

Student scholar awards

"This diverse group of students represents the best and brightest from Oregon's community colleges," OCCA executive director Vickie Totten said.

In addition to the awards, student scholars have \$1,000 transfer scholarships made available to them from more than 20 of Oregon's private and public colleges and universities. The 1999 Blue Mountain Community College Outstanding Student Scholars are: Stephanie Boyle, Hermiston, and Michael Nelson, Pendleton. Joe Brusberg, Hermiston, is selected as alternate. BMCC students who received a presidential recommendation for all USA Academic Team are Lori Powell and Trisa Radke, both of Pendleton.

Outstanding Student nominees include: Brilynn Reed and Jeanine Younes of Adams; Adrienne Bennett, Ann-Marie Buck, Andra Harrison, Michael Miles, Billy Tucker and Sandra Vandever of Hermiston; Danielle Stephanie, Ione; Shawn Halsey, Milton-Freewater; Gabe Garton, Jodi Justus, Victoria Prokhorova, Keith Peterson, and Billie Sackett of Pendleton; Leah Casey, Pilot Rock; Anastasia Angel, Stanfield; Kevin McClenahan, Umatilla; Nathan Blum, Medical Lake, WA; Stacie Miller, Caldwell, ID. Nominations for the award are made by BMCC faculty and staff.

Students from each of Oregon's 17 community colleges are represented among the 35 recipients of the 1999 Outstanding Student Scholar awards.

Governor John Kitzhaber will present the awards on Friday, April 23, at 11:30 a.m. in his ceremonial office.

Each community college

selected up to two students based on excellence in the classroom, intellectual curiosity outside the classroom, evidence of substantial developments of their talents and the ability to share this development with others.

"These students are shining examples of the outstanding talent that exists in Oregon's 17 community colleges," Kitzhaber said. "We honor them for their hard work and determination to better themselves, their families and our communities."

Following the awards ceremony, students will be honored at a luncheon at Dahlia's in the Reed Opera House in Salem with community college presidents and board members in attendance.

The Oregon Community College Association has sponsored this event for seven years. OCCA's mission is to advocate for innovative and affordable community colleges that benefit all Oregonians.

In the service

Army National Guard Pvt. Steven A. McDaniel has entered basic military training at Fort Jackson, Columbia, S.C.

During the eight weeks of training, the soldier will study the Army mission and will receive instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, Army history and traditions and special training in human relations.

McDaniel is the son of Steve and Debbie A. McDaniel of Boardman.

The private is a 1997 graduate of Riverside High School, Boardman.

Golf tourney to benefit anti-violence groups

The second annual Tee Off to End Violence, a golf tournament to benefit Domestic Violence Services, serving Umatilla and Morrow counties, and the STOP Violence Program, serving the Confederated Tribes of the Umatilla Indian Reservation, will be held Saturday, May 15, beginning at 8 a.m. at the Wildhorse Resort Golf Course.

Continental breakfast will be served at 7 a.m. with a shotgun start at 8 a.m. Entry is limited to the first 36 paid teams.

Two grand prize drawings will be held-for a Sony stereo system and a Yardman push mower-in addition to drawings for other prizes.

For more information, contact Domestic Violence Services, P.O. Box 152, Pendleton, OR 97801, 541-276-3322.

Free family planning services available to more people

The Morrow County Health Department's family planning services will now be available free of charge to more people.

According to MCHD Director Laura McElligott, the state received a federal waiver to Medicaid rules, so, as of January 1 of this year, health departments can cover family planning patients whose income is up to 185 percent of the poverty level.

Any citizen or legal resident of the U.S. of reproductive age may apply for family planning services, which include contraceptive supplies such as birth control pills, Depo Provera, condoms, IUDs, foam and other spermicides and diaphragms. The health department can also make special arrangements for Norplant injections, but they currently do not have anyone in the area who does them.

One person with a gross income of \$1,241 a month is eligible to receive the family planning free of charge; a person in a family of two-\$1,672; three-\$2,105; four-\$2,536; five-\$2,967; six-\$3,400; seven-\$3,831; eight-\$4,262.

The financial guidelines for youth are based up on their income, not their parents'. Those who make more than the guidelines may still receive services, but will be charged on a sliding fee scale. However, no proof of income is required for the service. People qualify for the program for a year at a time and do not have to reapply if their income changes within that year. They must reapply if they go to another county for family planning services under the program.

Youth do not need parental permission to receive contraceptives and the department does not ask about the age of their partners. However, people under 18 are advised that the department is mandated to report child abuse. "We want to let them know that we'll help them with issues," said McElligott, "but if they do tell us of some abuse, we have to report it."

"Teens are always counseled about the benefits of abstinence," adds McElligott, "and, depending on their level of interest, we give them information about the benefits. We also always talk with teens about the benefits of involving their parents in their decision."

Some family planning methods require a medical exam,

which is scheduled through the health department since he program does not apply to private medical providers. The department's nurse practitioner, who specializes in women's care, travels to their Boardman clinic to provide exams. In the event a person coming to the clinic wishes to be prescribed birth control pills or Depo Provera, she has three months in which to get an exam.

To sign up for the program, either call the office or walk in. A nurse will be at the Heppner office on Thursdays, but may or may not be available other times, however information is available any time during office hours. McElligott stresses that the health department maintains strict confidentiality about their patients. "Confidentiality will be breached in the event of an emergency, although it's never happened yet," said McElligott. "Otherwise no one else has the right to get information about them. We keep all that private."

According to McElligott, state officials feel that one benefit of the program would be cost savings for the state--the money that would be spent by the state for unintended pregnancies would make up for the cost of the state and federal family planning program. "If you can plan for a child and want that child," says McElligott, "then you will be more likely to be financially and emotionally prepared for that child."

McElligott says that 250-300 people (with only 20 of those teenagers) use their health department's family planning services each year and have scheduled almost 700 visits. Prior to this program, 90 percent of those people were below the poverty line. McElligott said that only around 20 teens have used the program.

For more information or to schedule an appointment, call the Heppner office at 676-5421; Boardman office, 481-2112 or 481-4200; or Irrigon office, 922-4103.

Health district meeting rescheduled

The Morrow County Health District regular board meeting scheduled for Monday, May 3 at 7 p.m. has been rescheduled for Wednesday, May 5 at 7 p.m. at the Lexington School District Office.

Vendors to demonstrate decontamination equipment

On Friday, May 7, three vendors will demonstrate mass decontamination equipment at Good Shepherd Hospital, 610 NW 11th in Hermiston. The event will take place from 8:30 to 11 am on the lawn between the hospital and MRI building.

On display will be inflatable shelters, tents, water heating units, chemical mixers, portable showers, water collection pools, submersible water pumps and more. The hospital can use the

portable, versatile systems in the event of a chemical release at the Umatilla Chemical Depot or for any other situation where mass decontamination is needed. The Chemical Stockpile Emergency Preparedness Program (CSEPP) is providing

15,000 each to Good Shepherd Hospital, St. Anthony's Hospital and Pioneer Memorial Hospital for the initial set up of a mass decontamination program.

BLM seeks citizen advisory

The Bureau of Land Management (BLM) is calling for nominations for its Resource Advisory Councils in Oregon to fill 11 appointments that expire in August.

The councils provide advice and recommendations on planning and management to the BLM and the Forest Service on lands and resources east of the Cascade Range. Council members are sought who are committed to working collaboratively with other interests for the long term benefit of public lands and national forests. The nomination period will close on May 17.

To obtain a nomination form or additional information, contact Public Affairs, Bureau of Land Management, Oregon State Office, P.O. Box 2965,

Portland, OR, 97208, (503) 952-6027, or a local BLM District Office.

Completed nomination forms and letters of reference should be sent to Elaine Zielinski, State Director, Bureau of Land Management, P.O. Box 2965, Portland, OR, 97208.

The BLM state director, the Forest Service regional forester, and the Governor's Office will forward these nominations to the Secretary of Interior, who will make the appointments to the councils.

FAX SERVICE

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Heppner Gazette-Times
676-9211

St. Patrick's Senior Center Bulletin Board

More than 100 people attended the senior dinner April 30. The volunteers assisting were members of the Valby Lutheran Church.

The menu for May 12 will be roast turkey with gravy, fluffy whipped potatoes, peas, fruit salad, whole cranberry sauce, rolls and pumpkin pie cake. Members of the United Methodist church will serve. A Senior Center Board meeting will be at 1 p.m. Blood pressures will be taken before the meal.

Dates to remember are: Tuesday and Thursday, 10 a.m. exercise; Wednesday 11 a.m. blood pressures taken, 11 a.m.-noon senior meal; Tuesday and Friday, 1 p.m. cards; Friday, Bingo, 7-9 p.m.

The senior bus will leave Heppner at 9 a.m. Friday, May 7, for the trip to the Pendleton Meal Site. Friday May 21 is the country ride, with lunch at Beecher's Cafe in Ione. Departure time is 11 a.m. Sign up at the Senior Center office or call 676-9030.



HAPPY BIRTHDAY CAMILLE! HAPPY BIRTHDAY CAMILLE!

**Camille,
Happy
Birthday
16-Year-Old!**
(May 5, 1999)

Love,
Mom, Dad, Chris, Andy & Allison

HAPPY BIRTHDAY CAMILLE! HAPPY BIRTHDAY CAMILLE! 16 YEARS OLD TODAY!



You Can Make a Difference in the Lives that Follow.

Through a will, life insurance, charitable remainder trust or other financial plans, you can leave a legacy to help organizations that are making a difference to you, your family and your community.

List of ten things people can do to leave a legacy:

1. Prepare or amend your will.
2. Leave a gift to the charity that made a difference in your life.
3. Leave a specific dollar amount or percentage of assets in your will to the charity of your choice.
4. Consider using assets for your charitable gift.
5. Name the charity of your choice as the beneficiary of your retirement plan.
6. Purchase a new life insurance policy and name your favorite charity as the beneficiary.
7. Name your favorite charity as the beneficiary of an existing life insurance policy.
8. Remember loved ones with memorial gifts.
9. Encourage family and friends to leave gifts to charities in their wills.
10. Ask your financial advisor to include charitable giving as part of his/her counsel to clients.

You can make a difference in the lives that follow...

Make a planned gift to the charity of your choice.

For more information on Leave a Legacy call (541)278-5968

This message was sponsored by Blue Mountain Community College Foundation.

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