program.

Funds from NSF will finance the development of new curriculum, training videos, an interactive web site and four regional trainings each year. The next training will be held in Wilsonville May 9, 10, and 11. Volunteers from around the state are invited to attend. Cost for the training, materials, lunches and snacks for all three days is \$55. Low cost overnight lodging is also available.

Contact Bill Broderick at 541-676-9642 or the 4-H Wildlife Stewards office at the OSU Extension/Multnomah County Office at 503-725-2048 for more information and registration materials.

Horse Liniment Eases Arthritis Pain

OCALA, FL — An ingredient derived from hot peppers that decreases inflammation in racehorses' legs, is now recognized as safe and effective for human use. The ingredient has been formulated into a product called ARTH-Rx™ and comes in a strength designed for humans. Researchers are excited and say the formula can relieve arthritis pain for millions.

Developed by the Phillips Gulf Corporation, ARTH-Rx is a breakthrough in the treatment of painful disorders ranging from minor aches and pains to more serious conditions such as arthritis, bursitis, rheumatism, tendonitis, backache and more. Although the mechanism by which ARTH-Rx works to relieve pain is not totally clear, scientists suggest that pain is relieved because ARTH-Rx intercepts the messenger substance that sends pain signals to the brain.

ARTH-Rx is available in a convenient roll-on applicator without a prescription. According to a spokesperson for the company, due to the overwhelming demand for ARTH-Rx, supplies are sometimes limited. ARTH-Rx can also be ordered by calling 1-800-729-8446.

www.hodsaies.com ©2000PGC
 ARTH-Rx is available locally at:
MURRAY'S DRUG
 217 N. Main St. • 676-9158

We Print Business Cards
 Heppner Gazette-Times
 676-9228

Court updated on Grant County director situation

By Doris Brosnan

At the Morrow County Court session of March 6, Morrow County Behavioral Health director Kelly Sager introduced two Oregon Health Sciences University senior nursing students. He explained that they are "shadowing" the department clinicians as part of the senior rotation. The two students then offered some insights into the program and their interest in public health.

Sager offered the commissioners an update on the Grant County situation, in which the county and a potential assistant director have not been able to reach a financial agreement. He noted that the Morrow County department would have difficulty continuing service there and recommended that Grant County seek its own director. The Court agreed that the MCBH director is under too much strain in the current situation, having to provide service there as well as for Morrow County, and asked Sager to craft a letter of explanation to the Grant County Court.

Sager reminded the Court of the Joey Project that provides non-traditional services to clients. He explained the need for a mentor and a skills trainer for a particular child and his family. He identified how the program would work, eventually transitioning the child and the family from the program assistance to extended family and community, and noted the difficulty in finding volunteers. The Court approved funding for the three-to-six month temporary positions.

Sager reported no news about the state budget. He said that the department is investigating the business of respite care for the mentally ill, as diversions from hospitalizations. He reported improvement in the department's accounts receivable process.

Judge Terry Tallman opened one bid in response to the County's search for a rock crusher cone unit. Public works director Burke O'Brien will review the bid to assure that it meets specifications.

Judge Tallman opened one bid on the county's used crusher cone unit. The Court agreed to postpone a decision until a purchase decision is made. O'Brien noted that the jaw unit will become a subject after the cone unit has been taken care of.

County counsel Bill Hanlon discussed with the Court a cooperative maintenance agreement with the Port of Morrow for roads in the port. The Court and Hanlon examined the proposed agreement and questioned a contradiction and some inclusions and omissions, as well as the legal ramifications.

Hanlon presented two statements from the lawyer for the county who filed an appeal of the ruling in the Threemile Canyon dairies permitting issue.

Hanlon ended his reporting with a critique of a recent planning commission meeting. He noted that he has attended such meetings for 25 years but had never before felt such concern over proceedings. He spoke from the perspective of legal protocols, he explained, and he has provided the commission some guidelines for future deliberations, guidance that should assure little opportunity for challenge of commission decisions.

From a report by executive secretary Andrea Denton, the Court learned that the law-library fee collected by the judicial district had been 33 percent for several years. Based on this knowledge, the Court agreed to amend its resolution of the previous week, changing the fee to 33 percent.

Commissioner Dan Brosnan relayed his conversation with Janet Greenup of the Morrow Soil and Water Conservation Board, which allayed concerns about the Buttercreek watershed. The Court then appointed the Morrow Soil and Water Conservation District Board as the Watershed Council for Morrow County.

Representatives from AFLAC Insurance presented a report on supplemental insurance. They provided some company history, used statistics and examples to demonstrate their company's purpose, presented financial information, and explained some programs available and being added. Explaining why the County does not sponsor supplemental insurance, though employees may secure it on their own, the Court agreed to keep the information for possible future reference.

Public works director Burke O'Brien reported the status of the Valby Road project and then updated the Court on the work of the department crews: snow plowing and sanding on Sunflower, Ruggs, Upper Valby, Upper Lone, Gooseberry, and Bascy Canyon; removal of some trees and stumps at the courthouse; and work on the parking lot project for the fair and rodeo, which will include a controlled burn of a building.

O'Brien then discussed Coal Mine Hill with the Court. He recommended posting it as closed to automobile or truck traffic from March 7, 2002, until such time as the road authority considers it safe for travel pursuant to Oregon law. Concern over drivers who get stuck, the dangers, enforcement issues, and legal requirements were discussed. Brosnan, though not opposed to closing that stretch, opined that it is not the complete answer. The Court approved closing of Coal Mine Hill from March 7 until the road authority considers travel safe and further agreed that the closure must be well signed.

O'Brien reported that the parks committee is to meet on March 19, and the ATV ad hoc committee is scheduled for March 21. He then presented a spreadsheet of heating costs of various county buildings. He showed the reductions in kilowatt-hour usage in the buildings in which insulation and new windows were installed. He suggested consideration of storm windows for the courthouse in the future. He also noted that he is waiting for brackets for the steel supports at the Gilliam and Bisbee Building.

The Court also approved a permit for CenturyTel to install lines alongside and under Bascy and Sanford Canyon Roads and approved a contract renewal, noting a rate increase, with the Corps of Engineers for law enforcement services.

Chili Feed to Benefit Matheny Family

The Oregon State University Extension Service in Morrow County, along with help from offices in the Gilliam-Bisbee building, will have a chili feed this Friday, March 15, at the Elks Lodge in Heppner from 11:30 a.m. to 1:30 p.m.

The menu includes all-you-can-eat homemade chili, rolls, tossed green salad, dessert and a beverage. The cost is \$6 and other donations will be gladly accepted. Vegetarian chili will also be available.

All proceeds will go to the David Matheny family. For more information, contact Darcee Mitchell at 541/676-9642.

Math qualifying test set at HHS

The qualifying test for the Morrow County School District math contest will be given at Heppner High School on Tuesday, March 19.

Students living in the district, but not enrolled at Heppner High School, may take the qualifying test.

Those interested should call Karen Beck, 676-9138, for a specific time.


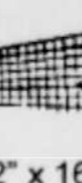

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MCGG'S SPRING FENCING SALE

<p>T-POSTS</p> <p> 5 1/2' #125 hv-wghts 1⁹⁰ 6' #125 hv-wghts 2⁰⁰</p>	<p>BARBED WIRE</p> <p> 2 pt. D/W Ranch Hand 29⁹⁵ 4 pt. D/W Ranch Hand 32⁹⁵ BarbLess D/W Ranch Hand 29⁵⁰</p>	
<p>RAILROAD TIES</p> <p> Railroad Tie #1 10⁵⁰</p>	<p>GALVANIZED</p> <p>STOCK 2 x 2 x 4 59⁹⁵ TANKS 2 x 2 x 6 79⁹⁵ 2 x 2 x 8 99⁹⁵</p>	
<p>PRESSURE TREATED POSTS</p> <p>4" x 7' post 4⁷⁹ 4" x 8' post 5³⁹ 5" x 7' post 6³⁹ 5" x 8' post 7⁹⁹</p>	<p>LIVESTOCK PANELS</p> <p> Cattle Panel 52" x 16' 14⁵⁰ Combo Panel 52" x 16' 16⁹⁰</p>	
<p>HI-QUAL HEAVY DUTY GATES</p> <p>12' gate 92⁰⁰ 14' gate 106⁰⁰ 16' gate 114⁰⁰</p>	<p>HI-QUAL PANELS</p> <p>16' range panel 92⁹⁵ 16' heavy duty panel 125⁰⁰</p>	<p>HI-QUAL GENERAL DUTY GATES</p> <p>10' gate 67⁰⁰ 12' gate 74⁰⁰</p>
<p>HI-QUAL ROUND BALE FEEDERS</p> <p> Round Tombstone Saver 359⁰⁰</p>	<p> Hi-Qual PRODUCTS</p>	<p>Fencing Sale good through Saturday, March 23rd</p>
<p>Morrow County Grain Growers 1-800-452-7396 • 989-8221 • 350 Main • Lexington, Oregon For farm equipment, visit our web site at www.mcgg.net</p>		