

State FFA officers visit Heppner vo-ag classes



State FFA President Heath Curtiss (standing right), and state FFA Vice-President Keith Nantz (standing left) speak to members of the Heppner High School vo-ag class taught by Lynn Harmonson. Students are (clockwise from left) Heather Davis, Kristi Worden, Josh Hill and Josh Sharp.

State FFA officers, Heath Curtiss, president, and Keith Nantz, vice-president, visited the Heppner High School vo-ag classes Tuesday, Oct. 21.

Curtiss and Nantz and other state officers are traveling to all 132 high schools in Oregon that have agriculture programs and

explaining FFA activities and the benefits of participating in FFA. The pair, who took a year out of college to travel, spend five days a week visiting with high school students.

"One of the great benefits of putting off their college is to get invaluable experience in meeting people. To do this for the love

and experience of FFA is a big plus," said Lynn Harmonson, HHS vo-ag teacher and FFA advisor.

Curtiss, who is from Joseph, and Nantz, who comes from Imbler, were hosted by the Bob and Pam Worden family during their stay in Heppner.

Senior insurance program

Senior health insurance consumers in Morrow, Umatilla, Gilliam and Wheeler counties can get local help with their Medicare and private insurance claims and questions. Eight new volunteers from Morrow and Umatilla counties have completed a training with Oregon's Senior Health Insurance Benefits Assistance (SHIBA) program.

Volunteers provide insurance information, counseling, and assistance to Medicare beneficiaries in the areas of Medicare, Medicaid, Medicare supplement insurance, long-term care insurance and managed care organizations. Their services include: claims filing assistance, policy comparisons, referrals to appropriate state and federal agencies and printed information.

Consumers in Morrow, Umatilla, Gilliam and Wheeler counties who need SHIBA services should call CAPECO/RSVP of Eastern Oregon at 1-800-752-1139 or (541) 276-1926 for an appointment with a volunteer.

SHIBA is designed to help Oregon's seniors avoid insurance pitfalls and enjoy all the benefits to which they are entitled. The program is funded by a grant from the federal Health Care Financing Administration and limited funding from the state of Oregon that supports a statewide network of over 200 active trained volunteers in over 30 Oregon counties. State officials estimate that SHIBA volunteer efforts have saved Oregon Medicare beneficiaries over \$400,000 during the past four years, according to a news release.

Throughout the state, consumers who need assistance or publications may call toll free 1-800-722-4134. The SHIBA program brochure, "Free Help with Medicare and Other Health Insurance," describes SHIBA's services and provides a county-by-county listing of SHIBA's statewide sponsors.

Bicycle stunt program at schools

by Nova Rietmann

Thursday, October 9, High Flying Wheels, a bicycle stunt assembly was presented at the Lone Schools and at the Heppner Elementary School. The assembly was performed by stunt bicyclists William and Emmett, who tour all over the country stressing the importance of bicycle safety and drug prevention. William and Emmett have been riding their bicycles for 10 years, and tell the kids that they are able to do stunts because of perseverance and partaking in non-opiated activities.

The students enjoyed the program, especially the grade school children. The stunts included ground and ramp stunts. Their bicycles are made of aircraft metal for strength and light weight. Emmett does stunts on ESPN specials. William does commercials for the Drug Free America foundation that air on MTV, and he has done MTV sports specials as well.

MCGG annual meeting, Nov. 3

The Morrow County Grain Growers annual meeting is scheduled for Monday, Nov. 3, at the Morrow County Fairgrounds in Heppner. Dinner will be served by the Willows Grange from Ione at 6:30 p.m.

The meeting will include reports from officers and the election of directors. The six nominees for the four three-year directors' positions are Jeff Cutsforth, Mike Jones, Ken Klinger, George Miller, Barry Munkers and Larry

Pilot Rock HS plans craft show

The Pilot Rock High School Future Family and Community Leaders will host a holiday craft show on Saturday, Nov. 8, from 9 a.m.-4 p.m. at the Pilot Rock Elementary School gym.

All crafters are welcome at the cost of \$10 per table. Those interested in having a table are asked to RSVP to the school, 443-2671, or evenings, Charlene Hadden, 443-4340.



Heppner High School cheerleaders perform a stunt during a pep rally in downtown Heppner Oct. 9.

Allen completes fifth coat drive



Liz Allen (second from left) poses for photo with the staff at the Salvation Army's Greenhouse in Portland.

Allen, who recently completed her fifth coat drive for the homeless, dropped off the coats, hats and scarves at the Salvation Army on Oct. 4.

Colts beat Hermiston Simplot, 7-2

By Rick Paullus
The Heppner Colts beat Simplot in Hermiston on Oct. 15 by a 7-2 score.

The Colts' touchdown and extra point were scored by Jode Coil.

The Colts' defense allowed only 13 points all year and the team finished the year with a 7-1 record. They were coached by Kelly Fox and Craig Angell.

4-H News

Ladies and Lace

By Jenny Atkins, reporter

At the first 4-H meeting of Ladies and Lace, members decided when their next two 4-H meetings will be. They will be held on Nov. 11 and Nov. 28.

The next thing they decided was who would have which office in the club. They decided that Lilly Calvert will be president, Sally Calvert will be vice president, Stephanie Trachsel will be treasurer, Jenny Atkins will be reporter and secretary, Jeannette Trachsel will be sergeant at arms, and Michelle Hodgdon will be in charge of the scrapbook.

After they appointed officers, they thought of a club name. The club name members came up with was "Ladies and Lace." The last thing the club did was to brainstorm activities to do in the future.

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