

Danielle McDowell selected for medical program



Danielle McDowell
Danielle McDowell, a junior at Heppner High School and the Morrow County School District lunch menus

The Morrow County School District lists its lunch menu for the month of February (menu subject to change):

Thursday, Feb. 10-soft taco, fishwich with fries, chef salad, variety bar #8, milk variety;

Monday, Feb. 14-turkey gravy over potatoes with roll, hamburger with fries, yogurt, variety bar #1, milk variety;

Tuesday, Feb. 15-Hawaiian pizza, cold ham and cheese sandwich with chips, beef teriyaki bites, variety bar #2, milk variety;

Wednesday, Feb. 16-chili with cornbread, hot dog, cheese-burger with fries, variety bar #3, milk variety;

Thursday, Feb. 17-macaroni and cheese with roll, turkey sandwich with chips, burrito, variety bar #4, milk variety;

Monday, Feb. 21-no school;

Tuesday, Feb. 22-sloppy joe, tuna sandwich with chips, cheese pizza, variety bar #4, milk variety;

Wednesday, Feb. 23-grilled cheese sandwich with tomato soup, hamburger with fries, yogurt, variety bar #6, milk variety;

Thursday, Feb. 24-chicken strips, cold ham sandwich with chips, barbecue beef sandwich, variety bar #7, milk variety;

Friday, Feb. 25-baked potato with chili or cheese topping, turkey sandwich with chips, rib-aque sandwich, variety bar #8, milk variety;

Monday, Feb. 28-chicken nuggets, taco salad, yogurt, variety bar #1, milk variety;

Tuesday, Feb. 29-breaded chicken, pepperoni pizza, peanut butter and honey sandwich with chips, variety bar #2, milk variety.

Bowling League

Koffee Kup Keglers Week of Jan. 6

	W	L
The Dregs	4	0
The CJs	4	0
No Pin Hitters	2	2
MCGG	2	3
Team #1	0	4

High game, women: Janet Beamer 188, Connie Jones 185.

High series, women: Joan Smith 516, Janet Beamer 498.

Week of Jan. 13

	W	L
The Dregs	8	0
No Pin Hitters	5	3
MCGG	5	3
The CJs	5	3
Team #1	1	7

High game, women: Iris Campbell 189, Gwen Healy 171.

High series, women: LaJuana McKenzie 462, Luvilla Sonstegard 455.

Splits: Luvilla Sonstegard 5-7, Rene Ledbetter 2-7.

Week of Jan. 20

	W	L
The Dregs	12	0
The CJs	9	3
No Pin Hitters	8	4
MCGG	5	7
Team #1	1	11

High game, women: Maude Hughes 167, LaJuana McKenzie 166.

High series, women: LaJuana McKenzie 467, Janet Beamer 467.

Splits: LaJuana McKenzie 4-10, 3-10.

Week of Jan. 27

	W	L
The Dregs	15	1
No Pin Hitters	10	6
The CJs	10	6
MCGG	9	7
Team #1	3	13

High game, men: John Breidenbach 161.

High game, women: Betty McDonald 193.

High series, women: Betty McDonald 483, Joan Smith 480.

Splits: Diana Sharp 4-5.

Cardinals defeat state champs

daughter of Bill and Merilee McDowell, has been accepted into the summer program of The National Youth Leadership Forum on Medicine.

Danielle has chosen to pursue a career in the field of medicine; this is an opportunity for her to study with and learn from some of the nation's most distinguished medical leaders and research pioneers. She will be traveling with many other outstanding juniors and seniors from across America to Boston, Massachusetts June 18-28 for an "extraordinary time of discovery and mentorship," said a news release. "They will be welcomed at one of the country's most prominent and technologically advanced medical institutions."

An account for this trip has been opened at Klamath First Federal Savings and Loan in Heppner. Anyone who would like to support this opportunity for Danielle, may deposit their gifts directly into this special account or send them to All Saints' Episcopal Church, P.O. Box 246, Heppner, OR 97836. Gifts given through All Saints' Episcopal Church are tax deductible. Gifts should be marked "Danielle". Danielle is also employed by Heppner Day Care and she is trying to earn the \$2,500 needed for this opportunity.

Heppner High School science teacher Jason Just nominated Danielle for the program.

The lone Lady Cardinal varsity team secured their first place finish for the east side of the Big Sky League by defeating the defending 1A State Champion Condon, 38-34, on the Blue Devils' home court Friday, February 5.

Nikki McElligott continued to be a team leader by accumulating 18 points. McElligott canned two buckets from the three-point region, led the team with nine rebounds, three blocked shots and seven steals.

Camie Burrigot added 12 points, six rebounds, two steals and three assists to the team effort.

Ione led the Blue Devils by two points at half time but Condon came out in the third quarter to add 15 points to their score and held Ione to six points.

At the beginning of the fourth quarter Ione trailed Condon, 23-30, but Kristina Powell did an excellent job of coming off the bench for the Lady Cardinals. Powell was responsible for grabbing five rebounds and blocking two shots, sparking the Cardinal team to a close, but effective victory.

The Condon Blue Devils have sealed the 1A State Championship three years in a row making the Cardinal victory even more gratifying.

Cardinal JV boys defeated by Dufur



photo by Debbie Radie

Cody Erickson, Jeremiah Rietmann and Adam McCabe in action against Dufur.

The lone junior varsity men failed to overcome the Dufur Rangers on Saturday, February 5, at Dufur, losing the game, 51-43.

Ione had a 15-point deficit, but added 24 points in the second half to close the lead to eight points.

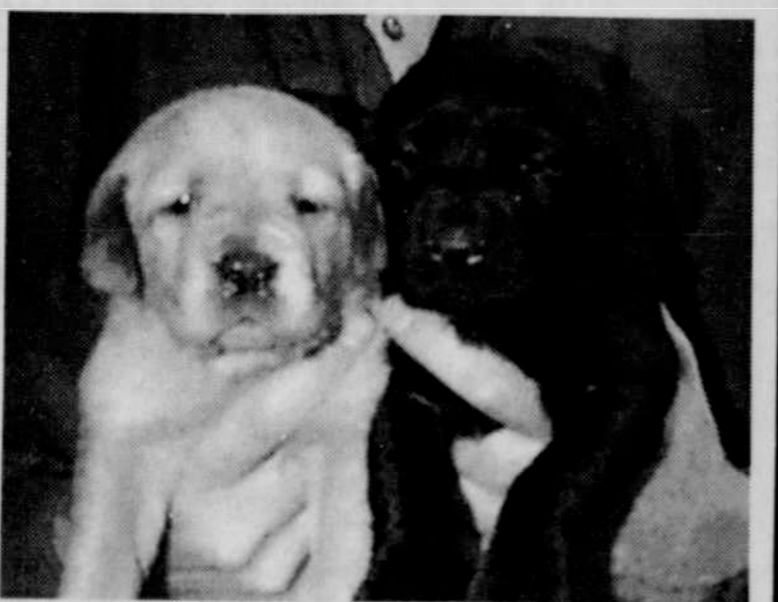
Adam McCabe played an excellent game, adding 16 points, dishing out two assists, leading the team with 11 rebounds and

grabbing one Dufur ball. Zac Fabian added 10 points, two assists and had three steals.

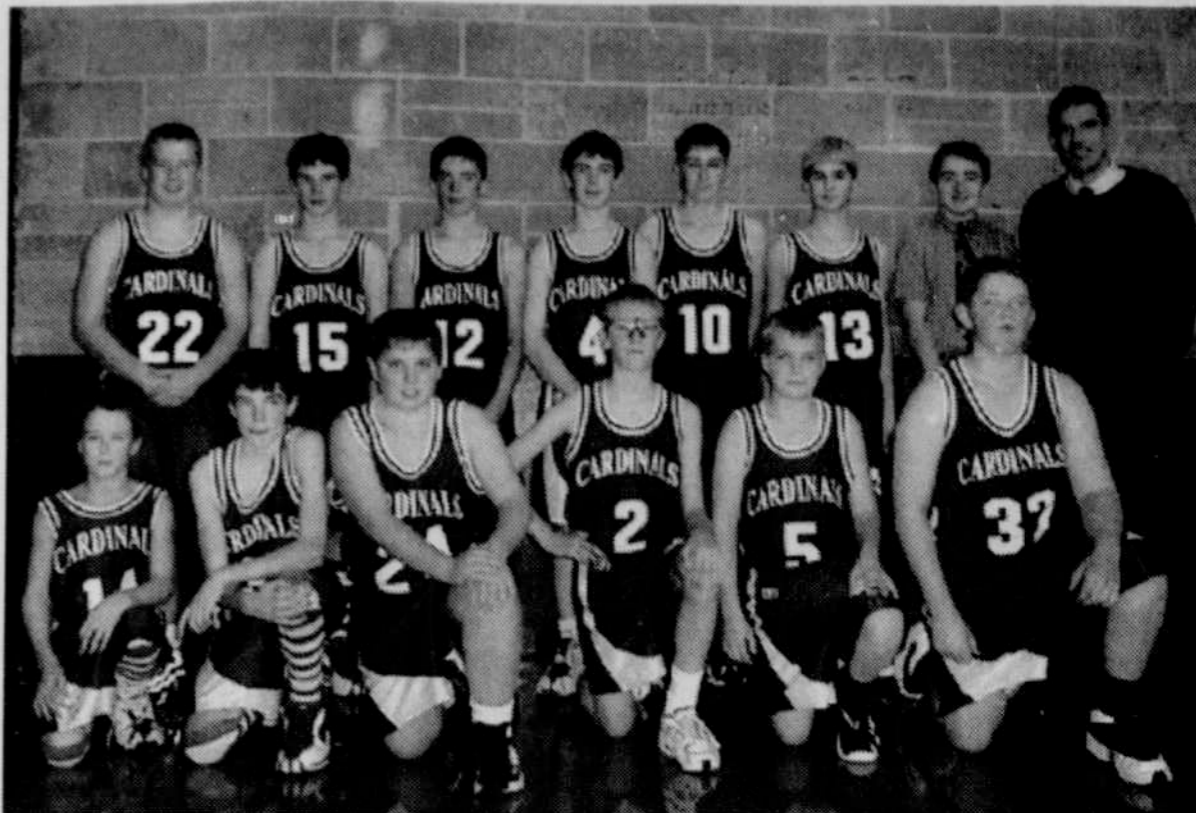
Dylan Pettyjohn contributed seven points and six rebounds.

Adam Neiffer aided the Cardinals on the boards with five rebounds. Dustin Haguewood was vicious under the basket, leading the team with three blocked shot attempts and brought down four rebounds.

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The lone Jr. High boys basketball team.

photo by Debbie Radie

Cardinal boys fall to Dufur Rangers

The lone Varsity men couldn't quite keep up with Dufur, Saturday, February 5, losing to the Rangers, 75-49.

Dufur had an excellent passing game, was quick on the boards and managed 15 total team steals.

Ione played well and attempted

to get a handle on the Dufur scoring but Ranger Ben Morris canned 31 points for his team. Dufur also displayed excellent defense, closing in tight under the basket and making it difficult for Ione to shoot from inside the paint.

Mark McElligott netted 12

points, brought down 10 rebounds, grabbed two steals and blocked two Dufur shot attempts.

Allen Gribkov contributed seven points. Cory Bennetto aided McElligott on the boards, bringing down seven rebounds. Ione made four of five attempts at the free throw line.

Cardinal Varsity boys lose to Condon

The lone Cardinal Varsity men had an exciting game against Condon, Friday, February 4, but lost to the Blue Devils, 68-63.

Ione had a hard time getting the ball to drop, allowing Condon 14 points before Mark McElligott canned the first Ione point. Ione trailed Condon, 8-18, at the first quarter but outscored Condon in the second quarter, 21-19, trailing Condon by eight points, 29-37, at half time.

At the end of the third quarter, Ione trailed 10 points behind Condon but heated up the fourth quarter by adding 19 points to close the lead to five points. Mark McElligott was the leading point producer for Ione with 26

points. McElligott canned two shots from the three-point area as did teammate Korey Morgan who added nine points to the Cardinals' score.

Sophomore Brad Burrigot sank 12 points, brought down five rebounds and robbed one steal.

Lady Cardinal 'C' team defeats Mustangs

The lone Lady Cardinal "C" team defeated the Heppner Mustang "C" team girls, 35-23, on Thursday, Feb. 3.

Leading scorers for the Lady Cardinals were Drama McElligott, Salli McElligott, Tracy Griffith and Jennifer Thompson, each with six points toward the Cardinal effort.

Jennifer Thompson led the team with seven rebounds.

Mark McElligott led the team in assists and had five rebounds. David Mansfeld led the Cardinals with eight rebounds. Cory Bennetto aided Mansfeld on the boards, bringing down five rebounds. Bennetto also blocked two Condon attempts for baskets.

Jeanette Brantley contributed five points, six rebounds and six steals. Salli McElligott led the team with assists.

Ione ended the first quarter ahead of the Mustangs, 8-3. The Mustangs contributed five points in the second quarter to end the half trailing the Cardinals, 12-8. Ione scored an additional 23 points in the second half while Heppner added 15 points to their score.

Beecher's Restaurant & Lounge VALENTINE'S DINNERS!

Saturday, Feb. 12, 6-9 p.m. and Sunday, Feb. 13, 12-6 p.m.

SPECIAL MENU: Baked Salmon - Steak and Shrimp
Chicken Fettucine - Pork Roast - and a Special Dessert!

Music by Tim Cundell starting at 9 p.m. on Saturday

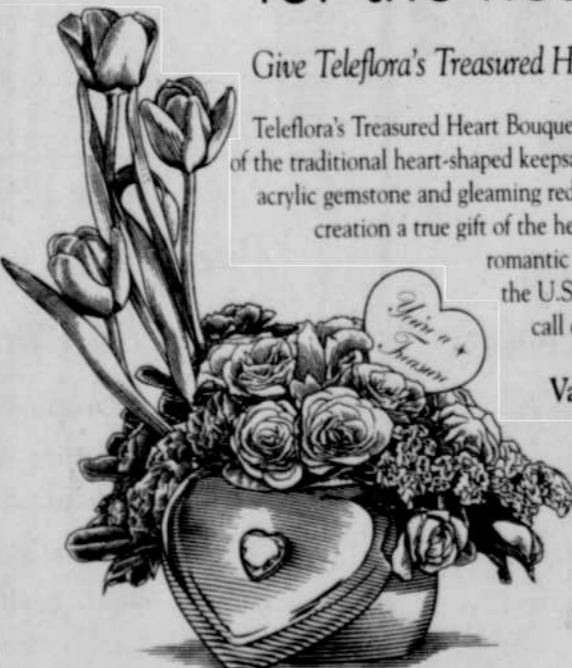
Beecher's will be celebrating Valentine's on Sunday, from 12-6 p.m.

Please call for reservations: 422-7038

Beecher's Restaurant & Lounge - 350 Highway 74 - Ione

Valentine's Day - Monday, February 14th

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Valentine's Day is Monday, February 14

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