

Involve family in education Colleges list winter honor roll

Family involvement is essential if children are to succeed in school and eventually in the workplace. Parents and other family members are their children's first and most important teachers, says Carol Michael, Oregon State University Extension home economics agent in Morrow and Umatilla counties. Families have a unique opportunity to help them learn in the home, to monitor school homework, and to encourage career-related activities after school, on weekends, and in the summer.

Here's what today's busy families do to help children succeed in school, says Michael.

First: They provide physical and emotional support. In addition to providing basic necessities such as food, clothing, shelter, and health care, family members should also make sure that children have adequate nutrition and sleep. They should also deliver generous amounts of love and praise.

Second: Be available to listen to what children have to say about what is going on at school and in the neighborhood. It is important to show children that the family wants and expects them to do well in school. Set high standards for your children's school work and make sure they complete their homework regularly, recommends Michael.

Third: Remember parents are

powerful teachers. Read to children in a way that actively involves them. Play games together, especially those that require children to think. Limit the amount of television your children view to no more than two hours on school nights and assist them in selecting the right programs for their age. Use household chores to teach them how to complete a job.

Fourth: Learn new things so you can help your children learn. Families can become active participants in their children's schooling by finding out about what children are learning at school, taking classes to show that learning is important, and reading and talking about all information-nation sent home from school. Knowledge of child development and appropriate discipline practices for each age level helps families help children, adds Sally Bowman, OSU Extension family development specialist.

Finally, make decisions about what and how children learn. Keep track of how children are doing in school by keeping in touch with teachers. Explain to teachers what you have observed about how your children learn and what their needs are. Find out what programs exist in your school or community that might help your child. Vote in community elections that affect schools.

Colleges list winter honor roll

Fifty-seven Blue Mountain Community College students received a perfect 4.0 grade point average during winter term. This reflects a straight-A report in all courses taken by the student.

Sixty-two students qualified for the President's List by attaining a GPA of 3.85 or higher. One hundred forty-six students qualified for the Dean's List by receiving a GPA of 3.4 to 3.84. One hundred fifty-two students qualified for the winter term Honor Roll by receiving a GPA of 3.00 to 3.39.

To earn a position on any of the three lists, a student must have carried a fulltime load of classes, which translates to 12 graded credit hours. Students may not have received an F in any class to be so honored. Also, a pass grade does not count toward the

12 graded hours necessary to be included on the lists.

Following are local students who qualify:

President's list: Chung-Chin "Eugene" Liu, Heppner, 4.0;

Dean's List: Chung-Wen "Alvin" Liu, Heppner; Marie Tworek, Hermiston; Trent Hughes, Lexington; Robert Crum, Ione;

Honor Roll: Craig Angell, Casey O'Brien, Rosalie Reed, all Heppner; Jessica Sumner, Lexington; Mark Gruenwald, Gregg Holtz, James Lunders, Stacy Suchy, all Ione.

A total of 557 full-time Southern Oregon State College students qualified for the 1997 winter quarter Dean's Honor List. Local students who qualified for the list include Stephanie Johnson of Heppner.

Food preserver training planned

Master Food Preserver Volunteer Training will be given in the west end of Umatilla County this summer. And just in the nick of time, '97 looks like a great year for fruits and vegetables in the Columbia Basin.

Master Food Preserver Volunteer Training is a seven-lesson, 40-hour course on the basics of home food preservation. It is presented by Oregon State University Extension Service to encourage safe home food preservation practices. The training consists of hands-on activities to master basic principles of microbiology and food safety, canning high and low acid foods, food dehydration, drying, and smoking, freezing, pickling, fermenting and preparing jams and jellies. Preservation techniques for special diets will also be covered.

After completing the training, and a certification exam, students will be asked to volunteer 40 hours over a year's time to promote safe food preservation. This volunteer "payback" can include telephone assistance, one-to-one instruction, group workshops and information exhibits at community fairs and festivals.

The training is planned to be held in the Hermiston area. There is no charge for the classes, but there will be a fee charged to cover the cost of supplies. Starting in mid-June, there will be two sessions a week and participants will be expected to attend all sessions. At the end of the training, participants will have an opportunity to attend a special update at OSU and tour the food science/technology labs. Volunteers will learn skills that can be used in other situations.

Justice Court Report

The Justice Court office at the courthouse annex building in Heppner reports handling the following business during the past week:

Dennis Dean Stefani, 34, Ione-Violation of the Basic Rule, 73 mph in a 55 mph zone, \$67 fine;

William E. Looney, 21, Heppner-Violation of the Basic Rule, 35 mph in a 25 mph zone, \$94 fine;

Ronald J. Neighorn, 24, Heppner-Failure to Renew Registration, \$49 fine;

James J. Murtha, 75, Wasco-Failure to Wear Seat Belt, \$49 fine;

Bernard LeRoy Aamodt, 61, Condon-Failure to Wear Seat Belt, \$69 fine;

Robert Allan Piersol, 23, Hermiston-Violation of the Basic Rule, 43 mph in a 25 mph zone, \$126 fine;

Mark Andres Johnson, 25, Imbler-Driving While License Suspended infraction, \$287 fine;

Marvin J. Brannon, 29, Heppner-Failure to Obey Traffic Control Device (stop sign), \$122 fine;

Rita Rae Lovgren, 31, Heppner-Violation of the Basic Rule, 75 mph in a 55 mph zone, \$77 fine;

James W. Boyce, 39, Pendleton-Parking in a Disabled Space Without a Permit, \$190 fine;

James Michael Prock, 41, Heppner-Exceeding Maximum Truck Speed, 71 mph in a 55 mph zone, \$77 fine;

Gary Douglas Green, 34, Gold Bar, WA.- Exceeding the Maximum Speed, 72 mph in a 55 mph zone, \$101 fine;

Corey P. Sweeney, 23, Heppner-Exceeding the Maximum Speed, \$101 fine;

Mark Andres Johnston, 25, Imbler-Driving Uninsured, Failure to Renew Registration, \$236 fine;

Lawrence M. Aragon, 31, Cloudcraft, NM-Violation of the Basic Rule, 74 mph in a 55 mph zone, \$67 fine;

Keith Thomas Hanson, Jr., 34, Heppner-Failure to Wear Seat Belt, \$47 fine;

Tony E. Williams, 36, Heppner-Driving While License Suspended, Driving While Uninsured, \$554 fine; Failure to Appear, \$620 fine, 180 days in jail, 170 days in jail suspended with two years probation with no further violation of law, no further driving until right to drive is reinstated;

Ronald Albion Schwarz, 35, Heppner-Violation of the Basic Rule, 75 mph in a 55 mph zone, \$67 fine;

James M. Schlaich, 18, Heppner-Violation of the Basic Rule, 71 mph in a 55 mph zone, \$67 fine.

Marriage Licenses

The Morrow County Clerk's office at the courthouse in Heppner reports issuing the following marriage licenses during the past month:

March 14: Prudenciano Calvillo, 25, Boardman, and;

Olga Arroyo, 23, Boardman.

March 17: Gary Joe Primmer, 33, Irrigon, and;

Billie Jo Cooper, 26, Irrigon;

Marcelino Rivera, 39, Boardman, and;

Diana Reyes Gonzales, 38, Boardman;

Linwell Marlon Williams, 46, Irrigon, and;

Jill Stella Ayling, 41, Irrigon.

March 19: Jose A. Velasco Zereda, 33, Boardman, and;

Obdulia Perez, 35, Boardman.

March 20: Juan Topete Llamas, 27, Boardman, and;

Xochiti Arvizu, 25, Boardman.

March 25: Felipe Claustro, 27, Boardman, and;

Maria Isabel Ochoa, 26, Boardman;

Brian Lee Butler, 49, Irrigon, and;

Judith Rae Thorrez, 49, West Bloomfield, MI.

April 1: Earl Everett Van Fossen, 21, Umatilla, and;

Tammi Lynn Pratt, 21, Irrigon.

Ione High School lists honor roll

Ione High School has released its third quarter honor roll. Following are students who qualify:

Freshmen: 'A' honor roll-Miranda McElligott, 4, Camie Burright, Erin Crowell, Sybil Krebs, Mark McElligott, Nikki McElligott, Andy Vosberg; 'B' honor roll-Liz Allen, Allan Gribbskov, Jared Jones, Dylan Pettyjohn, Joey Powell, Don Scott.

Sophomores: 'A'- Jessica Krebs, Katie Tworek, both 4, Ryan Bennetto, Lela Gribbskov, Tori Odinet, Nova Rietmann,

Niki Sullivan; 'B'-Rose Baker.

Juniors: 'A' - Jake McElligott, Jenny Sullivan, both 4, Tiffani Jones, Kara Miller, Marc Orem, Nathan Rietmann; 'B'- Brenda Burright, Maci Childers.

Seniors: 'A'- Chuck Nolan, Dawn Sheirbon, both 4, Steve Allen, LaRee Anderson, Jory Crowell, Camie Crum Corey Ehrmantrout, Jon Garrett, Suzy Heideman, Brenda Holtz, Kelly Morgan, Mindy Qualls, Randy Scott, Luke Swanson, Jacob Taylor; 'B'- Pete Cantu, Patrick Eberhard, Stephanie Haguewood, Will Parm.

Camp offered for health careers

Thinking of being a nurse or doctor? Looking for a neat way to spend a week this summer? Here's the camp for you.

MedQuest '97, the Northeast Oregon Area Health Education Center-sponsored Health Careers Choices Camp will be held June 23 - 27. Held on the Eastern Oregon University (formerly EOCS) campus, students who live in the NEOAHEC region, and are entering the 10th, 11th, or 12th grade next fall, or 12th graders who graduated in spring

1997 are eligible.

Tuition for the camp is \$195, which includes meals, housing and all activities.

Sessions will include health career information, self enrichment, hands on clinical skills, workshops, as well as opportunities to shadow health care professionals. Camp enrollment is limited to 30 students.

For more information, or to receive an application packet, contact NEOAHEC at (541) 962-3801.

Holly Rebekah Lodge meets

The Holly Rebekah Lodge met recently for their regular meeting.

Plans were discussed for the State Assembly. Delegates are Kathy Clark and Delpha Jones. The lodge presented the outgoing

NG a gift from the group and each officer received a gift from the Noble Grand for serving for the year.

The next meeting will be held Thursday, April 17.

Lexington News

By Delpha Jones

- Luella Taylor underwent surgery at Good Shepherd Community Hospital in Hermiston recently.

- Mr. and Mrs. Bill Padberg had as guests over the weekend-Mr. and Mrs. Mike Padberg from Woodburn, and Mr. and Mrs. Bill Klinger from Portland.

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P175/80R-13	58.70	P175/70R-14w	63.59	P195/65R-15w	88.44
P185/80R-13	63.42	P185/70R-14w	66.78	P205/65R-15w	91.98
P185/75R-14	66.88	P195/70R-14w	70.34	P215/65R-15w	95.81
P195/75R-14	70.24	P205/70R-14w	75.90	P185/60R-14w	73.82
P205/75R-14	74.80	P205/70R-15w	79.63	P195/60R-14w	77.83
P215/75R-14	79.72	P205/70R-14	79.70	P215/60R-14w	88.64
P195/75R-15	72.74	P215/70R-14	84.82	P195/60R-15w	81.85
P205/75R-15	78.04	P185/70R-15	79.63	P205/60R-15w	92.30
P215/75R-15	81.03	P205/70R-15	83.63	P215/60R-15w	96.32
P225/75R-15	83.14	P215/70R-15	86.21	P215/60R-16w	102.47
P235/75R-15	87.29	P225/70R-15	88.48	P225/60R-16w	107.59
P235/75R-15XL	91.65	P175/65R-14w	77.72		

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