

Ione Elementary students study pioneer crafts through art program



Artist Vanessa Thompson shows kindergartner Steven Holland how to spin wool

The Ione Elementary School held an open house recently as a culmination of a two-week program by Vanessa Thompson, Artist In Education.

This program is sponsored each year by the Eastern Oregon Regional Arts Council and the Ione School has participated in this program for many years. The program brings artists from all over the state to schools in Eastern Oregon in order to provide curriculum enrichment.

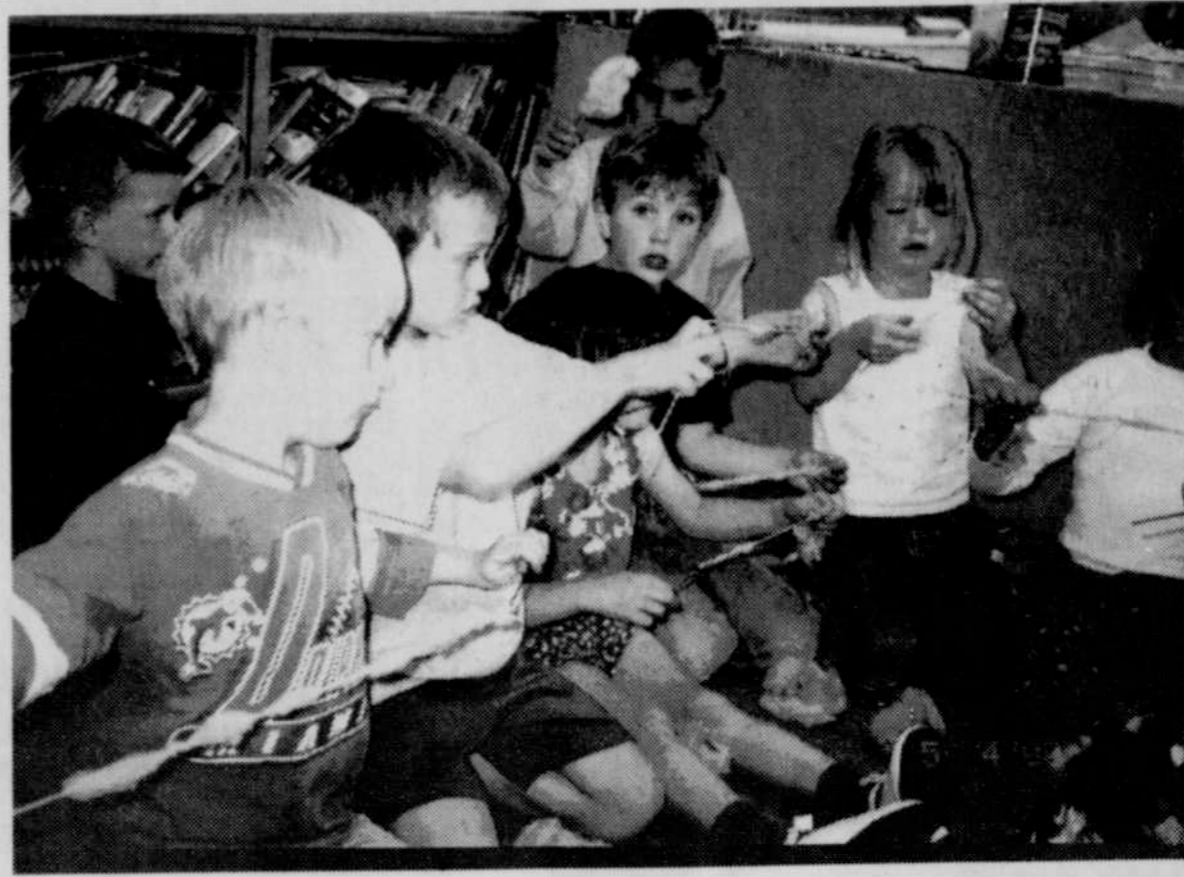
This year students studied pioneer crafts. They learned how to do quilting and each child had a quilted project at the end of the classes. Students also made hand dipped candles and ice candles. They all enjoyed making homemade ice cream although they found it took a long time and a lot of cranking to produce the ice cream.

Students also used wool from sheep to do drop spinning and

saw demonstrations of the use of a spinning wheel to make yarn.

The open house consisted of a program which began with Linda Jones' second grade leading the flag salute followed by Thompson explaining her arts program. Diana Kincaid's third grade explained the symbols on the Oregon flag and demonstrated folding the flag. Second grader, Alex Carlson, played violin music as people arrived and also played a special violin solo, "Ashokan Farewell" by Jay Ungar. Barbara Collins kindergartner and Betty Rietmann's first grade danced to "Skip To My Lou" and the second and third grade danced to "Bingo".

At the end of the program the students served the ice cream they had made to parents and guests and all were invited to see the examples of student art in classrooms and hallways.



Kindergarten class spinning sheep's wool into yarn



LauraMay Crutchfield
LauraMay Crutchfield has been selected as the Pioneer Memorial Nursing Home resident of the month for May.

Mrs. Crutchfield was born to Maybelle and Laurence Hutcheson on November 26, 1920, at Sunnyside, WA. She has two sisters, Lois Whannell, Paulsbo, WA, and Bobbie Couse, Seattle, WA. LauraMay grew up in Nellie, Nebraska, and moved to Yakima, WA, when she was sixteen years old. She graduated from A.C. Davis High School in Yakima in 1938.

After graduation she worked for an R.N. in Seattle caring for babies, post-surgery.

In 1940 she married Robert Miller in Yakima. They had two children, Peggy Fishburn of Heppner, and Bobbie Georgeson of Umatilla. While her children were in school, LauraMay was an office manager in a fruit warehouse in Selah, Washington. She also kept books for C&H Hardware in Yakima.

Robert passed away in 1965 and in 1966 she married Jack Crutchfield in Naches, Washington. LauraMay and Jack owned a rock shop in Selah where they cut rocks and made jewelry and other items. In 1975, they sold their rock shop so they could travel.

In 1994 they moved to Heppner to be closer to their family and in 1997 LauraMay became a member of the Pioneer Memorial Nursing Home family.

LauraMay enjoyed hunting, fishing, rock hunting, sewing, embroidery, crocheting and was an excellent cook. At PMNH she enjoys visiting with her husband, Jack, who is "83 years young" and walks to visit her daily, rain or shine. The walk is approximately half a mile uphill. LauraMay also enjoys watching TV, doing crafts, going for rides and flowers.

LauraMay has three grandchildren and four great-grandchildren. She will be 80 in November.

Memorial dinner to be held May 28

The St Patrick's Senior Center Board is seeking to revive the traditional Sunday Memorial dinner honoring pioneer families of this area by serving a dinner at the Senior Center on May 28 at 1 p.m.

"We feel that this gives families from out of town an opportunity to meet and visit with old friends and neighbors. Guests are welcome to come early, giving them more time to visit."

Everyone is welcome to attend. Community people assisting are Mayor Bob Jepsen as emcee, Rev. Grace Drake, invocation, and Rick and Cecelia Drake, singing.

Local merchants are giving prizes for the oldest, the youngest and the guest coming the most miles to attend.

FFA holds BBQ

By Dan Jepsen, FFA reporter

This past Thursday, May 18, the Heppner FFA held a spring barbecue at Heppner High School during the noon hour. All agriculture students were invited, as well as teachers and junior

high students.

Burgers were cooked by advisor Lynn Harmonson. Salad, potato chips, pop and cake were served. About 100 people enjoyed the meal. This was the FFA Chapter's last main event of the year.

Karen's Korner

Items of Health - Tobacco Prevention by Karen Masshoff

In keeping with the season of year-end test taking at school, how about the rest of us joining in the "fun." Here's a teen smoking quiz from the "St. Petersburg Times" in Florida by pediatrician Bruce Epstein, M.D. This was posted recently on one of my tobacco news sites.

True or false:

1. Tobacco use can lead to illegal drug use in teens.
2. Most teens that smoke feel that they can quit any time they choose.
3. Kids who smoke do not light up until they are well into high school.
4. Youthful cigarette smokers experience health problems only when they are older.
5. Most teens gain weight if they are able to quit smoking.
6. It is the "cool kids" who smoke.

The answers:

1. True. For many teenagers, nicotine is a "gateway" drug involved in the development of other drug dependencies. Nicotine is a drug, make no mistake about it, and once the habit of giving drugs to oneself is established beginning to use any other drug is often an easier decision.
2. True. Children underestimate the likelihood that they will become addicted to tobacco. Our current state of research suggests that nicotine is much more addictive than some drugs we consider very dangerous.
3. False. Research has shown that more than 21 percent of eighth graders have used cigarettes and more than four percent of eighth graders report smoking half a pack of cigarettes or more each day. So if you wait until your child reaches middle school to begin a discussion about tobacco use, it may already be too late.
4. False. Kids who smoke experience changes in the lungs and reduced lung growth, and they risk not achieving normal lung function as an adult. Kids who smoke have significant health problems, including cough and phlegm production, decreased physical fitness and an unfavorable lipid profile.
5. False. Two-thirds of adolescents who quit smoking stay the same weight or even lose some.
6. False. Kids who smoke have lower self-images. The same is true for smokeless tobacco. Daily use of tobacco is highest among school dropouts. The Surgeon General's Report found that students with the highest grades are less likely to smoke than those with the lowest grades. Most athletes know that cigarette smoke will reduce their performance on the playing field.

I just know the fifth and sixth-graders at Heppner Elementary School got 100 percent on these questions. The rest of us? Well

St. Patrick's Senior Center Bulletin Board

Next Sunday, May 28, will be our attempt to renew what was formerly an annual event, a dinner recognizing and remembering pioneer families in Eastern Oregon. This offers opportunity for families living here and abroad to meet and visit with old neighbors and friends. Dinner will be served at 1 p.m.. People are welcome to come earlier to give more time for visiting. Dinner is \$5 for adults, \$2.50 for those under seven. Community people helping us are Mayor Bob Jepsen as emcee, Rev. Grace Drake, the invocation, and local merchants for giving prizes for the oldest, youngest and the one coming the most miles. Heppner Garden Club is doing the table centerpieces.

Those going to the "Spring Fling" in Pendleton, an educational and social workshop for seniors, will be Irene Schroeder, Bonnie Gates, Alberta Johannes, Margie Ball, Chris Burkenbine and Millie Hurtt.

Two tables of Pinochle were in play last Wednesday. The Thursday two o'clock movie in the sitting room will be "Notting Hill." These films are provided by Bonnie Gates. All are welcome to attend. Bonnie is also the new manager of the "Go-For-It" table which is showing lots of good items each Wednesday. The menu for the birthday dinner on June 1 from 11 a.m.-1 p.m. will be oven baked chicken, mashed potatoes, carrots, fruity jello, bread sticks and cherry crisp.

4-H club news

By Amy Jepsen, reporter

The Barnyarders 4-H Club held their sixth meeting of the club year. There were 17 members present. The older club members gave presentations to the younger members on the parts of a pig, the different breeds of swine, cuts of meat and notching pigs' ears.

The club also talked about what kind of feed everybody is using this year, and if anyone is still

short on pigs. The club voted to buy five new trees for landscaping at the fairgrounds. The brand board, to be displayed in the Wilkinson Arena, was approved by the club. Leader Bill Jepsen also reminded members that they need to weigh their pigs in at the 4-H livestock weigh-in on June 3 at the fairgrounds, to be eligible to show their pig at the fair. The club will hold their next meeting then.

Proceeds to go to Babe Ruth Baseball

GOLF TOURNAMENT at WCCC

Sunday, May 28th

Four Man/Woman Scramble: 18 holes
Caddy Auction at 8 p.m.
Tee off follows
\$20 per person, lunch provided

Congratulations to the
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