

Obituaries

Clara Catherine Howk

Word has been received by relatives here of the passing of one of Ione's earliest citizens. Clara Catherine Howk died July 15, 1998, at a nursing home in Gresham at the age of 97. She was born January 12, 1901, and came to Ione from Ripley, Ohio, in 1913, on an emigrant train with her parents, Peter J. and Grace O'Connor Linn and three little brothers.

She was educated in the Ione schools and she and Blanche Turner Lindstrom were the only graduates in 1920.

After working at various jobs and as bookkeeper in the Mason store and as postmistress she married Joseph W. Howk, the Union Pacific Railroad depot agent, on July 20, 1923. They resided in Ione until 1935 when he was transferred to Condon and in 1944 to Troutdale. He died in 1954 and after that Clara was employed by the Security Bank of Troutdale and later by McCready Lumber Yards. In 1963 she moved to a retirement village, where she resided for 22 years until her health began to fail.

She was a member of the Christian Church from the age of 12. Her father was one of the carpenters to build the church in Ione, which was recently burned. She was a life member of the Order of the Eastern Star and was Worthy Matron in Ione, as well as in Troutdale. Mrs. Howk was always active in the local community, church and school activities, including the Troutdale City Council and Loaves and Fishes.

Survivors include her daughter and son-in-law Lois and Bill Moller of Gresham; granddaughter, Elisabeth Moller of Portland; Anne McCallister and husband Michael of Gladstone; a sister-in-law, Edna Linn of Vernonia; and several nieces and nephews. Her son Alan, preceded her in death in 1996.

Mrs. Howk was also preceded in death by her brother, Carl Peter Linn, 93, who passed away at a nursing home in Cloverdale, CA, in May of this year and was buried near his home at Windsor, Ca. He was also an early resident of Ione and graduated from Ione High School in 1924. He was married to Alice Head and they had one daughter, Leeta Bailey, who lives in Amhurst, MA, with her mother living nearby.

Mr. Linn worked most of his life for the U.S. government as a road surveyor in the Pacific Northwest, spending a great deal of time in Alaska.

Following his divorce he married Myrna Rodgers-Hilburn on July 20, 1967 at Anchorage. She died in Jan. 1997.

Mr. Linn was a life member of Ione Lodge No. 120 AF&AM and served as master. He also belonged to several other professional organizations.

Tressie Venus Allstott Wilcox

Tressie Venus (Allstott) Wilcox, 88, Hermiston, died Tuesday, July 28, 1998, at the Good Samaritan Center in Hermiston. Mrs. Wilcox was a resident of Hermiston for 63 years.

Funeral services were

Volunteers needed

continued from page two

options and counseling techniques.

SHIBA is designed to help Oregon's seniors avoid insurance pitfalls and enjoy all the benefits to which they are entitled, said a Department of Consumer and Business Services news release.

The program is funded partly by a federal Health Care Financing Administration grant to the Oregon Department of Consumer & Business Services. The program also receives support from the department's Insurance Division. The program supports a statewide network of over 150 trained volunteers.

State officials estimate that SHIBA volunteer efforts have saved Oregon Medicare beneficiaries over \$500,000 during the past five years.

Anyone interested in learning more about becoming a SHIBA volunteer may call 1-800-722-4134 in Salem or 1-800-752-1139 in Pendleton.

Saturday, August 1, 1998, at Burns Mortuary Chapel in Hermiston. Burial followed at the Hermiston Cemetery.

Tressie Venus Allstott was born November 12, 1909, at Eight Mile Canyon, near Heppner Oregon to Robert E. and Mary Elizabeth (Wardwell) Allstott, Sr.

On October 12, 1929, she married Charles B. Wilcox at Heppner. She worked as a practical nurse at the original Hermiston Hospital and she and her husband were the founders of the Wilcox Furniture store.

Mrs. Wilcox was baptized in the Christian Church. She volunteered as the chairman of the March of Dimes for several years. She also cared for her brothers and sisters. She liked the outdoors, hunting, fishing, flowers, and gardening.

Mrs. Wilcox is survived by her husband of 68 years, Charles Wilcox of Hermiston; son, Otis Wilcox of Hermiston; daughter, Patricia Kennedy of Medford; sisters, June Meek of Portland, and Dorris Spencer of Lawrenceburg, IN; eight grandchildren; and 20 great-grandchildren.

She was preceded in death by a son, Robert Wilcox of Prineville in 1986.

Memorial contributions may be made to the March of Dimes, the Multiple Sclerosis Society or to a charity of choice.

Burns Mortuary of Hermiston was in care of arrangements.

A Matter of Health

A Matter of Health
by Wendy Haack
Family Nurse Practitioner

(The following article was motivated by a request from a Gazette-Times reader. The information was obtained from the Oregon State Health Division and the Centers for Disease Control.)

Ticks and Lyme Disease

There are four species of ticks in Oregon that can cause disease. Of the four ticks, only the Pacific tick (also known as the black-legged tick) causes Lyme Disease. Ticks that transmit Lyme disease are found in areas where temperatures range between 15 and 95 degrees Fahrenheit.

There are varying periods of peak tick activity in Oregon. If you live in central and eastern Oregon it is March through July, northwestern Oregon is February through July and southwestern Oregon is January through July.

Ticks transmit Lyme disease to humans during both the nymph and adult stages. The disease is more likely to be transmitted during the nymph stage because the nymph is very small and is rarely noticed. This gives the nymph ample time to feed and transmit the infection.

Infection usually takes a two-day period of feeding by a tick to be transmitted. Adult ticks are less likely to transmit the disease since they are larger and are more likely to be noticed and removed in a few hours.

Ticks are usually found on the tip of grasses and shrubs and transfer to a person that brushes against them. Ticks feed on blood by inserting their mouth parts into the skin. Ticks can take several days to complete a meal.

Signs and symptoms of the early stage of Lyme disease may include fatigue, chills and fever, headache, muscle and joint pain, swollen lymph nodes, or a skin rash. The skin rash is a red circular patch that can appear three days to one month after the bite of an infected tick. The rash will occur at the site of the bite. As the rash enlarges the center may clear and in appearance resemble a "bull's-eye." Symptoms that may occur weeks, months or years after a tick bite and may include arthritis, numbness, pain, Bell's palsy and irregular heart rhythms.

Lyme disease is treated with antibiotics. Several antibiotics are effective. Usually these antibiotics can be taken by mouth, but occasionally intravenous antibiotics need to be given. Individuals treated in the early stages usually recover rapidly and completely. Individuals in later stages also respond well to antibiotics and complete recovery is the general rule. But different degrees of damage to joints or the nervous system can develop in individuals with late stages or chronic Lyme disease.

Local Elks lodge helps shape policy

The Benevolent and Protective Order of Elks visited the home of Disneyland this week to craft their own version of "Tomorrowland": a place where volunteerism and leadership build stronger communities and a stronger nation.

The Elks, whose National Convention here was the 134th in their history, are represented locally by Heppner Elks Lodge Number 358, whose Exalted Ruler is Joe Kenny of Heppner.

Local representatives attended the Anaheim convention to help shape the programs and policies of the National Order, which currently boasts more than 1.2 million members nationwide.

The Elks have a long tradition of philanthropic service, sponsoring youth athletic and drug education programs, aid for people with disabilities, college scholarships, cancer and transplantation research and veterans' service programs.

The Elks have also made significant commitments through America's Promise, an organization committed to providing fundamental resources to our nation's youth.

Among the highlights of the convention were speeches by the two overall winners of the Elks National Free Throw

Competition, Adam James Morgan, 13, of Cumberland, MD, and Mary Hall McArver, 13, of Gastonia, NC. They were the best of the more than three million kids, ages eight to 13, who participated in this year's competition.

They were followed to the podium by Ellen Johnson of Dixie, Utah, and Jonathan Taliaferro of El Dorado, Kansas, the top two winners in the Elks National Foundation's "Most Valuable Student" scholarship contest. Each will receive a four-year scholarship worth \$30,000.

Throughout the convention, the 2,200 local lodges were hailed for their support of the order's national programs, as well as for their own local programs, and were encouraged to deepen their commitment to those in need.

"Our goal this year is to promote volunteerism and leadership," declared C. Valentine Bates, who was elected national president during the convention. "As volunteers and leaders we will pursue and fulfill our lofty goals while continuing our proud traditions."

Heppner to establish Neighborhood Watch program

A recently-organized Heppner Crime Prevention Committee met with local law enforcement officials and judges on July 28 to discuss ways to combat the recent increase in crime in the Heppner area.

The committee declared its intent to work with law enforcement officials but not to take the law into their own hands. Any form of violence by residents to deter crime was strongly opposed by the committee, which felt that citizens should only be the "eyes and ears" for local police by informing them of suspicious activity and avoiding any confrontations.

Morrow County Judge Louis Carlson, Justice of the Peace Charlotte Grey, Morrow County Undersheriff Verlin Denton, Morrow County Juvenile Director Carolyn Holt and Heppner Police Officer Mike Sweek provided insight as to criminal procedures and legal limitations and answered many questions as to what citizens could and could not do.

Sweek said that since the town meeting on July 20, the Heppner Police Department has received numerous calls from citizens reporting suspicious behavior which has helped the police a great deal. He also told the committee that there were two new reserve police officers who were being trained, which will also help in expanding police efforts in the community.

It was reiterated that the problems Heppner is currently experiencing are being caused by just eight or 10 individuals, mostly young adults between the ages of 18-21. They said that there were only a few juveniles involved. The committee acknowledged that the "vast majority of Heppner's youth are good citizens and it is extremely unfair to categorize all youth among those few who have decided to disregard the law."

The committee agreed to establish a Neighborhood Watch Program which will organize citizens into watch groups who will periodically monitor specific areas of the community during all hours of the day and report suspicious activity to the police.

A special meeting will be held Tuesday, August 11, at 7 p.m. at

Letters to the Editor

Editor's note: Letters to the Editor must be signed. The Gazette-Times will not publish unsigned letters. Please include your address and phone number on all letters for use by the G-T office. The G-T reserves the right to edit.

NCOTC promotes tourism

To The Editor:

The North Central Oregon Tourism Council is working to develop the tourism industry in our six-county region. Tourism activity is an important part of the economic mix of North Central Oregon.

Next month, August 21, 22, and 23, the Journey Through Time Celebration will take place along that scenic byway corridor. The celebration will give critical exposure to our area. The Journey Through Time event showcases our geography,

history, and culture.

Many of the Journey Through Time travelers will include the Blue Mountain Scenic Byway in their travel plans. This return route will bring them through Heppner and the Willow Creek Valley.

I encourage all of us to meet and greet the travelers with enthusiasm and appreciation for the boost their presence gives to our local economy.

(s)John Edmundson
Chairman
North Central Tourism Council

In response to letter

To The Editor:

In response to the Rev. Lea Mathieu. Our committee does not hold teens with fear and suspicion. We know there are only eight or so bad apples, mostly above 18.

We are discussing forming a youth center to give them guidance and a place to hang out.

Also we discussed asking folks to hire under 18-year olds so

they have something to do and earn money.

We are forming a neighborhood watch with the cooperation of the police dept. Juveniles are welcome to join. After all it's their community also, and a handful of their peers are making it rough on everyone.

We are open for volunteers for neighborhood watch.

(s)Lyle Verrall

the St. Patrick's Parish Hall to discuss the organizational aspects of the program and to recruit volunteers.

Michael Jenkins, a former member of the Boardman Police Department, will give a presentation on the Neighborhood Watch Program and help get the Heppner program started. All Heppner residents are invited to attend. Youth are especially invited to participate in the meeting and join the Neighborhood Watch Program, said organizers.

The group decided to write a letter to the Morrow County District Attorney on behalf of the committee and citizens of Heppner strongly encouraging "prosecution of the offenders to the maximum extent of the law where possible and practical." They said this is a key link in sending a message to those who are causing the crime problems that citizens will no longer

tolerate Heppner's streets being unsafe for "our families".

The group also decided to send a letter to the Heppner Gazette-Times requesting that names of all juveniles, as well as adults, who are arrested or convicted of crimes in the community be published. The committee echoed the sentiments of citizens and law enforcement officials that this tactic could be a strong deterrent for many individuals. They said that for some, seeing their name in the paper would be enough embarrassment to preclude further criminal behavior. "For many parents the embarrassment might be enough to monitor the activities of their children a little closer. Publication of names in the paper will identify habitual perpetrators to the community and increase citizen awareness of those few individuals who are causing the majority of the problems," they concluded.

BMCC offers short Internet courses

Blue Mountain Community College is providing area residents with an opportunity to take the mystery out of the Internet and empower themselves to harness the information explosion by offering a week of short courses focused on the Internet.

Widening Our World (WOW) courses are sponsored by the U.S. West Foundation and BMCC and are offered free of charge during the week of August 24.

Classes vary in length from one to five hours and are offered afternoons and evenings. The WOW van, a mobile, interactive school, will allow students, businesses, individuals and families learn how to get from a keyboard and onto the "information highway".

Training is provided by the WOW van staff and volunteers from the University of Northern Colorado and BMCC.

Classes include: Internet for Civic Leaders, Internet for Small Businesses, Internet for Child and Health Care Providers, Internet for Agriculture, Using Internet for Research, Internet for Families, Finance Marketing on

the Web, Internet for Real Estate and Careers, Internet for Firefighters and EMT's, Internet for Hispanic Culture and Arts, Internet for Native American Culture, Internet for Educators, Internet for Non-Profit and Government Agencies, Internet for Senior Citizens and Genealogy, Web Page Development, and Intro to the Internet for Grades 3 - 12.

The WOW van travels across the U.S. West 14-state territory, from Washington to Minnesota and from Montana to New Mexico.

Anyone interested in the courses may call Blue Mountain Community College at 541/278-5762 for class registration information. Class size is limited and classes will be filled on a first-come, first served basis. Classes are offered free of charge.

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Together with their parents

Roni Dean O'Brien

and

Michael Charles Jones

request the honor of their friends and family

at their marriage

Saturday, August 15, 1998

at 7:00 in the evening

Heppner Elks Temple

142 North Main

Heppner, Oregon

Reception immediately following



PUBLIC NOTICE NOTICE OF NOMINATIONS

Columbia Basin Electric Cooperative, Inc. is notifying all members that nominations are open for the following four director's positions:

For three year terms:

ZONE NO. 2: That territory served or to be served by the Cooperative lying West of the Morrow-Gilliam County line and South of the Township line dividing Townships 3 South and 4 South.

ZONE NO. 5: That territory served or to be served by the Cooperative lying South of the Township line dividing Township 2 South and 3 South and East of the Morrow-Gilliam County line and in Wheeler County that area East of the range line between Range 24 East and 25 East.

ZONE NO. 6: That territory served or to be served by the Cooperative within the incorporated city limits of Condon, Oregon.

ZONE NO. 8: That territory served or to be served by the Cooperative within the incorporated city limits of Heppner, Oregon.

The members of the nominating committee are:

Zone No. 2: Ed Bates, Condon, Oregon, 384-6462

Zone No. 5: Lyndale Qualls, Heppner, Oregon, 676-9705

Zone No. 6: Jack Reser, Condon, Oregon, 384-4284

Zone No. 8: Randall Peterson, Heppner, Oregon, 676-9466

The nominating committee will accept nominations up to and including the last day of August, any 50 or more members may make other nominations in writing during the month of September.

Nominees must be members of the Columbia Basin Electric Cooperative, Inc. They must reside in, and receive service in the Zone in which they will be running.

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