

Local girl receives physical ed award

Rhonda Wilhelm
By Nova Rietmann

The United States Achievement Academy has announced that Rhonda Wilhelm from Lexington has been named a United States National Award Winner in physical education.

Wilhelm is the daughter of Ron and Linda Wilhelm of Lexington. Her grandparents are Betty Wilhelm of Heppner and Howard Smith of Hermiston.

This award is a prestigious honor that very few students can ever hope to attain. In fact, the academy recognizes fewer than 10 percent of all American high school students.

Wilhelm, who is an eighth-grade student at Lone Middle School, was nominated for this national award by Robin Graff at the school.

Wilhelm will appear in the United States Achievement Academy official yearbook,

which is published nationally.

"Recognizing and supporting our youth is more important than ever before in America's history. Certainly, United States Achievement Academy winners should be congratulated and appreciated for their dedication to excellence and achievement," said Dr. George Stevens, executive director of the United States Achievement Academy.

The academy selects USAA winners upon the exclusive recommendation of teachers, coaches, counselors and other qualified sponsors and upon the standards of selection set both by the academy. The criteria for selection include a student's academic performance, interest and aptitude, leadership qualities, responsibility, enthusiasm, motivation to learn and improve, citizenship, attitude, cooperative spirit, dependability, and recommendation from a teacher or director.

Search on for literacy programs

Are you a public or private group, church, community group, service organization or private individual that promotes or participates in a literacy project that places a high value on reading, writing, and speaking skills for children and adults?

If so, the Family Literacy Initiative committee is compiling

information about literacy programs in Umatilla and Morrow counties. The committee wants to include you in our list.

Those wishing to participate may send, by June 5, a brief description including name and phone number of the contact person to: Vecie Grant, BMCC, P.O. Box 100, Pendleton, OR 97801 or call 278-5953.

Music in the parks begins

A free 12-event series of outdoor performances on the banks of the Columbia River begins Monday, June 8, at 7 p.m.

The performances will rotate between the Boardman and Irrigon Marina Parks and offer a variety of musical experiences.

The first performance, June 8, will showcase Riverside High School performers.

"This event will feature a variety of vocal and instrumental performances from talented local musicians," says a festival spokesperson. "This will be an opportunity for community members to experience and applaud wonderful young musicians. It will also showcase potential musical opportunities for young children of the community - the musicians of the future." Riverside High School musicians will perform at the Boardman Marina Park.

The June 15 performance, featuring Chris Lee Loid, vocalist and guitarist from Burbank WA, will take place at the Irrigon Marina Park.

Additional dates, performers and locations are: June 22- Chris Lee Loid, Boardman Marina; June 29-Oregon East Symphony - Woodwind and Brass Quintets, Irrigon Marina; July 7-234th Army Band, Boardman Marina; July 13-Steve Ferebee, singer and guitarist, Irrigon Marina; July 20- Steve Ferebee, Boardman Marina; July 27-Dance Unlimited of Helix, Irrigon Marina; August 3-Oregon East Symphony Brass Quintet, Boardman Marina; August 10-"Absolutely Nobody" Blue Mountain Community College Men's Quartet, Irrigon Marina; August 17- "Absolutely Nobody" Boardman Marina; and August 24-Tony Madrigal, soloist from Brush Prairie, WA, Irrigon Marina.

All events will begin at 7 p.m.; all will be on Monday evenings, except the Army Band which will be on Tuesday, July 7; and all performances are free.

Funding is provided by Morrow County Unified Recreation District, and sponsored by the Arts Council of Morrow County.

To find the Boardman Marina Park from I-84, take exit 164 and turn north toward the river on Main Street. Continue north about 1/2 mile and turn left on Marine Drive.

To find the Irrigon Marina Park from Highway 730, turn north toward the river on Tenth Street.

Performances in both parks will be in the picnic areas.

For more information, contact Carol Michael, Boardman Chamber of Commerce, 481-3014, or LaVelle Partlow, Irrigon Watermelon Festival, 922-3386, festival co-chairs.

Births

Sydney Jean Maben-a daughter Sydney Jean was born to Donna and Jason Maben of Heppner on May 15, 1998 at Good Shepherd Community Hospital in Hermiston. The baby weighed 6 lbs. 15 oz.

Kassandra Lynn Garza-a daughter Kassandra Lynn was born to Maria DeLira and Eugenio Garza of Boardman on May 15, 1998 at Good Shepherd Community Hospital in Hermiston. The baby weighed 7 lbs. 9 oz.

A.C. Houghton receives cell phone

Advanced Mobile Communications of Hermiston has donated a cell phone to A.C. Houghton Elementary School in Irrigon for use in case of a chemical release at the Umatilla Chemical Depot. The phone would provide backup communications should regular phone lines become inactive and provides another outlet for school personnel when obtaining information and instructions from emergency management officials.

Bosnia subject for Topic Club

The Lone Topic Club met at the home of Katherine Lindstrom, with Betty Gray assisting. Roll call was a recent book members had read. Each member told about their book and gave books or tapes for the book shower.

Christy Crowell, club librarian, said that the summer reading program for the Lone Library will begin after July 4 and continue through the second week in August. More information will be available later.

A report was made on the spring money maker for the library. A letter was sent to members of the community asking for support. There was a very good response.

Morrow County District Attorney Earl Woods told the group about his tour of duty in Bosnia this last year. He stated that the conflict between the Croats, Serbs, Slovaks and Bosnians is influenced by their hatred for each other. Each group is influenced by different factions, such as the Moslems, Russians, Germans and Turks. The hatred is so intense that one neighbor will kill another and it continues so that it becomes like ethnic cleansing. Woods said that the U.S. troops hoped to separate the different nationals and perhaps control the killings this way. NATO allies are hoping that the United States will keep troops in the area but there are feelings against this in our country.

Potato seminar scheduled

The HAREC seed potato roguing school will be held Wednesday, June 24, at the OSU Extension office in Hermiston.

Topics will include the following: "Roguing seed potatoes: general methodology" by Oscar Gutbrod, OSU certification

service, 9:30-10:15 a.m.; "Identification of potato diseases" by Phil Hamm, OSU Extension pathologist, 10:15-11 a.m.; "Field roguing school" by Jeff McMorrin, OSU Extension Service, 11 a.m. to noon. For more information contact McMorrin, 567-8321.

Fiddlers show to be held June 6

The Blue Mountain "Old Time" Fiddler's music show will be held this Saturday, June 6, at 7 p.m., in the Spray Grange hall.

Admission is \$2 for adults and \$1 for children under 12. Dinner will be available before the show from 5-7 p.m. The cost

for dinner is \$4 for adults and \$2.50 for children under 12. People are encouraged to bring their own non-electric instrument and join in. The music show is sponsored by Blue Mountain Fiddler's Association and Spray Grange #940.

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- * 1992 Chevrolet, 3/4 ton, extended cab, short box, 4x4, V/8, 5 speed, Silverado, air, extra sharp
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- * 1993 Chevrolet K30, one ton, reg. cab, 4x4, single rear wheels, 6.5 turbo, 5 speed, air, Silverado, high miles, great rig
- * 1997 Chevrolet 1/2 ton, reg. cab, 4x4, short box, stepside Z71, Silverado, 350 V/8, 5 speed, 27,000 miles, sharp
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Gardening provides good exercise

The Heppner Garden Club, member of the National Council of State Garden Clubs, has designated June 6 as "Gardening Exercise Day" presenting gardening as a "fitness tool" for a healthy lifestyle.

According to a club spokesman, gardening offers "exercise for the body, peace for the mind and food for the spirit." Gardening can be done, say fitness experts, even if you are one of the 20 million American women suffering from osteoporosis.

The following "foolproof" gardening tips are suggested by anyone wishing to "weed out" mishaps in the garden.

-Warm up stiff muscles by walking around and gently stretching before and after you garden.

-Design garden walkways to be

at least three feet wide with non-slippery surfaces.

-Use a stool in the garden to avoid constant stooping or bending.

-Throw out any tool that causes you to stoop over or hurt your back.

-Garden in containers that can be dragged or rolled away, not lifted.

-Build raised beds and design them to include a place for sitting.

-Wear a whistle around your neck or carry a cordless phone to call for help if needed.

Petra Elguezabal named Oregon Scholar



Petra Elguezabal has been chosen by the State of Oregon Scholarship Commission as an Oregon Scholar from the Class of 1998.

Each year, students in the top 10 percent of standard or accredited Oregon high schools are nominated as Oregon Scholar candidates. The commission then calculates predicted grade point average. Based on the results, the top five percent of students at participating high schools are named as Oregon Scholars.

Elguezabal will receive an Oregon Scholar certificate signed by Governor Kitzhaber, the superintendent of public instruction and the chair of the scholarship commission. No monetary award is attached to the certificate.

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