

## "One County, All Communities, Working Hand in Hand"

### 1998 Morrow County Fair and PRCA Pro Rodeo

Fair, Entertainment, and Rodeo Schedule proudly sponsored by:

# Bank of Eastern Oregon

Supporting Agriculture in Morrow County Since 1945



#### ~ Wednesday, August 19th ~

FAIR OPENS FOR PUBLIC VIEWING	9:00 a.m.
4-H Foods Contest (Beginner and Junior)	8:30 a.m.-5:00 p.m.
Check-in of Large Animals	8:00-10:00 a.m.
Weigh-in of Market Animals - FFA & 4-H	8:00-10:00 a.m.
All Open Class Premium Sheets to the Fair Office	11:30 a.m.
Pet Show	1:30 p.m.
Pet Look Alike Contest	2:00 p.m.
Pet Parade	2:30 p.m.
4-H Lamb Fitting Contest	Afternoon
Pedal Power Tractor Driving Contest-Pioneer Implement	5:00 p.m.
Classic Car Show, Twice Around Style Show, Murray's wine and hors d'oeuvres, and Absolutely Nobody (Joe Lindsay's quartet)	6:30-9:30 p.m.
EAT AT THE FAIR	ALL DAY

#### ~ Thursday, August 20 ~

Senior Citizen's Day	All Day
4-H Sheep and Swine Conformation Judging	9:00 a.m.
4-H Beef Conformation Judging	TBA
Quick and Easy Ground Beef Main Dish Contest	8:30-11:00 a.m.
4-H Small Animal Conformation and Showmanship	10:00 a.m.
4-H Food Contest (Intermediate and Senior)	11:00 a.m.-4:00 p.m.
My Lamb's Favorite Outfit Contest	Afternoon
Watermelon Seed Spitting Contest-Oregon Best	4:00 p.m.
Tumbling-Cindy Sumner's classes	5:00 p.m.
Rumers-Boardman country & southern rock band	6:00 p.m.
4-H Public Fashion Revue	7:00 p.m.
Live Music	8:30 p.m.
EAT AT THE FAIR	ALL DAY

#### ~ Friday, August 21 ~

4-H Sheep and Swine Showmanship	9:00 a.m.
4-H Beef Showmanship	TBA
Smokey the Bear, Fire Engine	11:00 a.m.-4:00 p.m.
FFA Tractor Driving Contest	1:00 p.m.
4-H and FFA Round Robin Contests	3:00 p.m.
4-H and FFA Master Showman	3:00 p.m.
Round Up City Cloggers	6:00 p.m.
PRCA RODEO PERFORMANCE	7:00 p.m.
Street Dance, Parking Area	9:30 p.m.-12:30 a.m.
EAT AT THE FAIR	ALL DAY

#### ~ Saturday, August 22 ~

Cowboy Breakfast, City Park	6:00-10:00 a.m.
MORROW COUNTY FAIR & RODEO PARADE	10:00 a.m.
Christian Cowboys Service	10:45 a.m.
Fair Open to Public Viewing	11:00 a.m.-9:00 p.m.
PRCA RODEO PERFORMANCE	1:15 p.m.
4-H Awards Program	4:30 p.m.
4-H and FFA Market Sale, Sale Ring	6:00 p.m.
All Animals and Open Class Exhibits released	9:00-10:00 p.m.
Street Dance, Parking Area	9:30 p.m.-12:30 a.m.
EAT AT THE FAIR	ALL DAY

#### ~ Sunday, August 23 ~

Wranglers Cowboy Breakfast	8:00 a.m.
4-H Annex exhibits released	9:00 a.m.-12:00 p.m.
Commercial Entries and Booths released	12:30 p.m.
MORROW COUNTY RODEO	1:15 p.m.

#### 1998 Morrow County Fair Admission: (Admission does not admit one to the rodeo)

Season Pass: \$6 at the Fair Office or Main Gate

Wednesday through Saturday: \$2 per adult, daily; children 6-12, \$1; children under 6 admitted free-must be accompanied by an adult

# Bank of Eastern Oregon

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## 4-H continues with strong programs

Morrow County 4-H has a total of 322 members and 75 leaders participating in the 4-H youth development program, according to Bill Broderick, OSU Extension agent.

There are 110 youth enrolled in Home Economics and Expressive Arts projects and 42 in the 4-H Horse program. The livestock program has a total of 205 youth enrolled in large animal projects and 43 in small animal.

Morrow County also sent 35 participants to the Hispanic Youth Leadership Conference in Pendleton. Baby sitter training participants totaled 33. 4-Hers have consigned 1,291 exhibits to the Morrow County Fair.

Many 4-H members are in more than one club, said Broderick. Some have more than one animal or home economics project and several members cross-over in curriculum areas. "We encourage 4-H members to 'new projects in different areas,'" said Broderick.

Broderick added that is also

important for members to get involved in other activities such as presentations, pre-fair clinics, camp, camp counselor training, the Teen Leadership Retreat, OSU Summer Days, 4-H Ambassador or Know Your State Government.

During the 1997-1998 4-H year, two 4-H Ambassadors from Morrow County, Macy Rhea, Heppner, and Jessica Krebs, Ione, attended 4-H Ambassador Weekend. Jessica was selected to participate at the National 4-H Congress to be held in Atlanta, Georgia. Morrow County has two other 4-H Ambassadors besides Macy and Jessica, Kristi Worden and Josie Proctor.

There were three OSU Summer Days participants: Megan Healy and Julie Proctor from Heppner, and Salli McElligott, Ione.

"As members challenge themselves in other activities, they develop life skills they can use the rest of their lives," said Broderick.

## Beef Council offers Tex-Mex recipes

Bold, assertive beef and the feisty flavors of the Southwest are a combination that's won favor across America. We're crazy for Tex-Mex - from chili peppers to salsa and guacamole to tacos, tortillas and fajitas.

When time is short but you crave a beef fajita, Fajitas-On-A-Stick are a fun, fast, delicious shortcut. Begin with versatile beef top sirloin steak, the busy cook's best friend. It's a beef cut you should know, according to the Oregon Beef Council, because it can be the beginning of all kinds of delicious dishes. First, it's readily available in supermarkets. Top sirloin is lean and one of the most economical steak buys. It's a great steak as is - just grill or pan-broil it, and add favorite seasonings. Or, cut it into strips for stir-fry or cubes for kabobs.

Here it's cut into 1/2-inch thick strips and threaded onto skewers. For a quick flavor baste, add fresh lime juice to prepared Italian dressing and brush it over the steak, some bell pepper quarters and onion slices. Grill, then remove the beef from the skewers and serve the beef strips, bell peppers and onions in tortillas with prepared salsa. Ole! Just 35 minutes start to finish - the quickest, tastiest fajitas around.

Grilled Steak Santa Fe starts with lean beef top round steak that's marinated in a mixture of frozen Margarita drink mix concentrate, fresh cilantro and cumin. Because top round steak is a less tender cut, it needs to marinate at least six hours in a marinade containing an acidic ingredient. In this case, that's the Margarita mix. An avocado-onion relish accompanies this zesty steak.

When you're purchasing top round steak, look for a branded selection or for choice or prime grade in the supermarket for best grilling results. Because it's so lean, top round steak is best grilled only to medium rare doneness; it's juicier this way.

To ensure proper cooking of either the top sirloin or top round, the coals should be medium, ash-covered. If the

coals are too hot, the steak can char on the outside before the inside reaches the desired doneness.

**FAJITAS-ON-A-STICK**  
Total preparation and cooking time: 35 minutes.

1-1/4 - pound boneless beef top sirloin steak, cut 1 inch thick  
1/3 cup prepared Italian dressing  
3 tablespoons fresh lime juice  
2 medium green or red bell peppers, each cut lengthwise into quarters  
2 medium onions, each cut crosswise into 1/2 inch slices  
Salt  
8 medium flour tortillas, warmed  
Prepared salsa

1. Soak eight 9-inch bamboo skewers in enough water to cover 10 minutes; drain.

2. Trim fat from beef steak. Cut steak crosswise into 1/2-inch thick strips. Thread an equal amount of beef, weaving back and forth, onto each skewer.

3. In small bowl, combine dressing and lime juice, mixing well; brush onto beef, peppers and onions.

4. Place vegetables on grid over medium, ash-covered coals; grill peppers, uncovered, 12 to 15 minutes and onions 15 to 20 minutes or until tender, turning both once. Approximately 10 minutes before vegetables are done, move vegetables to outer edge of grid. Place beef in center of grid; grill 8 to 10 minutes for medium rare to medium doneness, turning once.

5. Season beef with salt, as desired; remove beef from skewers. Serve beef and vegetables in tortillas with salsa.

Makes 4 servings (serving size: 1/4 of recipe.)

Nutrition information per serving: 532 calories, 34g protein; 52g carbohydrate; 21g fat, 5.7mg iron, 1036mg sodium; 76mg cholesterol.

**GRILLED STEAK SANTA FE**  
Total preparation and cooking time: 40 minutes.

Marinating time: 6 to 8 hours or overnight

1-1/4 - pound high-quality beef top round steak, cut 1 inch thick

1 large avocado, diced  
1/2 cup chopped red onion  
Marinade:

6 tablespoons frozen Margarita drink mix concentrate, defrosted  
2 tablespoons chopped fresh cilantro

2 tablespoons vegetable oil  
4 cloves garlic, minced  
2 teaspoons ground cumin  
1/2 teaspoon salt  
1/4 teaspoon pepper

1. In small bowl, combine marinade ingredients. Set aside 2 tablespoons of marinade; cover and refrigerate. Place beef steak and remaining marinade in food-safe plastic bag, turning to coat. Close bag securely and marinate in refrigerator 6 to 8 hours or overnight, turning occasionally.

2. Remove steak from marinade; discard marinade. Place steak on grid over medium, ash-covered coals. Grill, uncovered, 16 to 18 minutes for medium rare doneness, turning occasionally. Remove steak; keep warm.

3. Just before serving, in medium bowl, combine avocado, onion and reserved 2 tablespoons marinade; toss gently to coat.

4. Carve steak crosswise into thin slices. Serve immediately with avocado mixture.

Makes 4 servings (serving size: 1/4 of recipe.)

Nutrition information per serving: 333 calories; 29g protein; 14g carbohydrate; 18g fat, 4.2mg iron, 208mg sodium; 71mg cholesterol

## Local talent to entertain at fair

In synch with the 1998 Morrow County Fair theme, "One County, All Communities Working Hand-in Hand", the Morrow County Fair Committee has selected local talent to perform at this year's fair.

Performers will include the Pick 'n Bow fiddling group composed of high school and college students and lead by Pam Willis of Pendleton, who will perform Thursday, August 20, at 3 p.m.; "Ruemers", a country band from Boardman, who will perform at 6 p.m. Thursday; and the Round-Up City Cloggers, who will kick up their heels on Friday, August 21, at 6 p.m.



## Chamber sports bottle has fair theme

Heppner Chamber of Commerce is selling sports bottles as their non-dues income project this year in lieu of the annual rose sale.

The teal bottles feature the Morrow County Courthouse and the 1998 fair and rodeo theme "One County ... All Communities

Working Hand in Hand." The handle is easy to hook to a belt, saddle, backpack or just have in hand as you keep cool during the Fair and Rodeo events.

The handy bottles are available at Klamath First and the Chamber of Commerce office.

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