

PUBLIC NOTICE
IN THE CIRCUIT COURT
FOR THE
STATE OF OREGON
FOR THE
COUNTY OF MORROW
CHRISTENSON ELECTRIC,
INC., a corporation,
Plaintiff,
vs.
LOGAN INTERNATIONAL,
LTD., an Oregon corporation; et
al.,
Defendants.
Case No.: CV-97-050
ACE TANK & EQUIPMENT
CO., a Washington corporation,
Plaintiff,
vs.
LOGAN INTERNATIONAL,
LTD., an Oregon corporation, et
al.
Defendants.

Case No. CV-97-023
**NOTICE OF
SHERIFF'S SALE**
By virtue of an execution issued out of the above entitled court in this cause directed to me and dated April 14, 1999, on a judgment of foreclosure entered and docketed on February 19, 1998 and March 6, 1998, in favor of plaintiff Christenson Electric, Inc., and against defendant Logan International, Ltd., for the principal sum of \$1,206,828 with interest thereon at the rate of 9% per annum from February 19, 1998, and for attorneys fees, costs and disbursements in the amount of \$32,633.69 with interest thereon at the rate of 9% per annum from March 6, 1998, and for the costs of this writ, I certify that on April 15, 1999, I levied on all the right, title, and interest of defendant in and to the following-described real property situated in Morrow County, Oregon:
See Exhibit "A" attached hereto.

NOW, THEREFORE, by virtue of this execution in compliance with the commands of the writ, I will, on May 25, 1999, at 1:00 pm Pacific Daylight Time, in accordance with ORS 187.110, at door of the county courthouse in Heppner, Morrow County, Oregon, sell at public auction, subject to redemption as provided by law, to the highest bidder for cash all the right, title, claim, and interest that defendant Logan International, Ltd. had on February 19, 1998, the date that the judgment was entered and docketed herein or since that date had in and to the above-described property or any part thereof to satisfy the execution, interest, costs, and accruing costs.
Dated this 16th day of April, 1999

VERLIN R. DENTON,
Sheriff
Morrow County, Oregon
(s) Pauline Winter
By: Chief Civil Deputy
EXHIBIT "A"

19.34 Acres, more or less, lying in the Southwest Quarter of the Northeast Quarter of Section 10, Township 4 North, Range 25, East of the Willamette Meridian, in the County of Morrow, and State of Oregon, which includes all of Lot 3, and the East 159.79 feet of Lot 2, in Block 5, of the PORT OF MORROW FOOD PROCESSING PARK, and a portion of land lying to the East of said Processing Park, more particularly described as follows:

Beginning at the East Quarter Corner of said Section 10; Thence South 89°08'40" West 1,316.73 feet to the point known as the Southeast Corner of the Southwest Quarter of the Northeast Quarter of Section 10; Thence South 89°08'60" West 45.00 feet to the True Point of Beginning; Thence South 89°22'31" West along the North line of Columbia Avenue a distance of 655.20 feet; Thence North 01°29'39" West 1,329.95 feet to the South line of the (East-West) Port of Morrow Food Processing Park Utility Corridor; Thence along said South line of the Utility Corridor South 87°24'35" East a distance of 560.18 feet; Thence South 01°15'52" East a distance of 200.22 feet; Thence South 88°30'21" East a distance of 101.61 feet to the West line of the established County Road; Thence South 01°16'06" East along said West line of established County Road a distance of 1,094.48 feet to the True Point of Beginning.
Published: April 21, 28, and May 5, 12, 1999
Affid

PUBLIC NOTICE
NOTICE OF BUDGET
COMMITTEE MEETING

A public meeting of the Budget Committee of the Morrow Co. Health District, Morrow County State of Oregon, to discuss the budget for the fiscal year July 1, 1999 to June 30, 2000 will be held at Pioneer Memorial Hospital Conference Rm., Heppner, Oregon. The meeting will take place on the 19th day of May, 1999 at 6:30 P.M. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after May 12th, 1999 at MCHD Administration Office, Heppner, Oregon, between the hours of 8:00 A.M. and 5:00 P.M..

This is a public meeting where deliberation of the Budget Committee will take place. Any person may appear at the meeting and discuss the proposed programs with the Budget Committee.
Published: May 5 and 12, 1999
Affid

PUBLIC NOTICE
NOTICE OF BUDGET
COMMITTEE MEETING

A public meeting of the Budget Committee of the City of Ione, Morrow State of Oregon, to discuss the budget for the fiscal year July 1, 1999 to June 30, 2000 will be held at Ione City Hall. The meeting will take place on the 4th day of May, 1999 at 5:30 P.M.. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after May 5, 1999 at Ione City Hall, between the hours of 9:00 A.M. and 3:00 P.M..

This is a public meeting where deliberation of the Budget Committee will take place. Any person may appear at the meeting and discuss the proposed programs with the Budget Committee.
Published: May 5, 1999
Affid

PUBLIC NOTICE
IN THE CIRCUIT COURT
OF THE STATE OF OREGON
FOR MORROW COUNTY
In the Matter of the Estate
of
HAROLD WRIGHT, aka Harold
A. Wright and Harold Albert
Wright, Deceased.

No. 99-PR-014
**NOTICE TO INTERESTED
PERSONS**
Notice is hereby given that the undersigned has been appointed and qualified as personal representative of the estate. All persons having claims against the estate are hereby required to present the same, with proper vouchers, within four months after the date of the first publication of this notice, as stated below, to the personal representative c/o Collins & Collins, P. O. Box 1457, Pendleton, OR 97801, or they may be barred.
All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of this court, the personal representative or the attorneys for the personal representative.
DATED and first published:
April 28, 1999.

MARY E. WRIGHT
Personal Representative
c/o Michael B. Collins
COLLINS & COLLINS
Attorneys for Personal
Representative
326 SE Second
P. O. Box 1457
Pendleton, OR 97801
Tel. No. (542) 276-3320
Published: April 28, May 5 and
12, 1999
Affid

PUBLIC NOTICE
The Morrow County Fair Board invites bids for electrical work to be installed in the Wilkinson Arena. Contact the Morrow County Fair Office (541)676-9474 for a copy of the bid package. Bid Deadline: May 10, 1999 at 12:00 noon.
Published: April 14, 21, 28, and May 6, 1999
Affid

PUBLIC NOTICE
The Morrow County Fair Board invites bids for electrical work to be installed in the Wilkinson Arena. Contact the Morrow County Fair Office (541)676-9474 for a copy of the bid package. Bid Deadline: May 10, 1999 at 12:00 noon.
Published: April 14, 21, 28, and May 6, 1999
Affid

Copies 10¢
Gazette-Times • 676-9228

A matter of health

A Matter of Health
By Wendy Haack
Family Nurse Practitioner

**Top Ten Commonly Used
Herbal Remedies, Their Most
Common Adverse Effects and
the Drug Interactions**

**Black Cosh (Cimicifuga
racemosa)**

Most common use is for menopausal symptoms, specifically hot flashes, night sweats, vaginal dryness and anxiety. Most common side effects are nausea and vomiting. Overdose symptoms for this herb are nervous and visual disturbances, sweating and increased pulse. This herb has no known drug interactions, but this herb does not protect women from osteoporosis or heart disease. It's not to be confused with cohosh that has cardiovascular effects. Avoid during pregnancy, as it can cause birth defects.

**Echinacea (Echinacea
purpurea or augustifolia)**

The most common use of this herb is to prevent or reduce the severity of colds and flu. It has anti-infective properties. Most common side effects are allergic reaction and a bad taste when using the tincture. Echinacea may interfere with the effectiveness of drugs used to suppress organ transplants. It should be avoided when someone has a disease such as rheumatoid arthritis as it can make it worse. Avoid if you are allergic to plants in the daisy family.

**Feverfew (Tanacetum
parthenium)**

The most common use of this herb is prevention of migraine. Side effects include mouth ulcers, inflammation of mouth and tongue, dizziness, heartburn, and indigestion. There is a post-iverfew syndrome which causes nervousness, headache, and insomnia. This herb has no known drug interactions. Avoid this drug if you have allergies to asters, ragweed pollen, and chamomile. It should not be used by anyone who is pregnant as it can cause contractions leading to abortion.

Garlic (Allium sativa)

This herb is commonly used to lower blood cholesterol levels. It can also be used as an anti-infective and in high doses it has been known to lower blood pressure. The most common side effects include heartburn, stomach upset, sweating, mild diuresis, and low blood pressure. Garlic should not be taken by anyone on blood thinners as it increases the effects of the blood thinners leading to a risk of hemorrhage. Larger doses than those used in cooking can also lead to gastro-intestinal bleeding and can lead to miscarriages in pregnancy. If a patient is hypothyroid they should use with caution as it decreases the ability of the thyroid to use iodine.

Ginger (Zingiber officinal)

The most common use is for motion sickness. The most common side effect is minor heartburn. Ginger should not be taken by individuals on blood thinners as it increases the effect of blood thinners and can lead to the risk for hemorrhage. If an individual has an ulcer he should not take ginger as it increases the risk of gastro-intestinal bleeding.

Ginkgo (Ginkgo biloba)

The most common use today is to improve a person's ability to think in early Alzheimer's. The most common side effects are dizziness, headache, skin rash, bleeding and eye disease. Individuals taking aspirin or blood thinners should avoid ginkgo as it has a high potential to cause hemorrhage.

**Milk Thistle (Silybum
marianum)**

The most common use is to protect the liver against toxins such as alcohol and drugs. The most common side effects are stomach upset, diarrhea and skin rash. Individuals taking oral contraceptives should avoid milk thistle as it decreases the effectiveness of oral contraceptives.

Goldenseal

This herb treats Giardia as well as prescription medication. It contains chemicals that appear to be potent antibiotics and is now under investigation in use against staph infections.
St. John's Wort (Hypericum perforatum)

The most common use is mild to moderate depression. The most common side effects are

phototoxicity leading to severe sunburn, hives, rash, itching, tiredness, restlessness, and stomach upset. Individuals taking theophylline, coumadin, MAO inhibitors, paxil, prozac or zoloft should not take this herb at the same time as it can lead to high heart rate, palpitations, abnormal heart rhythms and sudden death.

**Valerian (Valeriana
officinalis)**

The most common use is for insomnia and anxiety. A person can overdose on this herb. The symptoms of an overdose include headache, restlessness and excitability. This herb increases the effects of antidepressants, antipsychotics, alcohol, antiparkinsonian medicines and antihistamines. Individuals taking these medications should avoid Valerian. Anyone with a liver problem should not take Valerian as it can worsen the liver problem.

W.C.C.C. Golf

**WCCC Ladies' Play
Tuesday, April 27**

Low gross of the field: Karen Wildman (41).

Low net of the field: Karen Wolff (26).

Least putts of the field: Bev Gunderson (14).

Flight A: low gross-Luvilla Sonstegard (43); low net-Pat Anderson (32); least putts-a tie between Eva Kilkenny and Karen Wildman; long drive-Eva Kilkenny.

Flight B: low gross-Betty Christman (45); low net-Alene Rucker (32); least putts-Joyce Dinkins (15); long drive-Alene Rucker.

Flight C: low gross-Francis Morris (48); low net-Jenny Reynolds (31); least putts-a tie between Della Heideman and Loa Henderson (19); long drive-Francis Morris.

Chip in: Bev Gunderson #11.

Long drive #11: Flight A Eva Kilkenny; Flight B Alene Rucker; Flight C Francis Morris.

KP #14: Jan Paustian (second shot).

**WCCC Ladies' Play
Tuesday, May 4**

Low gross of the field: Karen Wildman.

Low net of the field: Francis Morris.

Least putts of the field: Joyce Dinkins.

Flight A: low gross-none; low net-Luvilla Sonstegard; least putts-none; long drive #5-Karen Wildman.

Flight B: low gross-Deborah Kendrick; low net-Alene Rucker; least putts-Betty Christman; long drive #5-Deborah Kendrick.

Flight C: low gross-Jackie Allstott; low net-Jenny Reynolds; least putts-Loa Henderson; long drive #5-Francis Morris.

KP #7 second shot: Karen Wildman, Betty Christman, Francis Morris.

Chip in: Alene Rucker #7.

First putt closest in pin: Francis Morris 5 1/2".

MC Health Dept.

The Morrow County Health Dept. lists the following monthly schedule for blood pressures and immunizations:

Thursday, May 6-blood pressures and immunizations, Heppner clinic, 8:30 a.m.-4:30 p.m.;

Tuesday, May 11-blood pressures and immunizations, Boardman clinic, 9:30 a.m.-4 p.m.;

Thursday, May 13-blood pressures and immunizations, Heppner clinic, 8:30 a.m.-4:30 p.m., and Irrigon clinic, 9:30 a.m.-4 p.m.;

Tuesday, May 18-blood pressures and immunizations, Boardman clinic, 9:30 a.m.-4 p.m.;

Thursday, May 20-blood pressures and immunizations, Heppner clinic, 8:30 a.m.-4:30 p.m.;

Tuesday, May 25-blood pressures and immunizations, Boardman clinic, 9:30 a.m.-4 p.m.;

Thursday, May 27-blood pressures and immunizations, Heppner clinic, 8:30 a.m.-4:30 p.m., and Irrigon clinic, 9:30 a.m.-4 p.m.

**FAX
SERVICE**
Send or Receive
Heppner Gazette-Times

CLASSIFIED ADS .40 per word
Deadline: Tuesday at noon

CARD OF THANKS

I am grateful to Jeff and the crew at Les Schwab Tires for placing ethics over profit, thereby saving me grief.

Floyd White,
Distributor of The Oregonian
5-5-2c

To all those whose thoughts, prayers, cards and donations were sent in memory of Jean Crawford, her family wishes to express heartfelt thanks and appreciation for your thoughtfulness and kindness.

Pete Crawford & Family
Gwen Healy & Family
Ann Schwarz & Family
Sue Matthes & Family
5-5-1p

Friends, Neighbors and Co-workers:

Do you know how fortunate we are to have Pioneer Memorial Hospital? My husband, Jim Bloodworth and our family does, as we would not have Jim with us if it hadn't been for our hospital. Wendy, Penny, Shari, Rusty, Jay, all the employees on duty that day and AirLife, Pat, Michelle and pilot and St. Charles Hospital. Never think that won't happen to me.

Special thanks to Glenn Ward, Dean Robinson and Creston for feeding the cows. To the crew that came and worked the cows last weekend, Glenn, Dean, Creston, Kit, Marc Orem and Brian Selby. To Myrtle for house-sitting and taking care of spoiled Fred and the two bumper calves. To all of the kids, grandkids and great-grandkids who were there for their dad, grandfather and great-grandfather. For my great employees at the Courthouse, Shirley, Marlene and Election Crew. Thank you. To all our kids who have made too many trips to count to keep the ranch running. Thank you. Thank you.

Thank you for the cards, flowers and most of all, the prayers. There are not enough words to express how much your caring means to us.

Jim and Barbara Bloodworth
5-5-1p

Spray Grange #940 wishes to thank the following local merchants who donated to the 1999 Spray Grange #940 Auction April 11, 1999: Heppner-Bank of Eastern Oregon; Klamath First Federal; Coast to Coast; Central Market; Murray Drugs and Country Rose; Gardner's Men's Wear; Green Feed; Heppner Auto Parts; Les Schwab Tire Center; Lott's Electric; Morrow County Grain Growers; Peterson's Jewelers; Pettyjohn's; Shoe Box; Heppner Gazette-Times.

Spray Grange #940 would like to thank everyone who came and contributed to the auction. Money raised will help get a heating system for the grange hall and to continue to give scholarships. Thank you again.

5-5-1c

Here's a big thank you to those who helped with the South Morrow Community Choir concert last Sunday. There were a lot of hours of rehearsing to make it a success. A couple of people deserve an extra helping of thanks: to Lori for decorating the gym for us; to Shirley for keeping us in line and the behind-the-scenes work; and an extra thank you to Debbie Basile for accompanying us on the piano; and to the rest of the group for your time and effort. After six years of directing, I now hand over the duties to Darlene and I hope all will go as well as before. I shall miss you all and will think of you. Have a great summer!

Deborah Wryn
South Morrow
Community Choir Director
5-5-1c

NOTICES

Free counseling for victims of abuse and sexual assault. 24 hr. Crisis Line, 1-800-833-1161. Shelter available.

6-17-52c

**Neighborhood
Watch Program**

Over 200 families in Heppner. Confidentiality respected. For free literature, call (541) 676-5253.

3-24-tfc

HELP WANTED

Part-time Employment Opportunity: the City of Heppner is accepting applications for a **part-time clerk/receptionist**. The position will involve greeting the public, answering phones, posting bills, filing, typing minutes and other office work typical of a small business. The successful applicant will be expected to work approximately 49 hours per month.

Interested persons may obtain applications from Heppner City Hall, 188 W. Willow Street, Heppner, OR. Phone no. (541) 676-9618. Applications must be received by 4 p.m. Tuesday, May 18, 1999.

The City of Heppner is an Equal Opportunity Employer.

5-5-2c

**Strong Customer Service Skills
A Must!**

Continued growth forces the creation of a new position. The Bank of Eastern Oregon is looking for the right person to fill a **full-time teller position** in the Heppner Branch. This person should possess the skills to provide top-of-the-line customer service while working in a team atmosphere. Experience is a plus. The Bank of Eastern Oregon provides a competitive wage and benefit package.

Applications may be picked up at the Heppner Branch or may be obtained by calling 676-9125 between 8-5 Monday through Friday. The closing date for applications is 5/14/99 at 5 p.m. Equal Opportunity Employer.

5-5-1c



Sawmill jobs: well-established, well-run company seeks high-quality employees in a variety of sawmill positions (mfg/mgmt/admin) for Northwest operations. Excellent work environment and benefits. Please send resume asap (resume needed by 5/6/99) to: Hampton Lumber Mills Corporate Office; 9400 SW Barnes Road; Portland, OR 97225.

Equal Opportunity/Affirmative Action.

4-28-2c

REAL ESTATE

Home For Sale: custom-built in 1949, 4114 sq. ft., Heppner, 655 Hager St. Contact Robert Mahoney, 676-5876, or Mike Mahoney, 676-5157.

4-8-tfc

For Sale: three bedroom home on view lot. 676-9689.

11-4-tfc

For Sale: solid, pretty old home. Fireplace w/insert; leaded glass bookcases; pocket doors; remodeled kitchen; 2+ bedrooms; fenced; basement; garage/shop. 676-9495.

3-24-tfc

House for Sale: 3+ bedrooms, 1 bath, ceramic tile kitchen and bath. Must see to appreciate. (541) 676-5018.

5-5-2p

**Heritage
Land Co.**
180 W. Baltimore
#5, Heppner
676-5049

- 79,000 - 3 bdrm, 2 bath newer mobile with snow package upgrades, on 3 acres M/L. Furnished and ready to move in. Blake Ranch, near hunting and fishing.
- 157,500 - split-level on oversized lot, 4 or 5 bdrm, 3 bath, family room, 2 fireplaces, double car garage, on Willow Creek.
- 107,000 - 8 apts. with 2 commercial rentals close to Main Street. Owner could help finance.
- 68,000 - 3 bdrm, 2 bath with pellet stove, newer oak kitchen, with deck; has fenced backyard, carport and shop area.
- 1 bdrm apt. for rent with good references.

Sharon Lewis 676-5233
JoyceKay Hollomon 676-5542
Bob Ployhar 676-9649
A. Kim Clyforth 676-9625