

St. Patrick's Senior Center Bulletin Board

There were 61 people over the age of 60 present for the senior dinner Feb. 11 and six under 60 and 17 meals were home delivered. Members of the Lutheran Church served. The tables and room were beautifully decorated for Valentine's Day. The Senior Board met briefly afterwards, but there were not enough members present for a quorum. Bingo was played at 1 p.m.

The menu for the Ash Wednesday meal will be salmon puffs, oven potatoes, peas/carrots, rolls and apple crisp. Members of the United Methodist Church will serve.

There were 22 people over 60, three under 60 and seven home-delivered meals for the breakfast Fri., Feb. 13.

The menu for breakfast Feb. 20 will be waffles and bacon, fruit, hot and cold cereal, orange juice, milk and coffee.

One table of pinocle was in play Friday afternoon.

Several volunteers signed up for work shifts for the soup, roll, pie and coffee luncheon during the St. Patrick's celebration. More volunteers are needed. Pies are being made at the center this year instead of being made in the homes. Donations in lieu of pies are being accepted to pay for the ingredients. Anyone wishing to sign up for a work shift or make a donation for pies may do so at the Senior Center office.

At least three volunteers are needed for the office staff. One doesn't have to be a senior to volunteer, although anyone over 55 can belong to the Retired Senior Volunteer Program (RSVP).

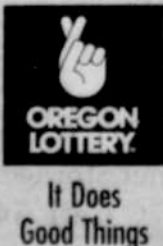
Eleven volunteers folded newsletters for the Extension Service Thursday morning.

Legion and Auxiliary to hold meeting

The American Legion and Auxiliary will meet Monday, Feb. 23 at the United Methodist Church basement in Heppner beginning with a potluck at 6:30 p.m. New members will be initiated into the Auxiliary and the "Unit Member" of the year will be selected. Everyone is invited to attend.



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Betty Marquardt to retire from health dept., new staff hired



Betty Marquardt

A fixture at the Morrow County Health Department, a woman who has been with the department for over 20 years and the first one to greet you when you bring your little one in for his shots or stop by to get your blood pressure checked, has announced her retirement.

Betty Marquardt, who started at MCHD in 1976, will say goodbye when new office help is trained.

You might say her career started when she was in grade school. Betty and Pat Wright, former MCHD director, went to elementary school together and became best friends. The two friends worked at Pioneer Memorial Hospital together, Pat as a nurse and Betty as an aide. So, when Pat went to the health department, so did Betty, although a little later. Betty was hired after Alma Green resigned to take a job at the courthouse.

In the earlier days, Betty often accompanied Pat on trips to visit clients in the North end. When she first started, the department gave immunizations, checked blood pressures, monitored communicable diseases and tuberculosis patients. Then, they often went to homes to provide those services.

Now, says Betty, the services at MCHD have expanded greatly and, consequently, so has the paperwork. Now the department not only offers those services, but also does family planning, breast and cervical cancer screening, home visits for high risk infants, maternity case management and also conducts primary review to determine if children are up to date on their immunizations or must be excluded from school, in addition to providing information on a myriad of topics and referrals.

When Betty started with the department, there was only one nurse. Now there are two full time nurses, three part-time and two part-time translators, and, of course, the ubiquitous computer. "The computer that was supposed to lessen my work didn't," laughs Betty. "We still have to keep handwritten cards for people."

Betty said that over the years she has really enjoyed the kids who come in for their immunizations.

Betty, 62, says that when she retires she plans do a little more visiting and watch all her grandkids' games. That might take up a little of her time, since she has eight children and 18 grandchildren. Betty's children are:

Carlita Bloodworth, Hermiston, a beautician; Jim, a policeman in Athena; Lolita Grace, who works in Portland; Joyce Hughes, Heppner, an office manager for a doctor's office in Pendleton; Sheree Smith, Lexington, a MCHD nurse; Debbie Miller, a homemaker who lives in Idaho Falls; Pam Piper, Heppner, who works for the Morrow County School District; and Jana Julian, who is a homemaker in Portland.

Betty's father, Truman Messenger, was born in Oklahoma and raised in Kansas. His parents, originally from England, came to Morrow County in 1917. Betty says that Truman, who graduated from Boardman high school, knew

Sam Boardman and even dated Boardman's daughters.

Betty's mother, Leita Barlow was born at Gooseberry and went to high school in the current Heppner Middle School building. Her parents were originally from Ireland. Leita's brother, Charlie Barlow, was Morrow County Clerk for many years. Back then the clerk's job also included mowing the courthouse lawn and climbing up to change the courthouse clock. Charlie was seriously injured on the job, breaking his leg. Betty says that when he broke his leg, the bone marrow got into his blood stream, went to his brain and he never walked or talked again. Sadie Parrish then became county clerk.

In 1954, Betty married Carl Miller Marquardt. He passed away in 1981. The family has another Carl Miller, however. Betty's daughter Debbie married a Miller and they have a 12-year-old Carl.

Besides watching games, Betty enjoys music and plays piano and organ at the First Christian Church in Heppner. She also loves to crochet and would like to do some ceramic painting that she just hasn't had time for.

Betty's replacements at MCHD joke that it will take two of them to do her job. Shelly Rietmann and Marilyn Allison have both been hired as part-time office workers.



Shelly Rietmann

Shelly started part-time office work at MCHD the first of the year.

She has been a dental assistant and medical assistant for a total of about 15 years. Most recently she has been at home in lone taking care of her two sons, Tanner, four, and Evan, three. Shelly and her husband, Greg, have a farm in lone.

Shelly, the daughter of Ken and Jean Ann Swanson Turner, grew up in Heppner and graduated from Heppner High School. She attended medical college in Portland in a medical assisting program. She lived in Pendleton and Portland before returning to the area around seven years ago.

Shelly, 39, is active in the Morrow County Arts Council and serves on the Morrow County Behavioral Health Board.



Marilyn Allison

Marilyn Allison is a recent immigrant from Paulina, which is southeast of Prineville. She retired Jan. 3 after 21 years in the U.S. Forest Service as a forestry technician, working in timber sales contracts and appraisals.

Marilyn, 59, who is originally from Waldport, became

acquainted with Heppner when she worked at the Forest Service office here from 1983-84. She liked the area, made good friends here and decided that she'd eventually move back.

Marilyn's son, Cash, who works at a service station in the Portland area, recently bought a house in Heppner; son, Tim, who lives in Walnut Creek, CA, recently returned to school to get his master's degree in counseling. Another son, John, died in a car accident.

In addition to the two new part-time office employees, MCHD also has hired two new nurses, Jamie Bailey and Carolyn Wood.



Jamie Bailey

Jamie Bailey, 40, was born in Hermiston and grew up in Umatilla, graduating from Umatilla High School in 1975. She has lived in Umatilla for most of her life, except from 1981-86, when she lived in Seattle, raising her children.

Jamie graduated from Blue Mountain Community College with an associate degree in nursing in 1990. She then worked for six years at Good Shepherd Community Hospital. The past year she has worked at an urgent care center in the Tri-Cities.

Jamie says that she is looking forward to her job with MCHD, but adds, "It will be a learning experience because everything has changed since my kids were little."

Jamie has two sons, Scott and Joseph Nordquist. Scott 22, who is disabled, lives in a group home in Hermiston. Joseph, 21, attends Blue Mountain Community College.

Jamie's parents, James and Imogene Bailey, live in Hermiston, as do her two brothers and two sisters.

Jamie enjoys fishing, reading and going to the mountains.



Carolyn Wood

Carolyn Wood, also relatively new to the department, started work for MCHD in September. Originally from Preston, Idaho, Carolyn was raised in Castro Valley in the San Francisco Bay Area.

Carolyn attended Brigham Young University at Provo, Utah, from 1962-65, where she met her husband Richard. She returned to Brigham Young after raising her children and obtained her associate degree in nursing in 1983.

The Woods came to Heppner four years ago when Richard was hired by the Bank of Eastern Oregon. He is now a vice-president and divides his time between the Heppner and lone

branches, specializing in agricultural loans.

The Woods have six children: Bret, 31, is a physician's assistant in pathology in Salt Lake City; Jamie Jones, 30, who has a degree in marketing, is now a homemaker in Forest Grove; Lance, 27, works for a computer company in Salt Lake City; Shana Jensen, 25, is a homemaker in Gardnerville, Nevada; Tucker, 21, attends Rick's College in Rexburg, Idaho; and Justin, 14, is a freshman at Heppner High School. They also have two grandchildren.

Carolyn enjoys painting, exercising and reading.

Carolyn, who works three days a week at MCHD, is a home visit nurse with the Babies First Program, which provides checkups on babies' health and helps promote good parenting. The program is funded through a Children's Trust Grant.

Morrow County skills center open

Morrow County Skill Centers, located in Irrigon and Boardman, are open. The centers combine skill center workplace basics with GED preparation and adult basic skill development. The mission is to provide services to the unemployed, underemployed and injured workers.

Workplace Basics include workshops on communication in the work force, resume writing, interview tips and stress management. Basic Skills offers the opportunity to work toward a GED or high school diploma, and English as a second language classes. All services are offered free of charge.

In Irrigon classes are held at the Irrigon Learning Center at 240 West South Main. Workplace Basics and Basic Skills will be offered Tuesday and Thursday, from 9 a.m. to noon. ESL classes will be offered Tuesday and Thursday, from 6 to 8 p.m.

A grand opening and open house will be held at the Irrigon Center on Friday, February 27, from 10 a.m. to noon. The public is invited to visit the new facility. Class registration can also be done at that time.

Boardman classes will be held in the Learning Center at 114 Boardman Avenue, NW. Workplace Basics and Basic Skills will be offered on Friday, from 9 a.m. to noon. ESL classes will be offered Monday and Wednesday, from 7 to 9 p.m.

The centers are provided as a collaborative effort between Blue Mountain Community College, Morrow Umatilla (Region 12) Work force Committee, Adult and Family Services, CAPECO, the Employment Department, Senior and Disabled Services Division and Vocational Rehabilitation Division.

For more information contact Anne Morter, BMCC South Morrow County coordinator at 422-7040.

4-H News

Kool Kitchen Kids

By Blair Keithley

The Kool Kitchen Kids had their second meeting of the year at the home of leader Tami Rietmann, on Jan. 22.

The meeting was called to order by Madison Bailey. Kyle Carlson was welcomed as a new member at the beginner level.

The members learned about quick breads and made baking powder biscuits.

The next meeting will be in February.

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Gazette-Times

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All Saints Episcopal Church will hold its annual Shrove Tuesday pancake supper on Feb. 24 from 5-7 p.m. in the parish hall. The supper includes pancakes, ham, fruit and a drink. Cost is \$4 for adults, \$2 for students and \$12 for a family. Everyone is invited to attend the supper.