

HEPPNER

Gazette times

50¢

VOL. 118 NO. 22 10 Pages Wednesday, June 2, 1999 Morrow County, Heppner, Oregon

Good things come in little packages

Theresa Hams of Lone is such a little bit of a thing that you wouldn't think she could lift a fly. Boy, are you wrong.

Hams, at 117 pounds and 5'1", can lift 248-3/4 lbs. dead weight and she has the trophies to prove it.

Hams, 38, won first in the women's open in dead weight lifting and first in the women's sub-master (age category), setting the Oregon State record, the national record and the world record for her weight division in dead weight lifting at the Budweiser-7-Up World Record Breakers competition held Saturday, May 22, in Richland, WA.

Hams, who works at Beecher's Restaurant in Lone, decided she wanted to get in shape last November, but has only been lifting weights for the last 10 weeks. Her coach at the Training Station in Hermiston, where she has been lifting, told her she had the genetics to "lift big" and, indeed, she has--very big. "At first I was doing it just for me," said Hams. "But now I'm obsessed. I had never competed at anything before. I was just going for the experience. It was something different, something new."

Next Hams plans to go on to the World Record Breakers competition in Portland. She was invited to the national competition in Dallas, Texas, in June, but says her kids, Katie, 13, Paul, nine, and Matthew, seven and a half, were too young and she didn't want to leave them



Hams lifts 248-3/4 pounds for state, national and world titles

home. What exactly do the kids think? "My kids love it. They took my trophies to school for show and tell. You know how kids say, 'My dad can beat up your dad?' They can say, 'My mom can beat up your dad,'" laughs Hams. "My husband wasn't real sure about it at first, but he kind of got into it."

While at the competition in

Richland, several people came up to Hams and asked if they could train her. She also met Phillip Daniels from the Seattle Seahawks who was competing. "It is such a man's domain," comments Hams. "The men there don't treat you very well. The women were very supportive, but the men weren't very supportive of the women--or of each other."

Lexington mayor resigns

Saying he does not have time to devote to the job, Lexington Mayor Bill Sheirbon resigned May 23.

In a letter to councilmembers Sheirbon said that a recent promotion at his job, and the coming busy schedule for the city have made it clear that he does not have time to devote to the mayor's position.

"Town business requires me to do some activity for the town almost every day," Sheirbon said in his letter. "It is increasingly eating up time from my employment that I do not have to give at this time. I stated at a recent council meeting that if I had known things would change at work for me I would not have run for mayor during this last election. My employment comes first and I can no longer ignore the conflict between the two positions," Sheirbon stated.

In addition, he pointed out growing problems on the council as another reason for his resignation: "With the town recorder position in limbo and a major water project on the horizon, I realize this is not the best time to change town leadership. However, the division among council members as to how business should be conducted for the good of the town, council members' lack of respect for each other, newer council members reluctance to coordinate their activities with

others and their desire to question and reinvent everything the town has done in the past makes coordinating council activities a difficult job. Our situation has deteriorated to the point personality conflicts are getting in the way of my objectivity in managing town business.

"As the saying goes one should lead, follow or get out of the way. I no longer have the time to lead the diverse group that we have become and my lack of comfort with some tactics individual council members have chosen to use in dealing with town business makes it painful for me to follow so I am choosing to get out of the way."

Sheirbon went on to say the town is facing several projects such as a major water project, a new town charter, a new bridge, a major fire department upgrade, a sewer system study, a revamping of town ordinances, a new comprehensive plan, a new park and a complete restructuring of the town business office, as facing the town council in the time ahead.

Sheirbon said his resignation would become official at the June council meeting, and added that he would remain as mayor until a replacement can be found, which he hoped would be by July.

The city council was planning an emergency meeting for Tuesday night.

IUCC auction set for this Saturday



Julie Nelson (left) and Judy Rhea prepare items for the 37th Annual United Church of Christ Auction which will be held this Saturday, June 5, at the Willows Grange Hall in Lone. The Country Store opens at 10 a.m. with the auction, by Triad Auctioneering, beginning at 10:30 a.m. The silent auction begins at 10:15 a.m., with the bids open at 12:20 p.m. The event will feature antiques, crafts home-baked foods, handmade items, "new to you" items, a snack shack, fish pond, books and toys, to name a few. The pit barbecued beef dinner will be served starting at 12:30 p.m. Cost for the dinner is \$5 for adults, \$2.50 for children six-12 years old and preschool children will eat free. For donations and pickup call Laurel Cannon, 422-7165, or Bill Rietmann, 422-7296.

Health District plans meeting

The Morrow County Health District's regular board meeting will be held on Monday, June 7, at 7 p.m. at the Pioneer Memorial Home Health Conference Room.

Agenda items include the Willow Creek Valley Assisted Living Facility, the clinic report, ambulance report, computer update and the Home Health policy on assisted suicide.

Also scheduled are a time for public comment and an executive session concerning physician employment.



Lone United Church of Christ auction dinner crew: L-R Helen Crawford, long time dinner chairman, Jean Jepsen, assistant, and Mary Ann Palmer, long time kitchen crew member, display the array of foods.

American Legion holds Memorial Day ceremony



A red rose is placed at the flag pole in Lone Saturday in honor of Paul Rietmann who died in service to his country. The rose is placed by his sister Vera. Jean Jepsen is holding a vase in which roses were placed for the six from Lone who did not return home from war: French Aldrich, Herbert Davidson, Alfred Emert, Clarence Harris, Bobbie Morgan and Paul Rietmann.

Test your citizenship

Morrow County School Superintendent Chuck Starr provided the Gazette with a sampling of questions asked in the U.S. Immigration and Naturalization Service test for citizenship.

Following are 30 sample questions chosen from a pool of 100. Those taking the test must answer at least 18 of the 30 questions correctly to pass.

Questions:
1. How many stars are there on our flag?
2. What do the stars on the flag mean?
3. What color are the stripes?
4. What do the stripes on the flag mean?
5. What is the date of Independence Day?
6. Independence from whom?
7. What do we call a change to the Constitution?
8. How many branches are there in our government?

9. How many full terms can a president serve?
10. Who nominates judges of the Supreme Court?
11. How many Supreme Court justices are there?
12. Who was the main writer of the Declaration of Independence?

13. What holiday was celebrated for the first time by American colonists?
14. Who wrote the Star Spangled Banner?
15. What is the minimum voting age in the United States?
16. Who was president during the Civil War?
17. Which president is called the "Father of our Country"?
18. What is the 50th state of the Union?

19. What is the name of the ship that brought the Pilgrims to America?
20. Who has the power to declare war?

21. What were the 13 original states of the United States called?

22. In what year was the Constitution written?
23. What is the introduction to the Constitution called?

24. Which president was the first Commander in Chief of the United States Army and Navy?
25. In what month do we vote for the president?

26. How many times may a senator be re-elected?
27. Who signs bills into law?
28. Who elects the president of the United States?
29. How many states are there in the United States?
30. Who becomes president if both the president and the vice president die?

Advertising Deadline
12 noon Tuesday

PICKUP BED MATS

Mats Made To Fit!

15% OFF

through Saturday, June 12th

MORROW COUNTY GRAIN GROWERS

Lexington 989-8221 • 1-800-452-7396 For farm equipment, visit our web site at www.mcgg.net